

Boys All-Time MSHSAA State Meet Fastest 5K 1980-2016

Overall				Class 4/4A Top 10 Fastest Individual Times				
Name,School	Class	Gr.	Year Time	Name,School	Class	Gr.	Year Time	
Austin Hindman,Lafayette (Wildwood)	4	SR	2016 15:22.30	Austin Hindman,Lafayette (Wildwood)	4	SR	2016 15:22.30	
Noah Kauppila,Marquette	4	SR	2013 15:22.34	Noah Kauppila,Marquette	4	SR	2013 15:22.34	
Michael Karls,Festus	3	SR	2014 15:23.80	Devin Meyrer,Lafayette (Wildwood)	4	SR	2015 15:25.42	
Devin Meyrer,Lafayette (Wildwood)	4	SR	2015 15:25.42	Matt Tegenkamp, Lee's Summit	4A	SR	1999 15:26.67	
Matt Tegenkamp, Lee's Summit	4A	SR	1999 15:26.67	Zach Herriott,Rockhurst	4	JR	2010 15:30.55	
Zach Herriott,Rockhurst	4	JR	2010 15:30.55	Stephen Mugeche,Blue Springs	4	SR	2014 15:32.23	
Stephen Mugeche,Blue Springs	4	SR	2014 15:32.23	Stephen Mugeche,Blue Springs	4	JR	2013 15:34.43	
Ben Naeger,Ste. Genevieve	3	SO	2014 15:32.39	Spencer Haik,Glendale	4	SR	2013 15:37.03	
Stephen Mugeche,Blue Springs	4	JR	2013 15:34.43	Evan Schulte,Rock Bridge	4	SR	2013 15:37.40	
Ben Naeger,Ste. Genevieve	3	JR	2015 15:34.56	Devon Young,Raymore-Peculiar	4	SR	2010 15:37.47	
Stephen Kielhofner,Springfield Catholic	3	JR	2016 15:36.61	Class 3/3A Top 10 Fastest Individual Times				
Spencer Haik,Glendale	4	SR	2013 15:37.03	Michael Karls,Festus	3	SR	2014 15:23.80	
Evan Schulte,Rock Bridge	4	SR	2013 15:37.40	Ben Naeger,Ste. Genevieve	3	SO	2014 15:32.39	
Devon Young,Raymore-Peculiar	4	SR	2010 15:37.47	Stephen Kielhofner,Springfield Catholic	3	JR	2016 15:36.61	
Cody Smith,Liberty	4	SR	2010 15:37.53	Ben Naeger,Ste. Genevieve	3	JR	2015 15:34.56	
Josh Thebeau,Potosi	3	SR	2006 15:37.91	Josh Thebeau,Potosi	3	SR	2006 15:37.91	
Kyle Rood,Fort Zumwalt South	4	SR	2006 15:38.12	Jacob Swearingen,Potosi	3	SR	2008 15:38	
Jacob Swearingen,Potosi	3	SR	2008 15:38	Josh Mathis,Potosi	3	JR	2005 15:41.58	
Victor Mugeche, Blue Springs	4	JR	2016 15:38.84	Maksim Korolev,Harrisonville	3	SR	2009 15:48	
Austin Hindman,Lafayette (Wildwood)	4	JR	2015 15:40.77	Ben Naeger,Ste. Genevieve	3	SR	2016 15:48.91	
John Luder, Rockhurst	4	SR	2016 15:41.50	Josh Mathis,Potosi	3	SR	2006 15:49.37	
Josh Mathis,Potosi	3	JR	2005 15:41.58	Class 2/2A Top 10 Fastest Individual Times				
Chris Borsa,Christian Brothers (St. Louis)	4A	SR	1984 15:41.70	Nate Gelber,Whitfield	2	SR	2014 16:04.62	
Jason Sandfort,West Plains	4A	SR	2000 15:43.19	Drew Keefer,St. Pius X (Kansas City)	2	SR	2010 16:07.01	
Clayton Adams,Kearney	4	SO	2014 15:43.24	Scott Smith,Willow Springs	2A	SR	1998 16:12.0	
Dan Quigley,Christian Brothers (St. Louis)	4	SR	2006 15:44.52	Jordan Millam,Clinton	2A	JR	1998 16:12.6	
Austin Hindman,Lafayette (Wildwood)	4	SO	2014 15:44.52	Stephen Kielhofner,Springfield Catholic	2	SO	2015 16:13.52	
Clayton Adams,Kearney	4	SR	2016 15:44.92	Brandon Shemonia,Scott City	2	JR	2010 16:17.40	
Tim Rackers,St. Louis University High	4	SR	2010 15:45.70	Jordan Millam,Clinton	2A	SR	1999 16:17.91	
Chris Zinn,West Plains	4A	SR	1983 15:46.7	Brandon Shemonia,Scott City	2	SR	2011 16:20.34	
Colton Rockhold,Truman	4	SR	2013 15:47.76	Simon Gelber, Whitfield	2	SR	2016 16:24.62	
Dylan Quisenberry,Lafayette (Wildwood)	4	JR	2014 15:48.12	Kaden Overstreet,Lamar	2	SR	2014 16:25.55	
Maksim Korolev, Harrisonville	4	SR	2009 15:48	Class 1/1A Top 10 Fastest Individual Times				
Simon Belete, Blue Springs	4	SR	2012 15:48.16	Caleb Hoover,College Heights Christian	1	SR	2010 16:11.11	
Ben Naeger,Ste. Genevieve	3	SR	2016 15:48.91	Caleb Hoover,College Heights Christian	1	JR	2009 16:22	
				Tommy Neal,Leeton	1A	SR	2000 16:33.91	
				Tyler Rush,Linn	1	SR	2012 16:33.99	
				Richie Kientzy,Valley Park	1A	SR	1998 16:37.3	
				Colten Green,Macks Creek	1A	JR	2001 16:38.16	
				Trenton Morris,College Heights Christian	1	SO	2008 16:39	
				Seth Brown,La Plata	1	SR	2014 16:41.60	
				Riley Gorham,Hardin-Central	1	SR	2016 16:43.28	
				Riley Gorham,Hardin-Central	1	JR	2015 16:43.37	

Boys All-Time MSHSAA State Meet Fastest 5K 1980-2016

Top Seniors

Name,School	Class	Gr.	Year	Time
Austin Hindman,Lafayette (Wildwood)	4	SR	2016	15:22.30
Noah Kauppila,Marquette	4	SR	2013	15:22.34
Michael Karls,Festus	3	SR	2014	15:23.80
Devin Meyrer,Lafayette (Wildwood)	4	SR	2015	15:25.42
Matt Tegenkamp, Lee's Summit	4A	SR	1999	15:26.67
Stephen Mugeche,Blue Springs	4	SR	2014	15:32.23
Spencer Haik,Glendale	4	SR	2013	15:37.03
Evan Schulte,Rock Bridge	4	SR	2013	15:37.40
Devon Young,Raymore-Peculiar	4	SR	2010	15:37.47
Cody Smith,Liberty	4	SR	2010	15:37.53
Josh Thebeau,Potosi	3	SR	2006	15:37.91
Jacob Swearingen,Potosi	3	SR	2008	15:38
Kyle Rood,Fort Zumwalt South	4	SR	2006	15:38.12
John Luder, Rockhurst	4	SR	2016	15:41.50
Chris Borsa,Christian Brothers (St. Louis)	4A	SR	1984	15:41.70
Jason Sandfort,West Plains	4A	SR	2000	15:43.19
Dan Quigley,Christian Brothers (St. Louis)	4	SR	2006	15:44.52
Clayton Adams,Kearney	4	SR	2016	15:44.92
Tim Rackers,St. Louis University High	4	SR	2010	15:45.70
Chris Zinn,West Plains	4A	SR	1983	15:46.7
Zach Herriott,Rockhurst	4	JR	2010	15:30.55
Stephen Mugeche,Blue Springs	4	JR	2013	15:34.43
Ben Naeger,Ste. Genevieve	3	JR	2015	15:34.56
Stephen Kielhofner,Springfield Catholic	3	JR	2016	15:36.61
Victor Mugeche, Blue Springs	4	JR	2016	15:38.84
Austin Hindman,Lafayette (Wildwood)	4	JR	2014	15:40.77
Josh Mathis,Potosi	3	JR	2008	15:41.58
Dylan Quisenberry,Lafayette (Wildwood)	4	JR	2010	15:48.12
Kevin Colon, Lee's Summit West	4	JR	1982	15:51
Kolton Sheldon, Lee's Summit North	4	JR	2012	15:52.57
Chris Zinn,West Plains	4A	JR	2013	15:55.3
Spencer Haik,Glendale	4	JR	2010	15:56.60
Oaklee Hauschild	4	JR	2016	15:56.89
Ben Stasney, West Plains	4	JR	2016	15:56.97
Tyler Gillam,Festus	3	JR	2015	15:57.48
Drew White,Festus	3	JR	2001	15:57.86
Clayton Adams,Kearney	4	JR	2007	15:58.96
Adam Perkins,Liberty	4A	JR	2014	15:59.78
Jacob Swearingen,Potosi	3	JR	2003	16:00
Ryan Flood, Liberty	4	JR	2016	16:00.31

Top Sophomores

Name,School	Class	Gr.	Year	Time
Ben Naeger,Ste. Genevieve	3	SO	2014	15:32.39
Clayton Adams,Kearney	4	SO	2014	15:43.24
Austin Hindman,Lafayette (Wildwood)	4	SO	2014	15:44.52
Jacob Swearingen,Potosi	3	SO	2006	15:52.71
Stephen Mugeche,Blue Springs	4	SO	2012	16:01.39
Victor Mugeche,Blue Springs	4	SO	2015	16:01.91
Austin King,Potosi	3	SO	2013	16:03.56
Sean Conlin,Fort Zumwalt East	4	SO	2014	16:08.82
Adam Perkins,Liberty	4A	SO	2000	16:08.85
Dylan Quisenberry,Lafayette (Wildwood)	4	SO	2013	16:09.04
Jason Sandfort,West Plains	4A	SO	1998	16:09.6
Caleb Gaylord,Potosi	3	SO	2014	16:11.51
Maxwell McDaniel,Festus	3	SO	2016	16:13.48
Stephen Kielhofner,Springfield Catholic	2	SO	2015	16:13.52
Dylan White,West Plains	4	SO	2013	16:13.85
Jeff Peaslee,Raytown South	4A	SO	1983	16:15.4
Noah Kauppila,Marquette	4	SO	2011	16:15.68
Danny Thater,Kickapoo	4	SO	2007	16:17
Matt Tegenkamp, Lee's Summit	4A	SO	1997	16:18.8
Ben Chapman,Glendale	4	SO	2007	16:19
Clayton Adams,Kearney	4	FR	2013	16:22.40
Ben Naeger,Ste. Genevieve	3	FR	2013	16:25.82
Maxwell McDaniel,Festus	3	FR	2015	16:30.26
Jack Crull,Helias	3	FR	2016	16:31.37
Jonathan Coffman,Herculaneum	3	FR	2016	16:33.69
Jake Bast,Oakville	4	FR	2008	16:34
Austin Hindman,Lafayette (Wildwood)	4	FR	2013	16:38.67
Chris Zinn,West Plains	4A	FR	1980	16:38.7
Dylan Quisenberry,Lafayette (Wildwood)	4	FR	2012	16:42.70
Chad Williamson,West Plains	4A	FR	1989	16:44.42
Daniel Everett,Westminster Christian	3	FR	2007	16:49
Reece Jones,Pembroke Hill	3	FR	2015	16:49.81
Hunter Long,Platte County	3	FR	2013	16:51.13
Luke Miller,Glendale	4	FR	2013	16:51.41
Jon Cordes,Parkway West	4A	FR	1994	16:52.93
Henry Bahr,Blue Springs South	4	FR	2014	16:53.71
Nathan Frazee, Clark Co.	2	FR	2016	16:54.38
Kolin Overstreet,Lamar	2	FR	2016	16:54.63
Mason Gray, Lee's Summit West	4	FR	2016	16:54.97
Kevin Colon, Lee's Summit West	4	FR	2006	16:55.28