

# 1979 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                        | Coach                | 100 Yards                                   |
|------------------------------|----------------------|---|
| 1 St. Louis Sumner           | 58 Lynn Mitchell     | 1 Debra Martin Sumner 10.99                 |
| 2 Kansas City Southwest      | 54 Pat Sullivan      | 2 Tara Mastin Ritenour 11.18                |
| 3 Columbia Hickman           | 28 Ray Odor          | 3 Ramona Riley Oak Park 11.25               |
| 4 Kirkwood                   | 25 Karma Houston     | 4 Angie Thacker Roosevelt 11.34             |
| 4 Oak Park                   | 25 Jerry Crews       | 5 Denise Nalton KC East 11.46               |
| 6 Ritenour                   | 24 Dorothy Heinike   | 6 Toni Burch Hickman 11.47                  |
| 6 Riverview Gardens          | 24 Kristi Boehringer | 7 Lawanda Waters Kirkwood 11.82             |
| 8 Francis Howell             | 22 Boris Sylvia      |   |
| 8 Independence Truman        | 22 Monty Giagliardi  |   |
| 8 Kansas City East           | 22 Beverly Jones     | <b>880 Yards</b>                            |
| 11 Webster Groves            | 20 Charlie Finch     | 1 Cathy Corpeny KC Southwest 2:18.42        |
| 11 Winnetonka                | 20 Eanda Cox         | 2 Christy Reynolds Park Hill 2:18.28        |
| 13 Parkway West              | 19 Steve Baxter      | 3 Melissa Wilson Hickman 2:20.23            |
| 14 St. Louis Beaumont        | 18 Joe Wynn          | 4 Kathy Riggs Webster Groves 2:20.52        |
| 15 Center (Kansas City)      | 17 Meg Seifert       | 5 Jennifer Higgins KC Southwest 2:21.17     |
| 16 St. Louis Roosevelt       | 15                   | 6 Chris Ridenour Kirkwood 2:25.38           |
| 17 Fox                       | 14 Susan Drury       | 7 Gillian Turner KC Southeast 2:27.84       |
| 18 Hickman Mills             | 13 Wanda Eidson      | 8 Susan Hopson Parkway Central 2:31.24      |
| 19 Kansas City Southeast     | 13 Lula Bounds       | <b>80 Yard Low Hurdles</b>                  |
| 19 Springfield Kickapoo      | 11 Brenda Goodwin    | 1 Barbara Veasley Sumner 10.57              |
| 21 Fort Osage                | 10 Ron Kelley        | 2 Denise Nalton KC East 10.64               |
| 21 Jefferson City            | 10 Larry York        | 3 Mary Harvis Jefferson City 10.65          |
| 21 Liberty                   | 10 Ken Robinson      | 4 Gina Morton Fort Osage 10.88              |
| 21 St. Charles               | 10 Dave Lehman       | 5 Doreen Massenberg Riverview Gardens 10.99 |
| 25 Kansas City Paseo         | 8 Melvin Harvey      | 6 Sharon Roseburr KC East 11.30             |
| 25 Lindbergh                 | 8 Harold Pourchot    | 7 Lawanda Waters Kirkwood nt                |
| 25 Park Hill                 | 8 Roy Preston        |   |
| 28 St. Louis Northwest       | 7 JR Thomas          | <b>880 Yard Relay</b>                       |
| 29 Ladue Horton Watkins      | 6 Phil Brusca        | 1 Sumner 1:42.6                             |
| 30 Blue Springs              | 5 Gary Parker        | 2 Ritenour 1:45.4                           |
| 30 Ruskin                    | 5 Verna Ashcroft     | 3 Oak Park 1:45.7                           |
| 30 Springfield Glendale      | 5 Carol Greve        | 4 KC Southeast 1:45.8                       |
| 33 McCluer North             | 4 1/2 Mike Wagner    | 5 SL Northwest 1:45.2                       |
| 34 Hazelwood Central         | 4 Judy Seaton        | 6 KC East 1:46.2                            |
| 35 Raytown South             | 2 1/2 Hank Spellman  | 7 KC Southwest 1:46.4                       |
| 36 Grandview                 | 2                    | 8 Glendale 1:46.6                           |
| 36 Hazelwood West            | 2 Ruth Williams      | <b>Discus</b>                               |
| 36 North Kansas City         | 2 Jane Sone          | 1 Carrie Bates Hickman Mills 128-10         |
| 36 Pattonville               | 2 Joe Heggemann      | 2 Penny Waggener Truman 125-06              |
| 36 West Plains               | 2 Art Seals          | 3 Hilda Haring Fox 120-07                   |
| 41 Hazelwood East            | 1 Bill Batke         | 4 Tomiann Ahonen Fox 120-06                 |
| 41 Lee's Summit              | 1 Diane Black        | 5 Julie Baucom Jefferson City 120-03        |
| 41 Northwest (House Springs) | 1 Pat Bailey         | 6 Schreece Daniels Beaumont 116-06          |
| 41 Parkway Central           | 1 Steve Warren       | 7 Debbie Brown Grandview 115-10             |
| 41 Parkway North             | 1 Fred Lyon          | 8 Sandy Nulliner Lee's Summit 113-09        |
| 41 St. Joseph Central        | 1 John Chavez        | <b>Triple Jump</b>                          |
|                              |                      | 1 Tina Jones KC Southwest 37-03             |
|                              |                      | 2 Ramona Riley Oak Park 36-10               |
|                              |                      | 3 Cindy Tolle KC Center 36-06 1/2           |
|                              |                      | 4 Doreen Massenberg Riverview Gardens 35-10 |
|                              |                      | 5 Debbie Ryals Francis Howell 35-08         |
|                              |                      | 6 Sandra Clark Kirkwood 35-04               |
|                              |                      | 7 Schreece Daniels Beaumont 35-03 1/2       |
|                              |                      | 8 Cherie Alexander Hazelwood West 35-00 1/4 |

**220 Yards**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Debra Martin    | Sumner         | 24.52 |
| 2 Tara Mastin     | Ritenour       | 25.12 |
| 3 Angie Thacker   | Roosevelt      | 25.17 |
| 4 Ramona Riley    | Oak Park       | 25.71 |
| 5 Carolyn Buchert | Glendale       | 25.91 |
| 6 Gail Hawkins    | Sumner         | 26.16 |
| 7 Kate Rimat      | Webster Groves | 26.55 |
| 8 Carol Harper    | Ladue          | 26.94 |

**Mile**

|                    |                |         |
|--------------------|----------------|---------|
| 1 Amy Johns        | Hickman        | 5:03.01 |
| 2 Cathy Corpeny    | KC Southwest   | 5:03.07 |
| 3 Chris Ridenour   | Kirkwood       | 5:06.82 |
| 4 Kate Leventhal   | Ladue          | 5:12.54 |
| 5 Kathy Riggs      | Webster Groves | 5:12.69 |
| 6 Melissa Wilson   | Hickman        | 5:16.44 |
| 7 Joyce Hierhalzer | McCluer North  | 5:20.98 |
| 8 Laura Path       | Hazelwood East | 5:21.63 |

**440 Yards**

|                  |                |       |
|------------------|----------------|-------|
| 1 Chris Linville | Winnetonka     | 59.08 |
| 2 Teresa Dixon   | Paseo          | 59.46 |
| 3 Kate Rimat     | Webster Groves | 59.53 |
| 4 Sue Bradley    | Parkway West   | 59.95 |
| 5 Gina Morton    | Fort Osage     | 60.21 |
| 6 Theresa Scott  | Fox            | 60.26 |
| 7 Sammy Bradford | West Plains    | 60.94 |
| 8 Kim Justus     | Fort Osage     | 61.58 |

**440 Yard Relay**

|                     |       |
|---------------------|-------|
| 1 Sumner            | 49.54 |
| 2 Beaumont          | 50.18 |
| 3 Riverview Gardens | 50.41 |
| 4 Blue Springs      | 50.47 |
| 5 Roosevelt         | 50.65 |
| 6 SL Northwest      | 50.75 |
| 7 KC Southeast      | 50.79 |
| 8 St. Joe Central   | 51.06 |

**Mile Relay**

|                     |         |
|---------------------|---------|
| 1 KC Southwest      | 4:03.59 |
| 2 KC Center         | 4:03.61 |
| 3 Parkway West      | 4:03.85 |
| 4 Liberty           | 4:05.26 |
| 5 Sumner            | 4:05.50 |
| 6 Kickapoo          | 4:05.87 |
| 7 North Kansas City | 4:06.46 |
| 8 Webster Groves    | 4:09.30 |

**2 Mile Relay**

|                     |          |
|---------------------|----------|
| 1 KC Southwest      | 9:38.51  |
| 2 Lindbergh         | 9:45.05  |
| 3 Hickman           | 9:45.06  |
| 4 Liberty           | 9:54.07  |
| 5 Hazelwood Central | 9:56.99  |
| 6 Kirkwood          | 9:59.73  |
| 7 Pattonville       | 10:00.20 |
| 8 Sumner            | 10:00.56 |

**Shot Put**

|                    |                |           |
|--------------------|----------------|-----------|
| 1 Connie Price     | St. Charles    | 42-01 1/2 |
| 2 Dixie Wescott    | Truman         | 40-11 3/4 |
| 3 Julie Walker     | Truman         | 40-06     |
| 4 Schreece Daniels | Beaumont       | 38-08 1/4 |
| 5 Carla Nelson     | KC Southeast   | 39-02 3/4 |
| 6 Carrie Bates     | Hickman Mills  | 39-02     |
| 7 Linda Dill       | Webster Groves | 38-10 3/4 |
| 8 Julie Bishop     | Northwest (HS) | 38-06     |

**Long Jump**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Chris Linville    | Winnetonka        | 18-03 1/4 |
| 2 Cindy Eubanks     | Kickapoo          | 17-08 3/4 |
| 3 Sandra Clark      | Kirkwood          | 17-05     |
| 4 Doreen Massenberg | Riverview Gardens | 17-04 1/4 |
| 5 Carla Williams    | KC East           | 17-02 1/4 |
| 6 Cindy Tolle       | KC Center         | 17-01 3/4 |
| 7 Debbie Ryals      | Francis Howell    | 17-02     |
| 8 Linda Ferder      | Hazelwood West    | 17-00 1/4 |

**High Jump**

|                   |                   |      |
|-------------------|-------------------|------|
| 1 Karen Davis     | Francis Howell    | 5-06 |
| 2 Katie Kinney    | Parkway West      | 5-06 |
| 3 Debbie Ryals    | Francis Howell    | 5-04 |
| 4 Kelly Osbourne  | Ruskin            | 5-04 |
| 5 Harriet Cannida | Riverview Gardens | 5-04 |
| 6 Lisa Mariatt    | McCluer North     | 5-02 |
| 6 Cheryl Hutch    | Raytown South     | 5-02 |
| 8 Connie Cardwell | Parkway North     | 5-02 |



**200 Meters**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Debra Martin    | Sumner         | 24.40 |
| 2 Angie Thacker   | Roosevelt      | 24.51 |
| 3 Tara Mastin     | Ritenour       | 25.21 |
| 4 Lynn Biggs      | Liberty        | 25.47 |
| 5 Cynthia Collier | Webster Groves | 25.48 |
| 6 Robin Long      | Normandy       | 25.66 |
| 7 Ann Cochran     | St. Teresa's   | 25.80 |

**1600 Meters**

|                     |                   |         |
|---------------------|-------------------|---------|
| 1 Chris Ridenour    | Kirkwood          | 5:05.50 |
| 2 Jana Noel         | Park Hill         | 5:06.59 |
| 3 Susan Zurowski    | Kirkwood          | 5:08.80 |
| 4 Jill Kingsbury    | Washington        | 5:12.19 |
| 5 Denise Williamson | Jackson           | 5:14.60 |
| 6 Sandy Thrasher    | Hazelwood Central | 5:16.59 |
| 7 Jane Kernal       | Hickman           | 5:18.18 |
| 8 Esther Corrigan   | Rosary            | 5:19.20 |

**Mile Relay**

|                   |         |
|-------------------|---------|
| 1 Sumner          | 3:58.86 |
| 2 KC Central      | 3:59.74 |
| 3 Liberty         | 4:01.74 |
| 4 Berkeley        | 4:04.21 |
| 5 Webster Groves  | 4:04.51 |
| 6 Joplin Memorial | 4:06.59 |
| 7 University City | 4:07.16 |
| 8 Francis Howell  | 4:07.58 |

**Shot Put**

|                  |                |           |
|------------------|----------------|-----------|
| 1 Connie Price   | St. Charles    | 43-00 1/2 |
| 2 Julie Walker   | Truman         | 42-07 1/2 |
| 3 Dixie Wescott  | Truman         | 42-02     |
| 4 Rene Brown     | Poplar Bluff   | 38-06     |
| 5 Sandra Tate    | Webster Groves | 37-07 1/2 |
| 6 Nancy Rea      | Rock Bridge    | 37-01 1/2 |
| 7 Julie Baucom   | Jefferson City | 36-11     |
| 8 Sabrina Garner | Waynesville    | 36-07 1/4 |

**High Jump**

|                   |                   |          |
|-------------------|-------------------|----------|
| 1 Jan Hawk        | Oak Park          | 5-06 1/4 |
| 2 Katie Kinney    | Parkway West      | 5-06 1/4 |
| 3 Harriet Cannida | Riverview Gardens | 5-04     |
| 4 Chris Fenner    | Washington        | 5-02     |
| 5 Carol Gebhards  | William Chrisman  | 5-02     |
| 6 Cathy Hardin    | Eureka            | 5-02     |
| 6 Carla Beattie   | Parkway North     | 5-02     |
| 8 Donna Ellerson  | Rosary            | 5-00     |
| 8 Nicki Allen     | Raytown           | 5-00     |
| 8 Cyd Thomas      | Pattonville       | 5-00     |
| 8 Shelly Smith    | Lafayette         | 5-00     |

**400 Meters**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Debra Martin    | Sumner         | 55.81 |
| 2 Angie Thacker   | Roosevelt      | 56.69 |
| 3 Kate Rimat      | Webster Groves | 57.53 |
| 4 Lynn Biggs      | Liberty        | 57.55 |
| 5 Sarah Campbell  | KC Central     | 58.02 |
| 6 Volanda Beck    | Soldan         | 58.48 |
| 7 Sharon Roseburr | KC East        | 58.66 |
| 8 Ann Cochran     | St. Teresa's   | 59.00 |

**3200 Meters**

|                         |                   |          |
|-------------------------|-------------------|----------|
| 1 Megan Thompson        | Hazelwood Central | 10:25.95 |
| 2 Lisa Brown            | West Plains       | 11:17.75 |
| 3 Jessica Roberts       | Parkway West      | 11:27.64 |
| 4 Katherine Karagiannis | Parkway West      | 11:35.86 |
| 5 Kelley Brown          | Hazelwood East    | 11:42.57 |
| 6 Megan McGrath         | William Chrisman  | 11:43.89 |
| 7 Barb Stay             | Lafayette         | 11:46.73 |
| 8 Shammon Ownby         | Rolla             | 11:50.46 |

**440 Yard Relay**

|                     |      |
|---------------------|------|
| 1 Ritenour          | 49.2 |
| 2 Sumner            | 49.5 |
| 3 KC Central        | 49.5 |
| 4 Raytown South     | 49.9 |
| 5 Riverview Gardens | 49.9 |
| 6 Cape Central      | 50.3 |
| 6 SL Northwest      | 50.3 |
| 8 Soldan            | 50.6 |

**2 Mile Relay**

|                     |         |
|---------------------|---------|
| 1 KC Southwest      | 9:26.31 |
| 2 Kirkwood          | 9:26.36 |
| 3 Webster Groves    | 9:32.39 |
| 4 Hickman           | 9:41.95 |
| 5 Hazelwood Central | 9:43.21 |
| 6 KC Southeast      | 9:44.76 |
| 7 Excelsior Springs | 9:47.34 |
| 8 Poplar Bluff      | 9:51.31 |

**Long Jump**

|                  |              |           |
|------------------|--------------|-----------|
| 1 Carla Williams | KC East      | 17-10 1/4 |
| 2 Ervette Moore  | Berkeley     | 17-09 1/2 |
| 3 LaRita Hawes   | Poplar Bluff | 17-08 3/4 |
| 4 Rhonda Paine   | Grandview    | 17-08 3/4 |
| 5 Lynn Biggs     | Liberty      | 17-00 1/4 |
| 6 Laveta Cudjo   | Waynesville  | 16-11 3/4 |
| 7 Cindy Curtis   | Cape Central | 16-08 1/4 |
| 8 Sandra Clark   | Kirkwood     | 16-08     |

# 1981 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                     |    | Coach              | 100 Meters            |                   |           |
|---------------------------|----|--------------------|-----------------------|-------------------|-----------|
| 1 Columbia Hickman        | 57 | Ray Odor           | 1 Angie Thacker       | Roosevelt         | 11.78     |
| 2 Waynesville             | 55 | Becky Oakes        | 2 Lorinda Richardson  | Hickman           | 12.00     |
| 3 St. Louis Roosevelt     | 38 | Cheryl Hester      | 3 Ramona Riley        | Oak Park          | 12.11     |
| 3 Webster Groves          | 38 | Charlie Finch      | 4 Ann Cochran         | St. Teresa's      | 12.41     |
| 5 St. Louis Sumner        | 34 | Lynn Mitchell      | 5 Anthea Johnson      | KC Central        | 12.42     |
| 6 Kansas City Central     | 31 | Henry Hampton      | 6 Jenny Oldweiler     | Hickman           | 12.43     |
| 7 Poplar Bluff            | 30 | Bill Caputo        | 7 Shanland Cunningham | Waynesville       | 12.52     |
| 8 Parkway North           | 27 | Fred Lyon          | 8 Fayette Brown       | SL Southwest      | 12.76     |
| 9 Hannibal                | 24 | 1/2 Ed Schoenfelt  |                       |                   |           |
| 10 Oak Park               | 22 | Fred Kester        | 1 Melissa Wilson      | Hickman           | 2:15.28   |
| 11 Berkeley               | 19 | Anthony Wallace    | 2 Cyd Thomas          | Pattonville       | 2:15.32   |
| 11 Joplin Memorial        | 19 | Donna Boatman      | 3 Jennella Torrence   | SL Central        | 2:18.22   |
| 13 Pattonville            | 17 | Alex Pifer         | 4 Sarah Campbell      | KC Central        | 2:18.67   |
| 14 Eureka                 | 14 | Ted Peckron        | 5 Cathy Hardin        | Eureka            | 2:19.05   |
| 15 Blue Springs           | 13 | Gary Parker        | 6 Sabrina Dornhoefer  | Waynesville       | 2:23.20   |
| 15 Kirkwood               | 13 | Deborah Carter     | 7 Becca Watt          | Webster Groves    | 2:23.45   |
| 15 Springfield Glendale   | 13 | Susie Newton       | 8 Bernice Jackson     | Sumner            | 2:24.73   |
| 18 Kansas City Northeast  | 12 | Waunita Small      |                       |                   |           |
| 18 St. Teresa's           | 12 | Ann Bode-Rodriquez | 1 Carla Mason         | Sumner            | 14.39w    |
| 20 Independence Truman    | 10 | Lou Lyons          | 2 Angie Harned        | Kickapoo          | 14.48w    |
| 20 Normandy               | 10 | Sue Fox            | 3 Sylvia Grant        | Webster Groves    | 14.75w    |
| 20 Riverview Gardens      | 10 | Sue Gaetz          | 4 Sheila Minis        | Blue Springs      | 14.76w    |
| 23 McCluer North          | 9  | Gary Wheeler       | 5 Mary Kaboldt        | Parkway North     | 14.77w    |
| 23 Washington             | 9  | Alex Graham        | 6 Robin Howard        | St. Joe Lafayette | 14.89w    |
| 25 Fox (Arnold)           | 8  | Gerry Dockery      | 7 Yuett Rice          | Poplar Bluff      | 15.23w    |
| 25 Hazelwood Central      | 8  | Judy Seaton        | 8 Josephin Young      | Soldan            | 15.54w    |
| 25 Raytown                | 8  | Sara Stewart       |                       |                   |           |
| 25 Springfield Kickapoo   | 8  | Brenda Goodwin     |                       |                   |           |
| 29 William Chrisman       | 7  | Mark Goodpaster    | 1 Berkeley            | 1:42.08           |           |
| 29 North Kansas City      | 7  | James Jarvis       | 2 Webster Groves      | 1:42.31           |           |
| 29 St. Louis Central      | 7  | Harold Taylor      | 3 Waynesville         | 1:42.63           |           |
| 29 St. Louis Soldan       | 7  | Linda Martin       | 4 Riverview Gardens   | 1:43.61           |           |
| 33 Kansas City Southwest  | 6  | Pat Sullivan       | 5 Raytown South       | 1:44.78           |           |
| 33 Ladue Horton Watkins   | 6  | Cal Riley          | 6 Sumner              | 1:45.00           |           |
| 33 Raytown South          | 6  | Nancy Holliday     | 7 St. Joe Central     | 1:46.44           |           |
| 33 St. Joseph Lafayette   | 6  | Bob Thorpe         | 8 KC Central          | 1:47.60           |           |
| 37 Hazelwood East         | 5  | Larry Milliam      |                       |                   |           |
| 38 Springfield Central    | 4  | 1/2 Ron Hamilton   | 1 Lisa Bossch         | Parkway North     | 135-06    |
| 39 Fort Osage             | 4  | Joan Sherwood      | 2 Rene Brown          | Poplar Bluff      | 135-03    |
| 39 McCluer                | 4  | Bill Becker        | 3 Tomiann Ahonen      | Fox               | 131-06    |
| 39 St. Joseph Central     | 4  | Frank Gross        | 4 Denise Buchanan     | Glendale          | 129-05    |
| 42 Cape Girardeau Central | 3  | Jean Pate          | 5 Penny Waggener      | Truman            | 128-01    |
| 42 Jefferson City         | 3  | Roberta Bruernmer  | 6 Julie Baucom        | Jefferson City    | 125-07    |
| 42 Kansas City East       | 3  | Dina Kraemer       | 7 Alesia Holliday     | University City   | 121-09    |
| 45 Excelsior Springs      | 2  | Ken Fields         | 8 Whitney McCurdy     | Ladue             | 115-05    |
| 45 Francis Howell         | 2  | Tom Cella          |                       |                   |           |
| 45 Lee's Summit           | 2  | Bob White          |                       |                   |           |
| 45 University City        | 2  | Linda Sharpe       |                       |                   |           |
| 49 Independence Van Horn  | 1  | Barbara Pauk       | 1 Iris Walker         | Waynesville       | 38-08     |
| 49 Lindbergh              | 1  | Harold Pourchot    | 2 Ramona Riley        | Oak Park          | 38-05     |
| 49 Springfield Hillcrest  | 1  | Debbie Fiston      | 3 Stacey Thompson     | Soldan            | 38-02 1/2 |
| 49 St. Louis Southwest    | 1  | Earline Falker     | 4 LaRita Hawes        | Poplar Bluff      | 37-03 3/4 |
|                           |    |                    | 5 Donna Lee           | Ladue             | 37-02     |
|                           |    |                    | 6 Jackie Neville      | KC East           | 36-10 3/4 |
|                           |    |                    | 7 Kay Simon           | Joplin Memorial   | 36-03     |
|                           |    |                    | 8 Carla Beattie       | Parkway North     | 35-10 1/2 |

**200 Meters**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Angie Thacker      | Roosevelt      | 24.22 |
| 2 Ramona Riley       | Oak Park       | 24.68 |
| 3 Anthea Johnson     | KC Central     | 24.77 |
| 4 Tamika Foster      | Hazelwood East | 25.03 |
| 5 Robin Long         | Normandy       | 25.08 |
| 6 Lorinda Richardson | Hickman        | 25.29 |
| 7 Ann Cochran        | St. Teresa's   | 25.40 |
| 8 Cynthia Collier    | Webster Groves | 25.44 |

**1600 Meters**

|                      |                |         |
|----------------------|----------------|---------|
| 1 Andrea Fischer     | Hannibal       | 4:47.56 |
| 2 Suzzane Jones      | KC Northeast   | 5:03.73 |
| 3 Cyd Thomas         | Pattonville    | 5:06.22 |
| 4 Becca Watt         | Webster Groves | 5:06.55 |
| 5 Sabrina Dornhoefer | Waynesville    | 5:07.22 |
| 6 Jill Kingsbury     | Washington     | 5:07.00 |
| 7 Diane Barlow       | Raytown South  | 5:09.60 |
| 8 Jennella Torrence  | SL Central     | 5:10.70 |

**200 Meter Low Hurdles**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Anthea Johnson  | KC Central     | 28.18 |
| 2 Sylvia Grant    | Webster Groves | 28.22 |
| 3 Regina Minis    | Blue Springs   | 28.49 |
| 4 Mary Kaboldt    | Parkway North  | 28.50 |
| 5 Karen Cooper    | McCluer        | 29.39 |
| 6 Stephani Thomas | Sumner         | 29.67 |
| 7 Sheila Minis    | Blue Springs   | 29.78 |
| 8 Carla Mason     | Sumner         | 30.10 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Sumner            | 3:54.98 |
| 2 Hazelwood Central | 3:55.79 |
| 3 Webster Groves    | 3:55.97 |
| 4 Joplin Memorial   | 3:57.11 |
| 5 Waynesville       | 3:58.29 |
| 6 Berkeley          | 4:00.19 |
| 7 KC Central        | 4:00.40 |
| 8 William Chrisman  | 4:02.20 |

**Shot Put**

|                   |                |           |
|-------------------|----------------|-----------|
| 1 Rene Brown      | Poplar Bluff   | 42-10     |
| 2 Denise Buchanan | Glendale       | 42-06 1/2 |
| 3 Julie Walker    | Truman         | 40-04 1/2 |
| 4 Lisa Bossch     | Parkway North  | 38-11     |
| 5 Liz Hart        | Fort Osage     | 37-10 3/4 |
| 6 Bonna Lewis     | Pattonville    | 36-09 1/2 |
| 7 Sandra Tate     | Webster Groves | 36-09     |
| 8 Mary Stratton   | Hillcrest      | 36-02 1/2 |

**High Jump**

|                     |                     |      |
|---------------------|---------------------|------|
| 1 Cathy Hardin      | Eureka              | 5-05 |
| 2 Nicki Allen       | Raytown             | 5-05 |
| 3 Carol Gebhards    | William Chrisman    | 5-04 |
| 4 Sheri Edwards     | Hannibal            | 5-03 |
| 4 Cynthia Jefferson | Springfield Central | 5-03 |
| 6 Susan Houck       | Excelsior Springs   | 5-02 |
| 6 Tina Davis        | Francis Howell      | 5-02 |
| 6 Kathleen Regan    | Kirkwood            | 5-02 |

**400 Meters**

|                   |                 |       |
|-------------------|-----------------|-------|
| 1 Angie Thacker   | Roosevelt       | 55.91 |
| 2 Lynn Welch      | Joplin Memorial | 56.95 |
| 3 Robin Long      | Normandy        | 57.30 |
| 4 Ann Cochran     | St. Teresa's    | 57.64 |
| 5 Lillian Taylor  | McCluer North   | 57.68 |
| 6 Sarah Campbell  | KC Central      | 58.73 |
| 7 Marsha McCleave | Sumner          | 59.75 |
| 8 Tammy Freeman   | KC Northeast    | 60.90 |

**3200 Meters**

|                        |                   |          |
|------------------------|-------------------|----------|
| 1 Andrea Fischer       | Hannibal          | 10:35.05 |
| 2 Sabrina Dornhoefer   | Waynesville       | 11:02.43 |
| 3 Jill Kingsbury       | Washington        | 11:04.62 |
| 4 Ellen Theroff        | Hickman           | 11:10.75 |
| 5 Mary Reed            | North Kansas City | 11:27.97 |
| 6 Elise Jones          | KC Northeast      | 11:29.78 |
| 7 Margaret Hertenstein | Fox               | 11:37.30 |
| 8 Chris Ridenour       | Kirkwood          | 11:41.60 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Hickman           | 48.08 |
| 2 Waynesville       | 48.60 |
| 3 Berkeley          | 48.69 |
| 4 Riverview Gardens | 49.82 |
| 5 Sumner            | 50.21 |
| 6 Cape Central      | 50.31 |
| 7 St. Joe Central   | 50.39 |
| 8 Van Horn          | 50.42 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Kirkwood          | 9:17.21 |
| 2 Hickman           | 9:27.69 |
| 3 KC Southwest      | 9:31.58 |
| 4 McCluer North     | 9:36.89 |
| 5 Joplin Memorial   | 9:37.72 |
| 6 North Kansas City | 9:41.45 |
| 7 Lee's Summit      | 9:47.80 |
| 8 Lindbergh         | 9:48.20 |

**Long Jump**

|                      |                   |           |
|----------------------|-------------------|-----------|
| 1 Lorinda Richardson | Hickman           | 19-05 1/2 |
| 2 Angie Thacker      | Roosevelt         | 18-08 3/4 |
| 3 Laveta Cudjo       | Waynesville       | 18-08 1/2 |
| 4 LaRita Hawes       | Poplar Bluff      | 18-06     |
| 5 Iris Walker        | Waynesville       | 18-05 3/4 |
| 6 Robin Howard       | St. Joe Lafayette | 18-04     |
| 7 Mary Kaboldt       | Parkway North     | 18-00 3/4 |
| 8 Kim Catlin         | Ladue             | 18-00     |

# 1982 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                            | Coach               | 100 Meters                   |
|----------------------------------|---------------------|------------------------------|
| 1 Hazelwood East                 | 58 Larry Milliam    | 1 Angie Thacker              |
| 2 St. Louis Sumner               | 56 Lynn Mitchell    | 2 Alice Bell                 |
| 3 St. Louis Roosevelt            | 38 Cheryl Hester    | 3 Tamika Foster              |
| 4 St. Louis Beaumont             | 29 Diane Coombs     | 4 Jenny Oldweiler            |
| 5 Grandview                      | 28 Geraldine Zirbel | 5 Angela Person              |
| 5 Kirkwood                       | 28 Deborah Carter   | 6 Cynthia Collier            |
| 5 Webster Groves                 | 28 Charlie Finch    | 7 Shayleen Walker            |
| 8 Springfield Glendale           | 25 Susie Newton     | 8 Dana Brown                 |
| 9 Columbia Hickman               | 24 Ray Odor         |                              |
| 10 Parkway North                 | 23 Fred Lyon        | <b>800 Meters</b>            |
| 11 McCluer North                 | 21 Chris Brown      | 1 Cathy Taylor               |
| 12 Joplin Memorial               | 20 Forrest Reed     | 2 Jennella Torrence          |
| 13 McCluer                       | 19 Bill Becker      | 3 Lynette Morgan             |
| 14 Hannibal                      | 18 Ed Schoenfelt    | 4 Cyd Thomas                 |
| 15 Springfield Kickapoo          | 15 Brenda Goodwin   | 5 Lori Tracy                 |
| 16 Pattonville                   | 14 Charles Linn     | 6 Gina Wilbanks              |
| 17 Kansas City Northeast         | 12 Waunita Small    | 7 Jane Reichard              |
| 17 Liberty                       | 12 John Morrison    | 8 Bernice Jackson            |
| 17 Riverview Gardens             | 12 Linda Burnikel   | <b>100 Meter Low Hurdles</b> |
| 20 Hazelwood Central             | 11 Judith Hurst     | 1 Stephani Thomas            |
| 20 St. Louis Central             | 11 Harold Taylor    | 2 Rhonda Paine               |
| 20 St. Louis Soldan              | 11 Linda Martin     | 3 Angie Harned               |
| 20 Washington                    | 11 Alex Graham      | 4 Karen Cooper               |
| 24 Columbia Rock Bridge          | 10 Jeff Wallace     | 5 Mary Kaboldt               |
| 24 Sedalia Smith-Cotton          | 10 Sharon Rustman   | 6 Stacey Thompson            |
| 26 Independence Van Horn         | 9 Barbara Pauk      | 7 Linda O'Renick             |
| 26 University City               | 9 Linda Sharpe      | 8 Jackie Gregware            |
| 26 Waynesville                   | 9 Becky Oakes       | <b>800 Meter Relay</b>       |
| 29 Eureka                        | 8 Ted Peckron       | 1 Webster Groves             |
| 29 North Kansas City             | 8 James Jarvis      | 2 Sumner                     |
| 29 Raytown South                 | 8 Nancy Holliday    | 3 Joplin Memorial            |
| 29 Springfield Central           | 8 Ron Hamilton      | 4 Hickman                    |
| 33 Cape Girardeau Central        | 7 Jean Pate         | 5 Riverview Gardens          |
| 33 Normandy                      | 7 Sue Fox           | 6 Soldan                     |
| 33 O'Fallon Tech                 | 7 John Riley        | 7 O'Fallon Tech              |
| 36 Raytown                       | 6 Sara Stewart      | 8 KC Southeast               |
| 37 Lindbergh                     | 5 Harold Pourchot   | <b>Discus</b>                |
| 38 Oak Park                      | 4 Fred Kester       | 1 Denise Buchanan            |
| 38 Springfield Parkview          | 4 Terry Clayton     | 2 Lisa Bossch                |
| 40 Center (Kansas City)          | 3 Meg Seifert       | 3 Kim Weber                  |
| 40 Fort Osage                    | 3 Joan Sherwood     | 4 Alesia Holliday            |
| 40 Kansas City Southwest         | 3 Jim Johnson       | 5 Ginny Nye                  |
| 40 Kansas City Westport          | 3 Noverlene Stewart | 6 Pat Colon                  |
| 40 Ladue Horton Watkins          | 3 Gale O'Brien      | 7 Dawn Farquaher             |
| 45 Kansas City Southeast         | 2 Jim Julian        | 8 Sharon Sears               |
| 46 Blue Springs                  | 1 Gary Parker       | <b>Triple Jump</b>           |
| 46 Independence William Chrisman | 1 Steve Davidson    | 1 Donna Ellerson             |
|                                  |                     | 2 Thonesia Saulsbury         |
|                                  |                     | 3 Iris Walker                |
|                                  |                     | 4 Anette Watson              |
|                                  |                     | 5 Deborah Williams           |
|                                  |                     | 6 Shirlie Gibson             |
|                                  |                     | 7 Tina Johnson               |
|                                  |                     | 8 Suzie Ries                 |

**200 Meters**

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Angie Thacker   | Roosevelt      | 24.45 |
| 2 | Alice Bell      | Beaumont       | 24.96 |
| 3 | Tamika Foster   | Hazelwood East | 25.19 |
| 4 | Rhonda Paine    | Grandview      | 25.67 |
| 5 | Jenny Oldweiler | Hickman        | 25.70 |
| 6 | Cynthia Collier | Webster Groves | 25.77 |
| 7 | Dana Brown      | Westport       | 26.01 |
| 8 | Shayleen Walker | Van Horn       | 26.04 |

**1600 Meters**

|   |                   |              |         |
|---|-------------------|--------------|---------|
| 1 | Chris Ridenour    | Kirkwood     | 4:56.91 |
| 2 | Anitra Dabney     | Smith-Cotton | 5:04.28 |
| 3 | Elise Jones       | KC Northeast | 5:07.38 |
| 4 | Jill Kingsbury    | Washington   | 5:08.57 |
| 5 | Cyd Thomas        | Pattonville  | 5:09.19 |
| 6 | Jennella Torrence | SL Central   | 5:09.37 |
| 7 | Suzzane Jones     | KC Northeast | 5:10.40 |
| 8 | Laura Nooter      | Lindbergh    | 5:17.55 |

**200 Meter Low Hurdles**

|   |                 |                   |       |
|---|-----------------|-------------------|-------|
| 1 | Stephani Thomas | Sumner            | 28.34 |
| 2 | Sylvia Grant    | Webster Groves    | 28.45 |
| 3 | Mary Kaboldt    | Parkway North     | 28.62 |
| 4 | Rhonda Paine    | Grandview         | 28.74 |
| 5 | Karen Cooper    | McCluer           | 28.89 |
| 6 | Jackie Gregware | Riverview Gardens | 29.26 |
| 7 | Jackie Renfro   | Normandy          | 30.41 |
| 8 | Alisa Harrison  | KC Southeast      | 32.30 |

**1600 Meter Relay**

|   |                   |         |
|---|-------------------|---------|
| 1 | Sumner            | 3:55.09 |
| 2 | Hazelwood East    | 3:56.68 |
| 3 | Hazelwood Central | 3:57.15 |
| 4 | Normandy          | 3:58.70 |
| 5 | Joplin Memorial   | 3:58.78 |
| 6 | McCluer North     | 4:01.92 |
| 7 | Liberty           | 4:09.12 |
| 8 | O'Fallon Tech     | 4:15.81 |

**Shot Put**

|   |                 |                  |       |
|---|-----------------|------------------|-------|
| 1 | Denise Buchanan | Glendale         | 44-00 |
| 2 | Nancy Rea       | Rock Bridge      | 40-03 |
| 3 | Sharon Sears    | Liberty          | 38-10 |
| 4 | Lisa Bossch     | Parkway North    | 37-11 |
| 5 | Alesia Holliday | University City  | 37-07 |
| 6 | Liz Hart        | Fort Osage       | 37-02 |
| 7 | Kim Weber       | Eureka           | 36-10 |
| 8 | Dianne Hobbs    | William Chrisman | 36-01 |

**High Jump**

|   |                   |                     |      |
|---|-------------------|---------------------|------|
| 1 | Donna Ellerson    | Hazelwood East      | 5-07 |
| 2 | Cynthia Jefferson | Springfield Central | 5-05 |
| 3 | Angie Harned      | Kickapoo            | 5-05 |
| 4 | Jenny Webb        | Glendale            | 5-04 |
| 5 | Jammie Ahrens     | Cape Central        | 5-05 |
| 6 | Karen Mars        | McCluer             | 5-04 |
| 7 | Melanie Davis     | Raytown             | 5-04 |
| 8 | Sheri Edwards     | Hannibal            | 5-03 |

**400 Meters**

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Tamika Foster   | Hazelwood East | 55.79 |
| 2 | Angie Thacker   | Roosevelt      | 56.42 |
| 3 | Lillian Taylor  | McCluer        | 56.67 |
| 4 | Alice Bell      | Beaumont       | 58.01 |
| 5 | Cynthia Collier | Webster Groves | 58.20 |
| 6 | Dorris Hammond  | Liberty        | 58.20 |
| 7 | Tammy Freeman   | KC Northeast   | 61.01 |

**3200 Meters**

|   |                 |                   |          |
|---|-----------------|-------------------|----------|
| 1 | Chris Ridenour  | Kirkwood          | 10:44.37 |
| 2 | Heidi Fischer   | Hannibal          | 10:55.01 |
| 3 | Jill Kingsbury  | Washington        | 11:05.07 |
| 4 | Mary Reed       | North Kansas City | 11:09.95 |
| 5 | Laura Nooter    | Lindbergh         | 11:15.16 |
| 6 | Julie Northcutt | Hannibal          | 11:19.00 |
| 7 | Julie Stein     | KC Southwest      | 11:22.89 |
| 8 | Julie Hink      | Hazelwood Central | 11:25.92 |

**400 Meter Relay**

|   |                |       |
|---|----------------|-------|
| 1 | Hickman        | 49.61 |
| 2 | Sumner         | 49.71 |
| 3 | Van Horn       | 50.26 |
| 4 | Beaumont       | 50.81 |
| 5 | O'Fallon Tech  | 50.84 |
| 6 | Waynesville    | 51.09 |
| 7 | Hazelwood East | 51.12 |
| 8 | McCluer        | 51.14 |

**3200 Meter Relay**

|   |                   |         |
|---|-------------------|---------|
| 1 | Joplin Memorial   | 9:25.78 |
| 2 | McCluer North     | 9:26.47 |
| 3 | Kirkwood          | 9:31.75 |
| 4 | Pattonville       | 9:31.99 |
| 5 | Hazelwood Central | 9:35.52 |
| 6 | North Kansas City | 9:38.77 |
| 7 | KC Northeast      | 9:43.28 |
| 8 | KC Southwest      | 9:44.02 |

**Long Jump**

|   |                 |                |           |
|---|-----------------|----------------|-----------|
| 1 | Rhonda Paine    | Grandview      | 19-05 1/2 |
| 2 | Angie Thacker   | Roosevelt      | 18-10     |
| 3 | Donna Ellerson  | Hazelwood East | 18-01     |
| 4 | Stacey Thompson | Soldan         | 17-11     |
| 5 | Lisa Watson     | Raytown        | 17-09     |
| 6 | Kim Catlin      | Ladue          | 17-06     |
| 7 | Karla Mucke     | Smith-Cotton   | 17-05     |
| 8 | Shana Cuneen    | KC Center      | 17-03 1/4 |



# 1983 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                        | Coach                  | 100 Meters                                    |
|------------------------------|------------------------|---|
| 1 Hazelwood East             | 55 Larry Milliam       | 1 Lorinda Richardson Hickman 12.23            |
| 2 St. Louis Sumner           | 44 Sara Watts          | 2 Angela Person Sumner 12.32                  |
| 3 St. Louis Soldan           | 42 Linda Martin        | 3 Lora Davis Soldan 12.56                     |
| 4 Riverview Gardens          | 36 Linda Burnikel      | 4 Martina Nichols Hazelwood West 12.57        |
| 5 North Kansas City          | 33 James Jarvis        | 5 Kim Davis Parkway South 12.73               |
| 6 Springfield Glendale       | 32 Susie Newton        | 6 Melissa Wynn Ladue 12.81                    |
| 7 Eureka                     | 28 Ted Peckron         | 7 Tracey McCoy St. Charles West 13.00         |
| 8 Columbia Hickman           | 23 1/2 Ray Odor        |   |
| 9 Springfield Central        | 21 Ron Hamilton        | <b>800 Meters</b>                             |
| 10 Washington                | 20 Alex Graham         | 1 Jennella Torrence SL Central 2:13.16        |
| 11 Hazelwood Central         | 19 David Grieshaber    | 2 Cathy Taylor McCluer North 2:15.26          |
| 11 Hazelwood West            | 19 Terry Meatheany     | 3 Cathy Hardin Eureka 2:17.64                 |
| 13 Raytown South             | 17 Nancy Holliday      | 4 Laura Byrne Fox 2:18.40                     |
| 14 Neosho                    | 16 Bill Henton         | 5 Regina Williams Soldan 2:19.11              |
| 15 St. Louis Central         | 15 George Simmons      | 6 Sandra Trower Glendale 2:19.22              |
| 16 Hannibal                  | 14 Ed Schoenfelt       | 7 Gina Wilbanks Kickapoo 2:21.90              |
| 16 Hickman Mills             | 14 Debbie Miller       | 8 Dyanne Collacott Oak Park 2:21.92           |
| 16 St. Louis Beaumont        | 14 Diane Coombs        | <b>100 Meter Low Hurdles</b>                  |
| 19 Francis Howell            | 13 Steven Miller       | 1 Alane Booth North Kansas City 14.86         |
| 20 Ladue Horton Watkins      | 12 1/3 Connie Strobach | 2 Linda O'Renick KC Center 14.90              |
| 21 Pattonville               | 12 Charles Linn        | 3 Shellie Brinkmeir Francis Howell 14.95      |
| 21 Springfield Kickapoo      | 12 Brenda Goodwin      | 4 Shelia Robinson Hazelwood Central 14.96     |
| 23 Center (Kansas City)      | 11 Cal Groff           | 5 Shirlie Gibson Beaumont 15.00               |
| 24 Kansas City Southwest     | 10 Charles Jackson     | 6 Tonya Chester Pattonville 15.01             |
| 24 McCluer North             | 10 Chris Brown         | 7 Norma Telthorst Bishop DuBourg 15.02        |
| 24 Oak Park                  | 10 Fred Kester         | 8 Tammy Schafer Francis Howell 15.21          |
| 24 University City           | 10 Adolph Hoskins      | <b>800 Meter Relay</b>                        |
| 28 Raytown                   | 9 1/2 Ernest Hull      | 1 Hazelwood East 1:42.74                      |
| 29 St. Charles West          | 9 Barb Hinkley         | 2 Sumner 1:43.71                              |
| 30 Jefferson City            | 8 Roberta Bruernmer    | 3 Hickman Mills 1:43.97                       |
| 31 Fox                       | 6 Gerry Dockery        | 4 Springfield Central 1:44.42                 |
| 31 Independence Van Horn     | 6 Olin Shurn           | 5 Kickapoo 1:45.84                            |
| 31 Liberty                   | 6 John Morrison        | 6 North Kansas City 1:46.50                   |
| 31 Parkway North             | 6 Denny Staub          | 7 O'Fallon Tech 1:46.82                       |
| 31 Parkway South             | 6 Lew Smith            |   |
| 31 West Plains               | 6 Joe Bill Dixon       | <b>Discus</b>                                 |
| 37 O'Fallon Tech             | 5 Michelle Tharp       | 1 Denise Buchanan Glendale 153-04             |
| 37 Ruskin                    | 5 Shirley Francis      | 2 Theresa Kehr Jefferson City 127-08          |
| 37 St. Charles               | 5 Judy Lowery          | 3 Jeanine Banks University City 127-06        |
| 40 Bishop DuBourg            | 4 Kathleen Ford        | 4 Kim Weber Eureka 121-04                     |
| 40 Grandview                 | 4 Geraldine Zirbel     | 5 Kathy Bennett Francis Howell 120-10         |
| 40 Northwest (House Springs) | 4 Pat Bailey           | 6 Michelle Flowers Raytown South 119-06       |
| 43 Blue Springs              | 2 Gary Parker          | 7 Carol Schachet Parkway North 117-02         |
| 43 Kansas City Lincoln       | 2 Luther Brown         | 8 Ginny Nye Oak Park 116-10                   |
| 43 Lindbergh                 | 2 Harold Pourchot      | <b>Triple Jump</b>                            |
| 46 St. Joseph Central        | 1 Frank Gross          | 1 Shirlie Gibson Beaumont 38-05               |
| 47 William Chrisman          | 1/3 Steve Davidson     | 2 Kathy Collier Hazelwood East 36-09          |
| 47 Park Hill                 | 1/3 Gwen Looker        | 3 Trina Osborne Springfield Central 36-08 1/4 |
|                              |                        | 4 Martha Scheer St. Charles 36-06             |
|                              |                        | 5 Lisa Watson Raytown 35-11                   |
|                              |                        | 6 Maureen Soetebier Eureka 35-09 1/4          |
|                              |                        | 7 Suzie Ries Blue Springs 35-05 1/2           |
|                              |                        | 8 Cecilia Belser Raytown South 35-04 1/2      |

**200 Meters**

|                   |                   |       |
|-------------------|-------------------|-------|
| 1 Angie Thomas    | Riverview Gardens | 25.36 |
| 2 Angela Person   | Sumner            | 25.50 |
| 3 Melissa Wynn    | Ladue             | 25.75 |
| 4 LaRonda Ward    | North Kansas City | 25.86 |
| 5 Martina Nichols | Hazelwood West    | 25.95 |
| 6 Paula Day       | O'Fallon Tech     | 25.96 |
| 7 Debbie Ousley   | Lindbergh         | 26.15 |
| 8 Tracey McCoy    | St. Charles West  | 26.80 |

**1600 Meters**

|                     |               |         |
|---------------------|---------------|---------|
| 1 Jill Kingsbury    | Washington    | 4:57.66 |
| 2 Tammy Townsend    | Neosho        | 5:02.65 |
| 3 Diane Barlow      | Raytown South | 5:03.15 |
| 4 Jennella Torrence | SL Central    | 5:07.04 |
| 5 Cindy Sitz        | Liberty       | 5:08.29 |
| 6 Vivian Ganaway    | Hickman       | 5:15.10 |
| 7 Cathy Taylor      | McCluer North | 5:17.90 |
| 8 Tina Hartman      | Pattonville   | 5:18.70 |

**200 Meter Low Hurdles**

|                     |                     |       |
|---------------------|---------------------|-------|
| 1 Natalie Dansberry | Sumner              | 29.35 |
| 2 Mechee Cambric    | Hickman Mills       | 29.37 |
| 3 Kelley Hughley    | Riverview Gardens   | 29.81 |
| 4 Deanna Adams      | Springfield Central | 29.94 |
| 5 Nancy Thomas      | Parkway North       | 30.04 |
| 6 Alane Booth       | North Kansas City   | 30.06 |
| 7 Norma Telthorst   | Bishop DuBourg      | 30.20 |

**1600 Meter Relay**

|                  |         |
|------------------|---------|
| 1 Hazelwood East | 3:59.65 |
| 2 Soldan         | 4:02.11 |
| 3 Sumner         | 4:02.12 |
| 4 KC Southwest   | 4:06.20 |
| 5 Eureka         | 4:07.36 |
| 6 Kickapoo       | 4:07.92 |
| 7 Grandview      | 4:12.52 |
| 8 Parkway South  | 4:12.90 |

**Shot Put**

|                    |                   |           |
|--------------------|-------------------|-----------|
| 1 Denise Buchanan  | Glendale          | 44-11 1/2 |
| 2 Ginny Nye        | Oak Park          | 39-04     |
| 3 Cydne Ryan       | Hannibal          | 38-05 1/2 |
| 4 Regina Oetting   | Glendale          | 38-06 1/2 |
| 5 Jeanine Banks    | University City   | 36-06     |
| 6 Tammy Wilson     | Hazelwood Central | 36-06     |
| 7 Michelle Flowers | Raytown South     | 36-05     |
| 8 Tracy Yount      | Fox               | 36-03 1/2 |

**High Jump**

|                  |                  |          |
|------------------|------------------|----------|
| 1 Donna Ellerson | Hazelwood East   | 5-07 1/2 |
| 2 Sheri Edwards  | Hannibal         | 5-05     |
| 3 Cathy Hardin   | Eureka           | 5-05     |
| 4 Myrna Asberry  | West Plains      | 5-05     |
| 5 Jenny Webb     | Glendale         | 5-04     |
| 6 Laurie Cox     | Hickman          | 5-01     |
| 6 Melanie Davis  | Raytown          | 5-01     |
| 8 Cheryl Wood    | Ladue            | 5-00     |
| 8 Lisa Black     | Park Hill        | 5-00     |
| 8 LaTonya Tatum  | William Chrisman | 5-00     |

**400 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Angie Thomas     | Riverview Gardens | 56.30 |
| 2 Tammy Wilson     | Hazelwood Central | 56.98 |
| 3 LaRonda Ward     | North Kansas City | 57.00 |
| 4 Trena Cason      | Ruskin            | 57.82 |
| 5 Kimberly Coleman | Soldan            | 57.84 |
| 6 Robyn Osborn     | KC Center         | 58.02 |
| 7 Tamika Foster    | Hazelwood East    | 58.66 |
| 8 Kim Davis        | Parkway South     | 59.15 |

**3200 Meters**

|                    |                   |          |
|--------------------|-------------------|----------|
| 1 Jill Kingsbury   | Washington        | 10:45.19 |
| 2 Tammy Townsend   | Neosho            | 11:03.60 |
| 3 Mary Reed        | North Kansas City | 11:13.35 |
| 4 Diane Barlow     | Raytown South     | 11:17.60 |
| 5 Stacey Thompson  | Soldan            | 11:23.54 |
| 6 Michelle Johnson | Hazelwood Central | 11:28.61 |
| 7 Tina Hartman     | Pattonville       | 11:29.77 |
| 8 Renee Bonk       | Grandview         | 11:35.80 |

**400 Meter Relay**

|                       |       |
|-----------------------|-------|
| 1 Riverview Gardens   | 48.95 |
| 2 Soldan              | 50.03 |
| 3 Van Horn            | 50.15 |
| 4 Springfield Central | 50.24 |
| 5 Northwest (HS)      | 50.29 |
| 6 Ladue               | 50.40 |
| 7 Francis Howell      | 51.29 |
| 8 Grandview           | 51.44 |

**3200 Meter Relay**

|                  |         |
|------------------|---------|
| 1 Hazelwood East | 9:31.92 |
| 2 Soldan         | 9:38.94 |
| 3 Pattonville    | 9:38.87 |
| 4 KC Southwest   | 9:44.57 |
| 5 Eureka         | 9:45.05 |
| 6 Kickapoo       | 9:46.38 |
| 7 Liberty        | 9:46.94 |
| 8 West Plains    | 9:49.08 |

**Long Jump**

|                      |                  |           |
|----------------------|------------------|-----------|
| 1 Martina Nichols    | Hazelwood West   | 18-09 1/4 |
| 2 Lorinda Richardson | Hickman          | 18-03 3/4 |
| 3 Tracey McCoy       | St. Charles West | 17-10 3/4 |
| 4 Donna Ellerson     | Hazelwood East   | 17-10 1/4 |
| 5 Natalie Dansberry  | Sumner           | 17-08 1/2 |
| 6 Lisa Watson        | Raytown          | 17-08 1/4 |
| 7 Vickie Davis       | Lincoln (KC)     | 17-08     |
| 8 Sherri Hines       | St. Joe Central  | 17-07 1/4 |

# 1984 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                          | Coach             | 100 Meters                                    |
|--------------------------------|-------------------|---|
| 1 Riverview Gardens 57         | Linda Schad       | 1 Tamika Foster Hazelwood East 12.07          |
| 2 Springfield Central 51       | Ron Hamilton      | 2 Angie Thomas Riverview Gardens 12.08        |
| 3 Hazelwood East 50            | Ed Harris         | 3 Lorinda Richardson Hickman 12.24            |
| 4 Eureka 35                    | Ted Peckron       | 4 Shirley Newman Sumner 12.39                 |
| 5 Center (Kansas City) 30      | Cal Groff         | 5 Renee Starks Springfield Central 12.53      |
| 5 St. Louis Soldan 30          | Linda Martin      | 6 Pam Moore Hazelwood Central 12.66           |
| 7 Columbia Hickman 28          | Ray Odor          | 7 Martina Nichols Hazelwood West 12.68        |
| 8 St. Louis Sumner 23          | Sara Watts        | 8 Robyn Osborn KC Center 12.71                |
| 9 Hazelwood Central 21         | Joe Allen         |   |
| 9 Hickman Mills 21             | Debbie Miller     | <b>800 Meters</b>                             |
| 11 Springfield Kickapoo 19     | Brenda Goodwin    | 1 Elizabeth White Francis Howell 2:16.12      |
| 12 Neosho 18                   | Harry Lineberry   | 2 Vonda Hammons Jefferson City 2:16.37        |
| 12 North Kansas City 18        | James Jarvis      | 3 Val Sauer Rolla 2:16.90                     |
| 12 Parkway North 18            | Rod Reed          | 4 Regina Williams Soldan 2:17.12              |
| 12 Raytown South 18            | Nancy Holliday    | 5 Sonya Mitchell Normandy 2:19.64             |
| 16 Hannibal 17                 | Gregg Nesbitt     | 6 Sandra Ellis KC Southwest 2:19.98           |
| 16 Parkway South 17            | Lew Smith         | 7 Pamela Marshall Hazelwood East 2:21.20      |
| 18 Hazelwood West 14           | Chuck Owens       | 8 Kim Hager Cape Central 2:22.90              |
| 19 Francis Howell 13           | Steven Miller     | <b>100 Meter Low Hurdles</b>                  |
| 19 Normandy 13                 | Lynn Mitchell     | 1 Nancy Thomas Parkway North 14.36            |
| 21 Rolla 12                    | Don Knapp         | 2 Deanna Adams Springfield Central 14.57      |
| 22 Springfield Parkview 11     | Terry Clayton     | 3 Stacey Harris Hannibal 14.70                |
| 23 William Chrisman 10         | Steve Davidson    | 4 Linda O'Renick KC Center 14.72              |
| 23 Jefferson City 10           | Roberta Bruernmer | 5 Felecia Allen Riverview Gardens 14.76       |
| 23 St. Charles 10              | Judy Lowery       | 6 Mechee Cambric Hickman Mills 14.89          |
| 26 Ritenour 9                  | Hilda Hobbs       | 7 Tammy Schafer Francis Howell 15.18          |
| 27 Grandview 8                 | Geraldine Zirbel  | 8 Dorothy Young University City 15.19         |
| 27 Park Hill 8                 | Gwen Looker       | <b>800 Meter Relay</b>                        |
| 27 Ruskin 8                    | Shirley Francis   | 1 Riverview Gardens 1:40.72                   |
| 27 St. Charles West 8          | Barb Hinkley      | 2 Springfield Central 1:42.72                 |
| 31 Pattonville 7               | Charles Linn      | 3 Sumner 1:43.22                              |
| 31 University City 7           | Adolph Hoskins    | 4 Hickman 1:43.71                             |
| 33 Fox 5                       | Gerry Dockery     | 5 Van Horn 1:43.88                            |
| 33 Kirkwood 5                  | Deborah Carter    | 6 Eureka 1:44.30                              |
| 35 Independence Van Horn 4     | Phillip Shaw      |   |
| 35 Liberty 4                   | John Morrison     | <b>Discus</b>                                 |
| 35 St. Louis Roosevelt 4       | Ernest Baldwin    | 1 Michelle Flowers Raytown South 133-10       |
| 38 Kansas City Southwest 3     | Richard Samuels   | 2 Kim Weber Eureka 129-10                     |
| 38 McCluer 3                   | Bill Becker       | 3 Debbie Jansen Ritenour 122-09               |
| 38 Oak Park 3                  | Fred Kester       | 4 Annette Vassar Parkview 122-00              |
| 38 Sedalia Smith-Cotton 3      | Norris Kelley     | 5 Carol Schachet Parkway North 120-02         |
| 42 Independence Truman 2       | Lou Lyons         | 6 Stacy Koelling KC Center 119-05             |
| 42 Northwest (House Springs) 2 | Pat Bailey        | 7 Debbie Bunch Northwest (HS) 116-08          |
| 44 Cape Girardeau Central 1    | Jane Evers        | 8 Kathy Bennett Francis Howell 115-08         |
| 44 Springfield Glendale 1      | Susie Newton      |   |
|                                |                   | <b>Triple Jump</b>                            |
|                                |                   | 1 Trina Osborne Springfield Central 37-05 1/4 |
|                                |                   | 2 Martha Scheer St. Charles 37-02 1/4         |
|                                |                   | 3 Maureen Soetebier Eureka 37-00              |
|                                |                   | 4 Kim Gladden Riverview Gardens 36-11 1/2     |
|                                |                   | 5 Nancy Johnson Roosevelt 36-06 1/2           |
|                                |                   | 6 Nancy Thomas Parkway North 35-05 1/2        |
|                                |                   | 7 Lori Wan Kum Jefferson City 36-01 3/4       |
|                                |                   | 8 Sandra Trower Glendale 36-01 1/4            |

**200 Meters**

|                      |                   |       |
|----------------------|-------------------|-------|
| 1 Angie Thomas       | Riverview Gardens | 24.74 |
| 2 Tamika Foster      | Hazelwood East    | 24.98 |
| 3 Lorinda Richardson | Hickman           | 25.49 |
| 4 Martina Nichols    | Hazelwood West    | 25.93 |
| 5 Robyn Osborn       | Center            | 26.00 |
| 6 Sandi Peterson     | Hickman Mills     | 26.08 |
| 7 Trena Cason        | Ruskin            | 26.11 |
| 8 Hermanet Holmes    | Ritenour          | 28.40 |

**1600 Meters**

|                     |                   |         |
|---------------------|-------------------|---------|
| 1 Stephani Shockley | Soldan            | 5:11.21 |
| 2 De'ttra Mixson    | Eureka            | 5:11.39 |
| 3 Debbie Stone      | Parkview          | 5:11.79 |
| 4 Patti Cripe       | North Kansas City | 5:16.20 |
| 5 Tammy Townsend    | Neosho            | 5:16.60 |
| 6 Janet Buss        | McCluer           | 5:18.79 |
| 7 Joey Flora        | Liberty           | 5:19.09 |
| 8 Teresa Morehead   | Neosho            | 5:19.90 |

**300 Meter Low Hurdles**

|                     |                     |       |
|---------------------|---------------------|-------|
| 1 Deanna Adams      | Springfield Central | 44.65 |
| 2 Felecia Allen     | Riverview Gardens   | 45.46 |
| 3 Mechee Cambric    | Hickman Mills       | 46.15 |
| 4 Natalie Dansberry | Sumner              | 46.24 |
| 5 Alane Booth       | North Kansas City   | 47.67 |
| 6 Arnita Reed       | Pattonville         | 48.01 |
| 7 Kelley Hughley    | Riverview Gardens   | 50.51 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Hazelwood Central | 3:59.22 |
| 2 Hazelwood East    | 4:01.05 |
| 3 Parkway South     | 4:03.14 |
| 4 University City   | 4:03.18 |
| 5 Normandy          | 4:04.85 |
| 6 KC Center         | 4:05.08 |
| 7 Eureka            | 4:06.56 |
| 8 Soldan            | 4:18.70 |

**Shot Put**

|                    |                     |           |
|--------------------|---------------------|-----------|
| 1 Cydne Ryan       | Hannibal            | 40-07 1/4 |
| 2 Michelle Flowers | Raytown South       | 39-01     |
| 3 Wendy Jacobson   | KC Center           | 38-01 1/2 |
| 4 Linda Daugherty  | Hazelwood Central   | 36-10 3/4 |
| 5 Bonnie Norris    | Grandview           | 36-08 3/4 |
| 6 Becky Stacye     | Springfield Central | 36-05 3/4 |
| 7 Sheryl Meyer     | Liberty             | 36-05     |
| 8 Sue Polson       | Hazelwood West      | 35-09     |

**High Jump**

|                   |                  |      |
|-------------------|------------------|------|
| 1 LaTonya Tatum   | William Chrisman | 5-08 |
| 2 Lisa Black      | Park Hill        | 5-06 |
| 3 Lisa Beard      | Rolla            | 5-06 |
| 4 Patty Shadowens | Kirkwood         | 5-03 |
| 5 Kelly Cox       | Fox              | 5-03 |
| 6 Kelli Batey     | Kickapoo         | 5-03 |
| 7 Patti Wilcox    | Oak Park         | 5-03 |
| 8 Laurie Cox      | Hickman          | 5-03 |

**400 Meters**

|                       |                   |       |
|-----------------------|-------------------|-------|
| 1 Tamika Foster       | Hazelwood East    | 56.34 |
| 2 Robyn Osborn        | KC Center         | 57.18 |
| 3 Trena Cason         | Ruskin            | 58.77 |
| 4 LaRonda Ward        | North Kansas City | 59.28 |
| 5 Larisa Hairston     | Eureka            | 59.30 |
| 6 Ramona Eichelberger | Hickman Mills     | 59.42 |
| 7 Hermanet Holmes     | Ritenour          | 61.10 |
| 8 Sandra Gatewood     | University City   | 61.60 |

**3200 Meters**

|                    |                   |          |
|--------------------|-------------------|----------|
| 1 Cherie Hayes     | Kickapoo          | 11:21.53 |
| 2 Tammy Townsend   | Neosho            | 11:28.40 |
| 3 Stacey Thompson  | Soldan            | 11:34.20 |
| 4 Stephani Little  | Parkway South     | 11:36.26 |
| 5 Patti Cripe      | North Kansas City | 11:37.60 |
| 6 Lilli Hughes     | Kickapoo          | 11:44.34 |
| 7 Julie Board      | Truman            | 11:49.29 |
| 8 Mary Kay Connoly | Parkway North     | 11:54.10 |

**400 Meter Relay**

|                       |       |
|-----------------------|-------|
| 1 Riverview Gardens   | 48.30 |
| 2 Springfield Central | 49.37 |
| 3 Hickman Mills       | 49.43 |
| 4 Normandy            | 49.84 |
| 5 Grandview           | 49.87 |
| 6 Hazelwood Central   | 50.39 |
| 7 Hazelwood East      | 50.77 |
| 8 Sumner              | 52.84 |

**3200 Meter Relay**

|                  |         |
|------------------|---------|
| 1 Hazelwood East | 9:32.72 |
| 2 Soldan         | 9:34.76 |
| 3 Parkway South  | 9:42.52 |
| 4 Neosho         | 9:42.53 |
| 5 Pattonville    | 9:42.96 |
| 6 Kickapoo       | 9:43.36 |
| 7 Fox            | 9:43.55 |
| 8 Hannibal       | 9:48.99 |

**Long Jump**

|                      |                  |           |
|----------------------|------------------|-----------|
| 1 Lorinda Richardson | Hickman          | 19-00 3/4 |
| 2 Tracey McCoy       | St. Charles West | 18-09 1/4 |
| 3 Martina Nichols    | Hazelwood West   | 18-05     |
| 4 Shirley Newman     | Sumner           | 18-02 1/4 |
| 5 Maureen Soetebier  | Eureka           | 17-11 1/2 |
| 6 Karla Mucke        | Smith-Cotton     | 17-09     |
| 7 Susan Gillette     | St. Charles      | 17-08     |
| 8 Natalie Dansberry  | Sumner           | 17-07 1/2 |

# 1985 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                            |    | Coach              |                       | 100 Meters          |           |
|----------------------------------|----|--------------------|-----------------------|---------------------|-----------|
| 1 Riverview Gardens              | 73 | Linda Schad        | 1 Kim Edwards         | Van Horn            | 11.80     |
| 2 Independence Van Horn          | 42 | Luther Brown       | 2 Angie Thomas        | Riverview Gardens   | 12.00     |
| 3 Jefferson City                 | 40 | Roberta Bruernmer  | 3 Angie Monroe        | Riverview Gardens   | 12.29     |
| 4 Eureka                         | 38 | Ted Peckron        | 4 Larisa Hairston     | Eureka              | 12.32     |
| 5 St. Louis Soldan               | 34 | Linda Martin       | 5 Stacye Hendree      | Webster Groves      | 12.49     |
| 6 St. Louis Sumner               | 29 | Sara Watts         | 6 Robyn Osborn        | KC Center           | 12.52     |
| 7 Normandy                       | 27 | Lynn Mitchell      | 7 Lisa Lewis          | KC Southeast        | 12.55     |
| 8 Francis Howell                 | 22 | 1/2 Steven Miller  | 8 Lorne Evans         | De Soto             | 12.56     |
| 9 Raytown South                  | 21 | Nancy Holliday     |                       |                     |           |
| 10 Columbia Rock Bridge          | 20 | Jeff Wallace       | 1 Vonda Hammons       | Jefferson City      | 2:10.15   |
| 11 Center (Kansas City)          | 19 | Cal Groff          | 2 Elizabeth White     | Francis Howell      | 2:14.40   |
| 11 Springfield Central           | 19 | Ron Hamilton       | 3 Val Sauer           | Rolla               | 2:15.98   |
| 13 Hannibal                      | 18 | Gregg Nesbitt      | 4 Gina Wilbanks       | Kickapoo            | 2:17.33   |
| 13 Ruskin                        | 18 | Shirley Francis    | 5 Regina Williams     | Soldan              | 2:17.47   |
| 15 University City               | 17 | Julius Sims        | 6 Tricia Biasbas      | Parkway South       | 2:20.04   |
| 16 St. Joseph Central            | 15 | Charles Taylor     | 7 Kerri Schultz       | Lee's Summit        | 2:20.98   |
| 17 Rolla                         | 14 | Don Knapp          | 8 Darla Allen         | William Chrisman    | 2:22.27   |
| 18 Springfield Kickapoo          | 13 | 1/2 Brenda Goodwin |                       |                     |           |
| 19 Grandview                     | 12 | Geraldine Zirbel   | 1 Dorothy Young       | University City     | 14.39     |
| 20 Independence William Chrisman | 11 | Steve Davidson     | 2 Felecia Allen       | Riverview Gardens   | 14.42     |
| 20 Parkway South                 | 11 | Lew Smith          | 3 Deanna Adams        | Springfield Central | 14.85     |
| 22 Oak Park                      | 10 | 1/2 Fred Kester    | 4 Bridgette Morrow    | Riverview Gardens   | 15.24     |
| 23 Neosho                        | 9  | Harry Lineberry    | 5 Jenny Arbuckle      | Grandview           | 15.36     |
| 24 Northwest (House Springs)     | 8  | Pat Bailey         | 6 Julie Bay           | Rock Bridge         | 15.37     |
| 24 Parkway Central               | 8  | Bill Sodeman       | 7 Dana Woodall        | Kickapoo            | 15.84     |
| 24 Ritenour                      | 8  | Hilda Hobbs        | 8 Vanessa Johnson     | Ruskin              | 17.25     |
| 24 St. Louis Northwest           | 8  | George Simmons     |                       |                     |           |
| 28 Columbia Hickman              | 7  | Ray Odor           | 1 Riverview Gardens   | 1:40.25             |           |
| 28 Hazelwood Central             | 7  | Steve Szachta      | 2 Van Horn            | 1:41.02             |           |
| 30 Belton                        | 6  | David Denny        | 3 Eureka              | 1:41.67             |           |
| 30 Kansas City Southeast         | 6  | Jim Julian         | 4 Oak Park            | 1:43.61             |           |
| 30 Lafayette (Wildwood)          | 6  | Larry Hottelman    | 5 Normandy            | 1:44.37             |           |
| 30 Springfield Parkview          | 6  | Terry Clayton      | 6 Sikeston            | 1:44.38             |           |
| 30 St. Louis Roosevelt           | 6  | Ernest Baldwin     | 7 Springfield Central | 1:44.70             |           |
| 30 Washington                    | 6  | Alex Graham        | 8 University City     | 1:45.00             |           |
| 36 Fort Osage                    | 5  | Ron Kelley         |                       |                     |           |
| 36 St. Charles West              | 5  | Mike Ebert         | 1 Michelle Flowers    | Raytown South       | 140-06    |
| 38 Fox                           | 4  | 1/2 Gerry Dockery  | 2 Debbie Bunch        | Northwest (HS)      | 130-02    |
| 39 Kansas City Lincoln           | 4  | Luther Brown       | 3 Prudy Berry         | Raytown South       | 126-01    |
| 39 Raytown                       | 4  | Ernest Hull        | 4 Julie Grimes        | Jefferson City      | 124-04    |
| 39 Webster Groves                | 4  | Charlie Finch      | 5 Rochelle Hardie     | Van Horn            | 117-04    |
| 42 Hazelwood West                | 3  | Terry Meatheany    | 6 Elisa Blue          | Hannibal            | 116-00    |
| 42 Sikeston                      | 3  | Randy Fidler       | 7 Becky Wiberg        | Blue Springs        | 114-02    |
| 44 Blue Springs                  | 2  | Gary Parker        | 8 Becky Stacye        | Springfield Central | 110-09    |
| 44 Lee's Summit                  | 2  | Diane Black        |                       |                     |           |
| 44 Pattonville                   | 2  | Charles Linn       | 1 Adonica Williams    | Sumner              | 38-01 1/2 |
| 44 Poplar Bluff                  | 2  | Bill Caputo        | 2 Becki Borg          | Rock Bridge         | 38-00     |
| 44 Springfield Glendale          | 2  | Susie Newton       | 3 Nancy Johnson       | Roosevelt           | 37-06 1/2 |
| 44 St. Louis Beaumont            | 2  | Diane Coombs       | 4 Sherri Hines        | St. Joe Central     | 37-05     |
| 50 De Soto                       | 1  | Tim Tourville      | 5 Lori Wan Kum        | Jefferson City      | 36-11 1/4 |
| 50 Lindbergh                     | 1  | Harold Pourchot    | 6 Cami Kupcho         | Belton              | 36-10     |
|                                  |    |                    | 7 Angela Bolden       | Beaumont            | 36-08 3/4 |
|                                  |    |                    | 8 Angie Monroe        | Riverview Gardens   | 36-08 1/2 |

**200 Meters**

|                   |                   |       |
|-------------------|-------------------|-------|
| 1 Kim Edwards     | Van Horn          | 24.27 |
| 2 Angie Thomas    | Riverview Gardens | 24.33 |
| 3 Larisa Hairston | Eureka            | 25.19 |
| 4 Angie Monroe    | Riverview Gardens | 25.24 |
| 5 Trena Cason     | Ruskin            | 25.44 |
| 6 Ramona Spencer  | Normandy          | 25.60 |
| 7 Hermanet Holmes | Ritenour          | 25.66 |
| 8 Lisa Lewis      | KC Southeast      | 25.77 |

**400 Meters**

|                     |              |       |
|---------------------|--------------|-------|
| 1 Robyn Osborn      | KC Center    | 55.96 |
| 2 Larisa Hairston   | Eureka       | 56.07 |
| 3 Trena Cason       | Ruskin       | 57.09 |
| 4 Yolanda Alexander | Van Horn     | 57.79 |
| 5 Ramona Spencer    | Normandy     | 59.04 |
| 6 Patricia Sutton   | Sumner       | 59.46 |
| 7 Tara Caputo       | Poplar Bluff | 59.95 |
| 8 Heather Larmore   | Kickapoo     | 60.00 |

**1600 Meters**

|                     |                  |         |
|---------------------|------------------|---------|
| 1 Stephani Shockley | Soldan           | 5:01.20 |
| 2 Val Sauer         | Rolla            | 5:03.50 |
| 3 Kim Matthews      | Lafayette        | 5:03.60 |
| 4 De'ttra Mixson    | Eureka           | 5:12.18 |
| 5 Merrily Finney    | St. Charles West | 5:14.71 |
| 6 Stephani Pfeiffer | Hazelwood West   | 5:15.25 |
| 7 Renee Bonk        | Grandview        | 5:15.38 |
| 8 Mary Lee Bankhead | Lindbergh        | 5:17.90 |

**3200 Meters**

|                     |                   |          |
|---------------------|-------------------|----------|
| 1 Stephani Shockley | Soldan            | 11:15.8  |
| 2 Tammy Townsend    | Neosho            | 11:36.00 |
| 3 Renee Bonk        | Grandview         | 11:38.6  |
| 4 Mary Wulff        | Hickman           | 11:39.23 |
| 5 Dawn Calabrese    | Francis Howell    | 11:43.90 |
| 6 Lisa Wurth        | Hazelwood Central | 11:47.61 |
| 7 Karla Patterson   | Hickman           | 11:47.65 |
| 8 Merrily Finney    | St. Charles West  | 12:01.29 |

**300 Meter Low Hurdles**

|                     |                     |       |
|---------------------|---------------------|-------|
| 1 Felecia Allen     | Riverview Gardens   | 43.96 |
| 2 Natalie Dansberry | Sumner              | 45.02 |
| 3 Deanna Adams      | Springfield Central | 45.50 |
| 4 Teresa Snyder     | Fort Osage          | 45.62 |
| 5 Alicia Ronon      | Jefferson City      | 46.50 |
| 6 Vanessa Johnson   | Ruskin              | 47.19 |
| 7 Bridgette Morrow  | Riverview Gardens   | 47.60 |
| 8 Shelley Anderson  | Parkview            | 48.07 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Riverview Gardens | 48.64 |
| 2 Sumner            | 49.51 |
| 3 Normandy          | 49.56 |
| 4 Jefferson City    | 49.64 |
| 5 Lincoln (KC)      | 49.70 |
| 6 KC Southeast      | 49.72 |
| 7 Van Horn          | 52.35 |

**1600 Meter Relay**

|                   |         |
|-------------------|---------|
| 1 Normandy        | 3:56.69 |
| 2 Jefferson City  | 3:59.52 |
| 3 University City | 4:00.14 |
| 4 Parkway South   | 4:00.79 |
| 5 Ruskin          | 4:02.82 |
| 6 Fox             | 4:03.97 |
| 7 Pattonville     | 4:05.80 |
| 8 Kickapoo        | 4:08.07 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Soldan            | 9:25.09 |
| 2 Francis Howell    | 9:29.09 |
| 3 Parkway Central   | 9:42.82 |
| 4 Parkview          | 9:42.99 |
| 5 Hazelwood Central | 9:44.66 |
| 6 Parkway South     | 9:44.69 |
| 7 Kickapoo          | 9:45.25 |
| 8 Fox               | 9:47.18 |

**Shot Put**

|                        |                     |           |
|------------------------|---------------------|-----------|
| 1 Cydne Ryan           | Hannibal            | 44-00 1/4 |
| 2 Lavette Jackson      | SL Northwest        | 38-11 1/2 |
| 3 Wendy Jacobson       | KC Center           | 38-08 1/2 |
| 4 Monica Williams      | Hannibal            | 37-10 1/4 |
| 5 Becky Stacye         | Springfield Central | 37-08     |
| 6 Rochelle Hardie      | Van Horn            | 37-06 3/4 |
| 7 Janet Mantell        | Glendale            | 37-05     |
| 8 Martha Schnackenberg | Neosho              | 36-05     |

**Long Jump**

|                     |                 |           |
|---------------------|-----------------|-----------|
| 1 Sherri Hines      | St. Joe Central | 19-04 1/2 |
| 2 Maureen Soetebier | Eureka          | 18-06 1/4 |
| 3 Michelle Parker   | Ritenour        | 18-05 3/4 |
| 4 Lynda Bassa       | Raytown South   | 17-10 1/4 |
| 5 Lori Wan Kum      | Jefferson City  | 17-07 1/4 |
| 6 Cami Kupcho       | Belton          | 17-06 3/4 |
| 7 Kristin Iverson   | Parkway Central | 17-05 1/2 |
| 8 Becki Borg        | Rock Bridge     | 17-04 3/4 |

**High Jump**

|                  |                  |      |
|------------------|------------------|------|
| 1 LaTonya Tatum  | William Chrisman | 5-07 |
| 2 Stacy Roberts  | Rock Bridge      | 5-06 |
| 3 Lori Sandbothe | Washington       | 5-04 |
| 4 Patti Wilcox   | Oak Park         | 5-03 |
| 5 Christy Smith  | Raytown          | 5-03 |
| 6 Brandee Haller | Francis Howell   | 5-02 |
| 6 Kelli Batey    | Kickapoo         | 5-02 |
| 8 Kelly Cox      | Fox              | 5-02 |
| 8 Pam Krupka     | Oak Park         | 5-02 |

# 1986 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                            | Coach               | 100 Meters                                |
|----------------------------------|---------------------|---|
| 1 Normandy                       | 58 Lynn Mitchell    | Jackson 12.17                             |
| 2 Riverview Gardens              | 46 Linda Schad      | Normandy 12.36                            |
| 3 Center (Kansas City)           | 33 Cal Groff        | Webster Groves 12.37                      |
| 4 Eureka                         | 28 Ted Peckron      | Hickman 12.39                             |
| 4 St. Louis Soldan               | 28 Linda Martin     | KC Southeast 12.50                        |
| 6 Ruskin                         | 26 Reggie James     | Eureka 12.51                              |
| 7 Francis Howell                 | 25 Steven Miller    | Normandy 12.52                            |
| 7 Independence Truman            | 25 Lou Lyons        | Joplin Memorial 12.71                     |
| 9 Kansas City Southeast          | 19 Jim Morrow       |   |
| 10 St. Joseph Central            | 18 Charles Taylor   | <b>800 Meters</b>                         |
| 11 Ladue Horton Watkins          | 17 Connie Strobach  | 1 Val Sauer Rolla 2:12.86                 |
| 12 Cape Girardeau Central        | 16 Jane Evers       | 2 Stephani Shockley Soldan 2:13.6         |
| 13 Lafayette (Wildwood)          | 15 Larry Hottelman  | 3 Steph Small Riverview Gardens 2:14.9    |
| 13 Ritenour                      | 15 Hilda Hobbs      | 4 Tricia Biasbas Parkway South 2:18.2     |
| 13 Rolla                         | 15 Don Knapp        | 5 Cindy Whitehead Parkview 2:18.7         |
| 16 Springfield Parkview          | 13 Terry Clayton    | 6 Sarah Soetebier Washington 2:19.9       |
| 17 Blue Springs                  | 12 Rusty Hodge      | 7 Stephani Pfeiffer Hazelwood West 2:27.3 |
| 17 Hazelwood Central             | 12 Joe Allen        | 8 Susan Bliss Francis Howell 2:28.6       |
| 17 Independence Van Horn         | 12 Luther Brown     | <b>100 Meter Low Hurdles</b>              |
| 17 Jackson                       | 12 Bob Sink         | 1 Felecia Allen Riverview Gardens 14.06   |
| 17 Jefferson City                | 12 Dennis Licklider | 2 Becky Schafer Truman 14.36              |
| 17 Springfield Central           | 12 Ron Hamilton     | 3 Kim Scoggin Hickman Mills 14.65         |
| 17 Washington                    | 12 Alex Graham      | 4 Vanessa Johnson Ruskin 14.68            |
| 24 Columbia Hickman              | 10 Ray Odor         | 5 Kim Frischman De Soto 14.69             |
| 24 Hickman Mills                 | 10 Pat Pepple       | 6 Deanna Adams Springfield Central 15.02  |
| 24 West Plains                   | 10 Trish Gilliam    | 7 Debbie Massengale Jefferson City 15.15  |
| 27 Parkway South                 | 9 Lew Smith         | 8 Trina Farrow Fort Zumwalt 15.70         |
| 27 Springfield Kickapoo          | 9 Brenda Goodwin    | <b>800 Meter Relay</b>                    |
| 27 University City               | 9 Julius Sims       | 1 Normandy 1:42.78                        |
| 30 Columbia Rock Bridge          | 8 Glenn Berry       | 2 Ruskin 1:43.92                          |
| 30 Hannibal                      | 8 Gregg Nesbitt     | 3 KC Southeast 1:43.98                    |
| 30 Kirkwood                      | 8 Dave Kannewurf    | 4 Eureka 1:44.41                          |
| 30 Lee's Summit                  | 8 Diane Black       | 5 Cape Central 1:45.16                    |
| 30 Liberty                       | 8 John Morrison     | 6 Ritenour 1:45.21                        |
| 35 Fort Zumwalt                  | 7 Peg Schane        | 7 Hickman Mills 1:45.63                   |
| 35 Lebanon                       | 7 Bob Curl          | 8 Springfield Central 1:46.02             |
| 37 Fox                           | 6 Gerry Dockery     | <b>Discus</b>                             |
| 37 Neosho                        | 6 Harry Lineberry   | 1 Julie Grimes Jefferson City 129-03      |
| 37 Sedalia Smith-Cotton          | 6 Norris Kelley     | 2 Coleen Finnegan Lafayette 128-06        |
| 37 Springfield Hillcrest         | 6 Randy Stevens     | 3 Kelli Lowman Smith-Cotton 127-06        |
| 37 St. Louis Sumner              | 6 Sara Watts        | 4 Kelli McCrary Hazelwood Central 118-01  |
| 37 Webster Groves                | 6 Charlie Finch     | 5 Pam Vassar Parkview 113-05              |
| 43 St. Charles West              | 5 Mike Ebert        | 6 Traci Furlow Hazelwood Central 112-04   |
| 44 De Soto                       | 4 Tim Tourville     | 7 Lori Sandbothe Washington 111-01        |
| 44 Lindbergh                     | 4 Harold Pourchot   | 8 Leslie Frederickson Poplar Bluff 109-05 |
| 46 St. Joseph's                  | 3 Karen Elmore      | <b>Triple Jump</b>                        |
| 47 Hazelwood West                | 2 Chuck Owens       | 1 Sherri Hines St. Joe Central 38-04 1/2  |
| 47 Independence William Chrisman | 2 Steve Davidson    | 2 Becki Borg Rock Bridge 38-00 3/4        |
| 47 North Kansas City             | 2 James Jarvis      | 3 Trina Farrow Fort Zumwalt 36-11 1/2     |
| 47 Poplar Bluff                  | 2 Bill Caputo       | 4 Charlott Walker Ladue 36-06             |
| 51 Belton                        | 1 David Denny       | 5 Dana Williams Ladue 35-11 3/4           |
| 51 Joplin Memorial               | 1 Willie Smith      | 6 Patti Hopkins Kirkwood 35-09 1/4        |
| 51 Parkway Central               | 1 Bill Sodeman      | 7 Valencia Taylor Hickman Mills 35-06 1/4 |
| 51 Springfield Glendale          | 1 Susie Newton      | 8 Charmen Jackson Lafayette 35-05 1/4     |
| 51 St. Louis Beaumont            | 1 Diane Coombs      |   |

**200 Meters**

|   |                   |                   |       |
|---|-------------------|-------------------|-------|
| 1 | Felecia Allen     | Riverview Gardens | 25.22 |
| 2 | Robyn Osborn      | KC Center         | 25.35 |
| 3 | Yolanda Alexander | Van Horn          | 25.46 |
| 4 | Shermica Turner   | Hickman           | 25.62 |
| 5 | Larisa Hairston   | Eureka            | 25.68 |
| 6 | Annette Henderson | University City   | 25.71 |
| 7 | Mia Staten        | Jackson           | 25.72 |
| 8 | Libby Klimek      | Kirkwood          | 26.04 |

**1600 Meters**

|   |                   |                   |         |
|---|-------------------|-------------------|---------|
| 1 | Stephani Shockley | Soldan            | 4:58.62 |
| 2 | Susan Bliss       | Francis Howell    | 5:05.57 |
| 3 | De'ttra Mixson    | Eureka            | 5:11.45 |
| 4 | Val Sauer         | Rolla             | 5:11.56 |
| 5 | Mary Lee Bankhead | Lindbergh         | 5:14.30 |
| 6 | Sarah Graves      | Truman            | 5:18.70 |
| 7 | Patti Cripe       | North Kansas City | 5:20.20 |
| 8 | Barbara Mariani   | Belton            | 5:22.40 |

**300 Meter Low Hurdles**

|   |                   |                     |       |
|---|-------------------|---------------------|-------|
| 1 | Felecia Allen     | Riverview Gardens   | 43.80 |
| 2 | Deanna Adams      | Springfield Central | 44.5  |
| 3 | Becky Schafer     | Truman              | 44.6  |
| 4 | Talisa Sennie     | Normandy            | 45.3  |
| 5 | Angela Franklin   | KC Southeast        | 45.7  |
| 6 | Kristen Shaiper   | St. Joseph's        | 45.8  |
| 7 | Patience Williams | William Chrisman    | 46.2  |
| 8 | Shelley Anderson  | Glendale            | 46.9  |

**1600 Meter Relay**

|   |                 |         |
|---|-----------------|---------|
| 1 | Normandy        | 3:51.48 |
| 2 | Ruskin          | 3:55.90 |
| 3 | University City | 3:58.12 |
| 4 | KC Center       | 3:58.52 |
| 5 | Parkway South   | 3:58.99 |
| 6 | Kickapoo        | 3:59.03 |
| 7 | Cape Central    | 4:00.84 |
| 8 | Francis Howell  | 4:05.98 |

**Shot Put**

|   |                      |                   |           |
|---|----------------------|-------------------|-----------|
| 1 | Wendy Jacobson       | KC Center         | 41-10 1/4 |
| 2 | Yvonne Bentley       | Blue Springs      | 40-01 1/4 |
| 3 | Martha Schnackenberg | Neosho            | 39-11 1/2 |
| 4 | Pam Vassar           | Parkview          | 39-11 1/4 |
| 5 | Monica Williams      | Hannibal          | 39-05 1/4 |
| 6 | Kelli McCrary        | Hazelwood Central | 39-04     |
| 7 | Karen Kinney         | Truman            | 38-02 1/2 |
| 8 | Leuveria Roberts     | Poplar Bluff      | 36-07 1/4 |

**High Jump**

|   |                |              |      |
|---|----------------|--------------|------|
| 1 | Angela James   | Cape Central | 5-03 |
| 2 | Crissy Poynter | Lebanon      | 5-02 |
| 2 | Lori Sandbothe | Washington   | 5-02 |
| 4 | Melissa Hudson | Hannibal     | 5-02 |
| 4 | Michelle Cain  | Blue Springs | 5-02 |
| 4 | Kelli Batey    | Kickapoo     | 5-02 |

**400 Meters**

|   |                   |           |       |
|---|-------------------|-----------|-------|
| 1 | Robyn Osborn      | KC Center | 55.77 |
| 2 | Ramona Spencer    | Normandy  | 55.83 |
| 3 | Yolanda Alexander | Van Horn  | 56.90 |
| 4 | Ryana Parks       | Ruskin    | 57.22 |
| 5 | Alisha Rooks      | Ritenour  | 57.31 |
| 6 | Larisa Hairston   | Eureka    | 57.60 |
| 7 | Patty Porter      | Kickapoo  | 58.40 |
| 8 | Sara Noland       | Beaumont  | 59.40 |

**3200 Meters**

|   |                   |                   |          |
|---|-------------------|-------------------|----------|
| 1 | Stephani Shockley | Soldan            | 11:13.68 |
| 2 | Joey Flora        | Liberty           | 11:33.13 |
| 3 | Sarah Graves      | Truman            | 11:39.49 |
| 4 | Merrily Finney    | St. Charles West  | 11:39.61 |
| 5 | Shannon Toten     | West Plains       | 11:42.85 |
| 6 | De'ttra Mixson    | Eureka            | 11:43.80 |
| 7 | Melissa Rice      | Lafayette         | 11:51.00 |
| 8 | Lisa Wurth        | Hazelwood Central | 11:51.15 |

**400 Meter Relay**

|   |                |       |
|---|----------------|-------|
| 1 | Normandy       | 48.87 |
| 2 | Ladue          | 49.47 |
| 3 | Sumner         | 49.93 |
| 4 | Francis Howell | 49.99 |
| 5 | KC Southeast   | 50.18 |
| 6 | Ritenour       | 50.19 |

**3200 Meter Relay**

|   |                 |         |
|---|-----------------|---------|
| 1 | Francis Howell  | 9:30.65 |
| 2 | Lee's Summit    | 9:38.44 |
| 3 | Fox             | 9:39.87 |
| 4 | Normandy        | 9:43.99 |
| 5 | Eureka          | 9:44.23 |
| 6 | West Plains     | 9:44.97 |
| 7 | Lafayette       | 9:48.90 |
| 8 | Parkway Central | 9:59.51 |

**Long Jump**

|   |                 |                   |           |
|---|-----------------|-------------------|-----------|
| 1 | Felecia Allen   | Riverview Gardens | 19-08 1/4 |
| 2 | Sherri Hines    | St. Joe Central   | 19-04 3/4 |
| 3 | Kathy Warren    | Hillcrest         | 17-08 3/4 |
| 4 | Michelle Parker | Ritenour          | 17-05 1/2 |
| 5 | Patti Hopkins   | Kirkwood          | 17-05 1/4 |
| 6 | Melinda Bingham | West Plains       | 17-03     |
| 7 | Charmen Jackson | Lafayette         | 17-02 1/2 |
| 8 | Erica Calhoun   | KC Southeast      | 17-01 3/4 |



# 1987 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                        | Coach            | 100 Meters                                |
|------------------------------|------------------|---|
| 1 Hazelwood Central 49       | Graham Weir      | 1 Kim Edwards Van Horn 12.02              |
| 2 Independence Van Horn 42   | David Adams      | 2 Shermica Turner Hickman 12.12           |
| 3 Francis Howell 38          | Steven Miller    | 3 Mia Staten Jackson 12.17                |
| 4 Kansas City Southeast 35   | Jim Julian       | 4 Elaine Atkins Webster Groves 12.20      |
| 5 Jefferson City 32          | Dennis Licklider | 5 Yolanda Alexander Van Horn 12.26        |
| 6 Normandy 31                | Lynn Mitchell    | 6 Annette Henderson University City 12.46 |
| 7 Ruskin 30                  | Reggie James     | 7 Jeni King Jefferson City 12.62          |
| 8 Park Hill 28               | Gwen Looker      | 8 Nicol Hodges St. Charles West 12.73     |
| 9 Parkway South 27           | Lew Smith        |   |
| 10 Lafayette (Wildwood) 24   | Larry Hottelman  | <b>800 Meters</b>                         |
| 11 Blue Springs 22           | Rusty Hodge      | 1 Val Sauer Rolla 2:10.89                 |
| 12 Cape Girardeau Central 21 | Jane Evers       | 2 Janel Humphreys Parkway South 2:13.35   |
| 13 University City 20        | Julius Sims      | 3 Sarah Soetebier Washington 2:15.36      |
| 14 Lee's Summit 18           | Mike Spiegel     | 4 Marci Gray Blue Springs 2:19.42         |
| 14 Rolla 18                  | Don Knapp        | 5 Mary Lee Bankhead Lindbergh 2:20.01     |
| 16 Columbia Hickman 14       | Steve Kissane    | 6 Tricia Biasbas Parkway South 2:21.39    |
| 16 Neosho 14                 | Harry Lineberry  | 7 Debra Dew Lee's Summit 2:24.04          |
| 16 Wentzville 14             | Joe Allen        | 8 Melissa Rice Lafayette 2:30.50          |
| 16 West Plains 14            | Joe Bill Dixon   | <b>100 Meter Low Hurdles</b>              |
| 20 Center (Kansas City) 12   | Cal Groff        | 1 Nicole Thompson Ruskin 14.72            |
| 20 Riverview Gardens 12      | Sibyl Banks      | 2 Debbie Massengale Jefferson City 14.97  |
| 22 Columbia Rock Bridge 10   | Nancy Geha       | 3 Kim Frischman De Soto 15.33             |
| 22 Lindbergh 10              | Harold Pourchot  | 4 Stacy Robinson KC Southeast 15.37       |
| 24 St. Joseph Central 9      | Charles Taylor   | 5 Charmen Jackson Lafayette 15.41         |
| 25 Eureka 8                  | Ted Peckron      | 6 Alicia Bowie KC Southwest 15.49         |
| 25 Fort Osage 8              | John Brozovich   | 7 Lisa Ariel Lee's Summit 15.81           |
| 25 Kirkwood 8                | Dave Kannewurf   |   |
| 25 Sedalia Smith-Cotton 8    | Norris Kelley    | <b>800 Meter Relay</b>                    |
| 29 De Soto 6                 | Tim Tourville    | 1 Normandy 1:42.23                        |
| 29 Jackson 6                 | Bob Sink         | 2 Jefferson City 1:42.94                  |
| 29 Kansas City Southwest 6   | Richard Samuels  | 3 University City 1:43.47                 |
| 29 Washington 6              | Alex Graham      | 4 Ruskin 1:43.63                          |
| 29 Webster Groves 6          | Charlie Finch    | 5 Cape Central 1:43.65                    |
| 34 Hickman Mills 5           | Pat Pepple       | 6 Eureka 1:44.91                          |
| 34 Independence Truman 5     | Lou Lyons        | 7 KC Southeast 1:45.24                    |
| 34 Ladue Horton Watkins 5    | M. Drewel-Lynch  | 8 Hazelwood Central 1:46.58               |
| 34 Parkway West 5            | Ray Davis        |   |
| 34 Springfield Glendale 5    | Susie Newton     | <b>Discus</b>                             |
| 34 St. Louis Sumner 5        | Sara Watts       | 1 Wendee Brown Blue Springs 127-07        |
| 40 Sikeston 4                | Jerry Dement     | 2 Kelli Lowman Smith-Cotton 123-01        |
| 40 Kansas City Central 3     | Willie Mahone    | 3 Wendy Jacobson KC Center 121-02         |
| 40 Lebanon 3                 | Bob Curl         | 4 Nicole Chester Parkway West 120-08      |
| 40 Ritenour 3                | Hilda Hobbs      | 5 Martha Schnackenberg Neosho 119-08      |
| 40 Springfield Parkview 3    | Terry Clayton    | 6 Kerry Vasser Parkview 118-04            |
| 40 St. Charles West 3        | Janet Casey      | 7 Felicia Stewart Ruskin 116-08           |
| 46 Hazelwood East 2          | Ed Harris        | 8 Candice Kaster Oak Park 114-02          |
| 46 St. Joseph's 2            | Karen Elmore     |   |
| 48 Liberty 1                 | John Morrison    | <b>Triple Jump</b>                        |
| 48 Oak Park 1                | Fred Kester      | 1 Angie Balducci Wentzville 37-05 1/4     |
| 48 Pattonville 1             | Ron Siegel       | 2 Charmen Jackson Lafayette 36-09 3/4     |
|                              |                  | 3 Kelly Collings Cape Central 36-06 1/2   |
|                              |                  | 4 Valencia Taylor Hickman Mills 36-06 1/2 |
|                              |                  | 5 Regina Barksdale KC Southeast 36-04 1/2 |
|                              |                  | 6 Charlott Walker Ladue 36-03 1/2         |
|                              |                  | 7 Angel Carver Riverview Gardens 36-03    |
|                              |                  | 8 Shea Larsen Jefferson City 36-02        |

**200 Meters**

|                     |                 |       |
|---------------------|-----------------|-------|
| 1 Charmaine Forest  | Park Hill       | 24.74 |
| 2 Kim Edwards       | Van Horn        | 25.30 |
| 3 Yolanda Alexander | Van Horn        | 25.42 |
| 4 Larisa Hairston   | Eureka          | 25.45 |
| 5 Shermica Turner   | Hickman         | 25.47 |
| 6 Ramona Spencer    | Normandy        | 25.56 |
| 7 Ryana Parks       | Ruskin          | 25.60 |
| 8 Annette Henderson | University City | 25.97 |

**400 Meters**

|                     |              |       |
|---------------------|--------------|-------|
| 1 Charmaine Forest  | Park Hill    | 54.85 |
| 2 Val Sauer         | Rolla        | 56.13 |
| 3 Ramona Spencer    | Normandy     | 56.18 |
| 4 Lisa James        | Cape Central | 56.41 |
| 5 Yolanda Alexander | Van Horn     | 56.71 |
| 6 Ryana Parks       | Ruskin       | 57.15 |
| 7 Alisha Rooks      | Ritenour     | 57.27 |
| 8 Tiffini McNeese   | Normandy     | 59.61 |

**1600 Meters**

|                     |                   |         |
|---------------------|-------------------|---------|
| 1 Megan Thompson    | Hazelwood Central | 4:57.86 |
| 2 Susan Bliss       | Francis Howell    | 4:59.10 |
| 3 Mary Lee Bankhead | Lindbergh         | 5:04.95 |
| 4 Dana McReynolds   | Hazelwood Central | 5:06.50 |
| 5 Sarah Bliss       | Francis Howell    | 5:07.90 |
| 6 Melissa Harris    | West Plains       | 5:10.39 |
| 7 Steph Evans       | Lee's Summit      | 5:13.91 |
| 8 Marci Gray        | Blue Springs      | 5:14.10 |

**3200 Meters**

|                  |                   |          |
|------------------|-------------------|----------|
| 1 Megan Thompson | Hazelwood Central | 11:06.77 |
| 2 Sarah Bliss    | Francis Howell    | 11:09.74 |
| 3 Lisa Wurth     | Hazelwood Central | 11:18.81 |
| 4 Melissa Harris | West Plains       | 11:19.80 |
| 5 Melanie Ornes  | Lee's Summit      | 11:26.03 |
| 6 Dawn Calabrese | Francis Howell    | 11:27.69 |
| 7 Laura Hempel   | St. Joseph's      | 11:29.62 |
| 8 Sarah Graves   | Truman            | 11:34.48 |

**300 Meter Low Hurdles**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Bridgette Morrow | Riverview Gardens | 44.42 |
| 2 Erin Kramer      | Park Hill         | 44.50 |
| 3 Nicole Thompson  | Ruskin            | 45.41 |
| 4 Shelley Anderson | Glendale          | 46.01 |
| 5 Allison Simmons  | Sikeston          | 46.02 |
| 6 Alicia Bowie     | KC Southwest      | 46.28 |
| 7 Trina Farrow     | St. Charles West  | 47.13 |
| 8 Christi Thomas   | Normandy          | 47.28 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Van Horn          | 48.40 |
| 2 Jefferson City    | 49.16 |
| 3 Cape Central      | 49.32 |
| 4 Hazelwood Central | 49.74 |
| 5 University City   | 49.97 |
| 6 KC Southeast      | 50.00 |
| 7 Ladue             | 50.08 |
| 8 Webster Groves    | 50.09 |

**1600 Meter Relay**

|                   |         |
|-------------------|---------|
| 1 Normandy        | 3:54.27 |
| 2 Parkway South   | 3:55.12 |
| 3 University City | 3:58.66 |
| 4 Francis Howell  | 3:58.73 |
| 5 Truman          | 4:00.45 |
| 6 KC Southeast    | 4:00.47 |
| 7 Ruskin          | 4:02.33 |
| 8 Ritenour        | 4:02.80 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Francis Howell    | 9:18.36 |
| 2 Parkway South     | 9:26.33 |
| 3 West Plains       | 9:34.67 |
| 4 Lee's Summit      | 9:34.73 |
| 5 Hazelwood Central | 9:39.00 |
| 6 Lafayette         | 9:47.57 |
| 7 Hazelwood East    | 9:51.85 |
| 8 Blue Springs      | 9:53.85 |

**Shot Put**

|                        |                   |           |
|------------------------|-------------------|-----------|
| 1 Martha Schnackenberg | Neosho            | 42-00 1/4 |
| 2 Kelli McCrary        | Hazelwood Central | 41-05     |
| 3 Wendy Jacobson       | KC Center         | 41-00     |
| 4 Julia Smith          | Kirkwood          | 39-02 1/2 |
| 5 Erika Cook           | Jefferson City    | 37-04 3/4 |
| 6 Yolanda Jones        | KC Central        | 37-01 1/2 |
| 7 Marshon Jackson      | KC Southeast      | 36-04 1/4 |
| 8 RaKiyah Mason        | Pattonville       | 36-00 1/4 |

**Long Jump**

|                    |              |           |
|--------------------|--------------|-----------|
| 1 Erica Calhoun    | KC Southeast | 18-05 1/4 |
| 2 Charmen Jackson  | Lafayette    | 18-04 1/2 |
| 3 Regina Barksdale | KC Southeast | 17-10 1/4 |
| 4 Shirley Newman   | Sumner       | 17-09     |
| 5 Angie Balducci   | Wentzville   | 17-04 1/4 |
| 6 Cathy Grant      | Lee's Summit | 17-02 1/2 |
| 7 Sherry Giltrap   | Hickman      | 17-00 3/4 |
| 8 Ali Todd         | Liberty      | 17-00 1/2 |

**High Jump**

|                   |                 |      |
|-------------------|-----------------|------|
| 1 Stacy Roberts   | Rock Bridge     | 5-06 |
| 2 Janeen Medellin | Fort Osage      | 5-05 |
| 3 Deanna Clemment | St. Joe Central | 5-05 |
| 4 Michelle Cain   | Blue Springs    | 5-03 |
| 5 Janene McDaniel | Kirkwood        | 5-02 |
| 6 Crissy Poynter  | Lebanon         | 5-02 |
| 7 Julie Anderson  | St. Joe Central | 5-02 |
| 8 Karen Rupier    | Jefferson City  | 5-02 |

# 1988 MSHSAA Class 4A Girls State Outdoor Track Meet

| <b>Teams</b>             |    | <b>Coach</b>      |                       | <b>100 Meters</b> |           |
|--------------------------|----|-------------------|-----------------------|-------------------|-----------|
| 1 Hazelwood Central      | 59 | Graham Weir       | 1 Charmaine Forest    | Park Hill         | 11.97     |
| 2 Lafayette (Wildwood)   | 50 | Martin Margalski  | 2 Melanna Gray        | North Kansas City | 12.01     |
| 3 Jefferson City         | 48 | Dennis Licklider  | 3 Jeni King           | Jefferson City    | 12.21     |
| 4 Park Hill              | 46 | Gwen Looker       | 4 Tina Sweet          | Lee's Summit      | 12.33     |
| 5 Francis Howell         | 45 | Steven Miller     | 5 Shermica Turner     | Hickman           | 12.34     |
| 6 Blue Springs           | 39 | Rusty Hodge       | 6 Elaine Atkins       | Webster Groves    | 12.38     |
| 7 Cape Girardeau Central | 30 | Jane Evers        | 7 Nicol Hodges        | St. Charles West  | 12.58     |
| 8 Riverview Gardens      | 29 | Sibyl Banks       |                       |                   |           |
| 9 Wentzville             | 22 | Joe Allen         |                       |                   |           |
| 10 Kansas City Southwest | 21 | Marilyn Turley    | 1 Janel Humphreys     | Parkway South     | 2:12.85   |
| 10 Lee's Summit          | 21 | Mike Spiegel      | 2 Robin Putnam        | Francis Howell    | 2:17.54   |
| 12 Kirkwood              | 20 | Dave Kannewurf    | 3 Anna Boecher        | Raytown South     | 2:18.12   |
| 12 Normandy              | 20 | Lynn Mitchell     | 4 Marci Gray          | Blue Springs      | 2:18.57   |
| 14 Independence Van Horn | 18 | Luther Brown      | 5 Mary Lee Bankhead   | Lindbergh         | 2:19.05   |
| 15 Ladue Horton Watkins  | 16 | Connie Strobach   | 6 Tracy Stockton      | Jackson           | 2:20.77   |
| 16 Parkway South         | 15 | Lew Smith         | 7 Marsha Perkins      | Hickman           | 2:22.04   |
| 17 De Soto               | 14 | Tim Tourville     | 8 Patty Birren        | Lebanon           | 2:23.15   |
| 18 Ruskin                | 12 | Reggie James      |                       |                   |           |
| 19 Columbia Hickman      | 10 | Steve Kissane     | 1 Debbie Massengale   | Jefferson City    | 14.77     |
| 19 St. Joseph Central    | 10 | Charles Taylor    | 2 Kim Frischman       | De Soto           | 15.04     |
| 21 Fort Zumwalt North    | 8  | Clarence Holman   | 3 Charmen Jackson     | Lafayette         | 15.06     |
| 21 North Kansas City     | 8  | James Jarvis      | 4 Alicia Bowie        | KC Southwest      | 15.15     |
| 21 St. Charles West      | 8  | Janet Casey       | 5 Michele Love        | Hazelwood Central | 15.34     |
| 21 West Plains           | 8  | Joe Bill Dixon    | 6 Latasha Thompson    | KC East           | 15.85     |
| 25 Springfield Kickapoo  | 7  | Brenda Goodwin    | 7 Patsy Prouhet       | Wentzville        | 15.95     |
| 26 Independence Truman   | 6  | Lou Lyons         |                       |                   |           |
| 26 Jackson               | 6  | Bob Sink          |                       |                   |           |
| 26 Kansas City Southeast | 6  | Jim Julian        | 1 Park Hill           | 1:42.23           |           |
| 26 Lebanon               | 6  | Bob Curl          | 2 Cape Central        | 1:42.95           |           |
| 26 Parkway West          | 6  | Ray Davis         | 3 Ladue               | 1:44.50           |           |
| 26 Raytown South         | 6  | Nancy Holliday    | 4 Jefferson City      | 1:44.85           |           |
| 26 Webster Groves        | 6  | Charlie Finch     | 5 Van Horn            | 1:45.00           |           |
| 33 Lindbergh             | 4  | Harold Pourchot   | 6 Blue Springs        | 1:45.13           |           |
| 33 Springfield Parkview  | 4  | Don Keeton        | 7 Normandy            | 1:45.16           |           |
| 35 Kansas City East      | 3  | NarWarrior Mackey | 8 Waynesville         | 1:46.37           |           |
| 35 McCluer               | 3  | John Tressler     |                       |                   |           |
| 35 Poplar Bluff          | 3  | Bill Caputo       | 1 Julia Smith         | Kirkwood          | 140-04    |
| 38 McCluer North         | 2  | Jane Dubis        | 2 Kelli McCrary       | Hazelwood Central | 135-07    |
| 38 Neosho                | 2  | Harry Lineberry   | 3 Kelly Dixon         | Parkway West      | 127-09    |
| 38 Oakville              | 2  | John Dennett      | 4 Wendee Brown        | Blue Springs      | 124-05    |
| 38 Raytown               | 2  | Ernest Hull       | 5 Kerry Vasser        | Parkview          | 123-06    |
| 38 Springfield Glendale  | 2  | Susie Newton      | 6 Shauntee Laird      | Poplar Bluff      | 121-10    |
| 38 St. Louis Roosevelt   | 2  | Ernest Baldwin    | 7 Cynthia Woodward    | Raytown           | 121-09    |
| 44 Belton                | 1  | David Denny       | 8 Debbie Faulkner     | Fox               | 117-09    |
| 44 Bishop DuBourg        | 1  | Dale Rasure       |                       |                   |           |
| 44 Fox                   | 1  | Gerry Dockery     | 1 Charmen Jackson     | Lafayette         | 37-11 1/4 |
| 44 Hannibal              | 1  | Gregg Nesbitt     | 2 Katrina Jefferson   | Riverview Gardens | 37-03 3/4 |
| 44 University City       | 1  | Julius Sims       | 3 Kelly Collings      | Cape Central      | 37-02 3/4 |
| 44 Waynesville           | 1  | Al Parsons        | 4 Tiffini McNeese     | Normandy          | 36-08 1/2 |
|                          |    |                   | 5 Cathy Grant         | Lee's Summit      | 36-05 1/2 |
|                          |    |                   | 6 Kelli Jordan        | Hazelwood Central | 36-04     |
|                          |    |                   | 7 Angie Balducci      | Wentzville        | 36-00 1/4 |
|                          |    |                   | 8 Teresa Smith-Partee | Belton            | 35-10 1/4 |

**200 Meters**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Charmaine Forest | Park Hill          | 25.19 |
| 2 Dee Holman       | Fort Zumwalt North | 25.35 |
| 3 Jeni King        | Jefferson City     | 25.61 |
| 4 Cherise Harvey   | KC Southwest       | 25.66 |
| 5 Ryana Parks      | Ruskin             | 25.72 |
| 6 Shermica Turner  | Hickman            | 26.06 |
| 7 Nicol Hodges     | St. Charles West   | 26.21 |
| 8 Dawn Washington  | McCluer            | 26.24 |

**1600 Meters**

|                   |                   |         |
|-------------------|-------------------|---------|
| 1 Megan Thompson  | Hazelwood Central | 4:49.50 |
| 2 Susan Bliss     | Francis Howell    | 4:50.85 |
| 3 Melissa Rice    | Lafayette         | 5:07.61 |
| 4 Sarah Bliss     | Francis Howell    | 5:08.82 |
| 5 Amy Asberry     | West Plains       | 5:14.52 |
| 6 Sarah Graves    | Truman            | 5:15.22 |
| 7 Viola Nelson    | Roosevelt         | 5:20.38 |
| 8 Karen Beaseeker | Bishop Dubourg    | 5:21.90 |

**300 Meter Low Hurdles**

|                     |                   |       |
|---------------------|-------------------|-------|
| 1 Stephanie Small   | Riverview Gardens | 44.67 |
| 2 Secelia Winkfield | Blue Springs      | 45.84 |
| 3 Erin Kramer       | Park Hill         | 45.99 |
| 4 Alicia Bowie      | KC Southwest      | 46.01 |
| 5 Debbie Massengale | Jefferson City    | 46.04 |
| 6 Michele Love      | Hazelwood Central | 46.73 |
| 7 Shelley Anderson  | Glendale          | 47.29 |
| 8 Sherry Giltrap    | Hickman           | 47.34 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Riverview Gardens | 3:56.01 |
| 2 Normandy          | 3:57.31 |
| 3 Blue Springs      | 3:59.56 |
| 4 Parkway South     | 3:59.56 |
| 5 Ruskin            | 4:01.99 |
| 6 KC Southeast      | 4:03.69 |
| 7 Neosho            | 4:06.30 |
| 8 University City   | 4:07.75 |

**Shot Put**

|                   |                   |           |
|-------------------|-------------------|-----------|
| 1 Kelli McCrary   | Hazelwood Central | 42-08 1/4 |
| 2 Debbie Kusiak   | Wentzville        | 41-08 1/4 |
| 3 Julia Smith     | Kirkwood          | 41-06 1/2 |
| 4 Yvonne Bentley  | Blue Springs      | 40-10 1/4 |
| 5 Erika Cook      | Jefferson City    | 40-05     |
| 6 Marshon Jackson | KC Southeast      | 39-03 1/4 |
| 7 Wendee Brown    | Blue Springs      | 38-10     |
| 8 Keysa Truell    | St. Charles West  | 37-00     |

**High Jump**

|                   |                 |      |
|-------------------|-----------------|------|
| 1 Deanna Clemment | St. Joe Central | 5-05 |
| 2 Carrie Fletcher | Lafayette       | 5-05 |
| 3 Sherry Spears   | Kickapoo        | 5-05 |
| 4 Crissy Poynter  | Lebanon         | 5-05 |
| 5 Janene McDaniel | Kirkwood        | 5-05 |
| 6 Wendy Harper    | Cape Central    | 5-04 |
| 7 Sherri Siebert  | Oakville        | 5-02 |
| 8 Laura Maple     | Hannibal        | 5-02 |

**400 Meters**

|                    |                  |       |
|--------------------|------------------|-------|
| 1 Charmaine Forest | Park Hill        | 55.55 |
| 2 Nakeba Thomas    | Cape Central     | 56.42 |
| 3 Cherise Harvey   | KC Southwest     | 56.86 |
| 4 Tiffini McNeese  | Normandy         | 57.36 |
| 5 Ryana Parks      | Ruskin           | 57.47 |
| 6 Nicol Hodges     | St. Charles West | 58.01 |
| 7 Angie Dunn       | McCluer North    | 58.38 |
| 8 Lisa James       | Cape Central     | 59.16 |

**3200 Meters**

|                     |                   |          |
|---------------------|-------------------|----------|
| 1 Megan Thompson    | Hazelwood Central | 10:49.27 |
| 2 Susan Bliss       | Francis Howell    | 10:49.70 |
| 3 Sarah Bliss       | Francis Howell    | 11:01.38 |
| 4 Melissa Rice      | Lafayette         | 11:21.41 |
| 5 Shelly Hill       | Lafayette         | 11:23.78 |
| 6 Sarah Graves      | Truman            | 11:33.76 |
| 7 Amy Asberry       | West Plains       | 11:46.37 |
| 8 Crystal Bieterman | Hazelwood Central | 11:46.93 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Ladue             | 49.05 |
| 2 Jefferson City    | 49.48 |
| 3 Van Horn          | 49.56 |
| 4 Hazelwood Central | 49.68 |
| 5 Lee's Summit      | 49.72 |
| 6 Webster Groves    | 49.78 |
| 7 McCluer           | 50.03 |
| 8 Blue Springs      | 50.69 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Francis Howell    | 9:22.21 |
| 2 Lafayette         | 9:35.15 |
| 3 Lee's Summit      | 9:42.38 |
| 4 Hazelwood Central | 9:43.32 |
| 5 Blue Springs      | 9:43.95 |
| 6 Jackson           | 9:45.37 |
| 7 West Plains       | 9:46.29 |
| 8 Riverview Gardens | 9:52.00 |

**Long Jump**

|                   |                |           |
|-------------------|----------------|-----------|
| 1 Angie Balducci  | Wentzville     | 18-10 1/4 |
| 2 Latrina Weekly  | Van Horn       | 18-06     |
| 3 Kim Frischman   | De Soto        | 18-03 1/2 |
| 4 Candice Coleman | Jefferson City | 17-10 1/4 |
| 5 Kelly Collings  | Cape Central   | 17-10 1/4 |
| 6 Charmen Jackson | Lafayette      | 17-07     |
| 7 Lisa Ariel      | Lee's Summit   | 17-04 1/4 |
| 8 Megan Montiel   | Kickapoo       | 17-03     |

# 1989 MSHSAA Class 4A Girls State Outdoor Track Meet

| <b>Teams</b>              |    | <b>Coach</b>       | <b>100 Meters</b>             |                                |
|---------------------------|----|--------------------|-------------------------------|--------------------------------|
| 1 Lafayette (Wildwood)    | 56 | Martin Margalski   | 1 Melanna Gray                | North Kansas City 11.96        |
| 2 Hazelwood Central       | 47 | Graham Weir        | 2 Heather Jones               | Hickman 12.25                  |
| 3 Jefferson City          | 46 | Dennis Licklider   | 3 Shermica Turner             | Hickman 12.47                  |
| 4 Blue Springs            | 44 | Rusty Hodge        | 4 Shantel Twiggs              | Hazelwood East 12.60           |
| 5 Wentzville              | 40 | Al Parsons         | 5 Angela Woods                | Blue Springs 12.61             |
| 6 Columbia Hickman        | 39 | Steve Kissane      | 6 Cely Rucker                 | St. Joe Central 12.63          |
| 7 Park Hill               | 34 | Gwen Looker        | 7 Nicol Hodges                | St. Charles West 12.64         |
| 8 North Kansas City       | 32 | James Jarvis       | 8 Jeni King                   | Jefferson City 13.02           |
| 9 Ruskin (Kansas City)    | 29 | Reggie James       |                               |                                |
| 10 University City        | 23 | Julius Sims        | <b>800 Meters</b>             |                                |
| 11 Parkway South          | 18 | Lew Smith          | 1 Janel Humphreys             | Parkway South 2:14.29          |
| 11 Parkway West           | 18 | Ray Davis          | 2 Anna Boecher                | Raytown South 2:15.74          |
| 13 Springfield Kickapoo   | 16 | Judy Talley        | 3 Marci Gray                  | Blue Springs 2:16.59           |
| 14 Carthage               | 15 | Patty Varva        | 4 Susan Perry                 | Rolla 2:16.73                  |
| 15 St. Charles West       | 12 | Janet Casey        | 5 Barb Stay                   | Lafayette 2:19.49              |
| 15 Washington             | 12 | Alex Graham        | 6 Melissa Rice                | Lafayette 2:20.17              |
| 17 Riverview Gardens      | 11 | Sibyl Banks        | 7 Joanna McLaughlin           | North Kansas City 2:20.44      |
| 18 Cape Girardeau Central | 10 | Jane Evers         | 8 Melissa Harris              | West Plains 2:26.48            |
| 18 Rolla                  | 10 | Don Knapp          |                               |                                |
| 20 Farmington             | 9  | Willis Gunder      | <b>100 Meter High Hurdles</b> |                                |
| 20 Hickman Mills          | 9  | Pat Pepple         | 1 Debbie Massengale           | Jefferson City 15.10           |
| 20 Jackson                | 9  | Bob Sink           | 2 Patsy Prouhet               | Wentzville 15.28               |
| 20 West Plains            | 9  | Joe Bill Dixon     | 3 Donna Little                | Riverview Gardens 15.29        |
| 24 Hazelwood East         | 8  | Ed Harris          | 4 Dione Person                | University City 15.43          |
| 24 McCluer North          | 8  | Jane Dubis         | 5 Tanya Azinger               | Farmington 15.57               |
| 24 Raytown South          | 8  | Bob Richardson     | 6 Melita Williams             | Francis Howell North 15.67     |
| 27 Francis Howell North   | 7  | Larry Ruff         | 7 Lynn Tobben                 | Washington 15.71               |
| 27 Kansas City Southeast  | 7  | Cheryl Gaffen      | 8 Kelly O'Brien               | Lafayette 16.36                |
| 27 Oakville               | 7  | John Dennett       |                               |                                |
| 30 Fort Zumwalt North     | 6  | Barbara Brockhorst | <b>800 Meter Relay</b>        |                                |
| 30 Fox                    | 6  | Gerry Dockery      | 1 Park Hill                   | 1:42.05                        |
| 30 Lindbergh              | 6  | Harold Pourchot    | 2 Hickman                     | 1:43.92                        |
| 30 Sikeston               | 6  | Jerry Dement       | 3 Blue Springs                | 1:44.21                        |
| 34 William Chrisman       | 5  | Steve Davidson     | 4 Hazelwood Central           | 1:44.79                        |
| 34 Kansas City Northeast  | 5  | Waunita Small      | 5 Lindbergh                   | 1:45.32                        |
| 34 Ladue Horton Watkins   | 5  | Joe Heggemann      | 6 Lafayette                   | 1:45.53                        |
| 34 St. Joseph Central     | 5  | Charles Taylor     | 7 Jefferson City              | 1:45.84                        |
| 38 Pattonville            | 4  | John Kern          | 8 University City             | 1:46.65                        |
| 38 Poplar Bluff           | 4  | Bill Caputo        |                               |                                |
| 40 Hannibal               | 3  | Stacey Graves      | <b>Discus</b>                 |                                |
| 40 Lee's Summit           | 3  | Mike Spiegel       | 1 Nicole Chester              | Parkway West 146-11            |
| 40 Neosho                 | 3  | Harry Lineberry    | 2 Wendee Brown                | Blue Springs 140-02            |
| 40 Parkway North          | 3  | Rod Reed           | 3 Charlene Cortez             | Carthage 137-09                |
| 44 Eureka                 | 2  | Ted Peckron        | 4 Sandy Howard                | Rolla 126-00                   |
| 44 Springfield Parkview   | 2  | Don Keeton         | 5 Shauntee Laird              | Poplar Bluff 125-01            |
| 44 St. Louis Sumner       | 2  | Ruben Albright     | 6 Fuilala Palatei             | Blue Springs 125-01            |
|                           |    |                    | 7 Kerry Vasser                | Parkview 124-02                |
|                           |    |                    | 8 Cheryl Pouncil              | Ruskin 121-03                  |
|                           |    |                    |                               |                                |
|                           |    |                    | <b>Triple Jump</b>            |                                |
|                           |    |                    | 1 Candice Coleman             | Jefferson City 36-11 1/2       |
|                           |    |                    | 2 Angie Balducci              | Wentzville 36-06 3/4           |
|                           |    |                    | 3 Donna Marshall              | Sikeston 36-05 1/2             |
|                           |    |                    | 4 Kayla Booker                | Riverview Gardens 36-04        |
|                           |    |                    | 5 Tamea Williams              | Francis Howell North 36-02 1/4 |
|                           |    |                    | 6 Nicole Taylor               | Parkway North 36-00            |
|                           |    |                    | 7 Tracy Willis                | Lafayette 35-11 3/4            |
|                           |    |                    | 8 Angie Carter                | Hickman Mills 35-10 1/4        |

**200 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Melanna Gray     | North Kansas City | 24.65 |
| 2 Charmaine Forest | Park Hill         | 24.88 |
| 3 Heather Jones    | Hickman           | 25.39 |
| 4 Lisa Williams    | Ladue             | 25.55 |
| 5 Nicol Hodges     | St. Charles West  | 25.59 |
| 6 Jeni King        | Jefferson City    | 25.63 |
| 7 Angie Dunn       | McCluer North     | 26.06 |
| 8 Heather Burton   | Eureka            | 26.77 |

**1600 Meters**

|                     |                   |         |
|---------------------|-------------------|---------|
| 1 Megan Thompson    | Hazelwood Central | 4:47.53 |
| 2 Janel Humphreys   | Parkway South     | 5:59.50 |
| 3 Melissa Rice      | Lafayette         | 5:02.09 |
| 4 Shelly Hill       | Lafayette         | 5:07.96 |
| 5 Tisa Williams     | Ruskin            | 5:08.60 |
| 6 Melissa Harris    | West Plains       | 5:10.10 |
| 7 Joanna McLaughlin | North Kansas City | 5:11.74 |
| 8 Amy Asberry       | West Plains       | 5:18.40 |

**300 Meter Low Hurdles**

|                      |                    |       |
|----------------------|--------------------|-------|
| 1 LaShonette Andrews | Ruskin             | 44.97 |
| 2 Erin Kramer        | Park Hill          | 44.98 |
| 3 Wendy Kindermann   | Fort Zumwalt North | 45.92 |
| 4 Lynn Tobben        | Washington         | 46.23 |
| 5 Patsy Prouhet      | Wentzville         | 46.33 |
| 6 Debbie Massengale  | Jefferson City     | 46.34 |
| 7 Nyree Betts        | Sumner             | 46.71 |
| 8 Nicole Jones       | Lafayette          | 46.78 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 University City   | 3:59.73 |
| 2 Hazelwood Central | 4:01.31 |
| 3 Jefferson City    | 4:01.48 |
| 4 Ruskin            | 4:02.25 |
| 5 Jackson           | 4:02.55 |
| 6 Neosho            | 4:02.78 |
| 7 KC Southeast      | 4:04.88 |
| 8 Blue Springs      | 4:09.01 |

**Shot Put**

|                   |                |           |
|-------------------|----------------|-----------|
| 1 Debbie Kusiak   | Wentzville     | 42-09 3/4 |
| 2 Cheryl Pouncil  | Ruskin         | 40-07 1/2 |
| 3 Wendee Brown    | Blue Springs   | 40-02 1/4 |
| 4 Charlene Cortez | Carthage       | 40-01 1/2 |
| 5 RaKiyah Mason   | Pattonville    | 38-10 1/4 |
| 6 Janel Godfrey   | Hazelwood East | 38-05     |
| 7 Tammy Jackson   | McCluer North  | 37-07 3/4 |
| 8 Fulala Palatei  | Blue Springs   | 37-02 1/4 |

**High Jump**

|                   |                   |      |
|-------------------|-------------------|------|
| 1 Carrie Fletcher | Lafayette         | 5-06 |
| 2 Sherry Spears   | Kickapoo          | 5-06 |
| 3 Rita Theiss     | Fox               | 5-04 |
| 4 Jackie Klein    | Washington        | 5-04 |
| 5 Keely Harding   | Carthage          | 5-03 |
| 6 Tammi Lurkins   | Hazelwood Central | 5-02 |
| 7 Deanna Clemment | St. Joe Central   | 5-02 |
| 8 Marianne Aston  | Blue Springs      | 5-02 |

**400 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Nakeba Thomas    | Cape Central      | 56.47 |
| 2 Charmaine Forest | Park Hill         | 56.82 |
| 3 Nicol Hodges     | St. Charles West  | 56.83 |
| 4 Jeni King        | Jefferson City    | 57.24 |
| 5 Angie Dunn       | McCluer North     | 57.67 |
| 6 Ann Heffner      | Hazelwood Central | 57.81 |
| 7 Theresa Ewing    | Lindbergh         | 59.21 |
| 8 Maggie Lenley    | KC Northeast      | 65.30 |

**3200 Meters**

|                         |                   |          |
|-------------------------|-------------------|----------|
| 1 Megan Thompson        | Hazelwood Central | 10:51.83 |
| 2 Katherine Karagiannis | Parkway West      | 11:12.39 |
| 3 Shelly Hill           | Lafayette         | 11:24.45 |
| 4 Megan McGrath         | William Chrisman  | 11:26.91 |
| 5 Lisa Durham           | Oakville          | 11:31.12 |
| 6 Kally Fischer         | Oakville          | 11:31.12 |
| 7 Kristi Irwin          | Lafayette         | 11:40.75 |
| 8 Amy Woods             | Hickman           | 11:51.38 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Hickman           | 49.05 |
| 2 North Kansas City | 49.16 |
| 3 Kickapoo          | 49.71 |
| 4 Farmington        | 49.89 |
| 5 University City   | 50.01 |
| 6 Lafayette         | 50.16 |
| 7 Hazelwood Central | 50.18 |
| 8 Ruskin            | 50.55 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Lafayette         | 9:26.97 |
| 2 Blue Springs      | 9:31.88 |
| 3 Hazelwood Central | 9:35.55 |
| 4 Jackson           | 9:41.40 |
| 5 West Plains       | 9:41.71 |
| 6 Lee's Summit      | 9:42.97 |
| 7 Kickapoo          | 9:43.47 |
| 8 Hannibal          | 9:51.27 |

**Long Jump**

|                    |                 |           |
|--------------------|-----------------|-----------|
| 1 Angie Balducci   | Wentzville      | 18-07 1/2 |
| 2 Angie Carter     | Hickman Mills   | 18-02 1/4 |
| 3 Candice Coleman  | Jefferson City  | 17-10 1/2 |
| 4 Regina Barksdale | KC Southeast    | 17-10     |
| 5 Latrice Johnson  | KC Northeast    | 17-07 1/4 |
| 6 Barbara McGhee   | University City | 17-00 3/4 |
| 7 Kristen Cobb     | Hannibal        | 16-09     |
| 8 Tiffany Ford     | Eureka          | 16-07 3/4 |

# 1990 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams |                        | Coach |                      |                               | 100 Meters         |                   |           |
|-------|------------------------|-------|----------------------|-------------------------------|--------------------|-------------------|-----------|
| 1     | North Kansas City      | 47    | James Jarvis         | 1                             | Melanna Gray       | North Kansas City | 11.97     |
| 2     | Hazelwood Central      | 44    | David Grieshaber     | 2                             | Phynice Kelley     | KC Center         | 12.23     |
| 3     | Ruskin                 | 41    | Reggie James         | 3                             | Angela Woods       | Blue Springs      | 12.37     |
| 4     | Jefferson City         | 40    | Dennis Licklider     | 4                             | Nika Smith         | Wentzville        | 12.58     |
| 5     | Lafayette (Wildwood)   | 38    | 1/2 Martin Margalski | 5                             | Michelle Hitchcock | Carthage          | 12.72     |
| 6     | Parkway West           | 38    | Ray Davis            | 6                             | Heather Burton     | Eureka            | 12.77     |
| 7     | Francis Howell         | 36    | Steven Miller        | 7                             | Regina Harris      | Webster Groves    | 12.83     |
| 8     | Hazelwood East         | 33    | Ed Harris            | 8                             | Christy Eaves      | Farmington        | 12.87     |
| 9     | Wentzville             | 31    | Scott Johnson        | <b>800 Meters</b>             |                    |                   |           |
| 10    | Blue Springs           | 30    | Rusty Hodge          | 1                             | Ann Heffner        | Hazelwood Central | 2:13.08   |
| 11    | Carthage               | 25    | Patty Varva          | 2                             | Marci Gray         | Blue Springs      | 2:14.98   |
| 12    | Park Hill              | 22    | Gwen Looker          | 3                             | Rebecca Davis      | Parkway West      | 2:15.50   |
| 13    | Center (Kansas City)   | 20    | Meg Seifert          | 4                             | Susan Perry        | Rolla             | 2:16.02   |
| 14    | Riverview Gardens      | 19    | Sibyl Banks          | 5                             | Shelly Hill        | Lafayette         | 2:18.95   |
| 14    | Springfield Kickapoo   | 19    | Judy Talley          | 6                             | Felicia Chatters   | Hazelwood East    | 2:20.35   |
| 16    | Raytown South          | 16    | Keith Lewis          | 7                             | Joanna McLaughlin  | North Kansas City | 2:21.52   |
| 16    | University City        | 16    | Julius Sims          | 8                             | Kim Gardner        | Webster Groves    | 2:23.99   |
| 18    | West Plains            | 13    | 1/2 Joe Bill Dixon   | <b>100 Meter High Hurdles</b> |                    |                   |           |
| 19    | Eureka                 | 12    | Ted Peckron          | 1                             | Dione Person       | University City   | 14.79     |
| 20    | McCluer North          | 11    | Jane Dubis           | 2                             | Anita King         | McCluer North     | 15.01     |
| 20    | Webster Groves         | 11    | Charlie Finch        | 3                             | Kelly O'Brien      | Lafayette         | 15.06     |
| 22    | Cape Girardeau Central | 10    | Jane Evers           | 4                             | Melita Williams    | Francis Howell    | 15.38     |
| 23    | Kansas City East       | 9     | NarWarrior Mackey    | 5                             | Donna Little       | Riverview Gardens | 15.45     |
| 24    | Fort Zumwalt North     | 8     | Larry Ruff           | 6                             | Michelle Franklin  | KC East           | 15.76     |
| 24    | Neosho                 | 8     | Harry Lineberry      | 7                             | Keely Harding      | Carthage          | 16.00     |
| 26    | Farmington             | 7     | Willis Gunder        | 8                             | Robin Broughton    | Eureka            | 16.55     |
| 27    | Parkway North          | 6     | Rod Reed             | <b>800 Meter Relay</b>        |                    |                   |           |
| 27    | Poplar Bluff           | 6     | Mark Barousse        | 1                             | Ruskin             | 1:43.54           |           |
| 27    | Rolla                  | 6     | Don Knapp            | 2                             | Raytown South      | 1:45.33           |           |
| 30    | Columbia Rock Bridge   | 5     | Cara Ross            | 3                             | Kickapoo           | 1:45.40           |           |
| 30    | Joplin                 | 5     | Craig Lynch          | 4                             | North Kansas City  | 1:45.63           |           |
| 32    | Hannibal               | 4     | Stacey Graves        | 5                             | Webster Groves     | 1:45.85           |           |
| 32    | Hazelwood West         | 4     | Chuck Owens          | 6                             | McCluer North      | 1:46.20           |           |
| 34    | William Chrisman       | 3     | Gene Jewell          | 7                             | Pattonville        | 1:46.66           |           |
| 34    | Lee's Summit           | 3     | Mike Spiegel         | 8                             | Park Hill          | 1:50.50           |           |
| 34    | Pattonville            | 3     | John Kern            | <b>Discus</b>                 |                    |                   |           |
| 34    | St. Charles West       | 3     | Janet Casey          | 1                             | Debbie Kusiak      | Wentzville        | 127-02    |
| 38    | Columbia Hickman       | 2     | Steve Luetjen        | 2                             | Sherell Bourne     | Lafayette         | 126-05    |
| 38    | Parkway South          | 2     | Pete McCreary        | 3                             | Liz Jokerst        | Farmington        | 120-11    |
| 38    | Sikeston               | 2     | Gary Williams        | 4                             | Leslie Mitchell    | Parkway West      | 118-03    |
| 41    | Ladue Horton Watkins   | 1     | 1/2 Connie Strobach  | 5                             | Jeneen Townsend    | Jefferson City    | 116-03    |
| 42    | Kansas City Northeast  | 1     | Waunita Small        | 6                             | Michelle Lawrence  | Joplin            | 116-00    |
| 43    | Jackson                | 1/2   | Bob Sink             | 7                             | Laura Davis        | Hannibal          | 114-04    |
|       |                        |       |                      | 8                             | Kia Glass          | Lee's Summit      | 112-03    |
|       |                        |       |                      | <b>Triple Jump</b>            |                    |                   |           |
|       |                        |       |                      | 1                             | Kayla Booker       | Riverview Gardens | 38-06 3/4 |
|       |                        |       |                      | 2                             | Candice Coleman    | Jefferson City    | 37-01     |
|       |                        |       |                      | 3                             | Mimi Williams      | Francis Howell    | 36-03     |
|       |                        |       |                      | 4                             | Dannett Ward       | Parkway West      | 35-08 3/4 |
|       |                        |       |                      | 5                             | Valerie Lenley     | Ruskin            | 35-07 1/2 |
|       |                        |       |                      | 6                             | Tiffany Ford       | Eureka            | 35-02 1/2 |
|       |                        |       |                      | 7                             | Donni Jackson      | Lafayette         | 34-11 1/2 |
|       |                        |       |                      | 8                             | Kim Smith          | Pattonville       | 34-09 1/2 |

**200 Meters**

|                      |                   |       |
|----------------------|-------------------|-------|
| 1 Melanna Gray       | North Kansas City | 24.70 |
| 2 Phynice Kelley     | KC Center         | 24.95 |
| 3 Angela Woods       | Blue Springs      | 25.54 |
| 4 Charmaine Forest   | Park Hill         | 25.94 |
| 5 Michelle Hitchcock | Carthage          | 26.04 |
| 6 Angela Williams    | Jefferson City    | 26.22 |
| 7 Heather Burton     | Eureka            | 26.29 |
| 8 Shantel Twiggs     | Hazelwood East    | 26.38 |

**1600 Meters**

|                     |                   |         |
|---------------------|-------------------|---------|
| 1 Megan Thompson    | Hazelwood Central | 4:48.86 |
| 2 Shelly Hill       | Lafayette         | 5:05.37 |
| 3 Joanna McLaughlin | North Kansas City | 5:08.64 |
| 4 Jessica Roberts   | Parkway West      | 5:10.44 |
| 5 Kristy Rees       | Francis Howell    | 5:13.59 |
| 6 Tecia Moran       | Kickapoo          | 5:13.63 |
| 7 Angela Hessler    | Hickman           | 5:15.58 |
| 8 Kelley Brown      | Hazelwood East    | 5:16.32 |

**300 Meter Low Hurdles**

|                        |                    |       |
|------------------------|--------------------|-------|
| 1 Christy Kriegermeier | Francis Howell     | 45.71 |
| 2 Wendy Kindermann     | Fort Zumwalt North | 45.90 |
| 3 Michelle Franklin    | KC East            | 46.23 |
| 4 Keely Harding        | Carthage           | 46.35 |
| 5 Kym Rogers           | Hazelwood West     | 46.36 |
| 6 Erin Kramer          | Park Hill          | 46.38 |
| 7 Alison Burns         | Lee's Summit       | 47.03 |
| 8 Donna Little         | Riverview Gardens  | 49.15 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Ruskin            | 3:59.29 |
| 2 Neosho            | 3:59.33 |
| 3 Hazelwood Central | 4:00.00 |
| 4 Hazelwood East    | 4:03.50 |
| 5 Park Hill         | 4:03.85 |
| 6 Jefferson City    | 4:07.90 |
| 7 Riverview Gardens | 4:12.90 |

**Shot Put**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Valeyta Althouse  | Blue Springs      | 40-03 1/2 |
| 2 Debbie Kusiak     | Wentzville        | 39-07 3/4 |
| 3 Jeneen Townsend   | Jefferson City    | 38-07 3/4 |
| 4 Janel Godfrey     | Hazelwood East    | 37-11 3/4 |
| 5 Lisa McCollum     | North Kansas City | 36-10     |
| 6 Melshonda Lowe    | University City   | 36-03     |
| 7 Michelle Lawrence | Joplin            | 36-01 3/4 |
| 8 Jennifer Bibbs    | Ladue             | 35-04 1/2 |

**High Jump**

|                    |                  |      |
|--------------------|------------------|------|
| 1 Keely Harding    | Carthage         | 5-06 |
| 2 Angela Boland    | Wentzville       | 5-05 |
| 3 Genia McClement  | Jefferson City   | 5-04 |
| 4 Sandy Braynard   | West Plains      | 5-03 |
| 4 Sara Potthoff    | Lafayette        | 5-03 |
| 6 Julie Link       | St. Charles West | 5-03 |
| 7 Tracie Loar      | Jefferson City   | 5-02 |
| 8 Coleen Schumaker | Ladue            | 5-02 |
| 8 Cheryl Brown     | Jackson          | 5-02 |

**400 Meters**

|                    |                |       |
|--------------------|----------------|-------|
| 1 Nakeba Thomas    | Cape Central   | 56.43 |
| 2 Maggie Lenley    | Ruskin         | 58.14 |
| 3 Charmaine Forest | Park Hill      | 58.19 |
| 4 Julie Budak      | Parkway North  | 58.91 |
| 5 Renee Jones      | Hazelwood East | 59.42 |
| 6 Cherise Harvey   | Ruskin         | 60.37 |
| 7 Lisa Ralston     | Parkway South  | 60.57 |
| 8 Kari Unterreiner | Parkway North  | 60.60 |

**3200 Meters**

|                         |                   |          |
|-------------------------|-------------------|----------|
| 1 Megan Thompson        | Hazelwood Central | 10:25.95 |
| 2 Lisa Brown            | West Plains       | 11:17.75 |
| 3 Jessica Roberts       | Parkway West      | 11:27.64 |
| 4 Katherine Karagiannis | Parkway West      | 11:35.86 |
| 5 Kelley Brown          | Hazelwood East    | 11:42.57 |
| 6 Megan McGrath         | William Chrisman  | 11:43.89 |
| 7 Barb Stay             | Lafayette         | 11:46.73 |
| 8 Shannon Ownby         | Rolla             | 11:50.46 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 North Kansas City | 49.25 |
| 2 Raytown South     | 49.36 |
| 3 Ruskin            | 49.81 |
| 4 Kickapoo          | 49.96 |
| 5 Webster Groves    | 50.37 |
| 6 University City   | 50.67 |
| 7 Sikeston          | 50.68 |
| 8 Francis Howell    | 51.60 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Hazelwood East    | 9:31.83 |
| 2 Hazelwood Central | 9:35.67 |
| 3 Parkway West      | 9:37.11 |
| 4 Kickapoo          | 9:39.51 |
| 5 Lafayette         | 9:44.33 |
| 6 Park Hill         | 9:45.47 |
| 7 Hannibal          | 9:48.63 |
| 8 West Plains       | 9:59.75 |

**Long Jump**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Kellie Suttle     | Francis Howell    | 18-07     |
| 2 Candice Coleman   | Jefferson City    | 18-04 1/2 |
| 3 Kim Johnson       | Poplar Bluff      | 17-06 1/2 |
| 4 Kate Esah         | Rock Bridge       | 17-02 3/4 |
| 5 Deshana Dottrey   | KC Center         | 17-01 1/2 |
| 6 Tiffany Ford      | Eureka            | 16-11 3/4 |
| 7 Adrienne Triplett | Riverview Gardens | 16-11 3/4 |
| 8 Latrice Johnson   | KC Northeast      | 16-11 1/2 |



# 1991 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                        | Coach                | 100 Meters                                    |
|------------------------------|----------------------|---|
| 1 Ruskin                     | 68 Reggie James      | 1 Dawn Williams KC Central 12.47              |
| 2 Jefferson City             | 39 Dennis Licklider  | 2 Michelle Hitchcock Carthage 12.57           |
| 3 Parkway West               | 37 Ray Davis         | 3 Shelley Goffe St. Charles West 12.61        |
| 4 Lafayette (Wildwood)       | 32 Martin Margalski  | 4 Ebony Vincent Hickman Mills 12.74           |
| 5 Hazelwood Central          | 30 Steve Miller      | 5 Chandeia Nilges Northwest (HS) 12.83        |
| 6 McCluer North              | 27 Jane Dubis        | 6 Dawn Anthony Jefferson City 12.86           |
| 6 North Kansas City          | 27 James Jarvis      | 7 Tina Williams Sikeston 12.94                |
| 8 Springfield Kickapoo       | 26 Judy Talley       | 8 LaNiece Kincaid Hazelwood Central 12.95     |
| 9 McCluer                    | 24 John Tressler     |   |
| 10 Pattonville               | 22 John Kern         | <b>800 Meters</b>                             |
| 11 Blue Springs              | 20 Rusty Hodge       | 1 Ann Heffner Hazelwood Central 2:18.05       |
| 11 Sikeston                  | 20 Gary Williams     | 2 Kim Gardner Webster Groves 2:18.59          |
| 13 Carthage                  | 18 Patty Varva       | 3 Joanna McLaughlin North Kansas City 2:20.34 |
| 13 Oakville                  | 18 John Dennett      | 4 Emily Blackwell Neosho 2:20.56              |
| 15 West Plains               | 17 Joe Bill Dixon    | 5 Rebecca Davis Parkway West 2:21.89          |
| 16 Kansas City Central       | 16 Willie Mahone     | 6 Stacey Hill Lafayette 2:22.28               |
| 17 Hickman Mills             | 15 Pat Pepple        | 7 Deanna Ives Fox 2:23.70                     |
| 18 Raytown South             | 14 JR Hurshman       | 8 Felicia Chatters Hazelwood East 2:25.30     |
| 18 Riverview Gardens         | 14 Sibyl Banks       | <b>100 Meter High Hurdles</b>                 |
| 18 Webster Groves            | 14 Charlie Finch     | 1 Melita Williams Francis Howell 14.72        |
| 21 Francis Howell            | 13 Steven Miller     | 2 Kelly O'Brien Lafayette 14.87               |
| 22 St. Louis Sumner          | 11 Ruben Albright    | 3 Jan Loussaert Lafayette 15.13               |
| 23 Kansas City East          | 10 NarWarrior Mackey | 4 Anita King McCluer North 15.24              |
| 24 Liberty                   | 8 John Morrison      | 5 Micheala Edwards Ruskin 15.38               |
| 25 Hannibal                  | 7 Mark St. Clair     | 6 Lisa Wilkerson University City 15.38        |
| 25 Hazelwood West            | 7 George Gerdeman    | 7 Trena Anderson Hazelwood West 15.67         |
| 25 Parkway South             | 7 Pete McCreary      | 8 Lauren Mitchell Parkway West 15.78          |
| 25 Waynesville               | 7 Jack Crawford      | <b>800 Meter Relay</b>                        |
| 29 Farmington                | 6 Willis Gunder      | 1 McCluer 1:43.30                             |
| 29 Fox                       | 6 Gerry Dockery      | 2 Ruskin 1:43.77                              |
| 29 Independence Truman       | 6 Lou Lyons          | 3 Pattonville 1:44.19                         |
| 29 St. Charles West          | 6 Janet Casey        | 4 Jefferson City 1:45.18                      |
| 29 St. Louis Roosevelt       | 6 Ernest Baldwin     | 5 Riverview Gardens 1:45.25                   |
| 34 Grandview                 | 5 John Rotert        | 6 Hazelwood Central 1:48.06                   |
| 34 Neosho                    | 5 Harry Lineberry    | 7 Hillsboro 1:48.33                           |
| 34 Normandy                  | 5 Mona Onyemelukwe   | 8 University City 1:51.67                     |
| 34 Park Hill                 | 5 Don Cowden         | <b>Discus</b>                                 |
| 34 Parkway North             | 5 Rod Reed           | 1 Jeneen Townsend Jefferson City 139-09       |
| 39 Northwest (House Springs) | 4 Pat Bailey         | 2 Valeyta Althouse Blue Springs 135-03        |
| 39 Springfield Glendale      | 4 Susie Newton       | 3 Dana Harris McCluer North 126-03            |
| 39 University City           | 4 Julius Sims        | 4 Liz Jokerst Farmington 125-02               |
| 39 Washington                | 4 Alex Graham        | 5 Lisa McCollum North Kansas City 123-03      |
| 39 Wentzville                | 4 Scott Johnson      | 6 Lesley Mitchell Parkway West 120-11         |
| 44 Jackson                   | 3 Bob Sink           | 7 Libya El-Amin Hazelwood Central 119-04      |
| 44 Poplar Bluff              | 3 Mark Barousse      | 8 Laura Davis Hannibal 117-00                 |
| 44 St. Joseph's              | 3 Karen Elmore       | <b>Triple Jump</b>                            |
| 47 Francis Howell North      | 2 Larry Ruff         | 1 Kayla Booker Riverview Gardens 38-06 1/2    |
| 47 Hillsboro                 | 2 Paul Cowie         | 2 Terri Wallace Hickman Mills 37-04 1/4       |
| 47 Oak Park                  | 2 Fred Kester        | 3 Valarie Lenley Ruskin 36-10 1/2             |
| 50 De Soto                   | 1 Carol Rumping      | 4 Tiffany McReynolds Pattonville 36-01 3/4    |
| 50 Eureka                    | 1 Ted Peckron        | 5 Erin Narzinski Oakville 36-00 1/2           |
| 50 Hazelwood East            | 1 Larry Doyle        | 6 Becky Merz St. Joseph Academy 35-08 1/4     |
| 50 Lebanon                   | 1 Bob Curl           | 7 Jamlee Roberts West Plains 35-00            |
|                              |                      | 8 Nashela Holman Eureka 34-09 3/4             |

**200 Meters**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Michelle Hitchcock | Carthage       | 25.51 |
| 2 Joann Sturhahn     | Kickapoo       | 25.65 |
| 3 Dawn Williams      | KC Central     | 25.71 |
| 4 Valerie Lenley     | Ruskin         | 25.73 |
| 5 Joy Walker         | McCluer        | 25.80 |
| 6 Tina Williams      | Sikeston       | 26.04 |
| 7 Cherise Harvey     | Ruskin         | 26.24 |
| 8 Dawn Anthony       | Jefferson City | 26.61 |

**1600 Meters**

|                       |                   |         |
|-----------------------|-------------------|---------|
| 1 Joanna McLaughlin   | North Kansas City | 5:06.84 |
| 2 Rebecca Davis       | Parkway West      | 5:07.08 |
| 3 Kim Gardner         | Webster Groves    | 5:10.73 |
| 4 Kelley Lorch        | Parkway South     | 5:11.56 |
| 5 Jessica Roberts     | Parkway West      | 5:12.80 |
| 6 Angelique Brooksher | Liberty           | 5:12.99 |
| 7 Tecia Moran         | Kickapoo          | 5:13.11 |
| 8 Jennifer Murphey    | De Soto           | 5:24.80 |

**300 Meter Low Hurdles**

|                     |               |       |
|---------------------|---------------|-------|
| 1 Michelle Franklin | KC East       | 45.45 |
| 2 Lisa Young        | Raytown South | 46.26 |
| 3 Lesley Mueller    | Hannibal      | 46.91 |
| 4 Anita King        | McCluer North | 47.21 |
| 5 Shelby Rutz       | Washington    | 47.25 |
| 6 Tianna Swinney    | Sumner        | 47.36 |
| 7 Micheala Edwards  | Ruskin        | 47.52 |
| 8 Angie Palmer      | West Plains   | 47.56 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Ruskin            | 3:56.21 |
| 2 Sumner            | 4:02.93 |
| 3 Hazelwood Central | 4:07.04 |
| 4 North Kansas City | 4:08.39 |
| 5 Lafayette         | 4:09.09 |
| 6 West Plains       | 4:11.25 |
| 7 Normandy          | 4:11.60 |

**Shot Put**

|                    |                   |           |
|--------------------|-------------------|-----------|
| 1 Valeyta Althouse | Blue Springs      | 43-07 1/2 |
| 2 Jeneen Townsend  | Jefferson City    | 41-03     |
| 3 Chris Hampton    | Roosevelt         | 36-10 1/2 |
| 4 Tammy Jackson    | McCluer North     | 36-03 1/4 |
| 5 Aimee Dixon      | Glendale          | 36-00 3/4 |
| 6 Lauren Mitchell  | Parkway West      | 35-09 1/2 |
| 7 Lisa McCollum    | North Kansas City | 35-09 1/4 |
| 8 Jill Pendry      | Blue Springs      | 35-03 1/2 |

**High Jump**

|                  |                |      |
|------------------|----------------|------|
| 1 Tina Collins   | Sikeston       | 5-04 |
| 2 Heather Fisher | Jefferson City | 5-04 |
| 3 Kelly McNett   | Truman         | 5-03 |
| 4 Trena Anderson | Hazelwood West | 5-02 |
| 5 Angela Boland  | Wentzville     | 5-02 |
| 6 Vicki Barton   | Poplar Bluff   | 5-01 |
| 7 Carrie Cull    | Liberty        | 5-01 |
| 8 Lisa Murr      | Lebanon        | 5-01 |

**400 Meters**

|                    |               |       |
|--------------------|---------------|-------|
| 1 Maggie Lenley    | Ruskin        | 57.82 |
| 2 Cherise Harvey   | Ruskin        | 58.79 |
| 3 Cherise McFadden | Waynesville   | 59.58 |
| 4 Julie Budak      | Parkway North | 59.77 |
| 5 Latasha Harvey   | Pattonville   | 59.82 |
| 6 Keisha Gaston    | Normandy      | 59.96 |
| 7 Lisa Ralston     | Parkway South | 60.27 |
| 8 Shannon O'Dell   | Farmington    | 60.29 |

**3200 Meters**

|                   |                   |          |
|-------------------|-------------------|----------|
| 1 Lisa Brown      | West Plains       | 11:16.70 |
| 2 Tecia Moran     | Kickapoo          | 11:32.31 |
| 3 Kally Fischer   | Oakville          | 11:40.23 |
| 4 Stacy Larson    | Grandview         | 11:56.54 |
| 5 Mary Schneidman | Parkway West      | 12:01.34 |
| 6 Jennifer Miller | Liberty           | 12:01.99 |
| 7 Casey Naes      | Francis Howell N. | 12:02.47 |
| 8 Misty McGhee    | West Plains       | 12:04.90 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 McCluer           | 49.53 |
| 2 Hazelwood Central | 49.63 |
| 3 Raytown South     | 49.69 |
| 4 Sikeston          | 49.74 |
| 5 Jefferson City    | 50.00 |
| 6 Ruskin            | 50.16 |
| 7 Pattonville       | 50.26 |
| 8 Lafayette         | 50.28 |

**3200 Meter Relay**

|                |         |
|----------------|---------|
| 1 Parkway West | 9:28.10 |
| 2 Kickapoo     | 9:33.81 |
| 3 Lafayette    | 9:42.21 |
| 4 Park Hill    | 9:45.32 |
| 5 Fox          | 9:48.40 |
| 6 Jackson      | 9:50.27 |
| 7 Oak Park     | 9:50.86 |
| 8 Blue Springs | 9:50.96 |

**Long Jump**

|                      |                |           |
|----------------------|----------------|-----------|
| 1 Valerie Lenley     | Ruskin         | 18-11     |
| 2 Erin Narzinski     | Oakville       | 18-00     |
| 3 Anita King         | McCluer North  | 17-11 1/2 |
| 4 Tiffany McReynolds | Pattonville    | 17-09 3/4 |
| 5 Sarah Ruck         | Lafayette      | 17-07     |
| 6 Kellie Suttle      | Francis Howell | 17-03 1/2 |
| 7 Terri Wallace      | Hickman Mills  | 17-03     |
| 8 Adrian Rouse       | Waynesville    | 17-00     |

# 1992 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams |                        | Coach |                    | 100 Meters                    |                   |                      |           |
|-------|------------------------|-------|--------------------|-------------------------------|-------------------|----------------------|-----------|
| 1     | Ruskin                 | 52    | Reggie James       | 1                             | Nika Smith        | Wentzville           | 12.22     |
| 2     | Jefferson City         | 44    | Dennis Licklider   | 2                             | Dawn Williams     | KC Central           | 12.45     |
| 3     | Hazelwood Central      | 41    | David Grieshaber   | 3                             | Ebony Vincent     | Hickman Mills        | 12.46     |
| 4     | Lafayette (Wildwood)   | 37    | Martin Margalski   | 4                             | Valerie Lenley    | Ruskin               | 12.52     |
| 5     | Lee's Summit           | 32    | Mike Spiegel       | 5                             | Donease Smith     | Smith-Cotton         | 12.68     |
| 6     | McCluer                | 28    | John Tressler      | 6                             | Felicia Ford      | Cape Central         | 12.71     |
| 6     | Wentzville             | 28    | Scott Johnson      | 7                             | Joy Walker        | McCluer              | 12.78     |
| 8     | Francis Howell         | 25    | Steven Miller      | 8                             | Erika Olson       | Parkway North        | 12.85     |
| 9     | West Plains            | 24    | Ramona Cline       | <b>800 Meters</b>             |                   |                      |           |
| 10    | Cape Girardeau Central | 21    | Jane Comeau        | 1                             | Ann Heffner       | Hazelwood Central    | 2:09.78   |
| 10    | McCluer North          | 21    | Ron Spivey         | 2                             | Kim Gardner       | Webster Groves       | 2:15.88   |
| 12    | Blue Springs           | 20    | Rusty Hodge        | 3                             | Rebecca Davis     | Parkway West         | 2:16.36   |
| 13    | Hazelwood West         | 18    | Brian Joye         | 4                             | Jamie Foster      | Jefferson City       | 2:18.19   |
| 13    | Parkway West           | 18    | Ray Davis          | 5                             | Katharine Seelye  | Oak Park             | 2:19.01   |
| 13    | Webster Groves         | 18    | Charlie Finch      | 6                             | Joanna McLaughlin | North Kansas City    | 2:21.89   |
| 16    | Carthage               | 16    | Patty Varva        | 7                             | Kim Stump         | Kickapoo             | 2:29.22   |
| 17    | Eureka                 | 15    | Ted Peckron        | 8                             | Shani Beamon      | McCluer North        | 2:36.60   |
| 17    | Hannibal               | 15    | Mark St. Clair     | <b>100 Meter High Hurdles</b> |                   |                      |           |
| 19    | Kansas City Central    | 13    | Willie Mahone      | 1                             | Micheala Edwards  | Ruskin               | 14.84     |
| 20    | Oakville               | 12    | John Dennett       | 2                             | Melita Williams   | Francis Howell       | 15.05     |
| 21    | Springfield Kickapoo   | 11    | Judy Talley        | 3                             | Jan Loussaert     | Lafayette            | 15.11     |
| 21    | St. Louis Sumner       | 11    | Ruben Albright     | 4                             | Trena Anderson    | Hazelwood West       | 15.47     |
| 23    | Independence Truman    | 10    | Lou Lyons          | 5                             | Rachel Manning    | Normandy             | 15.82     |
| 24    | Oak Park               | 9     | Fred Kester        | 6                             | Gayle Bedarf      | Eureka               | 15.83     |
| 24    | Park Hill              | 9     | Don Cowden         | 7                             | Megan Mosher      | Francis Howell North | 15.84     |
| 26    | Fort Zumwalt North     | 8     | Barbara Brockhorst | 8                             | Shannon O'Dell    | Farmington           | 16.05     |
| 26    | Fox                    | 8     | Gerry Dockery      | <b>800 Meter Relay</b>        |                   |                      |           |
| 26    | Pacific                | 8     | Tony Hurt          | 1                             | McCluer           | 1:42.48              |           |
| 26    | Riverview Gardens      | 8     | Sibyl Banks        | 2                             | Wentzville        | 1:43.45              |           |
| 26    | Sikeston               | 8     | Gary Williams      | 3                             | Jefferson City    | 1:43.77              |           |
| 31    | Sedalia Smith-Cotton   | 7     | David Vignery      | 4                             | Riverview Gardens | 1:43.98              |           |
| 32    | Hickman Mills          | 6     | Pat Pepple         | 5                             | Ruskin            | 1:44.88              |           |
| 32    | Lindbergh              | 6     | Gretchen Moser     | 6                             | University City   | 1:45.21              |           |
| 32    | Parkway North          | 6     | Rod Reed           | 7                             | Park Hill         | 1:46.11              |           |
| 35    | William Chrisman       | 5     | Gene Jewell        | 8                             | Eureka            | 1:47.20              |           |
| 35    | Washington             | 5     | Alex Graham        | <b>Discus</b>                 |                   |                      |           |
| 37    | Farmington             | 4     | Willis Gunder      | 1                             | Valeyta Althouse  | Blue Springs         | 133-09    |
| 37    | Jackson                | 4     | Bob Sink           | 2                             | Laura Davis       | Hannibal             | 123-09    |
| 37    | Liberty                | 4     | John Morrison      | 3                             | Stephanie Droege  | Lindbergh            | 123-06    |
| 37    | Normandy               | 4     | Mona Onyemelukwe   | 4                             | Toni Taulilili    | William Chrisman     | 117-11    |
| 37    | University City        | 4     | Julius Sims        | 5                             | Kia Glass         | Lee's Summit         | 117-04    |
| 42    | Francis Howell North   | 3     | Larry Ruff         | 6                             | Darnella Williams | Francis Howell       | 111-07    |
| 42    | Hazelwood East         | 3     | Larry Doyle        | 7                             | Mary Loftis       | Waynesville          | 111-04    |
| 42    | North Kansas City      | 3     | Bill Warner        | 8                             | Dana Harris       | McCluer North        | 110-05    |
| 42    | Parkway South          | 3     | Paul McCaffrey     | <b>Triple Jump</b>            |                   |                      |           |
| 42    | St. Teresa's           | 3     | Ann Bode-Rodriquez | 1                             | Dawn Larry        | Jefferson City       | 36-09 1/4 |
| 47    | Belton                 | 2     | Rex Groom          | 2                             | Nashela Holman    | Eureka               | 36-06     |
| 47    | Waynesville            | 2     | Al Parsons         | 3                             | Melita Williams   | Francis Howell       | 36-05 3/4 |
| 49    | Lebanon                | 1     | Bob Curl           | 4                             | Valerie Lenley    | Ruskin               | 36-04 3/4 |
|       |                        |       |                    | 5                             | Tina Collins      | Sikeston             | 36-00 3/4 |
|       |                        |       |                    | 6                             | Shawndra Brown    | Hazelwood East       | 35-04 1/4 |
|       |                        |       |                    | 7                             | Tracy Butcher     | Ruskin               | 35-00 1/4 |
|       |                        |       |                    | 8                             | Amber Dandridge   | Parkway West         | 34-11 1/2 |

**200 Meters**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Nika Smith      | Wentzville     | 25.25 |
| 2 Felicia Ford    | Cape Central   | 25.66 |
| 3 Jeanne Battle   | Lee's Summit   | 25.86 |
| 4 Joy Walker      | McCluer        | 25.95 |
| 5 Dawn Williams   | KC Central     | 26.02 |
| 6 Donease Smith   | Smith-Cotton   | 26.29 |
| 7 Angela Williams | Jefferson City | 26.54 |
| 8 Erika Olson     | Parkway North  | 26.56 |

**1600 Meters**

|                   |                |         |
|-------------------|----------------|---------|
| 1 Lisa Brown      | West Plains    | 5:01.45 |
| 2 Jessica Boyer   | Carthage       | 5:03.38 |
| 3 Kim Gardner     | Webster Groves | 5:05.57 |
| 4 Stacey Hill     | Lafayette      | 5:11.05 |
| 5 Terry Lange     | Jackson        | 5:11.37 |
| 6 Kim Stump       | Kickapoo       | 5:16.17 |
| 7 Julie Reinke    | Oak Park       | 5:18.91 |
| 8 Samantha Parker | Lafayette      | 5:21.60 |

**300 Meter Low Hurdles**

|                    |                      |       |
|--------------------|----------------------|-------|
| 1 Micheala Edwards | Ruskin               | 44.35 |
| 2 Wendy Kindermann | Fort Zumwalt North   | 45.21 |
| 3 Barrie Hamilton  | Lee's Summit         | 46.64 |
| 4 Shelby Rutz      | Washington           | 46.73 |
| 5 Jan Loussaert    | Lafayette            | 46.95 |
| 6 Shannon O'Dell   | Farmington           | 47.11 |
| 7 Angie Osmun      | Lafayette            | 47.39 |
| 8 Megan Mosher     | Francis Howell North | 48.00 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Hazelwood Central | 4:01.86 |
| 2 McCluer North     | 4:02.33 |
| 3 Ruskin            | 4:02.47 |
| 4 Parkway West      | 4:02.87 |
| 5 Cape Central      | 4:04.56 |
| 6 Jefferson City    | 4:04.58 |
| 7 Webster Groves    | 4:04.98 |
| 8 Sumner            | 4:08.50 |

**Shot Put**

|                       |               |           |
|-----------------------|---------------|-----------|
| 1 Valeyta Althouse    | Blue Springs  | 47-07 3/4 |
| 2 Lucy Minor          | Pacific       | 40-02 1/2 |
| 3 Dana Harris         | McCluer North | 37-11 1/4 |
| 4 Lauren Mitchell     | Parkway West  | 36-11     |
| 5 Laura Davis         | Hannibal      | 36-04 1/2 |
| 6 Kara Althoff        | Lee's Summit  | 36-00 1/4 |
| 7 Charlene Montgomery | Lafayette     | 35-11     |
| 8 Mary Potter         | McCluer       | 35-10 1/2 |

**High Jump**

|                      |                |      |
|----------------------|----------------|------|
| 1 Kelly McNett       | Truman         | 5-05 |
| 2 Rachel Larson      | Fox            | 5-05 |
| 3 Heather Fisher     | Jefferson City | 5-04 |
| 4 Jennifer Weisheyer | Francis Howell | 5-03 |
| 5 Tammy Davis        | Hannibal       | 5-02 |
| 5 Trena Anderson     | Hazelwood West | 5-02 |
| 5 Leslie Gray        | St. Teresa's   | 5-02 |
| 8 Lisa Murr          | Lebanon        | 5-02 |

**400 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Tianna Swinney   | Sumner            | 56.76 |
| 2 Ann Heffner      | Hazelwood Central | 57.24 |
| 3 Felicia Ford     | Cape Central      | 57.72 |
| 4 Chamise Hughes   | McCluer North     | 57.86 |
| 5 Erika Olson      | Parkway North     | 58.52 |
| 6 Sharena Wallace  | Parkway South     | 59.40 |
| 7 Tracie Clark     | Webster Groves    | 59.56 |
| 8 Khadijah Karriem | KC Central        | 61.40 |

**3200 Meters**

|                   |                   |          |
|-------------------|-------------------|----------|
| 1 Lisa Brown      | West Plains       | 11:05.55 |
| 2 Jessica Boyer   | Carthage          | 11:23.39 |
| 3 Kally Fischer   | Oakville          | 11:29.05 |
| 4 Stacey Hill     | Lafayette         | 11:41.44 |
| 5 Jennifer Miller | Liberty           | 11:43.00 |
| 6 Asa Ryberg      | Hazelwood Central | 11:46.46 |
| 7 Jamie Moore     | Belton            | 11:58.40 |
| 8 Brooke Surface  | Jefferson City    | 11:59.90 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 McCluer           | 48.70 |
| 2 Hazelwood West    | 49.02 |
| 3 Jefferson City    | 49.71 |
| 4 Lee's Summit      | 49.72 |
| 5 Lafayette         | 49.85 |
| 6 Riverview Gardens | 50.14 |
| 7 Francis Howell    | 50.39 |
| 8 University City   | 50.90 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Hazelwood Central | 9:30.49 |
| 2 Lafayette         | 9:30.83 |
| 3 Kickapoo          | 9:38.26 |
| 4 Jefferson City    | 9:39.39 |
| 5 West Plains       | 9:40.22 |
| 6 Oak Park          | 9:45.36 |
| 7 Park Hill         | 9:47.34 |
| 8 Parkway West      | 9:48.10 |

**Long Jump**

|                   |                |           |
|-------------------|----------------|-----------|
| 1 Valerie Lenley  | Ruskin         | 19-00     |
| 2 Missie Delphia  | Lee's Summit   | 18-01     |
| 3 Erin Narzinski  | Oakville       | 18-00     |
| 4 Deirdre Fortman | Park Hill      | 17-08 1/2 |
| 5 Tina Collins    | Sikeston       | 17-05 3/4 |
| 6 Nashela Holman  | Eureka         | 16-07     |
| 7 Erika Murphy    | Hazelwood West | 16-06     |
| 8 Lori Tungate    | Francis Howell | 16-04 3/4 |

# 1993 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                     |        | Coach              |                     | 100 Meters           |           |
|---------------------------|--------|--------------------|---------------------|----------------------|-----------|
| 1 McCluer                 | 47     | John Tressler      | 1 Joy Walker        | McCluer              | 12.4      |
| 2 Jefferson City          | 41     | Dennis Lickliger   | 2 Ebony Vincent     | Hickman Mills        | 12.6      |
| 3 Lafayette (Wildwood)    | 32 1/2 | Martin Margalski   | 3 Macia Jackson     | Springfield Central  | 12.7      |
| 4 Hazelwood West          | 31     | Brian Joye         | 4 Tianna Swinney    | Sumner               | 12.8      |
| 4 Webster Groves          | 31     | Charlie Finch      | 5 Erika Olson       | Parkway North        | 12.9      |
| 6 Springfield Kickapoo    | 29     | Judy Talley        | 6 Tracy Barnes      | Parkway North        | 13.0      |
| 7 Blue Springs South      | 28     | Rusty Hodge        | 7 Erin Narzinski    | Oakville             | 13.1      |
| 7 Parkway West            | 28     | Ray Davis          | 8 Tiffany Osborn    | KC Northeast         | 13.2      |
| 9 Jackson                 | 26     | Bob Sink           |                     |                      |           |
| 10 Parkway South          | 25     | Paul McCaffrey     | 1 Kim Gardner       | Webster Groves       | 2:11.23   |
| 10 St. Louis Sumner       | 25     | Ruben Albright     | 2 Erin Windler      | Blue Springs South   | 2:13.88   |
| 12 Francis Howell         | 20     | Steven Miller      | 3 Jamie Foster      | Jefferson City       | 2:15.90   |
| 13 Farmington             | 18     | Willis Gunder      | 4 Melissa Childers  | Jackson              | 2:16.08   |
| 13 Park Hill              | 18     | Edward Columbus    | 5 Jill Meisenheimer | Blue Springs South   | 2:16.46   |
| 15 Oakville               | 17 1/2 | John Dennett       | 6 Christy Horn      | Francis Howell       | 2:17.68   |
| 16 Columbia Hickman       | 16     | Steve Luetjen      | 7 Mia Hollins       | McCluer              | 2:20.40   |
| 16 Raytown                | 16     | Rhonde Burau       | 8 Susie Thomas      | Kickapoo             | 2:27.00   |
| 18 Rolla                  | 15     | Don Knapp          |                     |                      |           |
| 19 Francis Howell North   | 14     | Larry Ruff         | 1 Jan Loussaert     | Lafayette            | 14.91     |
| 20 Normandy               | 13     | Mona Onyemelukwe   | 2 Shannon O'Dell    | Farmington           | 15.31     |
| 21 Eureka                 | 12     | Ted Peckron        | 3 Megan Mosher      | Francis Howell North | 15.55     |
| 22 Nerinx Hall            | 11     | Jim Wright         | 4 Rachel Manning    | Normandy             | 15.62     |
| 23 Lee's Summit           | 10     | Mike Spiegel       | 5 Gayle Bedarf      | Eureka               | 15.78     |
| 23 Lindbergh              | 10     | Bob Droege         | 6 Erin Narzinski    | Oakville             | 15.79     |
| 23 Mehlville              | 10     | Tony Hurt          | 7 Jennifer Pon      | Parkway North        | 16.46     |
| 26 Parkway North          | 9      | Rod Reed           | 8 Deana Foster      | Raytown South        | 16.50     |
| 26 Springfield Central    | 9      | John Willis        |                     |                      |           |
| 28 Hickman Mills          | 8      | Pat Pepple         | 1 McCluer           | 1:42.60              |           |
| 28 Kansas City Southwest  | 8      | Jeff Gourley       | 2 Hazelwood West    | 1:43.11              |           |
| 28 Kirkwood               | 8      | Roberta McWoods    | 3 Parkway South     | 1:44.43              |           |
| 31 Springfield Parkview   | 7      | Don Keeton         | 4 Lee's Summit      | 1:44.78              |           |
| 32 Blue Springs           | 6      | Jan Brown          | 5 Normandy          | 1:44.81              |           |
| 32 Sedalia Smith-Cotton   | 6      | David Vignery      | 6 Jefferson City    | 1:44.90              |           |
| 32 St. Joseph Central     | 6      | Charles Taylor     | 7 KC Central        | 1:45.53              |           |
| 35 Hazelwood Central      | 5      | David Grieshaber   | 8 Mehlville         | 1:46.28              |           |
| 35 William Chrisman       | 5      | Gene Jewell        |                     |                      |           |
| 35 Neosho                 | 5      | Harry Lineberry    | 1 Jennifer Salts    | Rolla                | 119-03    |
| 38 Pattonville            | 4      | Pete Barrett       | 2 Tawana Reeves     | Webster Groves       | 119-02    |
| 38 Riverview Gardens      | 4      | Sibyl Banks        | 3 Cheryl Spradley   | Raytown              | 113-00    |
| 40 Hazelwood East         | 3      | Larry Doyle        | 4 Leah Kinsey       | Francis Howell       | 112-08    |
| 40 Kansas City Central    | 3      | Willie Mahone      | 5 Stephanie Droege  | Lindbergh            | 112-04    |
| 40 Kansas City Northeast  | 3      | Waunita Small      | 6 Susan Brown       | Nerinx Hall          | 111-03    |
| 40 Liberty                | 3      | John Morrison      | 7 Andrea Mannino    | Francis Howell       | 110-05    |
| 40 Poplar Bluff           | 3      | Rusty Wrinkle      | 8 Cyndi Moses       | De Soto              | 109-07    |
| 40 St. Teresa's           | 3      | Ann Bode-Rodriguez |                     |                      |           |
| 40 University City        | 3      | Julius Sims        | 1 Deidre Fortman    | Park Hill            | 38-08     |
| 47 Belton                 | 2      | Rex Groom          | 2 Nashela Holman    | Eureka               | 37-06     |
| 47 Fox                    | 2      | Gerry Dockery      | 3 Lori Tungate      | Francis Howell       | 35-11     |
| 49 Cape Girardeau Central | 1      | Rich Payne         | 4 Wende Thurman     | Parkview             | 35-06 3/4 |
| 49 De Soto                | 1      | John Smith         | 5 Tabitha George    | Jefferson City       | 35-06     |
| 49 Ladue Horton Watkins   | 1      | Joe Allen          | 6 Odessa Roberts    | University City      | 35-05 3/4 |
| 49 Raytown South          | 1      | Ken Summers        | 7 Shawndra Brown    | Hazelwood East       | 35-05 3/4 |
|                           |        |                    | 8 Amy Duncan        | Hickman              | 34-11 3/4 |

**200 Meters**

|                  |                     |       |
|------------------|---------------------|-------|
| 1 Joy Walker     | McCluer             | 25.25 |
| 2 Dorothy Myers  | Kirkwood            | 25.53 |
| 3 Donease Smith  | Smith-Cotton        | 25.84 |
| 4 Jeanne Battle  | Lee's Summit        | 25.89 |
| 5 Yvonne Hente   | Mehlville           | 26.08 |
| 6 Macia Jackson  | Springfield Central | 26.30 |
| 7 Monica Lewis   | Hickman             | 26.45 |
| 8 Tiffany Osborn | KC Northeast        | 41.30 |

**1600 Meters**

|                 |                |         |
|-----------------|----------------|---------|
| 1 Rebecca Davis | Parkway West   | 4:55.11 |
| 2 Kim Gardner   | Webster Groves | 5:06.45 |
| 3 Sandy Thomas  | Kickapoo       | 5:08.16 |
| 4 Cassie Moss   | Lindbergh      | 5:08.93 |
| 5 Sherry Lange  | Jackson        | 5:09.35 |
| 6 Terry Lange   | Jackson        | 5:12.04 |
| 7 Jamie Moore   | Belton         | 5:14.74 |
| 8 Sara Fletcher | Cape Central   | 5:15.84 |

**300 Meter Low Hurdles**

|                    |                      |       |
|--------------------|----------------------|-------|
| 1 Shannon O'Dell   | Farmington           | 45.35 |
| 2 Angie Osmun      | Lafayette            | 45.99 |
| 3 Megan Mosher     | Francis Howell North | 46.26 |
| 4 Rosie Danielson  | William Chrisman     | 46.35 |
| 5 Lisa Buckner     | Jefferson City       | 47.25 |
| 6 Micquell Wallace | Parkway South        | 47.31 |
| 7 Jan Loussaert    | Lafayette            | 47.34 |
| 8 Aviana Ward      | Hazelwood East       | 48.54 |

**1600 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 Sumner               | 3:55.98 |
| 2 Parkway South        | 3:57.93 |
| 3 Kickapoo             | 4:00.97 |
| 4 Webster Groves       | 4:03.51 |
| 5 Normandy             | 4:03.63 |
| 6 Parkway West         | 4:03.73 |
| 7 Francis Howell North | 4:05.59 |
| 8 KC Central           | 4:10.86 |

**Shot Put**

|                   |                   |           |
|-------------------|-------------------|-----------|
| 1 Cheryl Spradley | Raytown           | 39-10 3/4 |
| 2 Susan Brown     | Nerinx Hall       | 37-11 1/4 |
| 3 Susan Sherwood  | Blue Springs      | 37-03 3/4 |
| 4 Eby Nwaobasi    | Hazelwood Central | 36-10 1/2 |
| 5 Rachel Abbott   | Lafayette         | 35-10 1/2 |
| 6 Mary Potter     | McCluer           | 35-10 1/4 |
| 7 Amy Gravity     | Fox               | 35-07 1/4 |
| 8 Nichole Wright  | Ladue             | 35-05     |

**High Jump**

|                      |                |      |
|----------------------|----------------|------|
| 1 Heather Fisher     | Jefferson City | 5-07 |
| 2 Amy Duncan         | Hickman        | 5-07 |
| 3 April Hodges       | Hazelwood West | 5-04 |
| 4 Misty Brown        | Neosho         | 5-04 |
| 5 Jennifer Weisheyer | Francis Howell | 5-04 |
| 6 Jessica Salter     | Lafayette      | 5-03 |
| 6 Erin Narzinski     | Oakville       | 5-03 |
| 8 Carrie Cull        | Liberty        | 5-03 |

**400 Meters**

|                   |               |       |
|-------------------|---------------|-------|
| 1 Tianna Swinney  | Sumner        | 55.36 |
| 2 Sonya Banks     | KC Southwest  | 56.48 |
| 3 Inemesit Usoroh | Parkway South | 57.37 |
| 4 Monica Lewis    | Hickman       | 57.63 |
| 5 Latasha Harvey  | Pattonville   | 58.21 |
| 6 Brandi Johnson  | Mehlville     | 59.13 |
| 7 Sharena Wallace | Parkway South | 59.35 |
| 8 Candy Parker    | Lafayette     | 59.43 |

**3200 Meters**

|                   |                    |          |
|-------------------|--------------------|----------|
| 1 Rebecca Davis   | Parkway West       | 11:07.48 |
| 2 Sandy Thomas    | Kickapoo           | 11:13.23 |
| 3 Shayla Murphy   | St. Joe Central    | 11:22.32 |
| 4 Erin Windler    | Blue Springs South | 11:29.62 |
| 5 Sherry Lange    | Jackson            | 11:33.86 |
| 6 Jackie Dane     | Jefferson City     | 11:34.34 |
| 7 Jennifer Miller | Liberty            | 11:35.60 |
| 8 Cassie Moss     | Lindbergh          | 11:36.90 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Hazelwood West    | 48.74 |
| 2 McCluer           | 49.04 |
| 3 Jefferson City    | 49.51 |
| 4 Rolla             | 49.78 |
| 5 Riverview Gardens | 49.89 |
| 6 Lafayette         | 50.02 |
| 7 Mehlville         | 50.15 |
| 8 KC Northeast      | 51.00 |

**3200 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Jackson            | 9:29.79 |
| 2 Kickapoo           | 9:31.20 |
| 3 Blue Springs South | 9:33.82 |
| 4 Parkway West       | 9:35.70 |
| 5 Jefferson City     | 9:37.18 |
| 6 St. Teresa's       | 9:46.40 |
| 7 Lafayette          | 9:47.64 |
| 8 Hazelwood West     | 9:50.00 |

**Long Jump**

|                   |                    |           |
|-------------------|--------------------|-----------|
| 1 Erin Narzinski  | Oakville           | 19-07 1/2 |
| 2 Deirdre Fortman | Park Hill          | 18-11 1/2 |
| 3 Erika Murphy    | Hazelwood West     | 18-02 1/4 |
| 4 Jenn Griffen    | Blue Springs South | 17-04 1/4 |
| 5 Jahaun Wingo    | McCluer            | 17-04 1/4 |
| 6 Kristen Myers   | Poplar Bluff       | 17-02 3/4 |
| 7 Wende Thurman   | Parkview           | 17-00     |
| 8 Karie Reed      | Jefferson City     | 16-11 1/4 |

# 1994 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams |                       | Coach |                    | 100 Meters                    |                    |                    |           |
|-------|-----------------------|-------|--------------------|-------------------------------|--------------------|--------------------|-----------|
| 1     | Oakville              | 69    | Bishop/Dennett     | 1                             | Dorothy Myers      | Kirkwood           | 12.16     |
| 2     | Kirkwood              | 49    | Roberta McWoods    | 2                             | Erin Narzinski     | Oakville           | 12.25     |
| 3     | Park Hill             | 35    | Edward Columbus    | 3                             | Tianna Swinney     | Sumner             | 12.31     |
| 4     | Blue Springs South    | 33    | Rusty Hodge        | 4                             | Arnette Allen      | Pattonville        | 12.41     |
| 5     | Lee's Summit          | 28    | Mike Spiegel       | 5                             | Shanice Wilson     | Blue Springs South | 12.42     |
| 6     | Columbia Hickman      | 24    | Steve Kissane      | 6                             | Deanna Daily       | McCluer North      | 12.49     |
| 6     | Jefferson City        | 24    | Dennis Licklider   | 7                             | Monica Lewis       | Hickman            | 12.54     |
| 6     | St. Louis Sumner      | 24    | Ruben Albright     | 8                             | Jeanella Cummings  | Oak Park           | 12.68     |
| 9     | Lafayette (Wildwood)  | 23    | Martin Margalski   | <b>800 Meters</b>             |                    |                    |           |
| 10    | Hazelwood East        | 21    | Larry Doyle        | 1                             | Erin Windler       | Blue Springs South | 2:17.72   |
| 10    | Kansas City Southwest | 21    | Jeff Gourley       | 2                             | Mia Hollins        | McCluer            | 2:18.45   |
| 10    | Parkway South         | 21    | Paul McCaffrey     | 3                             | Emily Reid         | Jefferson City     | 2:18.46   |
| 13    | Hazelwood West        | 18    | Brian Joye         | 4                             | Jill Meisenheimer  | Blue Springs South | 2:18.94   |
| 14    | Eureka                | 16    | Ted Peckron        | 5                             | Jamie Foster       | Jefferson City     | 2:19.19   |
| 14    | Raytown               | 16    | Rhonde Burau       | 6                             | Amy Wiseman        | Lee's Summit       | 2:19.80   |
| 16    | Hazelwood Central     | 15    | David Grieshaber   | 7                             | Christy Horn       | Francis Howell     | 2:21.65   |
| 16    | Lindbergh             | 15    | Bob Droege         | 8                             | Keisha Grace       | Parkway West       | 2:23.60   |
| 16    | McCluer North         | 15    | Ron Spivey         | <b>100 Meter High Hurdles</b> |                    |                    |           |
| 19    | Kansas City Central   | 14    | Richard Samuels    | 1                             | Erin Narzinski     | Oakville           | 14.55     |
| 19    | McCluer               | 14    | John Tressler      | 2                             | Rachel Manning     | Normandy           | 14.70     |
| 21    | Francis Howell        | 13    | Steven Miller      | 3                             | Emily Loussaert    | Lafayette          | 14.97     |
| 22    | Fox                   | 12    | Gerry Dockery      | 4                             | Dana Jackson       | Lee's Summit       | 15.38     |
| 22    | Neosho                | 12    | Harry Lineberry    | 5                             | Gayle Bedarf       | Eureka             | 15.62     |
| 24    | West Plains           | 11    | Scott Womack       | 6                             | Micquell Wallace   | Parkway South      | 15.63     |
| 25    | Oak Park              | 10    | Fred Kester        | 7                             | Jennifer Pon       | Parkway North      | 15.64     |
| 25    | Raytown South         | 10    | Ken Summers        | 8                             | Jessica Rau        | Farmington         | 16.39     |
| 27    | Jackson               | 9     | Bob Sink           | <b>800 Meter Relay</b>        |                    |                    |           |
| 28    | Marquette             | 8     | Jim Cary           | 1                             | Parkway South      | 1:43.08            |           |
| 28    | Normandy              | 8     | Mona Allen         | 2                             | KC Central         | 1:43.31            |           |
| 30    | Liberty               | 7 1/2 | John Morrison      | 3                             | McCluer North      | 1:43.75            |           |
| 31    | Belton                | 6     | Rex Groom          | 4                             | Kirkwood           | 1:44.03            |           |
| 32    | Pattonville           | 5     | John Kern          | 5                             | McCluer            | 1:44.24            |           |
| 32    | Riverview Gardens     | 5     | Sibyl Banks        | 6                             | KC Southwest       | 1:44.50            |           |
| 32    | Webster Groves        | 5     | Wilma Slaughter    | 7                             | Hazelwood West     | 1:45.33            |           |
| 35    | Lebanon               | 4 1/2 | Mark Whitacre      | 8                             | University City    | 1:46.70            |           |
| 36    | Camdenton             | 4     | John McNabb        | <b>Discus</b>                 |                    |                    |           |
| 36    | Parkway North         | 4     | Rod Reed           | 1                             | Laura Sorenson     | Oakville           | 127-00    |
| 36    | Rolla                 | 4     | Don Knapp          | 2                             | Rachel Abbott      | Lafayette          | 126-01    |
| 36    | Springfield Parkview  | 4     | Don Keeton         | 3                             | Cheryl Spradley    | Raytown            | 122-10    |
| 36    | St. Joseph Central    | 4     | Charles Taylor     | 4                             | Kristen Dalrympel  | Kirkwood           | 113-03    |
| 41    | Farmington            | 3     | Willis Gunder      | 5                             | Lisa Droege        | Lindbergh          | 110-03    |
| 41    | Francis Howell North  | 3     | Larry Ruff         | 6                             | Natalie Schoonover | Winnetonka         | 109-08    |
| 41    | Mehlville             | 3     | Ned Powers         | 7                             | Jennifer Roach     | Rolla              | 108-00    |
| 41    | St. Charles West      | 3     | Ellen Parker       | 8                             | Nikki Sanderson    | Oak Park           | 106-01    |
| 41    | Winnetonka            | 3     | Dianna Brozovich   | <b>Triple Jump</b>            |                    |                    |           |
| 46    | Kansas City Northeast | 2     | Wanita Small       | 1                             | Deirdre Fortman    | Park Hill          | 39-03 1/2 |
| 47    | Parkway West          | 1     | Ray Davis          | 2                             | Nashela Holman     | Eureka             | 37-08 1/2 |
| 47    | St. Teresa's          | 1     | Ann Bode-Rodriguez | 3                             | Jennifer Phillips  | Fox                | 37-01 1/4 |
| 47    | University City       | 1     | Julius Sims        | 4                             | Niki Wisbrock      | Lindbergh          | 36-11 1/4 |
|       |                       |       |                    | 5                             | Wende Thurman      | Parkview           | 36-10 1/2 |
|       |                       |       |                    | 6                             | Ellen Jacobson     | Belton             | 36-06     |
|       |                       |       |                    | 7                             | Amy Duncan         | Hickman            | 36-05     |
|       |                       |       |                    | 8                             | Shawndra Brown     | Hazelwood East     | 35-08     |

**200 Meters**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Dorothy Myers     | Kirkwood       | 24.85 |
| 2 Tianna Swinney    | Sumner         | 24.95 |
| 3 Erin Narzinski    | Oakville       | 25.32 |
| 4 Natalie Talley    | Raytown South  | 25.62 |
| 5 Monica Lewis      | Hickman        | 25.68 |
| 6 Tiffaney Williams | Hazelwood East | 25.81 |
| 7 Erika Olson       | Parkway North  | 25.96 |

**1600 Meters**

|                    |                   |         |
|--------------------|-------------------|---------|
| 1 Amy Wiseman      | Lee's Summit      | 5:06.28 |
| 2 Jill Smith       | Hazelwood Central | 5:08.09 |
| 3 Emily Reid       | Jefferson City    | 5:08.89 |
| 4 Catherine Wright | Oakville          | 5:11.18 |
| 5 Sherry Lange     | Jackson           | 5:11.33 |
| 6 Jamie Moore      | Belton            | 5:12.04 |
| 7 Sunny Gilbert    | Marquette         | 5:12.79 |
| 8 Anna Wright      | Oakville          | 5:13.60 |

**300 Meter Low Hurdles**

|                   |                      |       |
|-------------------|----------------------|-------|
| 1 Deirdre Fortman | Park Hill            | 44.60 |
| 2 Courtney Jones  | Kirkwood             | 46.05 |
| 3 Aviana Ward     | Hazelwood East       | 46.26 |
| 4 Karen Isaac     | Hazelwood West       | 47.83 |
| 5 Emily Loussaert | Lafayette            | 47.90 |
| 6 Tina Hall       | Francis Howell North | 47.94 |
| 7 Jessica Rau     | Farmington           | 48.35 |
| 8 Amber Harris    | Liberty              | 48.45 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 KC Southwest      | 3:57.49 |
| 2 Parkway South     | 4:00.92 |
| 3 Kirkwood          | 4:03.10 |
| 4 KC Central        | 4:06.19 |
| 5 Lee's Summit      | 4:07.90 |
| 6 Francis Howell    | 4:08.00 |
| 7 West Plains       | 4:08.77 |
| 8 Hazelwood Central | 4:14.79 |

**Shot Put**

|                   |                   |           |
|-------------------|-------------------|-----------|
| 1 Cheryl Spradley | Raytown           | 43-02 3/4 |
| 2 Jamie Johnson   | Oak Park          | 38-04 3/4 |
| 3 Lutricia Purham | Marquette         | 36-09     |
| 4 Rachel Abbott   | Lafayette         | 36-03 3/4 |
| 5 Lisa Droege     | Lindbergh         | 36-00     |
| 6 Erica Criswell  | Riverview Gardens | 35-11 1/4 |
| 7 Mary Potter     | McCluer           | 35-11     |
| 8 Laura Sorenson  | Oakville          | 35-08 1/4 |

**High Jump**

|                     |                  |      |
|---------------------|------------------|------|
| 1 Amy Duncan        | Hickman          | 5-05 |
| 2 Misty Brown       | Neosho           | 5-04 |
| 2 Molly Fraundorfer | Park Hill        | 5-04 |
| 4 Lisa Murr         | Lebanon          | 5-02 |
| 4 Danica Keller     | Liberty          | 5-02 |
| 6 Lee Ann Melchor   | St. Charles West | 5-02 |
| 7 Erin McCuan       | Lindbergh        | 5-02 |
| 8 April Hodges      | Hazelwood West   | 5-02 |

**400 Meters**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Tianna Swinney  | Sumner         | 56.37 |
| 2 Sonya Banks     | KC Southwest   | 57.27 |
| 3 Monica Lewis    | Hickman        | 57.31 |
| 4 Natalie Talley  | Raytown South  | 58.84 |
| 5 Yolanda Shepard | Francis Howell | 58.95 |
| 6 Brandi Johnson  | Mehlville      | 59.35 |
| 7 ShaVon Robinson | KC Northeast   | 61.02 |
| 8 Tranee Davidson | KC Central     | 62.66 |

**3200 Meters**

|                    |                   |          |
|--------------------|-------------------|----------|
| 1 Catherine Wright | Oakville          | 11:11.56 |
| 2 Anna Wright      | Oakville          | 11:15.15 |
| 3 Jill Smith       | Hazelwood Central | 11:18.43 |
| 4 Aaryn McFarland  | Neosho            | 11:19.61 |
| 5 Alicia Andrews   | West Plains       | 11:19.65 |
| 6 Ann Marie Brooks | St. Joe Central   | 11:24.97 |
| 7 Sarah Cochran    | West Plains       | 11:25.14 |
| 8 Shayla Murphy    | St. Joe Central   | 11:28.53 |

**400 Meter Relay**

|                      |       |
|----------------------|-------|
| 1 Hazelwood West     | 48.85 |
| 2 Hazelwood East     | 49.21 |
| 3 McCluer North      | 49.52 |
| 4 Kirkwood           | 49.64 |
| 5 Camdenton          | 49.96 |
| 6 Blue Springs South | 50.09 |
| 7 Riverview Gardens  | 51.17 |

**3200 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Blue Springs South | 9:26.95 |
| 2 Jefferson City     | 9:28.22 |
| 3 Lee's Summit       | 9:29.10 |
| 4 Jackson            | 9:35.85 |
| 5 Francis Howell     | 9:39.59 |
| 6 West Plains        | 9:39.74 |
| 7 Liberty            | 9:41.27 |
| 8 St. Teresa's       | 9:46.77 |

**Long Jump**

|                     |                    |           |
|---------------------|--------------------|-----------|
| 1 Erin Narzinski    | Oakville           | 19-01w    |
| 2 Deirdre Fortman   | Park Hill          | 17-10 1/2 |
| 3 Jennifer Phillips | Fox                | 17-04 1/2 |
| 4 Shauna Birge      | Webster Groves     | 17-02 1/2 |
| 5 Nashela Holman    | Eureka             | 17-00 1/4 |
| 6 Aviana Ward       | Hazelwood East     | 16-11 1/4 |
| 7 Kim Schafer       | Rolla              | 16-10 1/2 |
| 8 Jenn Griffen      | Blue Springs South | 16-08 1/4 |



# 1995 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                     |    | Coach             |                      | 100 Meters                    |           |
|---------------------------|----|-------------------|----------------------|-------------------------------|-----------|
| 1 Hazelwood East          | 71 | Larry Doyle       | 1 Erika Olson        | Parkway North                 | 12.2      |
| 2 Lee's Summit            | 63 | Mike Spiegel      | 2 Shameika McField   | Hazelwood East                | 12.4      |
| 3 Jefferson City          | 39 | Dennis Licklider  | 3 Deanna Daily       | McCluer North                 | 12.4      |
| 4 Marquette               | 38 | Jim Cary          | 4 Anitra Scott       | KC Northeast                  | 12.5      |
| 5 Parkway South           | 36 | Paul McCaffrey    | 5 Kenosha Wilson     | Webster Groves                | 12.5      |
| 6 Lafayette (Wildwood)    | 28 | Martin Margalski  | 6 Jennifer Foster    | Jefferson City                | 12.5      |
| 7 Blue Springs South      | 26 | Rusty Hodge       | 7 Carmell Davis      | McCluer                       | 12.7      |
| 7 Hazelwood West          | 26 | Brian Joye        | 8 Shanice Wilson     | Blue Springs South            | 12.8      |
| 7 Oakville                | 26 | Mike Bishop       |                      |                               |           |
| 10 Park Hill              | 23 | Edward Columbus   | 1 Sunny Gilbert      | <b>800 Meters</b>             |           |
| 11 Carthage               | 21 | Andrew Youngworth | 2 Amy Wiseman        | Marquette                     | 2:17.87   |
| 12 University City        | 19 | Julius Sims       | 3 Christy Horn       | Lee's Summit                  | 2:18.33   |
| 13 McCluer                | 17 | John Tressler     | 4 Jamie Foster       | Francis Howell                | 2:19.94   |
| 14 Parkway North          | 15 | Rod Reed          | 5 Elizabeth Church   | Jefferson City                | 2:21.69   |
| 15 Cape Girardeau Central | 13 | Paula Watkins     | 6 Melinda Sneddon    | Rock Bridge                   | 2:22.10   |
| 15 Liberty                | 13 | John Morrison     | 7 Erin Windler       | Carthage                      | 2:22.74   |
| 15 St. Joseph Benton      | 13 | Jeff Modis        | 8 Cara Cline         | Blue Springs South            | 2:24.70   |
| 18 Francis Howell         | 12 | Steven Miller     |                      | Liberty                       | 2:24.90   |
| 18 Grandview              | 12 | Bob Smith         |                      | <b>100 Meter High Hurdles</b> |           |
| 20 McCluer North          | 11 | Ron Spivey        | 1 Kelli Smith        | Grandview                     | 15.0      |
| 21 Lindbergh              | 10 | Nancy Sachtleben  | 2 Emily Loussaert    | Lafayette                     | 15.0      |
| 21 Webster Groves         | 10 | Wilma Slaughter   | 3 Micquell Wallace   | Parkway South                 | 15.0      |
| 23 Columbia Hickman       | 9  | Steve Luetjen     | 4 Dana Jackson       | Lee's Summit                  | 15.1      |
| 23 De Soto                | 9  | Debbie Guemmer    | 5 Nichole Davis      | Parkway North                 | 15.4      |
| 23 Farmington             | 9  | Willis Gunder     | 6 Roxie Trinidad     | Marquette                     | 15.5      |
| 26 Joplin                 | 8  | Craig Lynch       | 7 Angie McCall       | Hazelwood East                | 15.9      |
| 26 Ladue Horton Watkins   | 8  | Jerry Maber       | 8 Jessica Rau        | Farmington                    | 16.0      |
| 26 Mehlville              | 8  | Ned Powers        |                      | <b>800 Meter Relay</b>        |           |
| 26 St. Charles West       | 8  | Ellen Parker      | 1 Hazelwood West     | 1:42.2                        |           |
| 30 Columbia Rock Bridge   | 7  | Rick Baer         | 2 Parkway South      | 1:42.4                        |           |
| 31 Belton                 | 6  | Rex Groom         | 3 Hazelwood East     | 1:42.4                        |           |
| 31 Camdenton              | 6  | John McNabb       | 4 McCluer            | 1:44.2                        |           |
| 31 Hannibal               | 6  | Mark St. Clair    | 5 University City    | 1:44.5                        |           |
| 31 Rolla                  | 6  | Don Knapp         | 6 Jefferson City     | 1:44.5                        |           |
| 31 West Plains            | 6  | Scott Womack      | 7 Blue Springs South | 1:45.3                        |           |
| 36 Francis Howell North   | 5  | Larry Ruff        |                      |                               |           |
| 36 Kansas City Northeast  | 5  | Waunita Small     | 1 Stephanie Jackson  | <b>Discus</b>                 |           |
| 38 North Kansas City      | 3  | Bill Warner       | 2 Heather Kloeppe    | St. Joe Benton                | 129-09    |
| 38 Troy Buchanan          | 3  | Ann Watts         | 3 Lutricia Purham    | Oakville                      | 124-03    |
| 40 Neosho                 | 2  | Harry Lineberry   | 4 Jill Jagggers      | Marquette                     | 123-00    |
| 40 Riverview Gardens      | 2  | Sibyl Banks       | 5 Laura Lukens       | Marquette                     | 118-05    |
| 42 Gateway                | 1  | Sherman Curtis    | 6 Kristin Shippee    | Cape Central                  | 118-04    |
| 42 Springfield Kickapoo   | 1  | Judy Talley       | 7 Amber Hoerner      | North Kansas City             | 116-03    |
| 42 St. Joseph Central     | 1  | Charles Taylor    | 8 Erin Hutton        | Lee's Summit                  | 110-00    |
|                           |    |                   |                      | Jefferson City                | 108-07    |
|                           |    |                   |                      | <b>Triple Jump</b>            |           |
|                           |    |                   | 1 Deirdre Fortman    | Park Hill                     | 40-09 1/4 |
|                           |    |                   | 2 Jill Ferguson      | Farmington                    | 37-07 3/4 |
|                           |    |                   | 3 Odessa Roberts     | University City               | 36-08 1/2 |
|                           |    |                   | 4 Jeanna Tillman     | University City               | 36-03 1/2 |
|                           |    |                   | 5 Niki Wisbrock      | Lindbergh                     | 36-01     |
|                           |    |                   | 6 Torrey Overton     | Ladue                         | 35-11 1/2 |
|                           |    |                   | 7 Lindsey Miller     | Lee's Summit                  | 35-07 3/4 |
|                           |    |                   | 8 Jennifer Street    | Riverview Gardens             | 35-05 1/4 |

**200 Meters**

|   |                   |                      |       |
|---|-------------------|----------------------|-------|
| 1 | Tiffaney Williams | Hazelwood East       | 25.27 |
| 2 | Shameika McField  | Hazelwood East       | 25.29 |
| 3 | Inemesit Usoroh   | Parkway South        | 25.62 |
| 4 | Shanna Weber      | Francis Howell North | 25.70 |
| 5 | Andria Washington | Hazelwood West       | 25.83 |
| 6 | Monica Lewis      | Hickman              | 26.24 |
| 7 | Kenya Broeske     | Grandview            | 26.25 |
| 8 | Miesha Billups    | Gateway              | 26.43 |

**1600 Meters**

|   |                  |                 |         |
|---|------------------|-----------------|---------|
| 1 | Amy Wiseman      | Lee's Summit    | 5:05.32 |
| 2 | Allison Medlin   | Carthage        | 5:06.98 |
| 3 | Christy Horn     | Francis Howell  | 5:09.64 |
| 4 | Justa Dahl       | De Soto         | 5:10.24 |
| 5 | Anna Wright      | Oakville        | 5:10.25 |
| 6 | Jamie Moore      | Belton          | 5:13.14 |
| 7 | Emily Reid       | Jefferson City  | 5:13.18 |
| 8 | Ann Marie Brooks | St. Joe Central | 5:13.80 |

**300 Meter Low Hurdles**

|   |                  |                |       |
|---|------------------|----------------|-------|
| 1 | Dana Jackson     | Lee's Summit   | 45.47 |
| 2 | Tasha Earl       | Mehlville      | 46.45 |
| 3 | Angie Dattoli    | Camdenton      | 47.13 |
| 4 | Emily Loussaert  | Lafayette      | 47.35 |
| 5 | Lanie Miller     | Ladue          | 48.72 |
| 6 | Jami Frush       | Jefferson City | 49.12 |
| 7 | Micquell Wallace | Parkway South  | 49.20 |

**1600 Meter Relay**

|   |                    |         |
|---|--------------------|---------|
| 1 | Hazelwood East     | 3:57.14 |
| 2 | Marquette          | 4:03.10 |
| 3 | Lee's Summit       | 4:03.67 |
| 4 | McCluer North      | 4:04.54 |
| 5 | Liberty            | 4:05.96 |
| 6 | Lafayette          | 4:06.79 |
| 7 | Blue Springs South | 4:07.92 |
| 8 | Hannibal           | 4:08.00 |

**Shot Put**

|   |                   |                   |           |
|---|-------------------|-------------------|-----------|
| 1 | Courtney Johnson  | Jefferson City    | 38-10 1/4 |
| 2 | Danay Ward        | McCluer           | 38-00 1/2 |
| 3 | Lutricia Purham   | Marquette         | 37-10 1/2 |
| 4 | Melissa Menze     | Hannibal          | 37-10 1/2 |
| 5 | Alicia Norton     | Cape Central      | 37-07 3/4 |
| 6 | Stephanie Jackson | St. Joe Benton    | 37-07     |
| 7 | Kara Rogers       | Lafayette         | 37-06 3/4 |
| 8 | Lucretia Tillman  | Riverview Gardens | 37-03     |

**High Jump**

|   |                    |                  |      |
|---|--------------------|------------------|------|
| 1 | Michelle Moran     | Lafayette        | 5-04 |
| 2 | Lee Ann Melchor    | St. Charles West | 5-02 |
| 3 | Erin McCuan        | Lindbergh        | 5-02 |
| 4 | Elizabeth Kunz     | Cape Central     | 5-02 |
| 5 | Molly Fraundorfer  | Park Hill        | 5-00 |
| 5 | Kim Chronhardt     | Rock Bridge      | 5-00 |
| 5 | Jessica Montgomery | Troy             | 5-00 |
| 8 | Abigail Knapp      | Rolla            | 5-00 |

**400 Meters**

|   |                  |                    |       |
|---|------------------|--------------------|-------|
| 1 | Tiffany Williams | Hazelwood East     | 57.15 |
| 2 | Inemesit Usoroh  | Parkway South      | 57.48 |
| 3 | Monica Lewis     | Hickman            | 57.80 |
| 4 | Michelle Green   | Rolla              | 58.49 |
| 5 | Zahmill Manuel   | Hazelwood East     | 59.09 |
| 6 | Toiya Crockett   | Hazelwood East     | 59.65 |
| 7 | Carrie McCann    | Blue Springs South | 59.94 |
| 8 | Ada Ibe          | Ladue              | 60.00 |

**3200 Meters**

|   |                  |                |         |
|---|------------------|----------------|---------|
| 1 | Amy Wiseman      | Lee's Summit   | 10:56.6 |
| 2 | Allison Medlin   | Carthage       | 10:59.5 |
| 3 | Catherine Wright | Oakville       | 11:07.2 |
| 4 | Anna Wright      | Oakville       | 11:09.4 |
| 5 | Justa Dahl       | De Soto        | 11:18.7 |
| 6 | Jamie Moore      | Belton         | 11:29.5 |
| 7 | Aaryn McFarland  | Neosho         | 11:29.7 |
| 8 | Jackie Dane      | Jefferson City | 11:30.5 |

**400 Meter Relay**

|   |                    |       |
|---|--------------------|-------|
| 1 | Hazelwood East     | 48.14 |
| 2 | Hazelwood West     | 48.58 |
| 3 | Jefferson City     | 49.61 |
| 4 | Parkway South      | 49.73 |
| 5 | University City    | 49.73 |
| 6 | Blue Springs South | 49.84 |
| 7 | McCluer            | 50.47 |
| 8 | Kickapoo           | 51.00 |

**3200 Meter Relay**

|   |                    |         |
|---|--------------------|---------|
| 1 | Lee's Summit       | 9:26.70 |
| 2 | Liberty            | 9:29.90 |
| 3 | West Plains        | 9:32.06 |
| 4 | Jefferson City     | 9:37.52 |
| 5 | Blue Springs South | 9:37.61 |
| 6 | Oakville           | 9:37.67 |
| 7 | Carthage           | 9:43.03 |
| 8 | Parkway North      | 9:45.59 |

**Long Jump**

|   |                 |                    |           |
|---|-----------------|--------------------|-----------|
| 1 | Sheri Pewitte   | Blue Springs South | 18-01 3/4 |
| 2 | Deirdre Fortman | Park Hill          | 18-01 1/2 |
| 3 | Shauna Birge    | Webster Groves     | 17-06     |
| 4 | Sylvia Wofford  | Joplin             | 17-02 1/2 |
| 5 | Erika Murphy    | Hazelwood West     | 17-02 1/2 |
| 6 | Tisha Rauk      | Joplin             | 16-11     |
| 7 | Nicote Stinger  | Park Hill          | 16-09 1/2 |
| 8 | Lisa Williams   | Parkway South      | 16-09     |

# 1996 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                    |    | Coach             |                               | 100 Meters         |           |
|--------------------------|----|-------------------|-------------------------------|--------------------|-----------|
| 1 Hazelwood East         | 59 | Larry Doyle       | 1 Kenosha Wilson              | Webster Groves     | 12.31     |
| 2 Lee's Summit           | 58 | Mike Spiegel      | 2 Shameika McField            | Hazelwood East     | 12.38     |
| 3 Marquette              | 38 | Jim Cary          | 3 Cheryl Anthony              | Poplar Bluff       | 12.40     |
| 4 Webster Groves         | 32 | Wilma Slaughter   | 4 Natalie Talley              | Raytown South      | 12.41     |
| 5 Cape Girardeau Central | 30 | Paula Watkins     | 5 Jillanda McCoy              | Riverview Gardens  | 12.55     |
| 6 Lafayette (Wildwood)   | 26 | Martin Margalski  | 6 Nicki Britts                | Ladue              | 12.74     |
| 6 Parkway South          | 26 | Paul McCaffrey    | 7 Jamie Bailey                | Vashon             | 12.77     |
| 8 Poplar Bluff           | 25 | Barry Cody        | 8 Tish Clark                  | Neosho             | 12.80     |
| 9 Gateway                | 22 | Denise McField    |                               |                    |           |
| 10 Raytown South         | 20 | 1/2 Ken Summers   | 1 Amy Wiseman                 | <b>800 Meters</b>  |           |
| 11 Carthage              | 19 | Andrew Youngworth | 2 Cara Cline                  | Lee's Summit       | 2:14.50   |
| 11 Liberty               | 19 | Tim Nixon         | 3 Sunny Gilbert               | Liberty            | 2:14.69   |
| 11 St. Joseph Central    | 19 | Charles Taylor    | 4 Carrie McCann               | Marquette          | 2:18.41   |
| 14 Oakville              | 18 | John Dennett      | 5 Sylvia Hall                 | Blue Springs South | 2:18.96   |
| 15 Ladue Horton Watkins  | 15 | Kelley McCarthy   | 6 Katie Gilbert               | Parkway West       | 2:19.29   |
| 15 McCluer North         | 15 | Ron Spivey        | 7 Erin Sealey                 | Marquette          | 2:19.77   |
| 15 Mehlville             | 15 | Pamela Calvert    | 8 Tamika Howard               | Ladue              | 2:21.20   |
| 18 Grandview             | 14 | Bob Smith         |                               | McCluer North      | 2:21.50   |
| 19 Joplin                | 13 | Craig Lynch       |                               |                    |           |
| 19 St. Joseph Benton     | 13 | Jeff Modis        | <b>100 Meter High Hurdles</b> |                    |           |
| 21 Columbia Rock Bridge  | 12 | 1/2 Rick Baer     | 1 Kelli Smith                 | Grandview          | 15.03     |
| 22 Rolla                 | 12 | Don Knapp         | 2 Angie McCall                | Hazelwood East     | 15.22     |
| 23 Springfield Kickapoo  | 11 | Judy Talley       | 3 Emily Loussaert             | Lafayette          | 15.40     |
| 24 Blue Springs South    | 10 | Rusty Hodge       | 4 Micquell Wallace            | Parkway South      | 15.54     |
| 24 Hazelwood Central     | 10 | Jon Fix           | 5 Kristen Pogemiller          | Kickapoo           | 15.63     |
| 24 Lindbergh             | 10 | Jim Wilder        | 6 Sylvia Wofford              | Joplin             | 15.74     |
| 27 De Soto               | 9  | Charles Campbell  | 7 Kendra Lollis               | Blue Springs South | 15.78     |
| 27 Park Hill             | 9  | Edward Columbus   | 8 Cathy Friends               | Park Hill          | 16.15     |
| 27 University City       | 9  | Julius Sims       |                               |                    |           |
| 30 Hickman Mills         | 8  | Pat Pepple        | <b>800 Meter Relay</b>        |                    |           |
| 30 Jefferson City        | 8  | Dennis Licklider  | 1 Parkway South               | 1:41.48            |           |
| 32 Columbia Hickman      | 6  | Steve Luetjen     | 2 Hazelwood East              | 1:42.89            |           |
| 32 Fort Zumwalt South    | 6  | Peg Schane        | 3 Webster Groves              | 1:43.17            |           |
| 34 Francis Howell North  | 5  | Larry Ruff        | 4 Kickapoo                    | 1:43.22            |           |
| 34 Kansas City Central   | 5  | Richard Samuels   | 5 Ladue                       | 1:45.30            |           |
| 34 West Plains           | 5  | Scott Womack      | 6 Mehlville                   | 1:45.85            |           |
| 37 Fox                   | 4  | Gerry Dockery     | 7 Grandview                   | 1:46.30            |           |
| 37 Oak Park              | 4  | Dennis Krohne     | 8 Parkway Central             | 1:46.80            |           |
| 37 Parkway West          | 4  | Ray Davis         |                               |                    |           |
| 37 Riverview Gardens     | 4  | Sibyl Banks       | <b>Discus</b>                 |                    |           |
| 41 Parkway Central       | 3  | David Harris      | 1 Lutricia Purham             | Marquette          | 136-01    |
| 42 Hazelwood West        | 2  | Brian Joye        | 2 Laura Lukens                | Cape Central       | 130-00    |
| 42 Kirkwood              | 2  | Roberta McWoods   | 3 Amber Hoerner               | Lee's Summit       | 128-04    |
| 42 Parkway North         | 2  | Rod Reed          | 4 Stephanie Jackson           | St. Joe Benton     | 126-00    |
| 42 St. Louis Vashon      | 2  | Anthony Mitchell  | 5 Jill Jagers                 | Marquette          | 124-02    |
| 46 Blue Springs          | 1  | Carl Vun Cannon   | 6 Courtney Diehl              | Hickman            | 122-03    |
| 46 Neosho                | 1  | Harry Lineberry   | 7 Kesha Barnes                | Hazelwood East     | 121-03    |
|                          |    |                   | 8 Naomi Wigfall               | Lafayette          | 116-10    |
|                          |    |                   |                               |                    |           |
|                          |    |                   | <b>Triple Jump</b>            |                    |           |
|                          |    |                   | 1 Lindsey Miller              | Lee's Summit       | 38-02 3/4 |
|                          |    |                   | 2 Levette McDaniel            | Hickman Mills      | 36-02     |
|                          |    |                   | 3 Dameka Wilson               | Fort Zumwalt South | 35-11     |
|                          |    |                   | 4 Kalyn Baugh                 | Carthage           | 35-08     |
|                          |    |                   | 5 Jeanna Tillman              | University City    | 35-05 3/4 |
|                          |    |                   | 6 Nicote Stinger              | Park Hill          | 35-05 3/4 |
|                          |    |                   | 7 Nichole Davis               | Parkway North      | 35-02     |
|                          |    |                   | 8 Angie McCall                | Hazelwood East     | 35-00 1/2 |

**200 Meters**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Miesha Billups    | Gateway        | 25.29 |
| 2 Natalie Talley    | Raytown South  | 25.40 |
| 3 Jennifer Gardner  | Webster Groves | 25.44 |
| 4 Tiffaney Williams | Hazelwood East | 25.63 |
| 5 Brandi Johnson    | Mehlville      | 25.73 |
| 6 Tenisha Britton   | Poplar Bluff   | 26.14 |
| 7 Camila Pflederer  | Hazelwood West | 26.20 |

**400 Meters**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Jennifer Gardner  | Webster Groves | 56.29 |
| 2 Tiffaney Williams | Hazelwood East | 56.68 |
| 3 Tamika Howard     | McCluer North  | 58.20 |
| 4 Erin Sealey       | Ladue          | 58.64 |
| 5 Michelle Green    | Rolla          | 59.15 |
| 6 Sheba Clarke      | Park Hill      | 59.48 |
| 7 Jennifer Foster   | Jefferson City | 59.52 |

**1600 Meters**

|                    |                   |         |
|--------------------|-------------------|---------|
| 1 Amy Wiseman      | Lee's Summit      | 4:56.64 |
| 2 Ann Marie Brooks | St. Joe Central   | 4:59.86 |
| 3 Melissa Sapp     | Oakville          | 5:03.88 |
| 4 Jill Smith       | Hazelwood Central | 5:06.60 |
| 5 Justa Dahl       | De Soto           | 5:06.90 |
| 6 Catherine Wright | Oakville          | 5:11.14 |
| 7 Morgan Ouimette  | Grandview         | 5:12.48 |
| 8 Megan Carlson    | West Plains       | 5:16.00 |

**3200 Meters**

|                    |                   |          |
|--------------------|-------------------|----------|
| 1 Amy Wiseman      | Lee's Summit      | 10:46.18 |
| 2 Allison Medlin   | Carthage          | 10:53.70 |
| 3 Ann Marie Brooks | St. Joe Central   | 10:56.14 |
| 4 Justa Dahl       | De Soto           | 10:57.40 |
| 5 Melissa Sapp     | Oakville          | 10:59.09 |
| 6 Jill Smith       | Hazelwood Central | 11:05.84 |
| 7 Catherine Wright | Oakville          | 11:09.16 |
| 8 Camille Wise     | Hickman           | 11:10.60 |

**300 Meter Low Hurdles**

|                    |                      |       |
|--------------------|----------------------|-------|
| 1 Tenisha Britton  | Poplar Bluff         | 44.76 |
| 2 Tasha Earl       | Mehlville            | 46.28 |
| 3 Missy Niehus     | Lafayette            | 46.40 |
| 4 Tina Hall        | Francis Howell North | 46.70 |
| 5 Janae Baier      | Oak Park             | 46.79 |
| 6 Kendra Lollis    | Blue Springs South   | 46.81 |
| 7 Michelle Spann   | Parkway Central      | 47.02 |
| 8 Micquell Wallace | Parkway South        | 47.86 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Parkway South     | 48.21 |
| 2 Hazelwood East    | 48.56 |
| 3 Gateway           | 48.66 |
| 4 KC Central        | 48.74 |
| 5 University City   | 48.96 |
| 6 Raytown South     | 49.30 |
| 7 Hazelwood Central | 49.84 |
| 8 Ladue             | 50.16 |

**1600 Meter Relay**

|                  |         |
|------------------|---------|
| 1 Cape Central   | 3:58.05 |
| 2 McCluer North  | 3:58.50 |
| 3 Gateway        | 4:01.33 |
| 4 Hazelwood East | 4:01.38 |
| 5 Lee's Summit   | 4:01.49 |
| 6 Marquette      | 4:03.49 |
| 7 Park Hill      | 4:04.40 |
| 8 Liberty        | 4:04.42 |

**3200 Meter Relay**

|                |         |
|----------------|---------|
| 1 Liberty      | 9:26.25 |
| 2 Rolla        | 9:29.62 |
| 3 Carthage     | 9:30.30 |
| 4 Lee's Summit | 9:30.35 |
| 5 West Plains  | 9:35.34 |
| 6 Oakville     | 9:36.02 |
| 7 Kirkwood     | 9:36.42 |
| 8 Marquette    | 9:38.27 |

**Shot Put**

|                     |                 |           |
|---------------------|-----------------|-----------|
| 1 Lutricia Purham   | Marquette       | 43-04     |
| 2 Stephanie Jackson | St. Joe Benton  | 40-07 1/2 |
| 3 Keshia Barnes     | Hazelwood East  | 38-07     |
| 4 Heather Horn      | St. Joe Central | 38-06 3/4 |
| 5 Laura Lukens      | Cape Central    | 38-06 1/2 |
| 6 Naomi Wigfall     | Lafayette       | 38-04 3/4 |
| 7 Daleen Banks      | Hickman         | 38-04 1/4 |
| 8 Jill Jagers       | Marquette       | 38-01     |

**Long Jump**

|                     |                 |           |
|---------------------|-----------------|-----------|
| 1 Sylvia Wofford    | Joplin          | 18-00 1/4 |
| 2 Abbe Ohneck       | Rock Bridge     | 17-10 1/2 |
| 3 Cheryl Anthony    | Poplar Bluff    | 17-04 3/4 |
| 4 Nicole Thiele     | Cape Central    | 16-11 3/4 |
| 5 Jennifer Phillips | Fox             | 16-10 1/2 |
| 6 Lindsey Miller    | Lee's Summit    | 16-05     |
| 7 Gabrielle Lehr    | Kickapoo        | 16-01 1/2 |
| 8 Christian Shelton | University City | 16-00 1/2 |

**High Jump**

|                     |                |      |
|---------------------|----------------|------|
| 1 Michelle Moran    | Lafayette      | 5-07 |
| 2 Erin McCuan       | Lindbergh      | 5-06 |
| 3 Jan Meyer         | Jefferson City | 5-05 |
| 4 Melissa Christman | Raytown South  | 5-04 |
| 4 Kim Chronhardt    | Rock Bridge    | 5-04 |
| 6 Elizabeth Kunz    | Cape Central   | 5-04 |
| 7 Jennifer Russina  | Lindbergh      | 5-04 |
| 8 Camille Bradley   | Blue Springs   | 5-02 |

# 1997 MSHSAA Class 4A Girls State Outdoor Track Meet

| <b>Teams</b>             |     | <b>Coach</b>        | <b>100 Meters</b>             |                           |
|--------------------------|-----|---------------------|-------------------------------|---------------------------|
| 1 Hazelwood East         | 66  | Jeannine Rallo      | 1 Muna Lee                    | KC Central 12.49          |
| 2 Kansas City Central    | 46  | Richard Samuels     | 2 Avis Evans                  | Kirkwood 12.52            |
| 3 Marquette              | 39  | 1/10 Jim Cary       | 3 Shamiaka McField            | Hazelwood East 12.53      |
| 4 Liberty                | 29  | 3/5 Jim Erber       | 4 Natalie Talley              | Raytown South 12.76       |
| 5 Kirkwood               | 28  | Roberta McWoods     | 5 ShaVon Robinson             | KC Northeast 12.96        |
| 6 Cape Girardeau Central | 27  | 3/5 Paula Watkins   | 6 Sheba Clarke                | Park Hill 13.06           |
| 7 Lafayette (Wildwood)   | 22  | Martin Margalski    | 7 Ada Ibe                     | Ladue 13.17               |
| 8 Blue Springs South     | 20  | Rusty Hodge         | 8 Nattaha Williams            | Parkway West 13.18        |
| 8 Columbia Rock Bridge   | 20  | Rick Baer           | <b>800 Meters</b>             |                           |
| 8 De Soto                | 20  | Charles Campbell    | 1 Cara Cline                  | Liberty 2:15.42           |
| 8 Lee's Summit           | 20  | Mike Spiegel        | 2 Sylvia Hall                 | Parkway West 2:18.01      |
| 12 Jefferson City        | 19  | Dennis Licklider    | 3 Katie Gilbert               | Marquette 2:18.10         |
| 12 Ladue Horton Watkins  | 19  | Chrystal Sailor     | 4 Christy Williams            | West Plains 2:18.40       |
| 14 Poplar Bluff          | 18  | Barry Cody          | 5 Nancy Micheletti            | Blue Springs 2:18.61      |
| 14 Rolla                 | 18  | Don Knapp           | 6 Melinda Sneddon             | Carthage 2:19.09          |
| 16 Raytown South         | 17  | Ken Summers         | 7 Michelle Green              | Rolla 2:19.11             |
| 16 St. Joseph Central    | 17  | Charles Taylor      | 8 Sunny Gilbert               | Marquette 2:19.38         |
| 18 Springfield Kickapoo  | 16  | Judy Talley         | <b>100 Meter High Hurdles</b> |                           |
| 19 Gateway               | 15  | Denise McField      | 1 Kendra Lollis               | Blue Springs South 14.95  |
| 20 Fox                   | 14  | Gerry Dockery       | 2 Tenisha Britton             | Poplar Bluff 15.02        |
| 20 Park Hill             | 14  | Edward Columbus     | 3 Kelli Smith                 | Grandview 15.06           |
| 22 Normandy              | 12  | Mona Allen          | 4 Kim Riebold                 | Rock Bridge 15.45         |
| 23 Raymore-Peculiar      | 11  | Joe Tokarz          | 5 Angie McCall                | Hazelwood East 15.49      |
| 24 West Plains           | 10  | 3/5 Scott Womack    | 6 Shaneatra Neely             | Hickman Mills 15.58       |
| 25 McCluer               | 10  | John Tressler       | 7 Kendra Mapp                 | Normandy 16.27            |
| 25 Webster Groves        | 10  | Wilma Slaughter     | 8 Kristen Pogemiller          | Kickapoo 18.09            |
| 27 Parkway West          | 9   | Nancy Sachtleben    | <b>800 Meter Relay</b>        |                           |
| 28 Parkway South         | 8   | Paul McCaffrey      | 1 Hazelwood East              | 1:39.91                   |
| 29 Blue Springs          | 7   | 1/2 Carl Vun Cannon | 2 Gateway                     | 1:42.64                   |
| 30 Kansas City Northeast | 7   | Waunita Small       | 3 KC Central                  | 1:43.42                   |
| 30 Oakville              | 7   | John Dennett        | 4 McCluer                     | 1:44.02                   |
| 32 Grandview             | 6   | Bob Smith           | 5 Normandy                    | 1:44.11                   |
| 32 Hannibal              | 6   | Mark St. Clair      | 6 Jefferson City              | 1:44.31                   |
| 32 Hazelwood Central     | 6   | Jon Fix             | 7 Ladue                       | 1:44.48                   |
| 32 Joplin                | 6   | Craig Lynch         | 8 Kickapoo                    | 1:45.04                   |
| 32 McCluer North         | 6   | Ron Spivey          | <b>Discus</b>                 |                           |
| 37 Independence Truman   | 5   | Lou Lyons           | 1 Laura Lukens                | Cape Central 145-08       |
| 37 Parkway North         | 5   | Ron Reed            | 2 Naomi Wigfall               | Lafayette 130-08          |
| 39 Mehlville             | 4   | Bill Zimmerman      | 3 Genevra Collins             | Kickapoo 130-07           |
| 39 Rockwood Summit       | 4   | Jeff Grace          | 4 Courtney Johnson            | Jefferson City 130-03     |
| 41 Carthage              | 3   | Andrew Youngworth   | 5 Jill Jagers                 | Marquette 129-05          |
| 41 Francis Howell        | 3   | Steven Miller       | 6 Sherri Litteken             | Francis Howell 125-07     |
| 41 Hickman Mills         | 3   | Clay Stairs         | 7 Allison Cross               | Blue Springs South 123-01 |
| 41 Sedalia Smith-Cotton  | 3   | Willie Jenkins      | 8 Cindy Haddock               | Hickman 122-11            |
| 45 University City       | 2   | Julius Sims         | <b>Triple Jump</b>            |                           |
| 46 Columbia Hickman      | 1   | Steve Luetjen       | 1 Abbe Ohneck                 | Rock Bridge 37-10         |
| 46 Springfield Parkview  | 1   | Don Keeton          | 2 Angie McCall                | Hazelwood East 37-04      |
| 48 Fort Zumwalt South    | 3/5 | Peg Schane          | 3 Jennifer Phillips           | Fox 37-03                 |
|                          |     |                     | 4 Obiaglli Okafor             | Parkway North 37-00 3/4   |
|                          |     |                     | 5 Stephanie Warren            | Mehlville 36-09 1/4       |
|                          |     |                     | 6 Debresha Payne              | Normandy 36-07 1/4        |
|                          |     |                     | 7 Nicote Stinger              | Park Hill 36-03 3/4       |
|                          |     |                     | 8 Tamika Lockhart             | Kirkwood 36-01 1/2        |

**200 Meters**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Muna Lee          | KC Central     | 24.52 |
| 2 Shamioka McField  | Hazelwood East | 25.10 |
| 3 Natalie Talley    | Raytown South  | 25.53 |
| 4 Erika Sharp       | McCluer        | 25.58 |
| 5 Avis Evans        | Kirkwood       | 25.59 |
| 6 Tiffaney Williams | Hazelwood East | 25.60 |
| 7 Jennifer Gardner  | Webster Groves | 25.72 |
| 8 Tamika Lockhart   | Kirkwood       | 26.19 |

**1600 Meters**

|                    |                 |         |
|--------------------|-----------------|---------|
| 1 Amy Wiseman      | Lee's Summit    | 4:58.40 |
| 2 Ann Marie Brooks | St. Joe Central | 5:00.05 |
| 3 Justa Dahl       | De Soto         | 5:00.60 |
| 4 Rachael King     | Liberty         | 5:07.77 |
| 5 Sunny Gilbert    | Marquette       | 5:08.83 |
| 6 Sarah Haskins    | Parkway South   | 5:09.26 |
| 7 Kimberly Moore   | Kirkwood        | 5:09.57 |
| 8 Katie Meehan     | Smith-Cotton    | 5:09.80 |

**300 Meter Low Hurdles**

|                      |                    |       |
|----------------------|--------------------|-------|
| 1 Tenisha Britton    | Poplar Bluff       | 43.79 |
| 2 Kendra Lollis      | Blue Springs South | 44.71 |
| 3 Kristen Pogemiller | Kickapoo           | 45.01 |
| 4 Amy Fox            | Hannibal           | 45.04 |
| 5 Lanie Millar       | Ladue              | 46.13 |
| 6 Michelle Moran     | Lafayette          | 46.38 |
| 7 Dwillette Wilkes   | Hazelwood East     | 46.76 |
| 8 Missy Niehus       | Lafayette          | 46.80 |

**1600 Meter Relay**

|                  |         |
|------------------|---------|
| 1 Ladue          | 3:55.05 |
| 2 Hazelwood East | 3:55.26 |
| 3 McCluer North  | 3:59.19 |
| 4 Cape Central   | 3:59.51 |
| 5 Marquette      | 3:59.65 |
| 6 Gateway        | 3:59.86 |
| 7 Park Hill      | 4:01.03 |
| 8 Normandy       | 4:03.09 |

**Shot Put**

|                     |                 |           |
|---------------------|-----------------|-----------|
| 1 Laura Lukens      | Cape Central    | 40-08 1/2 |
| 2 Jill Jagers       | Marquette       | 39-10 3/4 |
| 3 Courtney Johnson  | Jefferson City  | 39-00 3/4 |
| 4 Heather Whitehead | Truman          | 38-07 1/2 |
| 5 Keshia Barnes     | Hazelwood East  | 37-11     |
| 6 Heather Horn      | St. Joe Central | 37-08 1/2 |
| 7 Marisha Griffen   | Normandy        | 37-04 1/4 |
| 8 Melissa Menze     | Hannibal        | 37-03 3/4 |

**High Jump**

|                    |                    |      |
|--------------------|--------------------|------|
| 1 Michelle Moran   | Lafayette          | 5-04 |
| 2 Lynette Williams | Ray-Pec            | 5-02 |
| 3 Michelle Green   | Rolla              | 5-02 |
| 4 Jan Meyer        | Jefferson City     | 5-02 |
| 5 Camille Bradley  | Blue Springs       | 5-02 |
| 5 Angela Covert    | Marquette          | 5-02 |
| 7 Elizabeth Kunz   | Cape Central       | 5-00 |
| 7 Naomi Hendrix    | Fort Zumwalt South | 5-00 |
| 7 Courtney Calder  | Liberty            | 5-00 |
| 7 Laura Shields    | Marquette          | 5-00 |
| 7 Karensa Barr     | West Plains        | 5-00 |

**400 Meters**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Tiffaney Williams | Hazelwood East | 55.14 |
| 2 Jennifer Gardner  | Webster Groves | 55.62 |
| 3 Michelle Green    | Rolla          | 56.90 |
| 4 Sheba Clarke      | Park Hill      | 57.90 |
| 5 Cara Cline        | Liberty        | 58.13 |
| 6 ShaVon Robinson   | KC Northeast   | 58.23 |
| 7 Kristen Tallent   | Cape Central   | 59.90 |

**3200 Meters**

|                    |                 |          |
|--------------------|-----------------|----------|
| 1 Amy Wiseman      | Lee's Summit    | 10:33.41 |
| 2 Justa Dahl       | De Soto         | 10:35.92 |
| 3 Ann Marie Brooks | St. Joe Central | 10:50.72 |
| 4 Sarah Haskins    | Parkway South   | 11:00.50 |
| 5 Katie Singleton  | Rolla           | 11:05.50 |
| 6 Melissa Sapp     | Oakville        | 11:06.14 |
| 7 Katie Meehan     | Smith-Cotton    | 11:16.04 |
| 8 Anna Wright      | Oakville        | 11:16.90 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 KC Central        | 47.93 |
| 2 Kirkwood          | 48.46 |
| 3 Raytown South     | 48.56 |
| 4 Hazelwood Central | 49.16 |
| 5 Gateway           | 49.27 |
| 6 Hazelwood East    | 50.34 |
| 7 University City   | 50.36 |
| 8 Ladue             | 50.58 |

**3200 Meter Relay**

|               |         |
|---------------|---------|
| 1 Liberty     | 9:19.51 |
| 2 Marquette   | 9:27.11 |
| 3 De Soto     | 9:30.54 |
| 4 West Plains | 9:31.03 |
| 5 Kirkwood    | 9:34.92 |
| 6 Oakville    | 9:37.91 |
| 7 Kickapoo    | 9:38.62 |
| 8 Parkview    | 9:40.21 |

**Long Jump**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Muna Lee          | KC Central        | 18-06     |
| 2 Jennifer Phillips | Fox               | 18-02     |
| 3 Sylvia Wofford    | Joplin            | 18-01 1/2 |
| 4 Abbe Ohneck       | Rock Bridge       | 18-01 1/4 |
| 5 Lakeshia Finch    | Rockwood Summit   | 18-00 1/4 |
| 6 Robyn Abbate      | Ray-Pec           | 17-10     |
| 7 Nicote Stinger    | Park Hill         | 17-06 1/2 |
| 8 Kenna Jenkins     | Hazelwood Central | 17-03 1/2 |

# 1998 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                     | Coach                   |                      |                    | 100 Meters |
|---------------------------|-------------------------|----------------------|--------------------|------------|
| 1 Jefferson City          | 43 1/2 Dennis Licklider | 1 Muna Lee           | KC Central         | 12.03      |
| 2 Liberty                 | 39 Jim Erber            | 2 Shamioka McField   | Hazelwood East     | 12.09      |
| 3 Park Hill               | 34 Edward Columbus      | 3 Sheba Clarke       | Park Hill          | 12.18      |
| 4 Hickman Mills           | 33 Clay Stairs          | 4 Avis Evans         | Kirkwood           | 12.20      |
| 5 Lafayette (Wildwood)    | 31 Martin Margalski     | 5 Shaneatra Neely    | Hickman Mills      | 12.46      |
| 6 Columbia Rock Bridge    | 30 Rick Baer            | 6 Felicia Bailey     | Hazelwood Central  | 12.53      |
| 6 Kansas City Central     | 30 Richard Samuels      | 7 Comfort Ibe        | Ladue              | 12.54      |
| 8 Ladue Horton Watkins    | 27 Kelley McCarthy      | 8 Dionna Webb        | Cape Central       | 12.58      |
| 9 Hazelwood Central       | 25 Jon Fix              |                      |                    |            |
| 9 Kirkwood                | 25 Roberta McWoods      |                      |                    |            |
| 11 Carthage               | 22 Andrew Youngworth    | 1 Cara Cline         | Liberty            | 2:12.90    |
| 12 Columbia Hickman       | 20 Steve Luetjen        | 2 Christy Williams   | West Plains        | 2:17.08    |
| 13 Blue Springs           | 18 Carl Vun Cannon      | 3 Melinda Sneddon    | Carthage           | 2:18.11    |
| 14 Normandy               | 17 Mona Allen           | 4 Tobie Bittle       | Cape Central       | 2:18.23    |
| 15 Cape Girardeau Central | 16 Jerry Dement         | 5 Cammie Ewing       | Hannibal           | 2:19.18    |
| 15 Hannibal               | 16 Mark St. Clair       | 6 Mary Reeves        | Kirkwood           | 2:19.19    |
| 15 McCluer                | 16 John Tressler        | 7 Rachael King       | Liberty            | 2:19.34    |
| 18 Springfield Kickapoo   | 15 Judy Talley          | 8 Erin Sealey        | Ladue              | 2:19.47    |
| 19 Fort Zumwalt South     | 14 Peg Schane           |                      |                    |            |
| 19 Rolla                  | 14 Don Knapp            | 1 Shaneatra Neely    | Hickman Mills      | 14.49      |
| 19 West Plains            | 14 Scott Womack         | 2 Jemma Archibald    | Lafayette          | 14.59      |
| 22 Sedalia Smith-Cotton   | 13 Willie Jenkins       | 3 Megan Williams     | Hickman            | 14.77      |
| 22 St. Charles West       | 13 Ellen Parker         | 4 Kristen Pogemiller | Kickapoo           | 15.01      |
| 24 Hillsboro              | 12 Dina Whitledge       | 5 Kelli Smith        | Grandview          | 15.13      |
| 24 Rockwood Summit        | 12 Jeff Grace           | 6 Mary Garrett       | Carthage           | 15.35      |
| 26 Independence Truman    | 11 Lou Lyons            | 7 Beth Puttcamp      | Lafayette          | 15.48      |
| 26 Poplar Bluff           | 11 Mark Barousse        | 8 Tenisha Britton    | Poplar Bluff       | 15.69      |
| 28 Gateway                | 8 Denise McField        |                      |                    |            |
| 28 Hazelwood East         | 8 Larry Doyle           | 1 Jefferson City     | 1:43.04            |            |
| 28 Mehlville              | 8 Bill Zimmerman        | 2 Lafayette          | 1:43.14            |            |
| 31 Parkway South          | 6 Paul McCaffrey        | 3 Ladue              | 1:43.66            |            |
| 31 Raytown South          | 6 JR Hurshman           | 4 Hazelwood Central  | 1:43.99            |            |
| 31 St. Louis Vashon       | 6 Anthony Mitchell      | 5 Kickapoo           | 1:45.47            |            |
| 34 Francis Howell         | 5 Steven Miller         | 6 Normandy           | 1:45.65            |            |
| 34 Springfield Parkview   | 5 Don Keeton            | 7 Raytown South      | 1:45.72            |            |
| 34 St. Joseph Central     | 5 Charles Taylor        |                      |                    |            |
| 37 Blue Springs South     | 4 Rusty Hodge           |                      |                    |            |
| 37 Camdenton              | 4 John McNabb           | 1 Carla Grewe        | Hillsboro          | 137-04     |
| 37 Grandview              | 4 Charles Gilkison      | 2 Cindy Haddock      | Hickman            | 130-04     |
| 37 Lindbergh              | 4 Tom Gose              | 3 Genevra Collins    | Kickapoo           | 127-07     |
| 37 Marquette              | 4 Jim Cary              | 4 Marissa Hunter     | Hickman Mills      | 125-10     |
| 37 University City        | 4 Julius Sims           | 5 Sherri Litteken    | Francis Howell     | 123-07     |
| 37 Wentzville             | 4 Todd Arnold           | 6 Heather Whitehead  | Truman             | 122-11     |
| 44 Lee's Summit North     | 2 1/2 Bill Warner       | 7 Nke Nwaobasi       | Hazelwood Central  | 121-08     |
| 45 Francis Howell North   | 1 Larry Ruff            | 8 Leanna Schlick     | Francis Howell     | 118-00     |
| 45 Kansas City Northeast  | 1 Waunita Small         |                      |                    |            |
| 45 St. Louis Cleveland    | 1 Gregory Degenhart     | 1 Abbe Ohneck        | Rock Bridge        | 38-04 1/2  |
|                           |                         | 2 Stephanie Warren   | Mehlville          | 36-11      |
|                           |                         | 3 Naomi Hendrix      | Fort Zumwalt South | 36-09 1/4  |
|                           |                         | 4 Tomeika Baker      | Parkview           | 36-08 1/2  |
|                           |                         | 5 Sara Hunter        | Camdenton          | 36-07 1/2  |
|                           |                         | 6 Lakeshia Finch     | Rockwood Summit    | 36-05      |
|                           |                         | 7 Alexis Collins     | Hannibal           | 35-07 1/2  |
|                           |                         | 8 Marissa Uzoaru     | Cape Central       | 35-01      |

**200 Meters**

|                  |                   |       |
|------------------|-------------------|-------|
| 1 Muna Lee       | KC Central        | 24.80 |
| 2 Erika Sharp    | McCluer           | 24.93 |
| 3 Avis Evans     | Kirkwood          | 25.13 |
| 4 Sheba Clarke   | Park Hill         | 25.27 |
| 5 Lakeshia Finch | Rockwood Summit   | 25.98 |
| 6 Kim Brown      | Park Hill         | 26.16 |
| 7 Warnesha Hunt  | Normandy          | 26.60 |
| 8 Felicia Bailey | Hazelwood Central | 26.80 |

**400 Meters**

|                    |                  |       |
|--------------------|------------------|-------|
| 1 Sheba Clarke     | Park Hill        | 56.00 |
| 2 Erika Sharp      | McCluer          | 56.15 |
| 3 Cara Cline       | Liberty          | 57.38 |
| 4 Alicia Parks     | Jefferson City   | 57.97 |
| 5 Erin Sealey      | Ladue            | 59.42 |
| 6 Katie DeSplinter | St. Charles West | 59.90 |
| 7 Comfort Ibe      | Ladue            | 60.16 |
| 8 Naomi Williams   | KC Northeast     | 62.08 |

**1600 Meters**

|                    |                  |         |
|--------------------|------------------|---------|
| 1 Rachael King     | Liberty          | 5:01.02 |
| 2 Amy Chipman      | Blue Springs     | 5:01.11 |
| 3 Katie Singleton  | Rolla            | 5:04.00 |
| 4 Anna Versemann   | St. Charles West | 5:05.95 |
| 5 Laura Kennedy    | Lafayette        | 5:06.51 |
| 6 Cammie Ewing     | Hannibal         | 5:07.38 |
| 7 Christy Williams | West Plains      | 5:08.15 |
| 8 Katie Meehan     | Smith-Cotton     | 5:12.60 |

**3200 Meters**

|                    |                      |          |
|--------------------|----------------------|----------|
| 1 Amy Chipman      | Blue Springs         | 11:06.54 |
| 2 Katie Singleton  | Rolla                | 11:15.72 |
| 3 Laura Kennedy    | Lafayette            | 11:21.31 |
| 4 Katie Meehan     | Smith-Cotton         | 11:21.81 |
| 5 Sarah Haskins    | Parkway South        | 11:25.59 |
| 6 Kristin McFerron | St. Charles West     | 11:27.30 |
| 7 Debbie Cardenas  | Jefferson City       | 11:42.50 |
| 8 Jackie Pirtle    | Francis Howell North | 11:48.70 |

**300 Meter Low Hurdles**

|                   |               |       |
|-------------------|---------------|-------|
| 1 Tenisha Britton | Poplar Bluff  | 44.03 |
| 2 Shaneatra Neely | Hickman Mills | 44.08 |
| 3 Lanie Miller    | Ladue         | 44.24 |
| 4 Amy Fox         | Hannibal      | 45.35 |
| 5 Emily Pugh      | Lindbergh     | 45.51 |
| 6 Megan Williams  | Hickman       | 45.61 |
| 7 Mary Garrett    | Carthage      | 45.75 |
| 8 Rhonda Hatchett | Cleveland     | 47.11 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 KC Central        | 48.98 |
| 2 Gateway           | 49.69 |
| 3 Hickman Mills     | 49.53 |
| 4 Kirkwood          | 49.82 |
| 5 University City   | 49.83 |
| 6 Lafayette         | 49.85 |
| 7 Normandy          | 49.93 |
| 8 Hazelwood Central | 50.40 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Park Hill         | 3:57.29 |
| 2 Jefferson City    | 3:58.84 |
| 3 Ladue             | 4:00.52 |
| 4 Hazelwood Central | 4:01.01 |
| 5 Marquette         | 4:05.40 |
| 6 Carthage          | 4:05.44 |
| 7 Parkway South     | 4:06.46 |
| 8 Liberty           | 4:09.37 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Liberty           | 9:32.71 |
| 2 Carthage          | 9:33.01 |
| 3 Kirkwood          | 9:34.59 |
| 4 Jefferson City    | 9:37.49 |
| 5 Hazelwood Central | 9:40.09 |
| 6 West Plains       | 9:40.74 |
| 7 St. Charles West  | 9:44.05 |
| 8 Cape Central      | 9:44.80 |

**Shot Put**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Marisha Griffen   | Normandy          | 40-00 1/2 |
| 2 Heather Whitehead | Truman            | 39-11     |
| 3 Rachel Galbreath  | Jefferson City    | 39-00 3/4 |
| 4 Heather Horn      | St. Joe Central   | 38-06     |
| 5 Phyllis Lewis     | Raytown South     | 38-02 1/2 |
| 6 Cindy Haddock     | Hickman           | 38-00 1/4 |
| 7 Carla Grewe       | Hillsboro         | 38-00     |
| 8 Michelle Meeks    | Hazelwood Central | 37-07 1/2 |

**Long Jump**

|                  |                    |           |
|------------------|--------------------|-----------|
| 1 Abbe Ohneck    | Rock Bridge        | 18-07 3/4 |
| 2 Dionna Webb    | Cape Central       | 18-02 1/2 |
| 3 Sharon Beverly | Vashon             | 18-01 1/2 |
| 4 Lakeshia Finch | Rockwood Summit    | 17-10 1/2 |
| 5 Belisa Suarez  | Wentzville         | 17-07 1/4 |
| 6 Kenna Jenkins  | Hazelwood Central  | 17-05 1/2 |
| 7 Alexis Collins | Hannibal           | 17-05     |
| 8 Naomi Hendrix  | Fort Zumwalt South | 17-05     |

**High Jump**

|                    |                    |      |
|--------------------|--------------------|------|
| 1 Abbe Ohneck      | Rock Bridge        | 5-06 |
| 2 Naomi Hendrix    | Fort Zumwalt South | 5-04 |
| 2 Jennifer Drum    | Smith-Cotton       | 5-04 |
| 4 Jan Meyer        | Jefferson City     | 5-04 |
| 5 Kayla Thomas     | Blue Springs South | 5-02 |
| 6 Jill Curry       | Jefferson City     | 5-02 |
| 6 Christine Spence | Lee's Summit North | 5-02 |
| 8 Karenna Barr     | West Plains        | 5-02 |



# 1999 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                     | Coach                |                      | 100 Meters                                    |           |
|---------------------------|----------------------|----------------------|---|-----------|
| 1 Jefferson City          | 47 Dennis Licklider  | 1 Muna Lee           | KC Central                                    | 11.81     |
| 2 Ladue Horton Watkins    | 44 John Shaughnessy  | 2 Sheba Clarke       | Park Hill                                     | 12.33     |
| 3 Kansas City Central     | 41 Richard Samuels   | 3 Suzette Gills      | Ladue   | 12.40     |
| 4 West Plains             | 39 Scott Womack      | 4 Avis Evans         | Kirkwood                                      | 12.53     |
| 5 Poplar Bluff            | 37 Mark Barousse     | 5 Erika Sharp        | McCluer                                       | 12.65     |
| 6 Kirkwood                | 35 Roberta McWoods   | 6 Dionna Webb        | Cape Central                                  | 12.68     |
| 7 Lee's Summit North      | 33 Bill Warner       | 7 Tiffaney Hargrove  | KC Central                                    | 12.69     |
| 8 Park Hill               | 30 Edward Columbus   | 8 Aleisha Abron      | Francis Howell                                | 12.72     |
| 9 Lafayette (Wildwood)    | 28 Martin Margalski  |                      |   |           |
| 9 Normandy                | 28 Mona Allen        | 1 Felicia James      | <b>800 Meters</b><br>Normandy                 | 2:16.91   |
| 11 Cape Girardeau Central | 27 Lawrence Brookins | 2 Christy Williams   | West Plains                                   | 2:17.48   |
| 12 Marquette              | 26 Jim Cary          | 3 Natasha Nazarova   | Westport                                      | 2:17.73   |
| 13 Sedalia Smith-Cotton   | 19 Willie Jenkins    | 4 Mary Reeves        | Kirkwood                                      | 2:17.91   |
| 14 Francis Howell North   | 18 Larry Ruff        | 5 Jamie Reigel       | Washington                                    | 2:18.06   |
| 15 Springfield Kickapoo   | 17 Judy Talley       | 6 Kristen Hoogheem   | Marquette                                     | 2:18.56   |
| 15 Lee's Summit           | 17 Mike Spiegel      | 7 Katy John          | Blue Springs                                  | 2:18.67   |
| 17 Blue Springs           | 16 Carl Vun Cannon   | 8 Brooke Woodruff    | Francis Howell North                          | 2:19.84   |
| 17 Rolla                  | 16 Don Knapp         |                      |   |           |
| 19 Mehlville              | 13 Bill Zimmerman    |                      | <b>100 Meter High Hurdles</b><br>Poplar Bluff | 14.53     |
| 20 Raytown South          | 12 Jesse Griffin     | 1 Tenisha Britton    | Lafayette                                     | 14.66     |
| 21 McCluer                | 11 John Tressler     | 2 Jemma Archibald    | Lee's Summit North                            | 15.13     |
| 22 Hazelwood Central      | 10 Jon Fix           | 3 Christine Spence   | Kickapoo                                      | 15.40     |
| 22 Joplin                 | 10 Wayne Washburn    | 4 Kristen Pogemiller | Kickapoo                                      | 15.40     |
| 22 Parkway West           | 10 Nancy Sachtleben  | 5 Chloe Davis        | Gateway                                       | 15.45     |
| 22 Raytown                | 10 Nancy Sachtleben  | 6 Mary Garrett       | Carthage                                      | 15.52     |
| 22 Rockwood Summit        | 10 Rhonda Burau      | 7 Christina Gilpin   | Jefferson City                                | 15.72     |
| 27 Hazelwood East         | 10 Jeff Grace        | 8 Kelly Miller       | Lindbergh                                     | 15.78     |
| 28 Carthage               | 9 Larry Doyle        |                      |   |           |
| 28 Oakville               | 8 Andrew Youngworth  |                      | <b>800 Meter Relay</b><br>1 Ladue             | 1:42.30   |
| 28 Springfield Parkview   | 8 John Dennett       | 1 Ladue              | 2 Jefferson City                              | 1:42.38   |
| 31 Kansas City Northeast  | 8 Don Keeton         | 2 Jefferson City     | 3 KC Central                                  | 1:43.59   |
| 32 Francis Howell         | 7 Waunita Small      | 3 KC Central         | 4 Hazelwood East                              | 1:43.60   |
| 32 St. Charles West       | 6 Steven Miller      | 4 Hazelwood East     | 5 Lafayette                                   | 1:44.04   |
| 32 Kansas City Westport   | 6 Steven Miller      | 5 Lafayette          | 6 Poplar Bluff                                | 1:44.34   |
| 35 Parkway Central        | 6 Ellen Parker       | 6 Poplar Bluff       | 7 Lee's Summit North                          | 1:45.15   |
| 36 Columbia Rock Bridge   | 6 Elvin Mosley       | 7 Lee's Summit North | 8 Lindbergh                                   | 1:45.41   |
| 37 Fox                    | 5 David Harris       | 8 Lindbergh          |   |           |
| 37 Gateway                | 5 Rick Baer          |                      | <b>Discus</b><br>1 Dion McNeal                | 146-01    |
| 37 Lindbergh              | 4 Rachel Larson      | 1 Dion McNeal        | 2 Amarachi Ukabam                             | 145-08    |
| 37 Washington             | 4 Kurtis Downing     | 2 Amarachi Ukabam    | 3 Genevra Collins                             | 135-01    |
| 41 Grandview              | 4 Tom Gose           | 3 Genevra Collins    | 4 Heather Jenkins                             | 134-07    |
| 41 Hazelwood West         | 4 Misty Thomas       | 4 Heather Jenkins    | 5 Becky Haug                                  | 122-05    |
| 41 Riverview Gardens      | 3 Charles Gilkison   | 5 Becky Haug         | 6 Sarah Tilling                               | 122-03    |
| 44 Webster Groves         | 3 David Camarota     | 6 Sarah Tilling      | 7 Jessica Brookmeyer                          | 121-08    |
| 45 Fort Zumwalt South     | 3 Sibyl Banks        | 7 Jessica Brookmeyer | 8 Jessica Allen                               | 118-05    |
| 45 Wentzville             | 2 Wilma Slaughter    | 8 Jessica Allen      |   |           |
| 45 Winnetonka             | 2 Wilma Slaughter    |                      | <b>Triple Jump</b><br>1 Lakeshia Finch        | 38-07 1/2 |
|                           | 1 Peg Schane         | 1 Lakeshia Finch     | 2 Eziamaka Okafor                             | 37-07 1/2 |
|                           | 1 Todd Arnold        | 2 Eziamaka Okafor    | 3 Stephanie Warren                            | 37-00 3/4 |
|                           | 1 Steve Estes        | 3 Stephanie Warren   | 4 Tomeika Baker                               | 36-11 1/4 |
|                           |                      | 4 Tomeika Baker      | 5 Likicia Hawes                               | 36-03     |
|                           |                      | 5 Likicia Hawes      | 6 Kristen Fricke                              | 35-09     |
|                           |                      | 6 Kristen Fricke     | 7 Kenna Jenkins                               | 35-05 3/4 |
|                           |                      | 7 Kenna Jenkins      | 8 Ebony Jones                                 | 35-04 3/4 |
|                           |                      | 8 Ebony Jones        |   |           |

**200 Meters**

|                     |              |       |
|---------------------|--------------|-------|
| 1 Muna Lee          | KC Central   | 24.14 |
| 2 Sheba Clarke      | Park Hill    | 24.94 |
| 3 Suzette Gills     | Ladue        | 25.01 |
| 4 Tiffaney Hargrove | KC Central   | 25.34 |
| 5 Erika Sharp       | McCluer      | 25.45 |
| 6 Comfort Ibe       | Ladue        | 25.74 |
| 7 Naomi Williams    | KC Northeast | 25.82 |
| 8 Dionna Webb       | Cape Central | 26.03 |

**1600 Meters**

|                    |                      |         |
|--------------------|----------------------|---------|
| 1 Mary Reeves      | Kirkwood             | 5:02.99 |
| 2 Christy Williams | West Plains          | 5:06.76 |
| 3 Anna Versemann   | St. Charles West     | 5:06.76 |
| 4 Amanda Marcak    | West Plains          | 5:08.45 |
| 5 Nicole Graham    | Blue Springs         | 5:08.82 |
| 6 Katie Meehan     | Smith-Cotton         | 5:09.31 |
| 7 Laura Kennedy    | Lafayette            | 5:09.43 |
| 8 Jackie Pirtle    | Francis Howell North | 5:09.77 |

**300 Meter Low Hurdles**

|                      |                    |       |
|----------------------|--------------------|-------|
| 1 Tenisha Britton    | Poplar Bluff       | 43.40 |
| 2 Christine Spence   | Lee's Summit North | 43.63 |
| 3 Kristen Pogemiller | Kickapoo           | 43.67 |
| 4 Mary Garrett       | Carthage           | 44.54 |
| 5 Missy Niehus       | Lafayette          | 45.84 |
| 6 Tracy Partain      | Parkview           | 46.20 |
| 7 McKenzie Evans     | Hazelwood East     | 46.56 |
| 8 Emily Pugh         | Lindbergh          | 46.69 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Poplar Bluff      | 3:56.54 |
| 2 Jefferson City    | 3:58.38 |
| 3 Normandy          | 3:58.47 |
| 4 Ladue             | 3:59.40 |
| 5 Marquette         | 3:59.53 |
| 6 Park Hill         | 3:59.96 |
| 7 Blue Springs      | 4:00.58 |
| 8 Hazelwood Central | 4:00.85 |

**Shot Put**

|                    |                |           |
|--------------------|----------------|-----------|
| 1 Tamika Lomax     | Raytown        | 41-07 1/2 |
| 2 Marisha Griffen  | Normandy       | 41-07     |
| 3 Rachel Galbreath | Jefferson City | 41-01 1/4 |
| 4 Amarachi Ukabam  | Marquette      | 40-06 1/4 |
| 5 Phyllis Lewis    | Raytown South  | 40-05 1/2 |
| 6 Heather Jenkins  | Cape Central   | 39-01 1/2 |
| 7 Dana Thompson    | Grandview      | 38-11 3/4 |
| 8 Chioma Ukaban    | Hazelwood East | 38-11 1/4 |

**High Jump**

|                    |                    |      |
|--------------------|--------------------|------|
| 1 Jennifer Drum    | Smith-Cotton       | 5-07 |
| 2 Christie Myers   | Raytown South      | 5-06 |
| 3 Christine Spence | Lee's Summit North | 5-06 |
| 4 Stephanie Warren | Mehlville          | 5-06 |
| 5 Karensa Barr     | West Plains        | 5-04 |
| 6 Marisa Uzoaru    | Cape Central       | 5-04 |
| 6 Courtney Haman   | Cape Central       | 5-04 |
| 6 Kathleen Guffey  | Wentzville         | 5-04 |

**400 Meters**

|                   |                |       |
|-------------------|----------------|-------|
| 1 Sheba Clarke    | Park Hill      | 56.35 |
| 2 Ann Shealy      | Oakville       | 57.14 |
| 3 Alicia Parks    | Jefferson City | 57.32 |
| 4 Naomi Williams  | KC Northeast   | 57.65 |
| 5 Comfort Ibe     | Ladue          | 58.42 |
| 6 Erika Sharp     | McCluer        | 58.44 |
| 7 Candice DeBoise | Mehlville      | 58.98 |
| 8 Tatiana Lange   | Park Hill      | 59.67 |

**3200 Meters**

|                     |                      |          |
|---------------------|----------------------|----------|
| 1 Amanda Marcak     | West Plains          | 11:05.14 |
| 2 Jackie Pirtle     | Francis Howell North | 11:07.22 |
| 3 Katie Meehan      | Smith-Cotton         | 11:07.23 |
| 4 Nicole Graham     | Blue Springs         | 11:09.67 |
| 5 Laura Kennedy     | Lafayette            | 11:09.88 |
| 6 Maggie Nelson     | Kirkwood             | 11:11.02 |
| 7 Karen Rogers      | Kirkwood             | 11:13.82 |
| 8 Rebecca Kuklenski | Winnetonka           | 11:24.38 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Ladue             | 48.16 |
| 2 KC Central        | 48.93 |
| 3 Jefferson City    | 48.96 |
| 4 Parkway Central   | 49.14 |
| 5 Normandy          | 49.23 |
| 6 Riverview Gardens | 49.62 |
| 7 Lafayette         | 49.82 |
| 8 Lindbergh         | 50.59 |

**3200 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 Kirkwood             | 9:22.52 |
| 2 Francis Howell North | 9:24.99 |
| 3 Marquette            | 9:29.57 |
| 4 Hazelwood Central    | 9:32.87 |
| 5 West Plains          | 9:33.82 |
| 6 Blue Springs         | 9:34.25 |
| 7 Lee's Summit         | 9:37.52 |
| 8 Lee's Summit North   | 9:39.12 |

**Long Jump**

|                     |                    |           |
|---------------------|--------------------|-----------|
| 1 Dionna Webb       | Cape Central       | 18-11 1/2 |
| 2 Eziamaka Okafor   | Rolla              | 18-06 3/4 |
| 3 Raeshawn Williams | Lee's Summit North | 17-10     |
| 4 Abbe Ohneck       | Rock Bridge        | 17-10     |
| 5 Melissa Buback    | Lafayette          | 17-10     |
| 6 Holly Beard       | Hazelwood West     | 17-09 1/4 |
| 7 Kenna Jenkins     | Hazelwood Central  | 17-06     |
| 8 Naomi Hendrix     | Fort Zumwalt South | 17-04     |

**Pole Vault**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Lindsey Bourne     | Joplin         | 10-09 |
| 2 Amber Meyers       | Lee's Summit   | 10-06 |
| 3 Christina Gilpin   | Jefferson City | 10-03 |
| 3 Lindsey Tait       | Jefferson City | 10-03 |
| 5 Dee Dee Bryant     | Fox            | 10-00 |
| 6 Rachael Waresheim  | Francis Howell | 9-09  |
| 7 Alison Schaefer    | Francis Howell | 9-06  |
| 8 Lindsey Vleisidies | Lee's Summit   | 9-06  |

## 2000 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                        |    | Coach               |                     | 100 Meters                    |           |
|------------------------------|----|---------------------|---------------------|-------------------------------|-----------|
| 1 Kansas City Central        | 64 | Richard Samuels     | 1 Muna Lee          | KC Central                    | 11.54     |
| 2 Normandy                   | 52 | Mona Allen          | 2 Tiffaney Hargrove | KC Central                    | 11.86     |
| 3 Grandview                  | 36 | Charles Gilkison    | 3 Naomi Williams    | KC Northeast                  | 12.33     |
| 4 Marquette                  | 34 | Jim Cary            | 4 Nyisha Porter     | Normandy                      | 12.37     |
| 5 Blue Springs               | 30 | 1/2 Carl Vun Cannon | 5 Martina Miller    | Waynesville                   | 12.38     |
| 6 Liberty                    | 30 | Pam Koch            | 6 Dominique Turner  | Hickman                       | 12.45     |
| 7 Lafayette (Wildwood)       | 28 | Martin Margalski    | 7 Dena Lewis        | Parkway Central               | 12.48     |
| 8 Francis Howell             | 26 | Steven Miller       | 8 Kristin Nelson    | Lafayette                     | 12.84     |
| 9 Lee's Summit North         | 25 | Bill Warner         |                     | <b>800 Meters</b>             |           |
| 10 Kansas City Northeast     | 24 | Waunita Small       | 1 Juanita Coleman   | Gateway                       | 2:13.36   |
| 11 Cape Girardeau Central    | 20 | Lawrence Brookins   | 2 Goldie Tompkins   | Marquette                     | 2:15.62   |
| 11 Lindbergh                 | 20 | Tom Gose            | 3 Laura LaVoie      | Glendale                      | 2:17.44   |
| 13 Francis Howell North      | 19 | Larry Ruff          | 4 Felicia James     | Normandy                      | 2:17.90   |
| 13 Waynesville               | 19 | John Morrison       | 5 Jessica Hostin    | Liberty                       | 2:18.40   |
| 15 Hazelwood Central         | 18 | Jon Fix             | 6 Rachel Nelson     | Lee's Summit                  | 2:18.48   |
| 15 Kirkwood                  | 18 | Roberta McWoods     | 7 Candice Hoskins   | Grandview                     | 2:19.45   |
| 17 Gateway                   | 17 | Kurtis Downing      | 8 Katie DeSplinter  | St. Charles West              | 2:19.53   |
| 18 Lee's Summit              | 15 | 1/2 Mike Spiegel    |                     | <b>100 Meter High Hurdles</b> |           |
| 19 Rolla                     | 15 | Don Knapp           | 1 Chloe Davis       | Normandy                      | 14.28     |
| 20 Jefferson City            | 13 | Dennis Lickliger    | 2 Jemma Archibald   | Lafayette                     | 14.54     |
| 20 Parkway South             | 13 | Paul McCaffrey      | 3 Christine Spence  | Lee's Summit North            | 14.63     |
| 22 Parkway Central           | 12 | David Harris        | 4 Lisa Boyd         | Farmington                    | 15.31     |
| 23 Hazelwood East            | 11 | Larry Doyle         | 5 Emily Pugh        | Lindbergh                     | 15.54     |
| 23 Springfield Glendale      | 11 | Jeff Berryessa      | 6 Sarah Gretzmacher | Seckman                       | 15.56     |
| 25 Fox                       | 10 | 1/2 Robin Greene    | 7 Kelly Miller      | Lindbergh                     | 15.67     |
| 26 Columbia Hickman          | 10 | Steve Luetjen       | 8 Kelly Keaton      | Jefferson City                | 16.03     |
| 26 Joplin                    | 10 | Wayne Washburn      |                     | <b>800 Meter Relay</b>        |           |
| 26 Raytown                   | 10 | Doug Catloth        | 1 KC Central        | 1:39.72                       |           |
| 26 Sedalia Smith-Cotton      | 10 | Royal Peterson      | 2 Kirkwood          | 1:42.95                       |           |
| 30 Carthage                  | 8  | Andrew Youngworth   | 3 Grandview         | 1:43.20                       |           |
| 30 West Plains               | 8  | Scott Womack        | 4 Waynesville       | 1:43.53                       |           |
| 32 Mehlville                 | 7  | Mike Szydowski      | 5 Normandy          | 1:45.83                       |           |
| 33 Nerinx Hall               | 6  | James Belle         | 6 Hazelwood Central | 1:45.88                       |           |
| 33 Springfield Hillcrest     | 6  | Sheila Wynn         | 7 Lindbergh         | 1:46.05                       |           |
| 33 Springfield Parkview      | 6  | Don Keeton          | 8 Gateway           | 1:53.36                       |           |
| 36 Farmington                | 5  | Willis Gunder       |                     | <b>Discus</b>                 |           |
| 36 Fort Osage                | 5  | Evan Eslinger       | 1 Mary Wirt         | Liberty                       | 139-01    |
| 38 McCluer                   | 4  | John Tressler       | 2 Heather Jenkins   | Cape Central                  | 137-02    |
| 39 Independence Truman       | 3  | Lou Lyons           | 3 Amarachi Ukabam   | Marquette                     | 135-06    |
| 39 Northwest (House Springs) | 3  | Amy Lanb            | 4 Becky Haug        | Lee's Summit North            | 129-07    |
| 39 Oak Park                  | 3  | Craig Lewis         | 5 Venisha Williams  | McCluer                       | 128-00    |
| 39 Riverview Gardens         | 3  | Sibyl Banks         | 6 Angela Leutzinger | Fox                           | 128-00    |
| 39 Seckman                   | 3  | Gerry Dockery       | 7 Sabrina Bader     | Fox                           | 127-04    |
| 44 Hannibal                  | 2  | 1/2 Mark St. Clair  | 8 Katie Sauer       | Hannibal                      | 127-03    |
| 45 Belton                    | 2  | Rex Groom           |                     | <b>Triple Jump</b>            |           |
| 45 McCluer North             | 2  | Sheldon Webster     | 1 Eziamaka Okafor   | Rolla                         | 37-10 1/2 |
| 47 Ladue Horton Watkins      | 1  | John Shaughnessy    | 2 Karla Jordan      | Liberty                       | 37-01 1/2 |
| 47 Parkway North             | 1  | Paul Reinisch       | 3 Candice Robinson  | Grandview                     | 37-00 3/4 |
| 47 St. Charles West          | 1  | Ellen Parker        | 4 Chrystal Waters   | KC Northeast                  | 36-11 1/4 |
|                              |    |                     | 5 Meghan King       | Nerinx Hall                   | 36-11     |
|                              |    |                     | 6 Andrea Coomes     | Oak Park                      | 36-02 1/2 |
|                              |    |                     | 7 LaKeisha Moody    | Kirkwood                      | 36-02     |
|                              |    |                     | 8 Melissa Buback    | Lafayette                     | 36-00 1/4 |

**200 Meters**

|                    |              |       |
|--------------------|--------------|-------|
| 1 Muna Lee         | KC Central   | 23.83 |
| 2 Tiffany Hargrove | KC Central   | 24.58 |
| 3 Dominique Turner | Hickman      | 25.37 |
| 4 Jemma Archibald  | Lafayette    | 25.58 |
| 5 Nyisha Porter    | Normandy     | 25.81 |
| 6 Naomi Williams   | KC Northeast | 25.91 |
| 7 Martina Miller   | Waynesville  | 26.82 |

**1600 Meters**

|                     |                      |         |
|---------------------|----------------------|---------|
| 1 Nicole Graham     | Blue Springs         | 5:00.04 |
| 2 Katherine Bonogli | Francis Howell       | 5:00.65 |
| 3 Jackie Pirtle     | Francis Howell North | 5:02.74 |
| 4 Laura LaVoie      | Glendale             | 5:05.36 |
| 5 Jill Petersen     | Francis Howell       | 5:07.78 |
| 6 Kristen Hoogheem  | Marquette            | 5:07.78 |
| 7 Marie Brandeweide | Lindbergh            | 5:07.89 |
| 8 Laura Kennedy     | Lafayette            | 5:08.16 |

**300 Meter Low Hurdles**

|                     |                    |       |
|---------------------|--------------------|-------|
| 1 Christine Spence  | Lee's Summit North | 43.46 |
| 2 Tiffany Hargrove  | KC Central         | 43.59 |
| 3 Chloe Davis       | Normandy           | 43.61 |
| 4 Tracy Partain     | Parkview           | 44.70 |
| 5 Emily Pugh        | Lindbergh          | 44.96 |
| 6 Christina Winkler | Northwest (HS)     | 45.77 |
| 7 McKenzie Evans    | Hazelwood East     | 46.46 |
| 8 Margaret Ibe      | Ladue              | 46.91 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Normandy          | 3:55.85 |
| 2 Parkway South     | 4:00.46 |
| 3 Hazelwood Central | 4:03.37 |
| 4 Lindbergh         | 4:04.03 |
| 5 Grandview         | 4:04.95 |
| 6 Hazelwood East    | 4:05.84 |
| 7 Marquette         | 4:06.80 |
| 8 Parkway North     | 4:11.15 |

**Shot Put**

|                   |                   |           |
|-------------------|-------------------|-----------|
| 1 Amarachi Ukabam | Marquette         | 43-09 3/4 |
| 2 Tamika Lomax    | Raytown           | 42-05 1/2 |
| 3 Candace Johnson | Hazelwood Central | 41-01 1/2 |
| 4 Dana Thompson   | Grandview         | 40-03     |
| 5 Heather Jenkins | Cape Central      | 39-09 1/4 |
| 6 LaRita Miller   | Lafayette         | 39-02     |
| 7 Molly Hamilton  | Belton            | 37-06 1/4 |
| 8 Megan Youse     | Hannibal          | 37-01 1/4 |

**High Jump**

|                     |                    |      |
|---------------------|--------------------|------|
| 1 Jennifer Drum     | Smith-Cotton       | 5-09 |
| 2 Emily Hess        | Carthage           | 5-08 |
| 3 Jenny Bybee       | Hillcrest          | 5-07 |
| 4 Tara Phillips     | Fort Osage         | 5-07 |
| 5 Christine Spence  | Lee's Summit North | 5-06 |
| 6 Robin Miler       | Mehlville          | 5-04 |
| 7 Jill Curry        | Jefferson City     | 5-04 |
| 8 Shelly Feigenspan | Hannibal           | 5-02 |
| 8 Holly Cain        | Blue Springs       | 5-02 |

**400 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Naomi Williams   | KC Northeast      | 56.90 |
| 2 Felicia James    | Normandy          | 57.09 |
| 3 Juanita Coleman  | Gateway           | 57.66 |
| 4 Janiece Gatson   | Grandview         | 57.84 |
| 5 Candice DeBoise  | Mehlville         | 58.34 |
| 6 Ellen Garrison   | Riverview Gardens | 58.65 |
| 7 Charminique Ray  | Waynesville       | 60.29 |
| 8 Dominique Turner | Hickman           | 60.51 |

**3200 Meters**

|                      |                      |          |
|----------------------|----------------------|----------|
| 1 Nicole Graham      | Blue Springs         | 11:07.27 |
| 2 Amanda Marcak      | West Plains          | 11:09.20 |
| 3 Jill Petersen      | Francis Howell       | 11:09.75 |
| 4 Jackie Pirtle      | Francis Howell North | 11:12.18 |
| 5 Katherine Bonogli  | Francis Howell       | 11:16.74 |
| 6 Laura Kennedy      | Lafayette            | 11:19.23 |
| 7 Courtney Cockerell | Raytown              | 11:29.90 |
| 8 Amanda Holferty    | Liberty              | 11:39.39 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Parkway Central   | 49.31 |
| 2 Grandview         | 49.66 |
| 3 Waynesville       | 49.74 |
| 4 Parkway South     | 49.85 |
| 5 Kirkwood          | 50.13 |
| 6 Hazelwood East    | 50.17 |
| 7 Hazelwood Central | 50.67 |
| 8 Parkview          | 51.46 |

**3200 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 Blue Springs         | 9:32.32 |
| 2 Francis Howell North | 9:34.58 |
| 3 Lee's Summit         | 9:35.04 |
| 4 Marquette            | 9:43.44 |
| 5 Kirkwood             | 9:46.12 |
| 6 Liberty              | 9:46.21 |
| 7 McCluer North        | 9:48.18 |
| 8 Lindbergh            | 9:53.46 |

**Long Jump**

|                   |                   |           |
|-------------------|-------------------|-----------|
| 1 Muna Lee        | KC Central        | 19-06w    |
| 2 Dionna Webb     | Cape Central      | 17-11     |
| 3 Melissa Buback  | Lafayette         | 17-09 3/4 |
| 4 Eziamaka Okafor | Rolla             | 17-06 3/4 |
| 5 Karla Jordan    | Liberty           | 17-02 1/4 |
| 6 Tashia Sullivan | Hazelwood East    | 17-02 1/4 |
| 7 Meghan King     | Nerinx Hall       | 17-00 1/4 |
| 8 Larissa Foster  | Hazelwood Central | 16-11     |

**Pole Vault**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Lindsey Bourne     | Joplin         | 12-00 |
| 2 Christina Gilpin   | Jefferson City | 10-09 |
| 3 Dee Dee Bryant     | Fox            | 10-06 |
| 3 Amber Meyers       | Lee's Summit   | 10-06 |
| 5 Rachael Waresheim  | Francis Howell | 10-00 |
| 6 Heather Palmer     | Truman         | 10-00 |
| 7 Lindsey Tait       | Jefferson City | 10-00 |
| 8 Lindsey Vleisidies | Lee's Summit   | 10-00 |

## 2001 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                        | Coach                   | 100 Meters                                     |
|------------------------------|-------------------------|--|
| 1 Park Hill South            | 61 Andy Keefer          | 1 Dena Lewis Parkway Central 12.06             |
| 2 Jefferson City             | 45 Dennis Licklider     | 2 Naomi Williams KC Northeast 12.07            |
| 3 Normandy                   | 43 Mona Allen           | 3 Nyisha Porter Normandy 12.09                 |
| 4 Grandview                  | 39 Charles Gilkison     | 4 Miah Leverette Grandview 12.14               |
| 4 Marquette                  | 39 Jim Cary             | 5 Aisha Thomas Jefferson City 12.15            |
| 6 Gateway                    | 34 Kurtis Downing       | 6 Kailea Cook Park Hill South 12.21            |
| 7 Parkway Central            | 29 David Harris         | 7 Elise Johnson Jefferson City 12.28           |
| 8 Lee's Summit               | 28 1/2 Mike Spiegel     | 8 Kristin Nelson Lafayette 12.55               |
| 9 Francis Howell North       | 28 Ed Dreyer            |  |
| 10 Lafayette (Wildwood)      | 26 1/2 Martin Margalski | <b>800 Meters</b>                              |
| 11 Cape Girardeau Central    | 22 Lawrence Brookins    | 1 Juanita Coleman Gateway 2:13.90              |
| 11 Springfield Parkview      | 22 Don Keeton           | 2 Rachel Nelson Lee's Summit 2:14.62           |
| 13 Francis Howell            | 20 Steven Miller        | 3 Brooke Woodruff Francis Howell North 2:14.63 |
| 14 West Plains               | 19 Scott Womack         | 4 Laura Piper Marquette 2:16.03                |
| 15 Kansas City Northeast     | 18 Waunita Small        | 5 Taryn Philips Park Hill South 2:17.05        |
| 16 Rolla                     | 17 Don Knapp            | 6 Katie Crank Kirkwood 2:17.61                 |
| 17 Waynesville               | 16 John Morrison        | 7 Leanne Bowers Seckman 2:19.75                |
| 18 Blue Springs South        | 12 1/2 Troy Harding     | 8 Kasey Kimball Eureka 2:20.15                 |
| 19 Hazelwood Central         | 12 Jon Fix              | <b>100 Meter High Hurdles</b>                  |
| 20 McCluer North             | 11 Sheldon Webster      | 1 Makeatha Cooper Grandview 14.55              |
| 20 Raytown                   | 11 Doug Catloth         | 2 Tracy Partain Parkview 14.81                 |
| 22 Oak Park                  | 10 Craig Lewis          | 3 Abra McField Normandy 14.98                  |
| 23 Blue Springs              | 9 Carl Vun Cannon       | 4 Kristen Collins Parkway Central 14.99        |
| 23 Columbia Hickman          | 9 Steve Luetjen         | 5 Lisa Boyd Farmington 15.08                   |
| 23 Eureka                    | 9 Jan Wintermeyer       | 6 Erin League Lee's Summit North 15.23         |
| 23 Farmington                | 9 Willis Gunder         | 7 Jamie Mathewson Park Hill South 15.38        |
| 27 Seckman                   | 8 Gerry Dockery         | 8 Sarah Otto Camdenton 15.49                   |
| 27 Sedalia Smith-Cotton      | 8 Royal Peterson        | <b>800 Meter Relay</b>                         |
| 29 Liberty                   | 7 1/2 Pam Koch          | 1 Park Hill South 1:41.39                      |
| 30 Jackson                   | 7 Bob Sink              | 2 Normandy 1:42.57                             |
| 30 Kirkwood                  | 7 Roberta McWoods       | 3 Gateway 1:42.75                              |
| 32 Camdenton                 | 6 John McNabb           | 4 Hazelwood Central 1:44.17                    |
| 32 Fox                       | 6 Robin Greene          | 5 Waynesville 1:44.26                          |
| 32 Parkway South             | 6 Paul McCaffrey        | 6 Jefferson City 1:45.85                       |
| 35 McCluer                   | 5 Keith Suchman         | 7 Ladue 1:46.95                                |
| 36 Carthage                  | 4 1/2 Andrew Youngworth | 8 Grandview 1:49.29                            |
| 37 Belton                    | 4 Rex Groom             | <b>Discus</b>                                  |
| 37 Hannibal                  | 4 Mark St. Clair        | 1 Amarachi Ukabam Marquette 165-01             |
| 37 Northwest (House Springs) | 4 Amy Brown             | 2 Heather Jenkins Cape Central 152-05          |
| 37 Riverview Gardens         | 4 Sibyl Banks           | 3 Danielle Grimes Jefferson City 134-09        |
| 37 University City           | 4 Matt Keller           | 4 Venisha Williams McCluer 133-08              |
| 42 Lee's Summit North        | 3 Bill Warner           | 5 Kelly Miliam Hannibal 127-06                 |
| 42 Pattonville               | 3 James Shaidnagle      | 6 Tinai Fa'amausili Waynesville 126-00         |
| 42 Springfield Kickapoo      | 3 Michael Wagner        | 7 Megan Bax Jefferson City 126-00              |
| 45 Springfield Hillcrest     | 2 1/2 Sheila Wynn       | 8 Molly Hamilton Belton 124-07                 |
| 46 Independence Truman       | 2 Dee Hagerty           | <b>Triple Jump</b>                             |
| 46 Ladue Horton Watkins      | 2 John Shaughnessy      | 1 Eziamaka Okafor Rolla 39-02 1/2w             |
| 48 Nerinx Hall               | 1 James Belle           | 2 Shareka Nance Eureka 38-01 3/4w              |
|                              |                         | 3 Sarah Gretzmacher Seckman 37-10 1/4w         |
|                              |                         | 4 Karla Jordan Liberty 37-07 1/4w              |
|                              |                         | 5 Latoya Clark University City 36-08 3/4w      |
|                              |                         | 6 Whitney Nevill Kickapoo 36-05w               |
|                              |                         | 7 Larissa Foster Hazelwood Central 36-02w      |
|                              |                         | 8 Meghan King Nerinx Hall 35-11 1/2w           |

**200 Meters**

|                  |                 |        |
|------------------|-----------------|--------|
| 1 Naomi Williams | KC Northeast    | 24.74w |
| 2 Aisha Thomas   | Jefferson City  | 24.76w |
| 3 Nyisha Porter  | Normandy        | 25.35w |
| 4 Terri Barnes   | Waynesville     | 25.68w |
| 5 Kailea Cook    | Park Hill South | 25.76w |
| 6 Kim Brown      | Park Hill South | 25.87w |
| 7 Elise Johnson  | Jefferson City  | 25.95w |
| 8 Janiece Gatson | Grandview       | 33.96w |

**1600 Meters**

|                      |                      |         |
|----------------------|----------------------|---------|
| 1 Jill Petersen      | Francis Howell       | 5:04.16 |
| 2 Laura Kennedy      | Lafayette            | 5:10.19 |
| 3 Amanda Marcak      | West Plains          | 5:10.34 |
| 4 Laura Piper        | Marquette            | 5:10.54 |
| 5 Jackie Pirtle      | Francis Howell North | 5:11.06 |
| 6 Courtney Cockerell | Raytown              | 5:11.97 |
| 7 Jackie McNab       | Francis Howell North | 5:12.59 |
| 8 Kristen Hoogheem   | Marquette            | 5:12.64 |

**300 Meter Low Hurdles**

|                     |                 |       |
|---------------------|-----------------|-------|
| 1 Tracy Partain     | Parkview        | 43.97 |
| 2 Makeatha Cooper   | Grandview       | 44.87 |
| 3 Eddrena Littleton | Parkway Central | 45.30 |
| 4 Abra McField      | Normandy        | 45.36 |
| 5 Valerie Simmons   | Normandy        | 45.66 |
| 6 Christina Winkler | Northwest (HS)  | 45.67 |
| 7 Jamie Mathewson   | Park Hill South | 46.29 |
| 8 Chinenye Okafor   | Rolla           | 46.53 |

**1600 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Park Hill South    | 3:57.88 |
| 2 Hickman            | 3:58.84 |
| 3 Parkway Central    | 3:59.32 |
| 4 Jefferson City     | 3:59.62 |
| 5 Parkview           | 4:00.25 |
| 6 Blue Springs South | 4:00.61 |
| 7 Pattonville        | 4:01.57 |
| 8 Blue Springs       | 4:02.09 |

**Shot Put**

|                       |                |           |
|-----------------------|----------------|-----------|
| 1 Amarachi Ukabam     | Marquette      | 42-09     |
| 2 Heather Jenkins     | Cape Central   | 41-03 3/4 |
| 3 Dana Thompson       | Grandview      | 40-06 3/4 |
| 4 Heidi Jansen        | Jackson        | 38-00 3/4 |
| 5 Tiffany Major       | Raytown        | 38-00 1/4 |
| 6 Molly Hamilton      | Belton         | 37-09 1/2 |
| 7 Bridgette Carpenter | Jefferson City | 37-06 1/2 |
| 8 Karla Williams      | Jefferson City | 36-08     |

**High Jump**

|                  |                    |      |
|------------------|--------------------|------|
| 1 Alicia Cannady | McCluer North      | 5-08 |
| 2 Jennifer Drum  | Smith-Cotton       | 5-08 |
| 3 Lanie Bohnsack | Cape Central       | 5-04 |
| 4 Sara Mueller   | Carthage           | 5-02 |
| 4 Kayla Thomas   | Blue Springs South | 5-02 |
| 6 Jamie Adams    | Liberty            | 5-02 |
| 6 Jenny Bybee    | Hillcrest          | 5-02 |
| 8 Nicole Bonner  | Pattonville        | 5-02 |

**400 Meters**

|                   |                    |       |
|-------------------|--------------------|-------|
| 1 Kim Brown       | Park Hill South    | 56.61 |
| 2 Juanita Coleman | Gateway            | 56.82 |
| 3 Jercilia Jones  | Parkway South      | 58.38 |
| 4 Terra Adeszko   | Blue Springs South | 58.93 |
| 5 Ellen Garrison  | Riverview Gardens  | 59.56 |
| 6 Charminique Ray | Waynesville        | 60.60 |
| 7 Janiece Gatson  | Grandview          | 74.86 |

**3200 Meters**

|                      |                      |          |
|----------------------|----------------------|----------|
| 1 Jill Petersen      | Francis Howell       | 10:54.23 |
| 2 Amanda Marcak      | West Plains          | 11:06.88 |
| 3 Jackie Pirtle      | Francis Howell North | 11:08.91 |
| 4 Laura Kennedy      | Lafayette            | 11:12.21 |
| 5 Courtney Cockerell | Raytown              | 11:15.74 |
| 6 Stephanie Lavin    | Blue Springs         | 11:17.65 |
| 7 Nicole Graham      | Blue Springs         | 11:18.41 |
| 8 Veronica Bible     | McCluer North        | 11:23.90 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Gateway           | 48.57 |
| 2 Normandy          | 48.77 |
| 3 Grandview         | 48.77 |
| 4 Hazelwood Central | 49.28 |
| 5 Park Hill South   | 49.47 |
| 6 Lafayette         | 49.86 |
| 7 Parkway Central   | 49.88 |
| 8 Waynesville       | 56.10 |

**3200 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 Francis Howell North | 9:24.71 |
| 2 Marquette            | 9:30.41 |
| 3 Lee's Summit         | 9:32.03 |
| 4 West Plains          | 9:33.33 |
| 5 Kirkwood             | 9:39.13 |
| 6 Blue Springs         | 9:40.68 |
| 7 Lafayette            | 9:50.15 |
| 8 Park Hill South      | 9:50.79 |

**Long Jump**

|                   |                 |           |
|-------------------|-----------------|-----------|
| 1 Andrea Coomes   | Oak Park        | 18-05 3/4 |
| 2 Kate Alderson   | Park Hill South | 17-09 1/2 |
| 3 Eziamaka Okafor | Rolla           | 17-09     |
| 4 Kristin Wiethop | Camdenton       | 17-04 3/4 |
| 5 Melissa Buback  | Lafayette       | 17-04 1/4 |
| 6 Katie Goppert   | Lee's Summit    | 17-04     |
| 7 Lindsey Meyr    | Jackson         | 17-03     |
| 8 Kaela Rorvig    | Hickman         | 17-02 3/4 |

**Pole Vault**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Christina Gilpin  | Jefferson City | 11-04 |
| 2 Amber Meyers      | Lee's Summit   | 10-06 |
| 3 Dee Dee Bryant    | Fox            | 10-06 |
| 4 Susan Stroud      | Farmington     | 10-00 |
| 5 Jennifer Simonin  | Lee's Summit   | 10-00 |
| 5 Kiindall Carleton | Lafayette      | 10-00 |
| 7 Heather Palmer    | Truman         | 10-00 |
| 8 Michelle Jett     | Northwest (HS) | 10-00 |

## 2002 MSHSAA Class 4A Girls State Outdoor Track Meet

| Teams                     |        | Coach             |                      | 100 Meters         |           |
|---------------------------|--------|-------------------|----------------------|--------------------|-----------|
| 1 Gateway                 | 70     | Kurtis Downing    | 1 Kyra Sullivan      | Gateway            | 11.8      |
| 2 Marquette               | 49     | Jim Cary          | 2 Aisha Thomas       | Jefferson City     | 12.1      |
| 3 Jefferson City          | 42     | Dennis Licklider  | 3 Nyisha Porter      | Normandy           | 12.2      |
| 4 Normandy                | 36     | Mona Allen        | 4 Kailea Cook        | Park Hill South    | 12.2      |
| 5 Grandview               | 35     | Charles Gilkison  | 5 Suzette Gills      | Gateway            | 12.2      |
| 6 Lee's Summit North      | 34     | Bill Warner       | 6 Janiece Gatson     | Grandview          | 12.3      |
| 7 West Plains             | 32     | Scott Womack      | 7 Lakeeta Pool       | McCluer            | 12.5      |
| 8 Eureka                  | 30     | Jan Wintermeyer   |                      |                    |           |
| 8 Park Hill South         | 30     | Andy Keefer       |                      |                    |           |
| 10 Hazelwood Central      | 29     | Jon Fix           | 1 Shannon Leinert    | Eureka             | 2:12.36   |
| 11 Springfield Parkview   | 26     | Don Keeton        | 2 Juanita Coleman    | Gateway            | 2:12.48   |
| 12 Rolla                  | 21     | Don Knapp         | 3 Laura Piper        | Marquette          | 2:16.35   |
| 12 Waynesville            | 21     | Gary Schultz      | 4 Erin Click         | West Plains        | 2:17.61   |
| 14 Oak Park               | 20 1/3 | Todd Warner       | 5 Nicole Johnson     | Marquette          | 2:18.06   |
| 15 Blue Springs           | 16     | Heather Knudsen   | 6 Ali Hatfield       | Blue Springs South | 2:18.40   |
| 15 McCluer North          | 16     | Sheldon Webster   | 7 Laura Ehret        | Parkway North      | 2:18.44   |
| 17 Seckman                | 14     | Gerry Dockery     | 8 Katie Crank        | Kirkwood           | 2:18.60   |
| 18 Columbia Hickman       | 13     | Steve Luetjen     |                      |                    |           |
| 19 Carthage               | 11 1/2 | Andrew Youngworth | 1 Makeatha Cooper    | Grandview          | 14.0      |
| 20 Pattonville            | 11 1/3 | James Shaidnagle  | 2 Tracy Partain      | Parkview           | 14.8      |
| 21 Farmington             | 10     | Willis Gunder     | 3 Jamie Mathewson    | Park Hill South    | 15.1      |
| 21 Poplar Bluff           | 10     | Barry Cody        | 4 Carmel Mondie      | Lindbergh          | 15.1      |
| 21 University City        | 10     | Matt Keller       | 5 Chinenye Okafor    | Rolla              | 15.2      |
| 24 Francis Howell Central | 9      | Linda Schad       | 6 Krystle Hatten     | Hazelwood East     | 15.5      |
| 24 Hazelwood West         | 9      | Clinton Tanner    | 7 Lynetta Ragsdale   | Normandy           | 15.8      |
| 26 Cape Girardeau Central | 7 1/2  | Lawrence Brookins | 8 Sarah Gretzmacher  | Seckman            | 15.8      |
| 27 Raytown                | 7      | Doug Catloth      |                      |                    |           |
| 28 Fox                    | 6      | Marilyn Jackson   | 1 Gateway            | 1:40.4             |           |
| 28 Jackson                | 6      | Bob Sink          | 2 Waynesville        | 1:42.6             |           |
| 28 Lindbergh              | 6      | Tom Gose          | 3 Normandy           | 1:42.6             |           |
| 28 Parkway South          | 6      | Paul McCaffrey    | 4 Pattonville        | 1:43.1             |           |
| 28 Raytown South          | 6      | Jesse Griffin     | 5 Oak Park           | 1:43.3             |           |
| 33 Kirkwood               | 5      | Roberta McWoods   | 6 Park Hill South    | 1:43.6             |           |
| 33 Riverview Gardens      | 5      | Sibyl Banks       | 7 Jefferson City     | 1:44.8             |           |
| 35 Fort Zumwalt West      | 4 1/2  | Jerry Kile        | 8 Parkview           | 1:45.4             |           |
| 35 William Chrisman       | 4 1/2  | Mike Spoehr       |                      |                    |           |
| 37 Liberty                | 4      | Pam Koch          | 1 Amarachi Ukabam    | Marquette          | 156-07    |
| 38 Blue Springs South     | 3      | Kyle Plummer      | 2 Becky Haug         | Lee's Summit North | 151-07    |
| 38 Fort Osage             | 3      | Evan Eslinger     | 3 Megan Bax          | Jefferson City     | 129-06    |
| 38 Hazelwood East         | 3      | Michelle Kemp     | 4 Krystyna Fitzwater | Raytown South      | 124-06    |
| 38 Kansas City Central    | 3      | Richard Samuels   | 5 Candace Johnson    | Hazelwood Central  | 124-02    |
| 38 Parkway North          | 3      | Paul Reinisch     | 6 Siao Muavae        | Fort Osage         | 123-08    |
| 38 Parkway West           | 3      | Nancy Sachtleben  | 7 Omega Key          | Poplar Bluff       | 119-07    |
| 44 McCluer                | 2      | Keith Suchman     | 8 Melonie Mitchell   | Seckman            | 117-08    |
| 44 Parkway Central        | 2      | David Harris      |                      |                    |           |
| 44 Wentzville Holt        | 2      | Todd Arnold       | 1 Eziamaka Okafor    | Rolla              | 39-05 3/4 |
| 47 Lafayette (Wildwood)   | 1      | Martin Margalski  | 2 Annette Wichman    | Lee's Summit North | 38-09 1/2 |
| 47 Raymore-Peculiar       | 1      | Kevin Gunnels     | 3 Andrea Coomes      | Oak Park           | 37-09     |
| 47 Springfield Central    | 1      | Karen Reed        | 4 Heather West       | Jackson            | 37-01 1/4 |
| 47 Webster Groves         | 1      | Ken Manwarring    | 5 Makeatha Cooper    | Grandview          | 36-09 1/2 |
| 51 Hillsboro              | 1/3    | Dina Whittedge    | 6 Sarah Gretzmacher  | Seckman            | 36-04 1/2 |
|                           |        |                   | 7 Ashley Harris      | Riverview Gardens  | 36-03 1/4 |
|                           |        |                   | 8 LaKrisha Brown     | Hazelwood West     | 36-02     |

**200 Meters**

|                      |                   |      |
|----------------------|-------------------|------|
| 1 Aisha Thomas       | Jefferson City    | 24.6 |
| 2 Kyra Sullivan      | Gateway           | 24.6 |
| 3 Nyisha Porter      | Normandy          | 24.8 |
| 4 Lauren Fisher      | Hazelwood Central | 25.0 |
| 5 Janiece Gatson     | Grandview         | 25.0 |
| 6 Dominique McDonald | KC Central        | 25.2 |
| 7 Dena Lewis         | Parkway Central   | 25.3 |
| 8 Aisha Mitchell     | Raytown South     | 25.3 |

**1600 Meters**

|                      |                        |         |
|----------------------|------------------------|---------|
| 1 Kasey Kimball      | Eureka                 | 5:02.11 |
| 2 Laura Piper        | Marquette              | 5:02.60 |
| 3 Nicole Graham      | Blue Springs           | 5:03.58 |
| 4 Erin Click         | West Plains            | 5:04.16 |
| 5 Jennifer Harper    | West Plains            | 5:04.59 |
| 6 Kelli Schulte      | Francis Howell Central | 5:05.09 |
| 7 Courtney Cockerell | Raytown                | 5:09.86 |
| 8 Lauren Hendrix     | Marquette              | 5:10.66 |

**300 Meter Low Hurdles**

|                     |               |      |
|---------------------|---------------|------|
| 1 Makeatha Cooper   | Grandview     | 42.8 |
| 2 Tracy Partain     | Parkview      | 43.3 |
| 3 Valerie Simmons   | Normandy      | 45.5 |
| 4 LaCharlia Fox     | Pattonville   | 45.6 |
| 5 Sarah Gretzmacher | Seckman       | 45.7 |
| 6 Chinenye Okafor   | Rolla         | 46.1 |
| 7 Amanda Black      | Carthage      | 46.5 |
| 8 Christina Bolin   | Parkway North | 46.9 |

**1600 Meter Relay**

|                     |        |
|---------------------|--------|
| 1 University City   | 3:55.7 |
| 2 Normandy          | 3:56.0 |
| 3 Gateway           | 3:58.0 |
| 4 Jefferson City    | 3:58.9 |
| 5 Hazelwood Central | 4:00.0 |
| 6 Parkview          | 4:03.1 |
| 7 Liberty           | 4:04.3 |
| 8 Lindbergh         | 4:05.3 |

**Shot Put**

|                       |                     |           |
|-----------------------|---------------------|-----------|
| 1 Amarachi Ukabam     | Marquette           | 42-08 1/2 |
| 2 Candace Johnson     | Hazelwood Central   | 42-01 3/4 |
| 3 Bridgette Carpenter | Jefferson City      | 40-04 3/4 |
| 4 Michelle Jackson    | Hazelwood Central   | 39-06 1/2 |
| 5 Becky Haug          | Lee's Summit North  | 39-00     |
| 6 Nicole Peeler       | Lee's Summit North  | 38-05 1/2 |
| 7 Tiffany Major       | Raytown             | 36-11 1/2 |
| 8 Maranda Lockett     | Springfield Central | 36-01 1/2 |

**High Jump**

|                     |                 |      |
|---------------------|-----------------|------|
| 1 Alicia Cannady    | McCluer North   | 5-06 |
| 2 LaKrisha Brown    | Hazelwood West  | 5-04 |
| 3 Sara Mueller      | Carthage        | 5-04 |
| 4 Sarah Gretzmacher | Seckman         | 5-04 |
| 5 Cori Anderson     | Carthage        | 5-02 |
| 5 Lanie Bohnsack    | Cape Central    | 5-02 |
| 7 Kelsey Dansdill   | Wentzville Holt | 5-02 |
| 8 Nicole Bonner     | Pattonville     | 5-02 |
| 8 Andrea Coomes     | Oak Park        | 5-02 |
| 8 Sarah Junghans    | Hillsboro       | 5-02 |

**400 Meters**

|                   |                   |      |
|-------------------|-------------------|------|
| 1 Kaela Rorvig    | Hickman           | 56.5 |
| 2 Juanita Coleman | Gateway           | 56.6 |
| 3 Becky Flippin   | Parkview          | 56.8 |
| 4 Jessica Levey   | Waynesville       | 57.1 |
| 5 Janiece Gatson  | Grandview         | 57.3 |
| 6 Ellen Garrison  | Riverview Gardens | 57.8 |
| 7 Lauren Fisher   | Hazelwood Central | 57.9 |
| 8 Brittney Herron | Pattonville       | 58.1 |

**3200 Meters**

|                      |                        |         |
|----------------------|------------------------|---------|
| 1 Jennifer Harper    | West Plains            | 11:02.7 |
| 2 Kasey Kimball      | Eureka                 | 11:06.5 |
| 3 Kelli Schulte      | Francis Howell Central | 11:07.0 |
| 4 Nicole Graham      | Blue Springs           | 11:12.4 |
| 5 Veronica Bible     | McCluer North          | 11:14.5 |
| 6 Courtney Cockerell | Raytown                | 11:16.0 |
| 7 Rachel Newland     | Liberty                | 11:18.2 |
| 8 Kaly Prather       | Ray-Pec                | 11:19.2 |

**400 Meter Relay**

|                   |      |
|-------------------|------|
| 1 Gateway         | 48.7 |
| 2 Waynesville     | 48.9 |
| 3 Park Hill South | 49.0 |
| 4 Oak Park        | 49.7 |
| 5 Kirkwood        | 49.7 |
| 6 Jefferson City  | 50.0 |
| 7 Normandy        | 50.1 |
| 8 Webster Groves  | 50.5 |

**3200 Meter Relay**

|                      |        |
|----------------------|--------|
| 1 Marquette          | 9:12.7 |
| 2 West Plains        | 9:16.5 |
| 3 Parkway South      | 9:32.3 |
| 4 Blue Springs       | 9:35.9 |
| 5 Cape Central       | 9:39.4 |
| 6 Lee's Summit North | 9:39.7 |
| 7 Eureka             | 9:42.6 |
| 8 Lafayette          | 9:44.1 |

**Long Jump**

|                   |                    |           |
|-------------------|--------------------|-----------|
| 1 Kate Alderson   | Park Hill South    | 18-02 1/2 |
| 2 Annette Wichman | Lee's Summit North | 18-01 3/4 |
| 3 Kathryn Coleman | Gateway            | 17-10 1/2 |
| 4 Andrea Coomes   | Oak Park           | 17-08 1/2 |
| 5 Eziamaka Okafor | Rolla              | 17-06 3/4 |
| 6 Kaela Rorvig    | Hickman            | 17-06 1/2 |
| 7 Alicia Cannady  | McCluer North      | 17-02 3/4 |
| 8 Heather West    | Jackson            | 17-02     |

**Pole Vault**

|                  |                   |       |
|------------------|-------------------|-------|
| 1 Susan Stroud   | Farmington        | 11-09 |
| 2 Latisha Brooks | Poplar Bluff      | 10-06 |
| 3 Dee Dee Bryant | Fox               | 10-06 |
| 4 Amy Heidbreder | Fort Zumwalt West | 10-00 |
| 4 Jillian Ohrman | William Chrisman  | 10-00 |
| 6 Nicole Korman  | Parkway West      | 10-00 |
| 7 Leah Drennan   | Jefferson City    | 10-00 |
| 8 Amanda Harris  | Hazelwood Central | 9-06  |



## 2003 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                            | Coach                | 100 Meters                                    |
|----------------------------------|----------------------|---|
| 1 Jefferson City                 | 63 Dennis Licklider  | 1 Kyra Sullivan Gateway 12.19                 |
| 2 Gateway                        | 52 Kurtis Downing    | 2 Dena Lewis Parkway Central 12.38            |
| 3 Eureka                         | 39 Jan Wintermeyer   | 3 Kailea Cook Park Hill South 12.41           |
| 3 Grandview                      | 39 Rudy Wichmann     | 4 Aisha Thomas Jefferson City 12.46           |
| 3 West Plains                    | 39 Scott Womack      | 5 Aisha Mitchell Raytown South 12.47          |
| 6 Park Hill South                | 34 Andy Keefer       | 6 Makeatha Cooper Grandview 12.62             |
| 7 Normandy                       | 27 Mona Allen        | 7 Mariele Hill McCluer North 12.66            |
| 8 Lee's Summit                   | 25 1/2 Mike Spiegel  | 8 Janiece Gatson Grandview 12.83              |
| 9 Columbia Hickman               | 24 Steve Luetjen     |   |
| 10 Oak Park                      | 23 1/2 Todd Warner   | <b>800 Meters</b>                             |
| 11 Raytown South                 | 23 Jesse Griffin     | 1 Shannon Leinert Eureka 2:09.88              |
| 12 Fort Zumwalt West             | 22 Jerry Kile        | 2 Juanita Coleman Gateway 2:14.04             |
| 12 Parkway Central               | 22 Ryan Banta        | 3 Kasey Kimball Eureka 2:14.30                |
| 14 Marquette                     | 21 Jim Cary          | 4 Laura Piper Marquette 2:16.59               |
| 14 Seckman                       | 21 Gerry Dockery     | 5 Brittney McCormack West Plains 2:17.54      |
| 16 Cape Girardeau Central        | 17 Lawrence Brookins | 6 Emily Baker Lafayette 2:17.85               |
| 16 Lafayette (Wildwood)          | 17 Martin Margalski  | 7 Krysta Fennewald Blue Springs 2:18.14       |
| 16 Oakville                      | 17 John Dennett      | 8 Katie Crank Kirkwood 2:18.42                |
| 19 Parkway West                  | 16 Nancy Sachtleben  | <b>100 Meter High Hurdles</b>                 |
| 20 Liberty                       | 11 Pam Koch          | 1 Makeatha Cooper Grandview 14.38             |
| 21 Poplar Bluff                  | 10 Tucker Pierce     | 2 Cherelle Gray Oak Park 14.86                |
| 22 Springfield Parkview          | 9 Don Keeton         | 3 Krystle Hatten Hazelwood East 15.30         |
| 23 Blue Springs                  | 8 Brad Parson        | 4 Lynetta Ragsdale Normandy 15.46             |
| 23 Jackson                       | 8 Bob Sink           | 5 Sarah Gretzmacher Seckman 15.72             |
| 23 Lee's Summit North            | 8 Bill Warner        | 6 Asaki Carr Parkway West 15.83               |
| 23 Rolla                         | 8 Don Knapp          | 7 Melanie Wilson Rosati-Kain 15.90            |
| 27 Rosati-Kain                   | 7 Bill May           | 8 Amy Fleddermann Oakville 16.12              |
| 28 Camdenton                     | 6 John McNabb        | <b>800 Meter Relay</b>                        |
| 28 Fort Osage                    | 6 Evan Eslinger      | 1 Gateway 1:39.71                             |
| 28 Hazelwood East                | 6 Michelle Kemp      | 2 Parkway Central 1:42.04                     |
| 28 McCluer North                 | 6 Sheldon Webster    | 3 Normandy 1:42.64                            |
| 28 University City               | 6 Eric Bell          | 4 Oak Park 1:43.46                            |
| 28 Waynesville                   | 6 Gary Schultz       | 5 McCluer North 1:44.03                       |
| 34 Northwest (House Springs)     | 5 1/2 Dave Pearce    | 6 Waynesville 1:46.17                         |
| 35 Belton                        | 5 Rex Groom          |   |
| 35 Fort Zumwalt South            | 5 Brett Falkner      | <b>Discus</b>                                 |
| 35 Hazelwood Central             | 5 Jon Fix            | 1 Omega Key Poplar Bluff 128-01               |
| 35 McCluer                       | 5 Keith Suchman      | 2 Leah Lord Raytown South 120-05              |
| 35 North Kansas City             | 5 Christy Black      | 3 Siao Muavae Fort Osage 119-04               |
| 40 Lindbergh                     | 3 1/2 Tom Gose       | 4 Bridgette Carpenter Jefferson City 119-04   |
| 40 Pacific                       | 3 1/2 Dave Haug      | 5 Jennifer Reinhardt Fort Zumwalt West 118-05 |
| 42 Raytown                       | 3 Doug Catloth       | 6 Jena Cooper Troy 117-05                     |
| 42 Troy Buchanan                 | 3 Rene Rogliardi     | 7 Whitney Pollard Glendale 117-00             |
| 44 Pattonville                   | 2 Scott Hauser       | 8 Doschae Jones Cape Central 115-04           |
| 44 Springfield Glendale          | 2 Jeff Berryessa     |   |
| 46 Independence William Chrisman | 1 1/2 Dixie Westcott | <b>Triple Jump</b>                            |
| 47 Francis Howell                | 1 Steven Miller      | 1 Leandra McGruder Jefferson City 38-02 1/4   |
| 47 Kirkwood                      | 1 Roberta McWoods    | 2 Heather West Jackson 38-02 1/4              |
|                                  |                      | 3 Kathryn Coleman Gateway 37-07 3/4           |
|                                  |                      | 4 Melanie Wilson Rosati-Kain 37-00            |
|                                  |                      | 5 Amy Fleddermann Oakville 36-08              |
|                                  |                      | 6 Kaela Rorvig Hickman 36-04 1/4              |
|                                  |                      | 7 Kristin Wiethop Camdenton 35-11 1/2         |
|                                  |                      | 8 Emily Churchman Park Hill South 35-01 3/4   |

**200 Meters**

|                   |                 |       |
|-------------------|-----------------|-------|
| 1 Aisha Thomas    | Jefferson City  | 24.79 |
| 2 Kyra Sullivan   | Gateway         | 24.92 |
| 3 Aisha Mitchell  | Raytown South   | 25.43 |
| 4 Kailea Cook     | Park Hill South | 25.45 |
| 5 Janiece Gatson  | Grandview       | 25.78 |
| 6 Mary Hodges     | Marquette       | 25.82 |
| 7 Charminique Ray | Waynesville     | 26.25 |
| 8 Lakeeta Pool    | McCluer         | 26.50 |

**1600 Meters**

|                      |              |         |
|----------------------|--------------|---------|
| 1 Kasey Kimball      | Eureka       | 4:59.26 |
| 2 Jen Pancoast       | Cape Central | 5:02.38 |
| 3 Jennifer Harper    | West Plains  | 5:04.56 |
| 4 Rachel Newland     | Liberty      | 5:05.49 |
| 5 Laura Piper        | Marquette    | 5:06.24 |
| 6 Courtney Cockerell | Raytown      | 5:06.26 |
| 7 Emily Baker        | Lafayette    | 5:09.14 |
| 8 Jessie Violand     | Lafayette    | 5:09.60 |

**300 Meter Low Hurdles**

|                     |                 |       |
|---------------------|-----------------|-------|
| 1 Makeatha Cooper   | Grandview       | 42.83 |
| 2 Jamie Mathewson   | Park Hill South | 44.05 |
| 3 Valerie Simmons   | Normandy        | 44.22 |
| 4 Jayne Kristmann   | Parkway West    | 45.96 |
| 5 Cherelle Gray     | Oak Park        | 46.10 |
| 6 Sarah Gretzmacher | Seckman         | 47.47 |
| 7 Nicole Williams   | Lee's Summit    | 51.04 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Normandy          | 3:54.68 |
| 2 Parkway West      | 3:57.73 |
| 3 Jefferson City    | 3:59.42 |
| 4 Park Hill South   | 3:59.67 |
| 5 Hazelwood Central | 4:00.26 |
| 6 Blue Springs      | 4:00.77 |
| 7 Eureka            | 4:03.13 |
| 8 West Plains       | 4:03.52 |

**Shot Put**

|                       |                    |           |
|-----------------------|--------------------|-----------|
| 1 Laura Ortinou       | Oakville           | 41-08 1/4 |
| 2 Bridgette Carpenter | Jefferson City     | 40-07 1/2 |
| 3 Ashley Colon        | Cape Central       | 38-08 1/4 |
| 4 Jessie Pfautz       | North Kansas City  | 38-03 1/4 |
| 5 CJ Chamberlin       | Lee's Summit North | 36-09 3/4 |
| 6 Sara Bill           | Eureka             | 36-09     |
| 7 Callie Clayton      | Jefferson City     | 36-06     |
| 8 Michelle Jackson    | Hazelwood Central  | 36-03     |

**High Jump**

|                      |                   |      |
|----------------------|-------------------|------|
| 1 Courtney Huber     | Fort Zumwalt West | 5-04 |
| 2 Sarah Gretzmacher  | Seckman           | 5-04 |
| 3 Jamie Adams        | Liberty           | 5-02 |
| 4 Jessica Hulbert    | Belton            | 5-02 |
| 5 Monica Covert      | Pacific           | 5-02 |
| 5 Kate Sanders       | Lindbergh         | 5-02 |
| 7 Jackie Fleddermann | Oakville          | 5-00 |
| 8 Theresa Otto       | Camdenton         | 5-00 |

**400 Meters**

|                   |                 |       |
|-------------------|-----------------|-------|
| 1 Kaela Rorvig    | Hickman         | 56.28 |
| 2 Becky Flippin   | Parkview        | 56.86 |
| 3 Lashayla Bell   | University City | 57.25 |
| 4 Aisha Mitchell  | Raytown South   | 57.64 |
| 5 Alison Walker   | West Plains     | 57.67 |
| 6 Janiece Gatson  | Grandview       | 58.19 |
| 7 Brittney Herron | Pattonville     | 58.23 |
| 8 Brittany Grant  | Francis Howell  | 58.48 |

**3200 Meters**

|                    |                    |          |
|--------------------|--------------------|----------|
| 1 Jessie Violand   | Lafayette          | 11:21.16 |
| 2 Jennifer Harper  | West Plains        | 11:21.40 |
| 3 Erica Young      | West Plains        | 11:22.34 |
| 4 Jennifer Reekie  | Fort Zumwalt South | 11:23.98 |
| 5 Kelli Denny      | Lee's Summit       | 11:28.55 |
| 6 Nichole McKinney | Marquette          | 11:29.41 |
| 7 Meagan Robertson | Northwest (HS)     | 11:32.27 |
| 8 Carrie Vestal    | Parkview           | 11:36.55 |

**400 Meter Relay**

|                   |       |
|-------------------|-------|
| 1 Gateway         | 48.55 |
| 2 Grandview       | 49.08 |
| 3 Parkway Central | 49.33 |
| 4 Oak Park        | 49.42 |
| 5 McCluer         | 49.46 |
| 6 Park Hill South | 49.62 |
| 7 Jefferson City  | 49.80 |
| 8 Waynesville     | 50.24 |

**3200 Meter Relay**

|                   |         |
|-------------------|---------|
| 1 West Plains     | 9:20.67 |
| 2 Eureka          | 9:25.26 |
| 3 Marquette       | 9:25.92 |
| 4 Lee's Summit    | 9:29.49 |
| 5 Park Hill South | 9:31.00 |
| 6 Blue Springs    | 9:32.28 |
| 7 Cape Central    | 9:34.07 |
| 8 Lafayette       | 9:34.86 |

**Long Jump**

|                     |                    |           |
|---------------------|--------------------|-----------|
| 1 Kaela Rorvig      | Hickman            | 18-08     |
| 2 Chantae McMillan  | Rolla              | 18-02 1/2 |
| 3 Sarah Gretzmacher | Seckman            | 17-10     |
| 4 Katie Goppert     | Lee's Summit       | 17-09 3/4 |
| 5 Lynn Dettenwanger | Lee's Summit North | 17-08     |
| 6 Kristin Wiethop   | Camdenton          | 17-07 3/4 |
| 7 Brandi Honeywell  | Park Hill South    | 17-07     |
| 8 Shannon Butler    | Hickman            | 17-03     |

**Pole Vault**

|                     |                   |       |
|---------------------|-------------------|-------|
| 1 Vera Neuenswander | Jefferson City    | 11-00 |
| 2 Amy Heidbreder    | Fort Zumwalt West | 10-09 |
| 3 Heather Wohlleber | Lee's Summit      | 10-06 |
| 4 Leah Drennan      | Jefferson City    | 10-06 |
| 5 Jennifer Simonin  | Lee's Summit      | 10-00 |
| 5 Joanna Sparks     | Northwest (HS)    | 10-00 |
| 7 Meagan O'Donnell  | Oak Park          | 10-00 |
| 7 Jillian Ohrman    | William Chrisman  | 10-00 |

## 2004 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                        | Coach               | 100 Meters                                  |
|------------------------------|---------------------|---|
| 1 Gateway                    | 78 Kurtis Downing   | 1 Kyra Sullivan Gateway 11.89               |
| 2 Eureka                     | 75 Jan Wintermeyer  | 2 Aisha Thomas Jefferson City 11.93         |
| 2 Jefferson City             | 75 Dennis Licklider | 3 Kathryn Coleman Gateway 12.31             |
| 4 Hazelwood Central          | 68 Todd Ankenbrand  | 4 Shannon Butler Hickman 12.32              |
| 5 Columbia Hickman           | 43 Steve Luetjen    | 5 Lynita Bridges Hickman Mills 12.32        |
| 6 West Plains                | 32 1/2 Scott Womack | 6 Becky Flippin Parkview 12.40              |
| 7 Lee's Summit               | 25 Mike Spiegel     | 7 Danielle Parrish Hazelwood Central 12.47  |
| 8 Riverview Gardens          | 22 Sibyl Banks      | 8 Elise Johnson Jefferson City 12.48        |
| 9 Hickman Mills              | 17 Heather Woodson  |   |
| 10 Kirkwood                  | 15 Roberta McWoods  | <b>800 Meters</b>                           |
| 11 Oakville                  | 14 John Dennett     | 1 Shannon Leinert Eureka 2:10.26            |
| 11 St. Joseph Central        | 14 Charles Taylor   | 2 Krysta Fennewald Blue Springs 2:12.24     |
| 13 Marquette                 | 13 Jim Cary         | 3 Kasey Kimball Eureka 2:14.77              |
| 13 Parkway West              | 13 Nancy Sachtleben | 4 Emily Baker Lafayette 2:16.26             |
| 15 Blue Springs              | 12 Brad Parson      | 5 Amy Hall West Plains 2:16.59              |
| 15 Lafayette (Wildwood)      | 12 Martin Margalski | 6 Katie McInvale Hickman 2:16.69            |
| 15 Lindbergh                 | 12 Tom Gose         | 7 Ashley Guy Rock Bridge 2:16.80            |
| 18 Grandview                 | 11 Charles Gilkison | 8 Lindsey Billington Truman 2:17.82         |
| 19 Liberty                   | 10 1/2 Pam Koch     | <b>100 Meter High Hurdles</b>               |
| 20 Lee's Summit North        | 10 Bill Warner      | 1 Whitney Thomas Hazelwood Central 14.52    |
| 20 Park Hill South           | 10 Andy Keefer      | 2 Kathryn Coleman Gateway 14.56             |
| 20 Raytown South             | 10 Jesse Griffin    | 3 Asaki Carr Parkway West 14.92             |
| 20 Rolla                     | 10 Don Knapp        | 4 Amy Fleddermann Oakville 14.98            |
| 24 Springfield Parkview      | 9 Don Keeton        | 5 Terri Counts Hickman Mills 15.19          |
| 25 Farmington                | 8 Willis Gunder     | 6 Tiffany Jackson Gateway 15.27             |
| 25 Fort Osage                | 8 Evan Eslinger     | 7 Katie Wenger St. Joe Central 15.59        |
| 25 Fort Zumwalt South        | 8 Brett Falkner     | 8 Mallori Barnes Francis Howell 16.44       |
| 25 Washington                | 8 Misty Thomas      | <b>800 Meter Relay</b>                      |
| 29 Blue Springs South        | 6 Kyle Plummer      | 1 Hazelwood Central 1:40.87                 |
| 29 Fort Zumwalt West         | 6 Jerry Kile        | 2 Lindbergh 1:42.69                         |
| 29 Jackson                   | 6 Bob Sink          | 3 Gateway 1:43.19                           |
| 32 Francis Howell            | 5 Steven Miller     | 4 Grandview 1:44.07                         |
| 33 Northwest (House Springs) | 4 1/2 Dave Pearce   | 5 North Kansas City 1:44.32                 |
| 34 Belton                    | 4 Rex Groom         | 6 Jefferson City 1:44.85                    |
| 34 William Chrisman          | 4 Dixie Westcott    | 7 Hickman Mills 1:45.45                     |
| 34 North Kansas City         | 4 Christy Black     | 8 Riverview Gardens 1:46.43                 |
| 37 Cape Girardeau Central    | 3 Lawrence Brookins | <b>Discus</b>                               |
| 37 Neosho                    | 3 Beth Alms         | 1 Leah Lord Raytown South 127-02            |
| 39 Columbia Rock Bridge      | 2 Neal Blackburn    | 2 Saa Muavae Fort Osage 126-07              |
| 39 Joplin                    | 2 Paul Chambers     | 3 Jennifer Gabrian Fort Zumwalt West 119-10 |
| 39 Parkway South             | 2 Paul McCaffrey    | 4 Kendra Williams Kirkwood 119-10           |
| 39 University City           | 2 Matt Keller       | 5 Kourtney Holeman William Chrisman 118-05  |
| 43 Oak Park                  | 1 1/2 Mark Maus     | 6 Sara Burbee Jefferson City 118-00         |
| 44 Camdenton                 | 1 John McNabb       | 7 Jessica Self Neosho 117-04                |
| 44 Independence Truman       | 1 Ron Keller        | 8 Bonnie O'Neal Hillcrest 117-00            |
| 44 Springfield Hillcrest     | 1 Karen Fielding    | <b>Triple Jump</b>                          |
| 44 Waynesville               | 1 Gary Schultz      | 1 Kathryn Coleman Gateway 40-03 1/4         |
|                              |                     | 2 Leandra McGruder Jefferson City 39-06     |
|                              |                     | 3 Ashley Harris Riverview Gardens 37-11 1/4 |
|                              |                     | 4 Jabarbara Jennings Hickman 37-02 3/4      |
|                              |                     | 5 Amy Fleddermann Oakville 37-02 1/4        |
|                              |                     | 6 Jamie Siperly West Plains 37-01 3/4       |
|                              |                     | 7 Deera Williams University City 36-09      |
|                              |                     | 8 Katie Wenger St. Joe Central 36-05 1/2    |

**200 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Aisha Thomas     | Jefferson City    | 24.27 |
| 2 Donniece Parrish | Hazelwood Central | 24.94 |
| 3 Lauren Fisher    | Hazelwood Central | 24.95 |
| 4 Kyra Sullivan    | Gateway           | 25.05 |
| 5 Becky Flippin    | Parkview          | 25.16 |
| 6 Nicole Jackson   | Cape Central      | 25.73 |
| 7 Lynita Bridges   | Hickman Mills     | 25.75 |
| 8 Miko Graham      | Lindbergh         | 25.86 |

**1600 Meters**

|                    |             |         |
|--------------------|-------------|---------|
| 1 Merideth Snow    | Eureka      | 4:58.19 |
| 2 Kasey Kimball    | Eureka      | 4:59.65 |
| 3 Rachel Newland   | Liberty     | 5:01.56 |
| 4 Jennifer Harper  | West Plains | 5:01.92 |
| 5 Aileen Gallagher | Hickman     | 5:02.20 |
| 6 Laura Piper      | Marquette   | 5:02.64 |
| 7 Amy Hall         | West Plains | 5:03.43 |
| 8 Emily Baker      | Lafayette   | 5:05.23 |

**300 Meter Low Hurdles**

|                   |                   |       |
|-------------------|-------------------|-------|
| 1 Tiffany Jackson | Gateway           | 44.64 |
| 2 Nicole Williams | Lee's Summit      | 44.92 |
| 3 Katie Wenger    | St. Joe Central   | 44.95 |
| 4 Amy Fleddermann | Oakville          | 45.79 |
| 5 Alona Bryant    | Riverview Gardens | 45.87 |
| 6 Asaki Carr      | Parkway West      | 46.46 |
| 7 Whitney Thomas  | Hazelwood Central | 46.55 |
| 8 Mallori Barnes  | Francis Howell    | 47.63 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Jefferson City    | 3:55.42 |
| 2 Eureka            | 3:58.31 |
| 3 Riverview Gardens | 3:58.83 |
| 4 Hickman           | 4:01.80 |
| 5 Parkway West      | 4:02.03 |
| 6 St. Joe Central   | 4:02.89 |
| 7 Hazelwood Central | 4:03.77 |
| 8 Hickman Mills     | 4:20.78 |

**Shot Put**

|                    |                    |           |
|--------------------|--------------------|-----------|
| 1 Kendra Williams  | Kirkwood           | 41-05 3/4 |
| 2 Chelsi Rohr      | Lee's Summit North | 39-11 1/4 |
| 3 Megan Simpson    | Blue Springs South | 38-10 1/2 |
| 4 Michelle Jackson | Hazelwood Central  | 38-04 1/4 |
| 5 Kendra Ferrell   | Marquette          | 38-03 1/2 |
| 6 Rebecca Martin   | Jackson            | 37-05 3/4 |
| 7 Clara Simmons    | St. Joe Central    | 37-01     |
| 8 Jessica Self     | Neosho             | 36-09 1/2 |

**High Jump**

|                   |                 |      |
|-------------------|-----------------|------|
| 1 Funtasia Clark  | Jefferson City  | 5-06 |
| 2 Jessie Wood     | Washington      | 5-04 |
| 3 Erin Birmingham | Park Hill South | 5-03 |
| 4 Larren Williams | Lee's Summit    | 5-02 |
| 4 Jamie Adams     | Liberty         | 5-02 |
| 6 Jessica Hulbert | Belton          | 5-02 |
| 7 Mallory Thomson | Parkview        | 5-02 |
| 8 Jill Wallace    | Camdenton       | 5-02 |

**400 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Lauren Fisher    | Hazelwood Central | 55.42 |
| 2 Donniece Parrish | Hazelwood Central | 56.71 |
| 3 Kaela Rorvig     | Hickman           | 56.72 |
| 4 Shannon Leinert  | Eureka            | 56.93 |
| 5 Kyra Sullivan    | Gateway           | 57.56 |
| 6 Brittany Grant   | Francis Howell    | 58.48 |
| 7 Megan Moore      | Joplin            | 59.15 |
| 8 Krysta Fennewald | Blue Springs      | 59.31 |

**3200 Meters**

|                     |                    |          |
|---------------------|--------------------|----------|
| 1 Merideth Snow     | Eureka             | 10:54.68 |
| 2 Kasey Kimball     | Eureka             | 11:01.92 |
| 3 Jennifer Harper   | West Plains        | 11:07.82 |
| 4 Jennifer Reekie   | Fort Zumwalt South | 11:16.56 |
| 5 Brianne Gallagher | Hickman            | 11:16.64 |
| 6 Jenn Wilkinson    | Fort Zumwalt South | 11:20.50 |
| 7 Lauren Shores     | Parkway South      | 11:20.75 |
| 8 Laura Gosen       | Marquette          | 11:24.90 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Gateway           | 47.74 |
| 2 Jefferson City    | 47.95 |
| 3 Grandview         | 48.78 |
| 4 Hazelwood Central | 48.96 |
| 5 Hickman Mills     | 49.03 |
| 6 Lindbergh         | 49.57 |
| 7 Riverview Gardens | 49.57 |
| 8 Waynesville       | 49.70 |

**3200 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Eureka             | 9:09.09 |
| 2 West Plains        | 9:19.31 |
| 3 Hickman            | 9:24.11 |
| 4 Marquette          | 9:25.11 |
| 5 Lafayette          | 9:35.51 |
| 6 Blue Springs       | 9:37.25 |
| 7 Lee's Summit North | 9:37.67 |
| 8 Lee's Summit       | 9:39.11 |

**Long Jump**

|                    |                   |           |
|--------------------|-------------------|-----------|
| 1 Chantae McMillan | Rolla             | 18-11     |
| 2 Leandra McGruder | Jefferson City    | 18-05 3/4 |
| 3 Kathryn Coleman  | Gateway           | 18-00     |
| 4 Kaela Rorvig     | Hickman           | 17-03 1/4 |
| 5 Emily Churchman  | Park Hill South   | 17-03     |
| 6 Ashley Harris    | Riverview Gardens | 17-02 1/4 |
| 7 Kaitlin Moore    | Lafayette         | 16-11 1/2 |
| 8 Abrah Powers     | Belton            | 16-10     |

**Pole Vault**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Heather Wohlleber  | Lee's Summit   | 10-09 |
| 2 Nicole Kofron      | Farmington     | 10-06 |
| 3 Breanna Bussel     | Jefferson City | 10-06 |
| 4 Joanna Sparks      | Northwest (HS) | 10-00 |
| 4 Shauna Eldringhoff | West Plains    | 10-00 |
| 6 Amy West           | Jackson        | 10-00 |
| 7 Meagan O'Donnell   | Oak Park       | 10-00 |
| 7 Jennifer Simonin   | Lee's Summit   | 10-00 |

## 2005 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                        | Coach                   | 100 Meters                                    |
|------------------------------|-------------------------|---|
| 1 Jefferson City             | 76 1/2 Dennis Licklider | 1 Shelinda Brackett Riverview Gardens 11.95   |
| 2 Hazelwood Central          | 50 Todd Ankenbrand      | 2 Danielle Parrish Hazelwood Central 12.07    |
| 3 West Plains                | 38 1/2 Scott Womack     | 3 Shanita Bledsoe Wentzville Holt 12.23       |
| 4 Hazelwood East             | 38 Kanzi Tyehimba       | 4 Lauren Fisher Hazelwood Central 12.24       |
| 5 Eureka                     | 35 Jan Wintermeyer      | 5 Shana White Hickman 12.30                   |
| 6 Hickman Mills              | 31 Kevin Page           | 6 Laneisha Douglas Grandview 12.37            |
| 7 Riverview Gardens          | 28 Sibyl Banks          | 7 Gabrielle Gibson Hickman Mills 12.44        |
| 8 Normandy                   | 26 Mona Onyemelukwe     | 8 Rachel Kahle Jackson 12.45                  |
| 9 Lafayette (Wildwood)       | 25 Martin Margalski     |   |
| 9 McCluer                    | 25 Phillip Wolbrinck    | <b>800 Meters</b>                             |
| 11 Gateway                   | 24 Kurtis Downing       | 1 Merideth Snow Eureka 2:15.5                 |
| 11 Lindbergh                 | 24 Tom Gose             | 2 Lauren Borduin Rock Bridge 2:16.0           |
| 13 Rolla                     | 20 1/2 Don Knapp        | 3 Paris Daniels Normandy 2:17.0               |
| 14 Columbia Hickman          | 19 Steve Luetjen        | 4 Emily Baker Lafayette 2:17.1                |
| 14 St. Joseph Central        | 19 Charles Taylor       | 5 Anna Florzak Notre Dame de Sion 2:17.6      |
| 16 Marquette                 | 16 1/2 Mike Ebert       | 6 Kelli Oettle Lindbergh 2:17.9               |
| 17 Columbia Rock Bridge      | 16 Neal Blackburn       | 7 Jennifer Harper West Plains 2:19.5          |
| 18 Fort Osage                | 13 JD Snead             | 8 Atlivia Spencer Jefferson City 2:19.8       |
| 19 William Chrisman          | 12 Taisha Newcomer      | <b>100 Meter High Hurdles</b>                 |
| 19 Washington                | 12 Misty Thomas         | 1 Terri Counts Hickman Mills 14.40w           |
| 21 Fort Zumwalt West         | 11 Barb Delgado         | 2 Tiffany Jackson Gateway 14.44w              |
| 22 Blue Springs South        | 10 Kyle Plummer         | 3 Katie Wenger St. Joe Central 14.60w         |
| 22 Liberty                   | 10 Pam Koch             | 4 Lynetta Ragsdale Normandy 14.72w            |
| 22 Notre Dame de Sion        | 10 Reynold Middleton    | 5 Whitney Thomas Hazelwood Central 14.80w     |
| 22 Park Hill South           | 10 Andy Keefer          | 6 Megan Marlborough Lee's Summit North 14.98w |
| 26 Jackson                   | 9 Bob Sink              | 7 Lauren Begany Lindbergh 15.11w              |
| 26 Wentzville Holt           | 9 Todd Arnold           | 8 Chelsea Luck Jefferson City 15.27w          |
| 28 Cape Girardeau Central    | 8 Lawrence Brookins     | <b>800 Meter Relay</b>                        |
| 28 Kirkwood                  | 8 Roberta McWoods       | 1 Riverview Gardens 1:40.35                   |
| 30 Blue Springs              | 7 Brad Parson           | 2 McCluer 1:42.55                             |
| 30 Lee's Summit North        | 7 Bill Warner           | 3 Normandy 1:43.01                            |
| 30 Webster Groves            | 7 Ken Manwarring        | 4 Raytown South 1:43.14                       |
| 33 Francis Howell            | 5 Steven Miller         | 5 Kirkwood 1:43.21                            |
| 33 Raytown South             | 5 Terry Scott           | 6 Jefferson City 1:45.28                      |
| 35 Fort Zumwalt North        | 4 Brett Falkner         | 7 Wentzville Holt 1:46.43                     |
| 35 Joplin                    | 4 Paul Chambers         | 8 Hickman Mills 1:46.44                       |
| 35 Parkway West              | 4 Nancy Sachtleben      | <b>Discus</b>                                 |
| 38 Belton                    | 3 Rex Groom             | 1 Efia Walls Hazelwood East 140-10            |
| 38 Grandview                 | 3 Charles Gilkison      | 2 Katie Vanarsdall Fort Osage 134-03          |
| 38 Northwest (House Springs) | 3 Dave Pearce           | 3 Ashley Bernard Fort Zumwalt West 126-04     |
| 38 Pattonville               | 3 John Kern             | 4 Jennifer Gabrian Fort Zumwalt West 124-10   |
| 42 Lee's Summit              | 2 Mike Spiegel          | 5 Kourtney Holeman William Chrisman 117-11    |
| 42 McCluer North             | 2 Tom Dowling           | 6 Samantha Espiricueta Belton 116-07          |
| 42 North Kansas City         | 2 Christy Black         | 7 Megan Ehlerger Lee's Summit 115-07          |
| 42 Park Hill                 | 2 Tari Garner           | 8 Ashley Smith Webster Groves 115-03          |
| 42 Winnetonka                | 2 Ken Peek              | <b>Triple Jump</b>                            |
| 47 Cor Jesu                  | 1 1/2 AJ Waide          | 1 Leandra McGruder Jefferson City 39-07       |
| 48 Oakville                  | 1 John Dennett          | 2 Chantae McMillan Rolla 38-07                |
| 49 Oak Park                  | 1/2 Mark Maus           | 3 Atlivia Spencer Jefferson City 38-06 1/2    |
|                              |                         | 4 Katie Wenger St. Joe Central 38-03 1/2      |
|                              |                         | 5 Cynise Hylton Hickman Mills 37-09           |
|                              |                         | 6 Funtasia Clark Jefferson City 37-04         |
|                              |                         | 7 Tiana Davis Park Hill 36-05 1/2             |
|                              |                         | 8 Katrina Biermann Liberty 36-00              |

**200 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Lauren Fisher    | Hazelwood Central | 24.71 |
| 2 Nicole Jackson   | Cape Central      | 24.93 |
| 3 Shana White      | Hickman           | 25.06 |
| 4 Gabrielle Gibson | Hickman Mills     | 25.11 |
| 5 Channon Haywood  | Hazelwood East    | 25.19 |
| 6 Lauren Begany    | Lindbergh         | 25.74 |
| 7 Alana Webster    | Blue Springs      | 25.86 |
| 8 Jerica Hamm      | McCluer           | 26.00 |

**1600 Meters**

|                    |                    |         |
|--------------------|--------------------|---------|
| 1 Merideth Snow    | Eureka             | 4:57.99 |
| 2 Rachel Newland   | Liberty            | 4:59.13 |
| 3 Jennifer Harper  | West Plains        | 4:59.38 |
| 4 Aileen Gallagher | Hickman            | 4:59.71 |
| 5 Amy Hall         | West Plains        | 5:05.58 |
| 6 Anna Florzak     | Notre Dame de Sion | 5:07.14 |
| 7 Megan James      | North Kansas City  | 5:08.45 |
| 8 Emily Baker      | Lafayette          | 5:09.18 |

**300 Meter Low Hurdles**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Tiffany Jackson  | Gateway            | 43.05 |
| 2 Katie Wenger     | St. Joe Central    | 44.04 |
| 3 NaTasha Blair    | McCluer            | 44.81 |
| 4 Lynetta Ragsdale | Normandy           | 45.58 |
| 5 Channell Lloyd   | Fort Zumwalt North | 45.91 |
| 6 Leslie Farmer    | Jefferson City     | 46.00 |
| 7 Sarah Bell       | Washington         | 46.76 |
| 8 Terri Counts     | Hickman Mills      | 49.72 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 McCluer           | 3:53.81 |
| 2 Jefferson City    | 3:54.44 |
| 3 Hazelwood East    | 3:55.03 |
| 4 Lindbergh         | 3:57.13 |
| 5 Normandy          | 3:59.85 |
| 6 Hazelwood Central | 4:00.69 |
| 7 Hickman Mills     | 4:07.39 |
| 8 Park Hill South   | 4:07.81 |

**Shot Put**

|                    |                    |           |
|--------------------|--------------------|-----------|
| 1 Megan Simpson    | Blue Springs South | 39-03 1/2 |
| 2 Tessa Letuli     | William Chrisman   | 39-01 3/4 |
| 3 Ashley Holmes    | Hazelwood East     | 39-00 1/2 |
| 4 Hannah Terwelp   | Rock Bridge        | 38-03 1/2 |
| 5 Katie Vanarsdall | Fort Osage         | 38-02 1/4 |
| 6 Angela Krausz    | Northwest (HS)     | 37-08 3/4 |
| 7 Karmyn Clark     | McCluer North      | 37-07 1/4 |
| 8 Rebecca Martin   | Jackson            | 37-06 1/4 |

**High Jump**

|                    |                 |          |
|--------------------|-----------------|----------|
| 1 Funtasia Clark   | Jefferson City  | 5-07 1/4 |
| 2 Jessie Wood      | Washington      | 5-05     |
| 3 Katy Thomas      | Park Hill South | 5-05     |
| 4 Lauren Begany    | Lindbergh       | 5-04     |
| 5 Ashley Carter    | Parkway West    | 5-04     |
| 6 Erin Birmingham  | Park Hill South | 5-02     |
| 7 Jenny Shoemake   | Cor Jesu        | 5-02     |
| 7 Brianne Holtkamp | Jefferson City  | 5-02     |

**400 Meters**

|                  |                   |       |
|------------------|-------------------|-------|
| 1 Lauren Fisher  | Hazelwood Central | 56.20 |
| 2 Angel Royston  | Hazelwood East    | 57.90 |
| 3 Roro Freeman   | Lindbergh         | 58.69 |
| 4 Brittany Grant | Francis Howell    | 59.08 |
| 5 Megan Moore    | Joplin            | 59.26 |
| 6 Kierra Handley | Pattonville       | 60.19 |
| 7 Amber Clayton  | Washington        | 60.31 |
| 8 Trisha Jenkins | Fort Osage        | 60.67 |

**3200 Meters**

|                    |                |          |
|--------------------|----------------|----------|
| 1 Merideth Snow    | Eureka         | 10:40.48 |
| 2 Jennifer Harper  | West Plains    | 10:59.57 |
| 3 Lea Garcia       | Webster Groves | 11:12.02 |
| 4 Ashley Sommer    | Lafayette      | 11:12.57 |
| 5 Aileen Gallagher | Hickman        | 11:12.92 |
| 6 Tara Collins     | West Plains    | 11:14.11 |
| 7 Kimi Shank       | Rolla          | 11:14.75 |
| 8 Laura Gosen      | Marquette      | 11:15.18 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Hazelwood Central | 47.82 |
| 2 Riverview Gardens | 47.93 |
| 3 Gateway           | 48.21 |
| 4 Blue Springs      | 48.24 |
| 5 Kirkwood          | 48.85 |
| 6 Jackson           | 49.52 |
| 7 Jefferson City    | 49.54 |
| 8 Wentzville Holt   | 50.18 |

**3200 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 West Plains        | 9:20.42 |
| 2 Marquette          | 9:22.99 |
| 3 Lafayette          | 9:23.03 |
| 4 Eureka             | 9:30.31 |
| 5 Lee's Summit North | 9:32.05 |
| 6 Rock Bridge        | 9:34.81 |
| 7 Jefferson City     | 9:36.20 |
| 8 Liberty            | 9:38.04 |

**Long Jump**

|                    |                    |           |
|--------------------|--------------------|-----------|
| 1 Chantae McMillan | Rolla              | 19-05 1/2 |
| 2 Leandra McGruder | Jefferson City     | 18-07 1/2 |
| 3 Cynise Hylton    | Hickman Mills      | 18-04 1/2 |
| 4 Kaitlin Moore    | Lafayette          | 18-00 1/2 |
| 5 Alana Gray       | Hazelwood East     | 17-09     |
| 6 Kelly Reardon    | Notre Dame de Sion | 17-07 1/2 |
| 7 Jackie Lennartz  | Marquette          | 17-03     |
| 8 Stephanie Young  | Oakville           | 17-01     |

**Pole Vault**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Vera Neuenswander  | Jefferson City | 11-08 |
| 2 Breanna Bussel     | Jefferson City | 11-08 |
| 3 Shauna Eldringhoff | West Plains    | 10-09 |
| 3 Tara Turnbull      | Marquette      | 10-09 |
| 5 Amy West           | Jackson        | 10-00 |
| 6 Kristen Klesh      | Lafayette      | 10-00 |
| 7 Molly Scott        | Winnetonka     | 9-06  |
| 8 Kristi Carter      | Rolla          | 9-06  |
| 8 Nichole Manning    | Oak Park       | 9-06  |

## 2006 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                    | Coach                | 100 Meters                                    |
|--------------------------|----------------------|---|
| 1 Jefferson City         | 58 Dennis Lickliger  | 1 Danielle Parrish Hazelwood Central 12.10w   |
| 2 Eureka                 | 45 Jan Wintermeyer   | 2 Diona Graves Kirkwood 12.18w                |
| 3 Hazelwood East         | 45 Kanzi Tyehimba    | 3 Channon Haywood Hazelwood East 12.19w       |
| 4 Washington             | 36 Misty Thomas      | 4 Nicole Jackson Cape Central 12.29w          |
| 5 Lindbergh              | 32 Tom Gose          | 5 Brianna Marshall Fort Zumwalt West 12.34w   |
| 6 Cape Girardeau Central | 28 Lawrence Brookins | 6 Rachel Kahle Jackson 12.35w                 |
| 7 Grandview              | 27 Colby Mathews     | 7 Chare Hardin Grandview 12.37w               |
| 8 Marquette              | 26 Mike Ebert        | 8 Rachel Lewis Hazelwood Central 12.62w       |
| 8 St. Joseph Central     | 26 Charles Taylor    |   |
| 10 McCluer North         | 23 Brandon Eads      | <b>800 Meters</b>                             |
| 11 Lee's Summit North    | 22 Ed Brill          | 1 Lauren Borduin Rock Bridge 2:09.98          |
| 11 McCluer               | 22 Phillip Wolbrinck | 2 Kierra Handley Pattonville 2:14.35          |
| 13 Hazelwood Central     | 21 Todd Ankenbrand   | 3 Mary Nothum Washington 2:15.56              |
| 13 Lafayette (Wildwood)  | 21 Martin Margalski  | 4 Chelsea Chrisman Eureka 2:16.31             |
| 15 Columbia Rock Bridge  | 20 Neal Blackburn    | 5 Makenzie Seidel West Plains 2:16.41         |
| 15 Raytown South         | 20 Terry Scott       | 6 Emily Baker Lafayette 2:17.03               |
| 17 Fort Osage            | 17 JD Snead          | 7 Kelli Oettle Lindbergh 2:17.12              |
| 18 Fort Zumwalt South    | 16 Brett Falkner     | 8 Kelcy Vanarsdall Fort Osage 2:18.37         |
| 19 Fort Zumwalt West     | 15 Barb Delgado      | <b>100 Meter High Hurdles</b>                 |
| 19 Kirkwood              | 15 Roberta McWoods   | 1 Katie Wenger St. Joe Central 14.37w         |
| 21 Liberty               | 14 Pam Koch          | 2 Lauren Begany Lindbergh 14.68w              |
| 24 Columbia Hickman      | 13 Steve Kissane     | 3 Alana Gray Hazelwood East 14.80w            |
| 22 Notre Dame de Sion    | 12 Reynold Middleton | 4 Megan Marlborough Lee's Summit North 15.11w |
| 22 West Plains           | 12 Scott Womack      | 5 Sam Van Pelt Fort Zumwalt South 15.15w      |
| 25 Rolla                 | 11 Don Knapp         | 6 Erin Alewine Jefferson City 15.21w          |
| 26 Blue Springs          | 10 Jennifer Reeder   | 7 Tiana Davis Park Hill 15.24w                |
| 26 Farmington            | 10 Brandon McIntyre  | 8 Sarah Bell Washington 15.40w                |
| 26 Lee's Summit          | 10 Mike Spiegel      | <b>800 Meter Relay</b>                        |
| 29 Normandy              | 8 Mona Onyemelukwe   | 1 Hazelwood East 1:42.27                      |
| 29 Pattonville           | 8 John Kern          | 2 Raytown South 1:42.69                       |
| 31 Gateway               | 7 Kurtis Downing     | 3 Hazelwood Central 1:42.85                   |
| 31 Joplin                | 7 Paul Chambers      | 4 Eureka 1:43.71                              |
| 33 Belton                | 6 Rex Groom          | 5 Cape Central 1:44.35                        |
| 33 Jackson               | 6 Bob Sink           | 6 Jefferson City 1:45.36                      |
| 33 North Kansas City     | 6 Chris McCullough   | 7 Blue Springs 1:45.61                        |
| 33 Winnetonka            | 6 Ken Peek           | 8 Gateway 1:48.95                             |
| 37 Park Hill South       | 5 Tari Garner        | <b>Discus</b>                                 |
| 38 Riverview Gardens     | 4 Sibyl Banks        | 1 Megan Collins Lee's Summit North 131-09     |
| 39 Park Hill South       | 3 Andy Keefer        | 2 Ashley Brewer Fort Zumwalt South 131-05     |
| 39 Troy Buchanan         | 3 Tiffani Sweeney    | 3 Samantha Espiricueta Belton 131-00          |
| 41 Parkway West          | 2 Nancy Sachtleben   | 4 Katie Vanarsdall Fort Osage 130-01          |
| 42 Hazelwood West        | 1 Brian Joye         | 5 Karmyn Clark McCluer North 124-07           |
| 42 Rockwood Summit       | 1 Dave Redman        | 6 Jelani Kelly Hazelwood Central 124-03       |
| 42 Ursuline              | 1 Doug Butte         | 7 Shelby Krammer Lafayette 120-10             |
|                          |                      | 8 Abby Dampier Fort Zumwalt West 118-11       |
|                          |                      | <b>Triple Jump</b>                            |
|                          |                      | 1 Leandra McGruder Jefferson City 39-09 3/4   |
|                          |                      | 2 Britney Cloudy Marquette 37-00 3/4          |
|                          |                      | 3 Johannah Bangert Washington 36-06 1/4       |
|                          |                      | 4 Asia Walker Hickman 36-05                   |
|                          |                      | 5 Gwen Berry McCluer 36-04 1/2                |
|                          |                      | 6 Jamie Siperly West Plains 35-10 1/2         |
|                          |                      | 7 Khara Harmon McCluer 35-09                  |
|                          |                      | 8 Tiana Davis Park Hill 35-09                 |

**200 Meters**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Nicole Jackson   | Cape Central       | 24.90 |
| 2 Michelle Gay     | Notre Dame de Sion | 24.93 |
| 3 Channon Haywood  | Hazelwood East     | 25.16 |
| 4 Diona Graves     | Kirkwood           | 25.26 |
| 5 Brianna Marshall | Fort Zumwalt West  | 25.66 |
| 6 Rachel Kahle     | Jackson            | 25.72 |
| 7 Alex Webster     | McCluer North      | 26.10 |
| 8 Megan Moore      | Joplin             | 27.39 |

**1600 Meters**

|                     |              |         |
|---------------------|--------------|---------|
| 1 Merideth Snow     | Eureka       | 4:49.82 |
| 2 Mary Nothum       | Washington   | 4:56.92 |
| 3 Lauren Borduin    | Rock Bridge  | 4:58.31 |
| 4 Emily Baker       | Lafayette    | 5:00.55 |
| 5 Brittany Moreland | Cape Central | 5:03.62 |
| 6 Kelli Oettle      | Lindbergh    | 5:06.53 |
| 7 Hilary Orf        | Marquette    | 5:07.21 |
| 8 Lydia Newland     | Liberty      | 5:07.66 |

**300 Meter Low Hurdles**

|                   |                   |       |
|-------------------|-------------------|-------|
| 1 Lauren Begany   | Lindbergh         | 42.93 |
| 2 Katie Wenger    | St. Joe Central   | 43.35 |
| 3 NaTasha Blair   | McCluer           | 43.96 |
| 4 Alana Gray      | Hazelwood East    | 45.57 |
| 5 Tanieka Evans   | Riverview Gardens | 45.71 |
| 6 Jantelle McNeil | Hazelwood East    | 45.93 |
| 7 Sarah Bell      | Washington        | 47.00 |
| 8 Leslie Farmer   | Jefferson City    | 47.21 |

**1600 Meter Relay**

|                   |         |
|-------------------|---------|
| 1 McCluer         | 3:54.48 |
| 2 St. Joe Central | 4:00.27 |
| 3 Jefferson City  | 4:00.99 |
| 4 Raytown South   | 4:02.27 |
| 5 Hazelwood East  | 4:03.62 |
| 6 Eureka          | 4:03.66 |
| 7 Hickman         | 4:04.64 |

**Shot Put**

|                    |                    |           |
|--------------------|--------------------|-----------|
| 1 Katie Vanarsdall | Fort Osage         | 42-07 3/4 |
| 2 Karmyn Clark     | McCluer North      | 41-03     |
| 3 Jasmine Boyer    | Fort Zumwalt West  | 40-08 1/4 |
| 4 Ashley Holmes    | Hazelwood East     | 39-11 1/2 |
| 5 Ashley Brewer    | Fort Zumwalt South | 39-09 1/2 |
| 6 Laura Greenfield | Liberty            | 39-09     |
| 7 Brianna Egbuka   | Cape Central       | 39-06 1/4 |
| 8 Lauren Bruce     | Lee's Summit North | 39-02 3/4 |

**High Jump**

|                    |                   |      |
|--------------------|-------------------|------|
| 1 Sydney Winslow   | Farmington        | 5-08 |
| 2 Lauren Begany    | Lindbergh         | 5-07 |
| 3 Tyse Samani      | North Kansas City | 5-06 |
| 4 Jessie Wood      | Washington        | 5-05 |
| 5 Brianne Holtkamp | Jefferson City    | 5-04 |
| 6 Erin Birmingham  | Park Hill South   | 5-04 |
| 7 Devonna Smith    | Kirkwood          | 5-04 |
| 8 Brianna Behler   | Fort Osage        | 5-02 |

**400 Meters**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Orrianna Rackley | Grandview          | 57.00 |
| 2 Paris Daniels    | Normandy           | 57.31 |
| 3 Megan Moore      | Joplin             | 58.35 |
| 4 Alex Webster     | McCluer North      | 58.49 |
| 5 Monique Jones    | Lee's Summit North | 58.68 |
| 6 Robyn Woodson    | Troy               | 59.02 |
| 7 Racquell Powell  | Raytown South      | 59.68 |
| 8 RoRo Freeman     | Lindbergh          | 59.73 |

**3200 Meters**

|                    |                    |          |
|--------------------|--------------------|----------|
| 1 Merideth Snow    | Eureka             | 10:43.88 |
| 2 Mary Nothum      | Washington         | 11:01.33 |
| 3 Hilary Orf       | Marquette          | 11:20.75 |
| 4 Lydia Newland    | Liberty            | 11:23.27 |
| 5 Brittani Johnson | West Plains        | 11:32.67 |
| 6 Kimi Shank       | Rolla              | 11:39.11 |
| 7 Kristen Colon    | Lee's Summit North | 11:42.55 |
| 8 Allison O'Vey    | Rockwood Summit    | 12:00.83 |

**400 Meter Relay**

|                     |       |
|---------------------|-------|
| 1 Grandview         | 47.69 |
| 2 Blue Springs      | 48.37 |
| 3 Gateway           | 48.52 |
| 4 Raytown South     | 48.79 |
| 5 McCluer North     | 49.43 |
| 6 Cape Central      | 49.77 |
| 7 Eureka            | 49.94 |
| 8 Hazelwood Central | 60.42 |

**3200 Meter Relay**

|                  |         |
|------------------|---------|
| 1 Eureka         | 9:21.31 |
| 2 Jefferson City | 9:29.26 |
| 3 Marquette      | 9:34.34 |
| 4 Liberty        | 9:37.05 |
| 5 Rock Bridge    | 9:39.11 |
| 6 Lee's Summit   | 9:40.91 |
| 7 Parkway West   | 9:41.19 |
| 8 West Plains    | 9:43.21 |

**Long Jump**

|                    |                    |           |
|--------------------|--------------------|-----------|
| 1 Leandra McGruder | Jefferson City     | 18-10 1/4 |
| 2 Chantae McMillan | Rolla              | 18-09     |
| 3 Asia Walker      | Hickman            | 18-08 1/2 |
| 4 LaTanya Short    | Grandview          | 18-06     |
| 5 Kelly Reardon    | Notre Dame de Sion | 18-01 3/4 |
| 6 Kaitlin Moore    | Lafayette          | 18-00 3/4 |
| 7 Tiana Davis      | Park Hill          | 17-08     |
| 8 Kaitlin Flannery | Ursuline           | 17-08     |

**Pole Vault**

|                     |                |       |
|---------------------|----------------|-------|
| 1 Vera Neuenswander | Jefferson City | 12-01 |
| 2 Megan Long        | Lafayette      | 11-00 |
| 3 Nichole Manning   | Winnetonka     | 10-09 |
| 4 Abby Garlich      | Lee's Summit   | 10-06 |
| 5 Tara Turnbull     | Marquette      | 10-06 |
| 6 Heather Green     | Jefferson City | 10-06 |
| 7 Lisa Moore        | Lee's Summit   | 10-00 |
| 8 Nikki Pilla       | Hazelwood West | 10-00 |



# 2007 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams |                        | Coach  |                    | 100 Meters                    |                        |                      |           |
|-------|------------------------|--------|--------------------|-------------------------------|------------------------|----------------------|-----------|
| 1     | Jefferson City         | 58 1/2 | Dennis Licklider   | 1                             | Alexis Bates           | St. Joe Central      | 11.92     |
| 2     | Hazelwood East         | 54     | Kanzi Tyehimba     | 2                             | Shana White            | Hickman              | 12.18     |
| 3     | Blue Springs           | 43     | Jennifer Reeder    | 3                             | Rachel Kahle           | Jackson              | 12.22     |
| 4     | Kirkwood               | 34     | Roberta McWoods    | 4                             | Diona Graves           | Kirkwood             | 12.23     |
| 5     | Lee's Summit West      | 31     | Derek Howard       | 5                             | Brianna Marshall       | Fort Zumwalt West    | 12.32     |
| 6     | Lindbergh              | 23     | Tom Gose           | 6                             | Ariane Jordan          | Blue Springs         | 12.41     |
| 7     | Lee's Summit North     | 22     | Ed Brill           | 7                             | Mauri Lane             | Blue Springs         | 12.47     |
| 7     | McCluer North          | 22     | Brandon Eads       | 8                             | Danielle Parrish       | Hazelwood Central    | 1:58.62   |
| 9     | Columbia Rock Bridge   | 21     | Neal Blackburn     | <b>800 Meters</b>             |                        |                      |           |
| 9     | Jackson                | 21     | Bob Sink           | 1                             | Lauren Borduin         | Rock Bridge          | 2:12.51   |
| 9     | Parkway Central        | 21     | Ryan Banta         | 2                             | Maria Tutu             | Oak Park             | 2:15.40   |
| 9     | Raytown South          | 21     | Terry Scott        | 3                             | Kelli Oettle           | Lindbergh            | 2:15.81   |
| 9     | Rockwood Summit        | 21     | Chris Moore        | 4                             | Diane Robinson         | Parkway Central      | 2:17.00   |
| 14    | Hazelwood Central      | 20 1/2 | Todd Ankenbrand    | 5                             | Danielle Henry         | Francis Howell North | 2:19.38   |
| 15    | Normandy               | 20     | Mona Onyemelukwe   | 6                             | Kelcy Vanarsdall       | Fort Osage           | 2:19.72   |
| 15    | Oak Park               | 20     | Jason Fowler       | 7                             | Tori Even              | Jefferson City       | 2:19.79   |
| 17    | Fort Osage             | 19 1/2 | JD Snead           | 8                             | Celia Venezia          | Washington           | 2:20.87   |
| 18    | St. Joseph Central     | 18     | Charles Taylor     | <b>100 Meter High Hurdles</b> |                        |                      |           |
| 19    | Columbia Hickman       | 17     | Steve Kissane      | 1                             | Tiana Davis            | Park Hill            | 14.39     |
| 20    | Lee's Summit           | 15     | Mike Spiegel       | 2                             | Alana Gray             | Hazelwood East       | 14.46     |
| 20    | Park Hill              | 15     | Tari Garner        | 3                             | Jantelle McNeil        | Hazelwood East       | 15.00     |
| 22    | Fort Zumwalt West      | 14     | Barb Delgado       | 4                             | Erin Alewine           | Jefferson City       | 15.11     |
| 22    | Park Hill South        | 14     | Andy Keefer        | 5                             | Lydia Ginger           | Ritenour             | 15.15     |
| 24    | Liberty                | 13     | Pam Koch           | 6                             | Ashley Johnson         | Parkway Central      | 15.18     |
| 25    | Francis Howell North   | 11     | Mike Parker        | 7                             | Sarah Noonan           | Kirkwood             | 15.46     |
| 25    | McCluer                | 11     | Phillip Wolbrinck  | 8                             | Hillary Hellman        | Eureka               | 15.71     |
| 27    | Grandview              | 10     | Colby Mathews      | <b>800 Meter Relay</b>        |                        |                      |           |
| 28    | Lafayette (Wildwood)   | 9      | Martin Margalski   | 1                             | Blue Springs           | 1:42.33              |           |
| 28    | Marquette              | 9      | Mike Ebert         | 2                             | Jefferson City         | 1:42.52              |           |
| 30    | Parkway North          | 8      | Paul Reinisch      | 3                             | McCluer North          | 1:42.74              |           |
| 31    | Eureka                 | 6      | Jan Wintermeyer    | 4                             | Raytown South          | 1:43.57              |           |
| 31    | Ozark                  | 6      | Shawn Widel        | 5                             | Francis Howell Central | 1:43.96              |           |
| 31    | St. Teresa's           | 6      | Ann Bode-Rodriquez | 6                             | Liberty                | 1:44.01              |           |
| 34    | Cape Girardeau Central | 5      | Lawrence Brookins  | 7                             | Kirkwood               | 1:44.02              |           |
| 34    | Parkway West           | 5      | Nancy Sachtleben   | 8                             | Hickman                | 1:45.46              |           |
| 34    | Riverview Gardens      | 5      | Sibyl Banks        | <b>Discus</b>                 |                        |                      |           |
| 37    | Francis Howell Central | 4      | Bob Breur          | 1                             | Jelani Kelly           | Hazelwood Central    | 134-06    |
| 37    | Raytown                | 4      | Danny Marshall     | 2                             | Alyssa Brock           | Parkway North        | 130-11    |
| 37    | Ritenour               | 4      | David Applebaum    | 3                             | Katie Vanarsdall       | Fort Osage           | 129-00    |
| 37    | Waynesville            | 4      | Gary Schultz       | 4                             | Megan Collins          | Lee's Summit North   | 128-01    |
| 37    | Winnetonka             | 4      | Ken Peek           | 5                             | Jill Rushin            | Jackson              | 127-08    |
| 42    | Helias                 | 3      | Margaret Shimkus   | 6                             | Ashley Holmes          | Hazelwood East       | 121-09    |
| 42    | Joplin                 | 3      | Paul Chambers      | 7                             | Emily Jones            | Joplin               | 121-08    |
| 44    | Hazelwood West         | 2 1/2  | Brian Joye         | 8                             | Shelby Krammer         | Lafayette            | 120-06    |
| 45    | Springfield Parkview   | 2      | Don Keeton         | <b>Triple Jump</b>            |                        |                      |           |
| 46    | Washington             | 1      | Mike Olszowka      | 1                             | Katy Thomas            | Park Hill South      | 38-00 3/4 |
|       |                        |        |                    | 2                             | Shawnte' Middlebrook   | Lee's Summit West    | 37-07 3/4 |
|       |                        |        |                    | 3                             | Gwen Berry             | McCluer              | 37-05     |
|       |                        |        |                    | 4                             | Khara Harmon           | McCluer              | 37-03     |
|       |                        |        |                    | 5                             | Sarah Noonan           | Kirkwood             | 37-02 3/4 |
|       |                        |        |                    | 6                             | Tiana Davis            | Park Hill            | 36-11     |
|       |                        |        |                    | 7                             | Britney Cloudy         | Marquette            | 36-09 1/4 |
|       |                        |        |                    | 8                             | Rachel Kahle           | Jackson              | 36-08 1/2 |

|                              |                      |           |                         |                      |           |
|------------------------------|----------------------|-----------|-------------------------|----------------------|-----------|
| <b>200 Meters</b>            |                      |           | <b>400 Meters</b>       |                      |           |
| 1 Paris Daniels              | Normandy             | 24.55     | 1 Paris Daniels         | Normandy             | 56.10     |
| 2 Alexis Bates               | St. Joe Central      | 24.96     | 2 Leslie Farmer         | Jefferson City       | 57.59     |
| 3 Diona Graves               | Kirkwood             | 25.03     | 3 Bridget Kleine        | Blue Springs         | 57.93     |
| 4 Shana White                | Hickman              | 25.09     | 4 Lauren Johnson        | Parkway Central      | 58.10     |
| 5 Rachel Kahle               | Jackson              | 25.16     | 5 Racquell Powell       | Raytown South        | 58.41     |
| 6 Ariane Jordan              | Blue Springs         | 25.58     | 6 Landon Wachter        | Jackson              | 58.50     |
| 7 Melina Lewis               | McCluer North        | 25.62     | 7 Trisha Jenkins        | Fort Osage           | 58.74     |
| 8 Leah Moore                 | Rock Bridge          | 25.69     | 8 Veronica Rollins      | Lee's Summit North   | 59.08     |
| <b>1600 Meters</b>           |                      |           | <b>3200 Meters</b>      |                      |           |
| 1 Lauren Borduin             | Rock Bridge          | 5:01.77   | 1 Aimee Bonte           | Rockwood Summit      | 11:10.23  |
| 2 Caitlin Laskowski          | Blue Springs         | 5:06.00   | 2 Ashley Mark           | Lee's Summit North   | 11:13.88  |
| 3 Elizabeth Keaveny          | St. Teresa's         | 5:08.14   | 3 Caitlin Laskowski     | Blue Springs         | 11:14.30  |
| 4 Aimee Bonte                | Rockwood Summit      | 5:09.29   | 4 Natalie Becker        | Parkway West         | 11:21.70  |
| 5 Kelli Oettle               | Lindbergh            | 5:10.80   | 5 Brandi Gervais        | Waynesville          | 11:22.84  |
| 6 Lindsey Oettle             | Lindbergh            | 5:13.61   | 6 Brittany Tate         | Lee's Summit West    | 11:23.07  |
| 7 Monica Noble               | Francis Howell North | 5:14.04   | 7 Monica Noble          | Francis Howell North | 11:24.77  |
| 8 Kathleen Thompson          | Parkway Central      | 5:14.48   | 8 Na'Aman Asenath       | Jefferson City       | 11:26.91  |
| <b>300 Meter Low Hurdles</b> |                      |           | <b>400 Meter Relay</b>  |                      |           |
| 1 Tierra Jones               | Hazelwood East       | 43.99     | 1 Grandview             | 47.73                |           |
| 2 Alana Gray                 | Hazelwood East       | 44.82     | 2 McCluer North         | 48.63                |           |
| 3 Leslie Farmer              | Jefferson City       | 45.20     | 3 Hazelwood Central     | 48.81                |           |
| 4 Jantelle McNeil            | Hazelwood East       | 45.23     | 4 Blue Springs          | 48.95                |           |
| 5 Natalie Morerod            | Raytown              | 46.05     | 5 Kirkwood              | 49.07                |           |
| 6 Sarah Noonan               | Kirkwood             | 46.77     | 6 Jefferson City        | 49.22                |           |
| 7 Johanna Merwin             | Lee's Summit         | 46.79     | 7 Liberty               | 49.51                |           |
|                              |                      |           | 8 Raytown South         | 49.74                |           |
| <b>1600 Meter Relay</b>      |                      |           | <b>3200 Meter Relay</b> |                      |           |
| 1 Jefferson City             | 3:53.20              |           | 1 Lee's Summit West     | 9:29.03              |           |
| 2 Hazelwood East             | 3:54.55              |           | 2 Lee's Summit North    | 9:30.81              |           |
| 3 Raytown South              | 3:59.99              |           | 3 Lindbergh             | 9:33.42              |           |
| 4 Lee's Summit               | 4:00.13              |           | 4 Eureka                | 9:36.65              |           |
| 5 Lindbergh                  | 4:00.66              |           | 5 Jefferson City        | 9:38.34              |           |
| 6 Fort Osage                 | 4:02.00              |           | 6 Francis Howell North  | 9:39.36              |           |
| 7 McCluer North              | 4:04.21              |           | 7 Oak Park              | 9:39.59              |           |
| 8 Parkway Central            | 4:08.05              |           | 8 Marquette             | 9:42.43              |           |
| <b>Shot Put</b>              |                      |           | <b>Long Jump</b>        |                      |           |
| 1 Jasmine Boyer              | Fort Zumwalt West    | 42-06 1/4 | 1 Shawnte' Middlebrook  | Lee's Summit West    | 18-07     |
| 2 Laura Greenfield           | Liberty              | 41-07 1/2 | 2 Kaitlin Moore         | Lafayette            | 18-04 1/2 |
| 3 Ryan Richardson            | Parkway Central      | 40-09 3/4 | 3 Alana Gray            | Hazelwood East       | 18-04     |
| 4 Brianna Egbuka             | Cape Central         | 40-09 3/4 | 4 Jade Nalls            | Raytown South        | 17-08 1/2 |
| 5 Bianca Lockette            | McCluer North        | 40-08 3/4 | 5 Katy Thomas           | Park Hill South      | 17-06 1/4 |
| 6 Jill Rushin                | Jackson              | 40-06 1/2 | 6 Asia Walker           | Hickman              | 17-01 1/2 |
| 7 Katie Vanarsdall           | Fort Osage           | 40-04     | 7 Tiana Davis           | Park Hill            | 17-00 1/2 |
| 8 Ashlee Shimmin             | Joplin               | 40-01 1/2 | 8 Britney Cloudy        | Marquette            | 16-11 1/2 |
| <b>High Jump</b>             |                      |           | <b>Pole Vault</b>       |                      |           |
| 1 Ashley Taylor              | Oak Park             | 5-07      | 1 Breanna Bussel        | Jefferson City       | 11-09     |
| 2 Devonna Smith              | Kirkwood             | 5-06      | 2 Abby Garlich          | Lee's Summit         | 11-09     |
| 3 Anna Brandenburgh          | Ozark                | 5-04      | 3 Bethany Buell         | Rockwood Summit      | 11-06     |
| 4 Davina President           | Riverview Gardens    | 5-04      | 4 Tara Turnbull         | Marquette            | 10-09     |
| 5 Rae Stewart                | Fort Osage           | 5-02      | 5 Nichole Manning       | Winnetonka           | 10-06     |
| 5 Roki Mayfield              | Hazelwood Central    | 5-02      | 6 Ashley Schwarzer      | Helias               | 10-06     |
| 7 Mallory Thomson            | Parkview             | 5-02      | 7 Nikki Pilla           | Hazelwood West       | 10-06     |
| 8 Alicia Bowman              | Hazelwood West       | 5-02      | 8 Heather Green         | Jefferson City       | 10-06     |
| 8 Heather Green              | Jefferson City       | 5-02      |                         |                      |           |

## 2008 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams |                        |     | Coach |                   | 100 Meters                    |                    |                    |            |
|-------|------------------------|-----|-------|-------------------|-------------------------------|--------------------|--------------------|------------|
| 1     | Jefferson City         | 60  | 1/10  | Dennis Lickluder  | 1                             | Ecate Lymon        | Waynesville        | 12.61      |
| 2     | Raytown South          | 56  |       | Terry Scott       | 2                             | Raequel Jacobs     | Parkway Central    | 12.76      |
| 3     | Rockwood Summit        | 50  | 1/2   | Bob Koger         | 3                             | Mauri Lane         | Blue Springs       | 12.80      |
| 4     | Parkway Central        | 46  |       | Ryan Banta        | 4                             | Brianna Marshall   | Fort Zumwalt West  | 12.84      |
| 5     | Eureka                 | 34  |       | Kally Fischer     | 5                             | Shawntanay Johnson | Fox                | 12.88      |
| 6     | Oak Park               | 31  |       | Jason Fowler      | 6                             | Crystal Harris     | Rockwood Summit    | 12.89      |
| 7     | Hazelwood East         | 26  |       | Kanzi Tyehimba    | 7                             | Eileen Williams    | Normandy           | 12.95      |
| 8     | Jackson                | 25  |       | Eric Venable      | 8                             | Courtney Mitchell  | Hazelwood East     | 13.07      |
| 9     | Fort Zumwalt West      | 23  |       | Barb Delgado      | <b>800 Meters</b>             |                    |                    |            |
| 10    | Columbia Rock Bridge   | 21  |       | Neal Blackburn    | 1                             | Lauren Borduin     | Rock Bridge        | 2:12.92    |
| 10    | Lee's Summit           | 21  |       | Mike Spiegel      | 2                             | Chelsea Chrisman   | Eureka             | 2:13.31    |
| 10    | Lee's Summit North     | 21  |       | Ed Brill          | 3                             | Landon Wachter     | Jackson            | 2:16.82    |
| 13    | McCluer North          | 18  |       | Tom Dowling       | 4                             | Lauren Collette    | Fort Zumwalt North | 2:17.49    |
| 13    | Waynesville            | 18  |       | Gary Schultz      | 5                             | Alyssa Rebecca     | Eureka             | 2:18.10    |
| 15    | Liberty                | 17  |       | Pam Koch          | 6                             | Liga Blyholder     | Lee's Summit West  | 2:18.42    |
| 16    | Blue Springs           | 16  |       | Jennifer Reeder   | 7                             | Diane Robinson     | Parkway Central    | 2:19.31    |
| 16    | Lee's Summit West      | 16  |       | Derek Howard      | 8                             | Elizabeth Worley   | Lafayette          | 2:19.88    |
| 18    | Marquette              | 15  |       | Mike Ebert        | <b>100 Meter High Hurdles</b> |                    |                    |            |
| 19    | Kirkwood               | 14  | 3/5   | Roberta McWoods   | 1                             | Leslie Farmer      | Jefferson City     | 14.89      |
| 20    | North Kansas City      | 13  |       | Chris McCullough  | 2                             | Erin Alewine       | Jefferson City     | 15.00      |
| 21    | Oakville               | 12  |       | Mike Bishop       | 3                             | Shea Groom         | Liberty            | 15.28      |
| 22    | Gateway                | 10  |       | Sabrina Mack      | 4                             | Unique Hooks       | Raytown South      | 15.52      |
| 22    | McCluer                | 10  |       | Phillip Wolbrinck | 5                             | Jantelle McNeil    | Hazelwood East     | 15.61      |
| 22    | Neosho                 | 10  |       | Harry Lineberry   | 6                             | Bethany Buell      | Rockwood Summit    | 15.78      |
| 25    | Hazelwood Central      | 9   |       | Todd Ankenbrand   | 7                             | Sarah Noonan       | Kirkwood           | 15.79      |
| 26    | Parkway West           | 8   |       | Nancy Sachtleben  | 8                             | Ashli Mosby        | Raytown South      | 15.90      |
| 26    | Wentzville Timberland  | 8   |       | Ami Schulte       | <b>800 Meter Relay</b>        |                    |                    |            |
| 28    | Columbia Hickman       | 6   |       | Steve Kissane     | 1                             | Parkway Central    | 1:42.61            |            |
| 28    | Fort Osage             | 6   |       | JD Snead          | 2                             | Raytown South      | 1:44.03            |            |
| 28    | Joplin                 | 6   |       | Paul Chambers     | 3                             | Jefferson City     | 1:44.59            |            |
| 28    | Raytown                | 6   |       | Danny Marshall    | 4                             | Blue Springs       | 1:44.71            |            |
| 28    | Springfield Parkview   | 6   |       | Don Keeton        | 5                             | Eureka             | 1:45.44            |            |
| 33    | Hazelwood West         | 5   | 3/5   | Brian Joye        | 6                             | Kirkwood           | 1:46.04            |            |
| 34    | Fort Zumwalt North     | 5   |       | Jeannine Nesslage | 7                             | Rockwood Summit    | 1:48.39            |            |
| 34    | Lebanon                | 5   |       | Kerry Amsberg     | <b>Discus</b>                 |                    |                    |            |
| 34    | Normandy               | 5   |       | Mona Onyemelukwe  | 1                             | Megan Collins      | Lee's Summit North | 153-02     |
| 34    | Ursuline               | 5   |       | Doug Butte        | 2                             | Jasmine Boyer      | Fort Zumwalt West  | 139-02     |
| 38    | Lafayette (Wildwood)   | 4   | 3/5   | Martin Margalski  | 3                             | Jill Rushin        | Jackson            | 134-00     |
| 39    | Belton                 | 4   |       | Jeff Gourley      | 4                             | Jelani Kelly       | Hazelwood Central  | 131-05     |
| 39    | Fox                    | 4   |       | Ticia Owens       | 5                             | Teresa Gaggens     | Belton             | 131-00     |
| 39    | Lindbergh              | 4   |       | Tom Gose          | 6                             | Alyssa Brock       | Parkway North      | 130-11     |
| 39    | Ozark                  | 4   |       | Shawn Widel       | 7                             | Sandra Hampton     | Lee's Summit North | 130-04     |
| 43    | Cape Girardeau Central | 3   |       | Lawrence Brookins | 8                             | Bianca Lockette    | McCluer North      | 124-02     |
| 43    | Cor Jesu               | 3   |       | Daniel Muntges    | <b>Triple Jump</b>            |                    |                    |            |
| 43    | Parkway North          | 3   |       | Paul Reinisch     | 1                             | Jade Nalls         | Raytown South      | 39-03 1/2w |
| 43    | Riverview Gardens      | 3   |       | Sibyl Banks       | 2                             | Morgan Reid        | North Kansas City  | 38-09 1/2w |
| 47    | Camdenton              | 1   |       | John McNabb       | 3                             | Sarah Noonan       | Kirkwood           | 38-01w     |
| 47    | Francis Howell North   | 1   |       | Greg Hennenfent   | 4                             | Britney Cloudy     | Marquette          | 37-09 3/4w |
| 47    | Webster Groves         | 1   |       | Ken Manwarring    | 5                             | Erin Alewine       | Jefferson City     | 37-02 1/2w |
| 50    | St. Joseph's           | 3/5 |       | Patricia Hanna    | 6                             | Kellie Gavin       | Kirkwood           | 37-00w     |
|       |                        |     |       |                   | 7                             | Stephany Johnson   | Jefferson City     | 36-03 1/4  |
|       |                        |     |       |                   | 8                             | Lynette Cottingham | Lee's Summit       | 35-09w     |

**200 Meters**

|                    |                 |       |
|--------------------|-----------------|-------|
| 1 Olivia Lewis     | Gateway         | 24.55 |
| 2 Ekate Lymon      | Waynesville     | 25.63 |
| 3 Racquell Powell  | Raytown South   | 25.74 |
| 4 Stephany Johnson | Jefferson City  | 25.82 |
| 5 Chantel Barnette | Parkview        | 25.93 |
| 6 Miana Lee        | Parkway Central | 26.05 |
| 7 Crystal Harris   | Rockwood Summit | 26.14 |
| 8 Tina Gaines      | Fort Osage      | 26.18 |

**1600 Meters**

|                  |                 |         |
|------------------|-----------------|---------|
| 1 Lauren Borduin | Rock Bridge     | 4:56.68 |
| 2 Aimee Bonte    | Rockwood Summit | 4:57.53 |
| 3 Kat Oberle     | Oakville        | 5:04.66 |
| 4 Hilary Orf     | Marquette       | 5:04.96 |
| 5 Natalie Becker | Parkway West    | 5:06.68 |
| 6 Krenda McClure | Lebanon         | 5:09.27 |
| 7 Courtney Wood  | Neosho          | 5:10.86 |
| 8 Megan Yohe     | Liberty         | 5:11.10 |

**300 Meter Low Hurdles**

|                     |                      |       |
|---------------------|----------------------|-------|
| 1 Tierra Jones      | Hazelwood East       | 44.39 |
| 2 Brynn Williamson  | Oak Park             | 45.68 |
| 3 Leslie Farmer     | Jefferson City       | 45.84 |
| 4 Shanelle Williams | Hazelwood West       | 46.17 |
| 5 Kami Groom        | Liberty              | 46.20 |
| 6 Johanna Merwin    | Lee's Summit         | 46.77 |
| 7 Jantelle McNeil   | Hazelwood East       | 47.16 |
| 8 Fiona Brooks      | Francis Howell North | 48.67 |

**1600 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Parkway Central    | 3:54.80 |
| 2 Eureka             | 3:55.13 |
| 3 McCluer North      | 3:55.68 |
| 4 Lee's Summit North | 3:57.73 |
| 5 Jefferson City     | 3:58.01 |
| 6 Lee's Summit       | 3:58.70 |
| 7 Raytown South      | 3:59.06 |
| 8 Hazelwood East     | 4:00.00 |

**Shot Put**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Jasmine Boyer     | Fort Zumwalt West | 46-09 1/4 |
| 2 Jill Rushin       | Jackson           | 43-11 3/4 |
| 3 LeKiesha McKnight | Raytown           | 42-04 1/4 |
| 4 Laura Greenfield  | Liberty           | 42-03 1/2 |
| 5 Ashlee Shimmin    | Joplin            | 40-00     |
| 6 Bianca Lockette   | McCluer North     | 39-10 1/2 |
| 7 Rachel Hay        | Oak Park          | 39-09 1/2 |
| 8 Sheena Carter     | Camdenton         | 38-10     |

**High Jump**

|                    |                |      |
|--------------------|----------------|------|
| 1 Mirjam Albrecht  | Oak Park       | 5-05 |
| 2 Ashley Taylor    | Oak Park       | 5-04 |
| 3 Kelsey Knoche    | Lee's Summit   | 5-04 |
| 4 Rae Stewart      | Fort Osage     | 5-03 |
| 5 Jade Hayes       | Ozark          | 5-02 |
| 6 Kaitlin Flannery | Ursuline       | 5-02 |
| 7 Emily Daniels    | Hazelwood West | 5-00 |
| 7 Emily Kendrick   | St. Joseph's   | 5-00 |
| 7 Kelsey McCowen   | Lafayette      | 5-00 |
| 7 Erin Alewine     | Jefferson City | 5-00 |
| 7 Devonna Smith    | Kirkwood       | 5-00 |

**400 Meters**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Racquell Powell  | Raytown South      | 56.16 |
| 2 Kendra White     | McCluer North      | 57.44 |
| 3 Leslie Farmer    | Jefferson City     | 57.63 |
| 4 Landon Wachter   | Jackson            | 57.69 |
| 5 Veronica Rollins | Lee's Summit North | 57.70 |
| 6 Hannah Synder    | Lafayette          | 58.80 |
| 7 Katie Dusenberg  | Lebanon            | 59.48 |
| 8 Asia Thomas      | Cape Central       | 59.75 |

**3200 Meters**

|                  |                 |          |
|------------------|-----------------|----------|
| 1 Aimee Bonte    | Rockwood Summit | 10:54.81 |
| 2 Diane Robinson | Parkway Central | 10:58.51 |
| 3 Kat Oberle     | Oakville        | 11:02.95 |
| 4 Hilary Orf     | Marquette       | 11:03.34 |
| 5 Natalie Becker | Parkway West    | 11:04.01 |
| 6 Kate Horan     | Cor Jesu        | 11:08.64 |
| 7 Courtney Wood  | Neosho          | 11:09.11 |
| 8 Megan Yohe     | Liberty         | 11:10.77 |

**400 Meter Relay**

|                   |       |
|-------------------|-------|
| 1 McCluer         | 48.59 |
| 2 Hazelwood East  | 49.17 |
| 3 Rockwood Summit | 49.51 |
| 4 Blue Springs    | 49.60 |
| 5 Raytown South   | 49.62 |
| 6 Normandy        | 49.78 |
| 7 Parkview        | 50.19 |
| 8 Webster Groves  | 50.33 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Eureka            | 9:20.53 |
| 2 Lee's Summit West | 9:27.82 |
| 3 Neosho            | 9:36.40 |
| 4 Parkway Central   | 9:38.17 |
| 5 Lindbergh         | 9:38.85 |
| 6 Oak Park          | 9:39.35 |
| 7 Cape Central      | 9:43.69 |
| 8 Rock Bridge       | 9:44.55 |

**Long Jump**

|                    |                   |           |
|--------------------|-------------------|-----------|
| 1 Jade Nalls       | Raytown South     | 18-06 1/2 |
| 2 Olivia Koehler   | Timberland        | 18-02     |
| 3 Victoria Jackson | Hickman           | 17-08     |
| 4 Jakyra Shelton   | North Kansas City | 17-07 1/4 |
| 5 Alexis Fennoy    | Hazelwood Central | 17-06 1/2 |
| 6 Davina President | Riverview Gardens | 17-04     |
| 7 Kaitlin Flannery | Ursuline          | 17-02 3/4 |
| 8 Jameese Williams | Rockwood Summit   | 16-10 1/4 |

**Pole Vault**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Bethany Buell    | Rockwood Summit   | 11-09 |
| 2 Abby Garlich     | Lee's Summit      | 11-06 |
| 3 Heather Green    | Jefferson City    | 10-06 |
| 3 Nikki Buchheit   | Rockwood Summit   | 10-06 |
| 5 Holly Stewart    | Lee's Summit West | 10-06 |
| 6 Cailey Wilkinson | Jefferson City    | 10-06 |
| 7 Ashley Davidson  | Joplin            | 10-00 |
| 8 Kacie Gelvin     | Lee's Summit West | 10-00 |

# 2009 MSHSAA Class 4 Girls State Outdoor Track Meet

| <b>Teams</b>              |    | <b>Coach</b>      |                        | <b>100 Meters</b>             |            |
|---------------------------|----|-------------------|------------------------|-------------------------------|------------|
| 1 Ladue Horton Watkins    | 66 | Keith Harder      | 1 Olivia Lewis         | Gateway                       | 11.75w     |
| 2 Parkway Central         | 54 | Ryan Banta        | 2 Shawntanay Johnson   | Fox                           | 11.76w     |
| 3 Gateway                 | 46 | Nicole Childress  | 3 Alexis Bates         | St. Joe Central               | 11.77w     |
| 4 Lee's Summit West       | 39 | Derek Howard      | 4 Crystal Harris       | Rockwood Summit               | 11.90w     |
| 4 Raytown South           | 39 | Terry Scott       | 5 Montenea Roye        | Ladue                         | 11.98w     |
| 6 Jefferson City          | 37 | Dennis Licklider  | 6 Lauren Flaker        | Rock Bridge                   | 12.06w     |
| 7 Rockwood Summit         | 34 | Chris Moore       | 7 Lauren Cheadle       | Lee's Summit West             | 12.07w     |
| 8 Lee's Summit North      | 31 | Ed Brill          | 8 Ekate Lymon          | Waynesville                   | 12.19w     |
| 9 North Kansas City       | 26 | Chris McCullough  |                        |                               |            |
| 10 Kirkwood               | 24 | Roberta McWoods   | 1 Samantha Levin       | <b>800 Meters</b>             |            |
| 11 Neosho                 | 22 | Harry Lineberry   | 2 Liga Blyholder       | Ladue                         | 2:13.43    |
| 12 Jackson                | 20 | Steve Wachter     | 3 Lauren Collette      | Lee's Summit West             | 2:14.44    |
| 13 Waynesville            | 18 | Gary Schultz      | 4 Alyssa Rebecca       | Kickapoo                      | 2:15.25    |
| 14 Eureka                 | 17 | Brad Klages       | 5 Colleen Riley        | Eureka                        | 2:15.59    |
| 15 Columbia Hickman       | 14 | Steve Kissane     | 6 Jessica Jackson      | Lindbergh                     | 2:15.92    |
| 15 St. Joseph's           | 14 | Patricia Hanna    | 7 Brittany Moreland    | Neosho                        | 2:16.52    |
| 17 Joplin                 | 13 | Paul Chambers     | 8 Samantha Nightingale | Cape Central                  | 2:17.40    |
| 18 Branson                | 12 | Robert Baker      |                        | Blue Springs South            | 2:22.44    |
| 18 Washington             | 12 | Mike Olszowka     | 1 Ashli Mosby          | <b>100 Meter High Hurdles</b> |            |
| 20 Fort Zumwalt West      | 11 | Barb Delgado      | 2 Erin Alewine         | Raytown South                 | 14.40w     |
| 20 McCluer                | 11 | Phillip Wolbrinck | 3 Madison Smith        | Jefferson City                | 14.74w     |
| 22 Oakville               | 10 | Mike Bishop       | 4 Sarah Noonan         | Lee's Summit North            | 14.80w     |
| 22 Raytown                | 10 | Cheryl Reichart   | 5 Victoria Jackson     | Kirkwood                      | 14.90w     |
| 24 Fox                    | 8  | Emily Werner      | 6 Nicole Douglas       | Hickman                       | 15.13w     |
| 24 McCluer North          | 8  | Tom Dowling       | 7 Miana Lee            | Parkway West                  | 15.17w     |
| 26 Fort Zumwalt South     | 7  | Greg Hallam       |                        | Parkway Central               | 15.40w     |
| 26 Troy Buchanan          | 7  | Jeff Boyd         |                        |                               |            |
| 28 Francis Howell North   | 6  | Bob Doak          | 1 Ladue                | <b>800 Meter Relay</b>        |            |
| 28 Lafayette (Wildwood)   | 6  | Martin Margalski  | 2 Gateway              | 1:40.72                       |            |
| 28 Springfield Kickapoo   | 6  | Jeremy Goddard    | 3 Rockwood Summit      | 1:41.01                       |            |
| 28 St. Joseph Central     | 6  | Kevin Kelley      | 4 Kirkwood             | 1:42.00                       |            |
| 32 Blue Springs South     | 5  | Ryun Unruh        | 5 Lee's Summit North   | 1:42.37                       |            |
| 32 Liberty                | 5  | Pam Koch          | 6 Hazelwood East       | 1:43.01                       |            |
| 32 Parkway North          | 5  | Paul Reinisch     | 7 Raytown South        | 1:43.43                       |            |
| 35 Cape Girardeau Central | 4  | Lawrence Brookins | 8 Lee's Summit         | 1:43.93                       |            |
| 35 Hazelwood West         | 4  | Monica DiBlasi    |                        | 1:44.99                       |            |
| 35 Lindbergh              | 4  | Tom Gose          | 1 Jill Rushin          | <b>Discus</b>                 |            |
| 35 Webster Groves         | 4  | Ken Manwarring    | 2 Jasmine Boyer        | Jackson                       | 146-03     |
| 39 Blue Springs           | 3  | Jennifer Reeder   | 3 Sandra Hampton       | Fort Zumwalt West             | 143-03     |
| 39 Camdenton              | 3  | Stacy Asante      | 4 Brittany Brown       | Lee's Summit North            | 140-02     |
| 39 Columbia Rock Bridge   | 3  | Neal Blackburn    | 5 Lekiesha McKnight    | Lee's Summit West             | 135-11     |
| 39 Hazelwood East         | 3  | Kanzi Tyehimba    | 6 Katie Moorkamp       | Raytown                       | 131-10     |
| 39 Nerinx Hall            | 3  | James Belle       | 7 Molly Boevers        | Lafayette                     | 130-09     |
| 39 Parkway West           | 3  | Nancy Sachtleben  | 8 Ashlie Shimmin       | Fort Zumwalt South            | 127-02     |
| 39 Raymore-Peculiar       | 3  | Alane Cromer      |                        | Joplin                        | 126-08     |
| 39 Winnetonka             | 3  | Molly Laboube     |                        | <b>Triple Jump</b>            |            |
| 47 Nixa                   | 2  | Riann Lubinski    | 1 Morgan Reid          | North Kansas City             | 39-00w     |
| 47 Northwest (Cedar Hill) | 2  | Glen House        | 2 Sarah Noonan         | Kirkwood                      | 37-11 1/2w |
| 47 Oak Park               | 2  | Jason Fowler      | 3 Kelly Went           | St. Joseph's                  | 37-03 1/2w |
| 47 Poplar Bluff           | 2  | Lance Bell        | 4 Erin Alewine         | Jefferson City                | 37-01 1/2w |
| 51 Fort Zumwalt North     | 1  | Jeannine Nesslage | 5 Kendra Smith         | Parkway North                 | 36-08w     |
| 51 Lee's Summit           | 1  | Mike Spiegel      | 6 Julie Reisinger      | Troy                          | 36-05 3/4w |
| 51 Rolla                  | 1  | Don Knapp         | 7 Rebecca Piland       | Poplar Bluff                  | 35-11w     |
| 51 Springfield Parkview   | 1  | Jay Miller        | 8 Cathy Jenkins        | McCluer                       | 35-09 1/2w |

**200 Meters**

|                    |                   |        |
|--------------------|-------------------|--------|
| 1 Olivia Lewis     | Gateway           | 23.97w |
| 2 Lynette Atkinson | Ladue             | 24.91w |
| 3 Lauren Cheadle   | Lee's Summit West | 25.03w |
| 4 Montenea Roye    | Ladue             | 25.12w |
| 5 Ekate Lymon      | Waynesville       | 25.34w |
| 6 Olivia Bruce     | Camdenton         | 25.76w |
| 7 Jordan Daye      | Gateway           | 25.86w |
| 8 Crystal Harris   | Rockwood Summit   | 26.66w |

**1600 Meters**

|                        |                    |         |
|------------------------|--------------------|---------|
| 1 Emily Sisson         | Parkway Central    | 4:52.15 |
| 2 Liga Blyholder       | Lee's Summit West  | 4:54.36 |
| 3 Diane Robison        | Parkway Central    | 4:56.50 |
| 4 Courtney Wood        | Neosho             | 5:02.12 |
| 5 Samantha Nightingale | Blue Springs South | 5:02.55 |
| 6 Krista Menghini      | St. Joseph's       | 5:02.97 |
| 7 Elizabeth Reida      | Nixa               | 5:04.97 |
| 8 Megan Yohe           | Liberty            | 5:05.10 |

**300 Meter Low Hurdles**

|                     |                      |       |
|---------------------|----------------------|-------|
| 1 Ashli Mosby       | Raytown South        | 45.11 |
| 2 Sierra Hawkins    | Lee's Summit North   | 45.23 |
| 3 Fiona Brooks      | Francis Howell North | 45.29 |
| 4 Sarah Noonan      | Kirkwood             | 45.33 |
| 5 Kasey Meadows     | Branson              | 46.25 |
| 6 Alyssa Carlson    | Ray-Pec              | 46.45 |
| 7 Shanelle Williams | Hazelwood West       | 46.54 |
| 8 Ijeoma Okafor     | Rolla                | 47.17 |

**1600 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Ladue              | 3:54.54 |
| 2 Parkway Central    | 3:55.79 |
| 3 Eureka             | 3:59.57 |
| 4 Raytown South      | 4:01.56 |
| 5 Lee's Summit North | 4:02.73 |
| 6 North Kansas City  | 4:03.40 |
| 7 Cape Central       | 4:03.59 |
| 8 Hazelwood West     | 4:09.95 |

**Shot Put**

|                     |                   |           |
|---------------------|-------------------|-----------|
| 1 Jill Rushin       | Jackson           | 47-04 1/2 |
| 2 Ashlie Shimmin    | Joplin            | 41-11 1/2 |
| 3 Lekiesha McKnight | Raytown           | 41-06 3/4 |
| 4 Roxanna Koke      | Waynesville       | 41-06 3/4 |
| 5 Sarah Hall        | Hickman           | 41-03     |
| 6 Jasmine Boyer     | Fort Zumwalt West | 40-04 1/2 |
| 7 Rachel Hay        | Oak Park          | 39-03     |
| 8 Emilea Old        | Jefferson City    | 38-09 1/4 |

**High Jump**

|                      |                    |       |
|----------------------|--------------------|-------|
| 1 Kim Nagy           | Oakville           | 5-05. |
| 2 Jasmine Reynolds   | Waynesville        | 5-05  |
| 3 Erin Alewine       | Jefferson City     | 5-05. |
| 4 Anna Holtermann    | Washington         | 5-05  |
| 5 Nikki Larson       | Troy               | 5-04  |
| 6 Mackenzie Schweitz | Lafayette          | 5-03  |
| 7 Nisha McCoy        | Fort Zumwalt South | 5-03  |
| 8 Rana Thomas        | Parkview           | 5-02  |

**400 Meters**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Olivia Lewis     | Gateway            | 54.95 |
| 2 Kendra White     | McCluer North      | 55.61 |
| 3 Lynette Atkinson | Ladue              | 55.72 |
| 4 Montenea Roye    | Ladue              | 57.56 |
| 5 Samantha Levin   | Ladue              | 58.19 |
| 6 Veronica Rollins | Lee's Summit North | 58.57 |
| 7 Lauren Atkinson  | Ladue              | 58.72 |
| 8 Ashley Oberdieck | Fort Zumwalt North | 60.10 |

**3200 Meters**

|                   |                   |          |
|-------------------|-------------------|----------|
| 1 Emily Sisson    | Parkway Central   | 10:24.12 |
| 2 Diane Robison   | Parkway Central   | 10:33.91 |
| 3 Courtney Wood   | Neosho            | 10:59.12 |
| 4 Krista Menghini | St. Joseph's      | 11:02.86 |
| 5 Megan Yohe      | Liberty           | 11:02.88 |
| 6 Colleen Quigley | Nerinx Hall       | 11:09.09 |
| 7 Chrissy Owensby | Raytown South     | 11:09.65 |
| 8 Chelsey Phoebus | Lee's Summit West | 11:28.17 |

**400 Meter Relay**

|                   |       |
|-------------------|-------|
| 1 McCluer         | 48.42 |
| 2 Raytown South   | 48.80 |
| 3 Gateway         | 48.99 |
| 4 Rockwood Summit | 49.10 |
| 5 Webster Groves  | 49.10 |
| 6 Blue Springs    | 49.58 |
| 7 Ladue           | 49.89 |
| 8 Parkway North   | 49.93 |

**3200 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Parkway Central    | 9:06.89 |
| 2 Neosho             | 9:18.03 |
| 3 Eureka             | 9:19.74 |
| 4 Lee's Summit West  | 9:22.14 |
| 5 Washington         | 9:32.09 |
| 6 Fort Zumwalt South | 9:37.49 |
| 7 Jefferson City     | 9:37.60 |
| 8 Kirkwood           | 9:39.63 |

**Long Jump**

|                    |                   |            |
|--------------------|-------------------|------------|
| 1 Erin Alewine     | Jefferson City    | 18-01 3/4  |
| 2 Morgan Reid      | North Kansas City | 18-00 1/2  |
| 3 Victoria Jackson | Hickman           | 17-09 1/2  |
| 4 JaKyra Shelton   | North Kansas City | 17-09      |
| 5 Lauren Cheadle   | Lee's Summit West | 17-02 1/4w |
| 6 Anna Holtermann  | Washington        | 17-01w     |
| 7 Jade Nalls       | Raytown South     | 17-00      |
| 8 James Williams   | Rockwood Summit   | 16-10w     |

**Pole Vault**

|                     |                        |       |
|---------------------|------------------------|-------|
| 1 Bethany Buell     | Rockwood Summit        | 12-02 |
| 2 Maggie Givens     | Branson                | 11-03 |
| 3 Nikkie Buchheit   | Rockwood Summit        | 10-06 |
| 4 Heather Green     | Jefferson City         | 10-06 |
| 5 MacKenzie Roberts | Joplin                 | 10-06 |
| 6 Samee Schram      | Winnetonka             | 10-00 |
| 7 Jennifer Sturgeon | Northwest (Cedar Hill) | 10-00 |
| 8 Amelia Aubuchon   | Hazelwood West         | 10-00 |

## 2010 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                     |        | Coach             | 100 Meters           |                               |
|---------------------------|--------|-------------------|----------------------|-------------------------------|
| 1 Lee's Summit West       | 67     | Derek Howard      | 1 Tianna Valentine   | Hazelwood East 12.03          |
| 2 Ladue Horton Watkins    | 43     | Keith Harder      | 2 Lauren Cheadle     | Lee's Summit West 12.09       |
| 3 Lee's Summit North      | 38     | Ed Brill          | 3 Alexis Bates       | St. Joe Central 12.11         |
| 4 Hazelwood East          | 34     | Linwood Barnes    | 4 Peyton Chaney      | Nerinx Hall 12.25             |
| 5 North Kansas City       | 32     | Chris McCullough  | 5 Jazmin McCoy       | North Kansas City 12.37       |
| 6 Raytown South           | 30     | Terry Scott       | 6 Crystal Harris     | Rockwood Summit 12.40         |
| 7 Nerinx Hall             | 28     | James Belle       | 7 Shawntanay Johnson | Fox 12.57                     |
| 8 Joplin                  | 27     | Paul Chambers     | 8 Desiree White      | Parkway North 12.65           |
| 9 Kirkwood                | 24     | Roberta McWoods   |                      | <b>800 Meters</b>             |
| 10 Eureka                 | 23     | Brad Klages       | 1 Samantha Levin     | Ladue 2:11.42                 |
| 11 Waynesville            | 22     | Gary Schultz      | 2 Jessica Jackson    | Neosho 2:11.74                |
| 12 Jackson                | 21     | Steve Wachter     | 3 Colleen Riley      | Lindbergh 2:14.56             |
| 13 Liberty                | 20     | Pam Koch          | 4 Alyssa Rebecca     | Eureka 2:15.93                |
| 14 Columbia Hickman       | 19 1/2 | Steve Kissane     | 5 Valeska Halamicek  | Francis Howell 2:18.75        |
| 15 Cape Girardeau Central | 18     | Matt Hale         | 6 Kayla Hall         | Lafayette 2:19.17             |
| 15 Neosho                 | 18     | Harry Lineberry   | 7 Celia Venezia      | Washington 2:19.92            |
| 15 Troy Buchanan          | 18     | Mark Thomas       | 8 Shannon Danaher    | Blue Springs 2:22.50          |
| 18 McCluer North          | 17     | Tom Dowling       |                      | <b>100 Meter High Hurdles</b> |
| 19 Parkway West           | 16     | Nancy Sachtleben  | 1 Madison Smith      | Lee's Summit North 14.60      |
| 20 Washington             | 14     | Mike Olszowka     | 2 Remy Abrought      | Lee's Summit North 15.08      |
| 21 Francis Howell         | 12     | Nate Tower        | 3 Nicole Douglas     | Parkway West 15.11            |
| 21 Lindbergh              | 12     | Tom Gose          | 4 Anna Holtermann    | Washington 15.19              |
| 21 Parkway Central        | 12     | Ryan Banta        | 5 Chaquita Watkins   | Jefferson City 15.22          |
| 24 McCluer                | 11     | Phillip Wolbrinck | 6 Shanelle Williams  | Hazelwood West 15.39          |
| 24 Wentzville Holt        | 11     | Craig Kinnary     | 7 Lynn Ford          | Normandy 15.42                |
| 26 Blue Springs South     | 9      | David Ceule       | 8 Mallory Short      | Rock Bridge 15.92             |
| 26 Branson                | 9      | Kevin Blackwell   |                      | <b>800 Meter Relay</b>        |
| 26 Fort Zumwalt North     | 9      | Jeannine Nesslage | 1 North Kansas City  | 1:39.90                       |
| 26 Jefferson City         | 9      | Dan Ridgeway      | 2 Ladue              | 1:41.32                       |
| 30 Fort Zumwalt West      | 7 1/2  | Barb Delgado      | 3 Hazelwood East     | 1:41.44                       |
| 31 Springfield Kickapoo   | 7      | Jeremy Goddard    | 4 Raytown South      | 1:41.81                       |
| 31 St. Teresa's           | 7      | Amanda James      | 5 Hazelwood Central  | 1:42.08                       |
| 33 Hazelwood Central      | 6      | Todd Ankenbrand   | 6 Kirkwood           | 1:42.13                       |
| 33 St. Joseph Central     | 6      | Charles Taylor    | 7 Waynesville        | 1:43.20                       |
| 35 Blue Springs           | 5      | Jennifer Reeder   | 8 Eureka             | 1:44.74                       |
| 35 Hazelwood West         | 5      | Monica Kircher    |                      | <b>Discus</b>                 |
| 37 Parkway North          | 4 1/2  | Paul Reinisch     | 1 Jill Rushin        | Jackson 152-00                |
| 38 Northwest (Cedar Hill) | 4      | Glen House        | 2 Sandra Hampton     | Lee's Summit North 143-09     |
| 38 Raymore-Peculiar       | 4      | Alane Cromer      | 3 Michaela Dapprich  | Branson 135-07                |
| 40 Fort Zumwalt South     | 3 1/2  | Greg Hallam       | 4 Ashlie Shimmin     | Joplin 132-03                 |
| 41 Lafayette (Wildwood)   | 3      | Martin Margalski  | 5 Deanna Price       | Troy 131-05                   |
| 41 Normandy               | 3      | Mona Onyemelukwe  | 6 Sarah Hall         | Hickman 126-09                |
| 41 Rockwood Summit        | 3      | Chris Moore       | 7 Erin Atkinson      | Ladue 126-01                  |
| 41 St. Joseph's           | 3      | Alisha Samuel     | 8 Courtney Gapelu    | Fort Osage 125-04             |
| 45 Fox                    | 2      | Emily Werner      |                      | <b>Triple Jump</b>            |
| 45 Winnetonka             | 2      | Dale Brown        | 1 Jade Nalls         | Raytown South 39-04           |
| 47 Columbia Rock Bridge   | 1      | Neal Blackburn    | 2 Nataliyah Friar    | Wentzville Holt 38-04 1/4w    |
| 47 Fort Osage             | 1      | JD Snead          | 3 Lauren Cheadle     | Lee's Summit West 38-00 3/4   |
| 47 Lebanon                | 1      | Shane Rebmann     | 4 Kirstie Leslie     | Washington 37-06 1/4w         |
|                           |        |                   | 5 Julie Reisinger    | Troy 36-08 1/2                |
|                           |        |                   | 6 Kendra Smith       | Parkway North 36-07w          |
|                           |        |                   | 7 Jill Harmon        | Lindbergh 36-03               |
|                           |        |                   | 8 Nicole Townson     | Jefferson City 35-08          |

**200 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Lauren Cheadle   | Lee's Summit West | 24.61 |
| 2 Asia Thomas      | Cape Central      | 24.84 |
| 3 Kendra White     | McCluer North     | 24.96 |
| 4 Peyton Chaney    | Nerinx Hall       | 25.05 |
| 5 Ekate Lymon      | Waynesville       | 25.50 |
| 6 Montenea Roye    | Ladue             | 25.64 |
| 7 Tianna Valentine | Hazelwood East    | 25.78 |
| 8 Jazmin McCoy     | North Kansas City | 26.03 |

**1600 Meters**

|                        |                    |         |
|------------------------|--------------------|---------|
| 1 Liga Blyholder       | Lee's Summit West  | 4:52.26 |
| 2 Colleen Quigley      | Nerinx Hall        | 4:54.90 |
| 3 Liz Reida            | Kickapoo           | 4:58.13 |
| 4 Samantha Nightingale | Blue Springs South | 4:58.52 |
| 5 Chelsey Phoebus      | Lee's Summit West  | 4:58.59 |
| 6 Jessica Jackson      | Neosho             | 4:58.62 |
| 7 Diane Robison        | Parkway Central    | 4:59.11 |
| 8 Krenda McClure       | Lebanon            | 5:00.97 |

**300 Meter Low Hurdles**

|                     |                    |       |
|---------------------|--------------------|-------|
| 1 Nicole Douglas    | Parkway West       | 43.54 |
| 2 Madison Smith     | Lee's Summit North | 43.95 |
| 3 Courtney Mitchell | Hazelwood East     | 44.14 |
| 4 Amber Solomon     | Kirkwood           | 44.85 |
| 5 Alyssa Carlson    | Ray-Pec            | 45.49 |
| 6 Kyaunna Robinson  | North Kansas City  | 45.51 |
| 7 Shanelle Williams | Hazelwood West     | 46.47 |
| 8 Lynn Ford         | Normandy           | 46.52 |

**1600 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Ladue              | 3:54.26 |
| 2 Kirkwood           | 3:57.52 |
| 3 Eureka             | 3:57.98 |
| 4 McCluer North      | 3:58.61 |
| 5 North Kansas City  | 4:01.13 |
| 6 McCluer            | 4:01.53 |
| 7 Lee's Summit North | 4:02.47 |
| 8 Neosho             | 4:06.44 |

**Shot Put**

|                    |                    |           |
|--------------------|--------------------|-----------|
| 1 Sarah Hall       | Hickman            | 44-01 1/4 |
| 2 Jill Rushin      | Jackson            | 43-08 1/2 |
| 3 Ashlie Shimmin   | Joplin             | 42-06     |
| 4 Roxanna Koke     | Waynesville        | 41-05     |
| 5 Dahlia Dyson     | Fort Zumwalt West  | 40-04 3/4 |
| 6 Essence Chalmers | Lee's Summit West  | 40-02 1/4 |
| 7 Sandra Hampton   | Lee's Summit North | 39-01     |
| 8 Shelby Mustain   | Jefferson City     | 38-05 1/4 |

**High Jump**

|                    |                    |      |
|--------------------|--------------------|------|
| 1 Nikki Larson     | Troy               | 5-05 |
| 2 Emilee Dailey    | Joplin             | 5-04 |
| 3 Talia Wood       | Liberty            | 5-04 |
| 4 Jasmine Reynolds | Waynesville        | 5-04 |
| 5 Nisha McCoy      | Fort Zumwalt South | 5-04 |
| 5 Kylie Ellison    | Fort Zumwalt West  | 5-04 |
| 7 Anna Holtermann  | Washington         | 5-02 |
| 8 Ruth McQuerry    | North Kansas City  | 5-02 |

**400 Meters**

|                    |                    |       |
|--------------------|--------------------|-------|
| 1 Asia Thomas      | Cape Central       | 54.49 |
| 2 Montenea Roye    | Ladue              | 54.52 |
| 3 Kendra White     | McCluer North      | 55.12 |
| 4 Whitney Adams    | Francis Howell     | 57.29 |
| 5 Ashley Oberdieck | Fort Zumwalt North | 57.36 |
| 6 Landon Wachter   | Jackson            | 59.22 |
| 7 Peyton Chaney    | Nerinx Hall        | 59.23 |
| 8 Maisha Mitchell  | Raytown South      | 66.84 |

**3200 Meters**

|                        |                    |          |
|------------------------|--------------------|----------|
| 1 Diane Robison        | Parkway Central    | 10:48.42 |
| 2 Colleen Quigley      | Nerinx Hall        | 10:53.60 |
| 3 Liga Blyholder       | Lee's Summit West  | 11:02.15 |
| 4 Chelsey Phoebus      | Lee's Summit West  | 11:06.13 |
| 5 Samantha Nightingale | Blue Springs South | 11:06.65 |
| 6 Krista Menghini      | St. Joseph's       | 11:08.20 |
| 7 Jocelyn Todd         | Ladue              | 11:10.32 |
| 8 Liz Reida            | Kickapoo           | 11:11.48 |

**400 Meter Relay**

|                  |       |
|------------------|-------|
| 1 Hazelwood East | 47.90 |
| 2 McCluer        | 48.15 |
| 3 Raytown South  | 48.16 |
| 4 Hickman        | 48.76 |
| 5 Liberty        | 48.77 |
| 6 Jefferson City | 49.01 |
| 7 Blue Springs   | 49.13 |
| 8 Eureka         | 49.39 |

**3200 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Eureka            | 9:12.05 |
| 2 Kirkwood          | 9:15.33 |
| 3 Neosho            | 9:22.52 |
| 4 Lee's Summit West | 9:24.69 |
| 5 Lindbergh         | 9:25.45 |
| 6 Francis Howell    | 9:37.24 |
| 7 Blue Springs      | 9:37.26 |
| 8 St. Teresa's      | 9:41.83 |

**Long Jump**

|                    |                   |            |
|--------------------|-------------------|------------|
| 1 Lauren Cheadle   | Lee's Summit West | 18-04 3/4  |
| 2 Jade Nalls       | Raytown South     | 18-00 1/2w |
| 3 Ekate Lymon      | Waynesville       | 17-11      |
| 4 JaKyra Shelton   | North Kansas City | 17-10 1/2  |
| 5 Jazmin McCoy     | North Kansas City | 17-04 1/4  |
| 6 Nataliyah Friar  | Wentzville Holt   | 17-01 1/4  |
| 7 Alexis Fennoy    | Hazelwood Central | 16-10 3/4  |
| 8 Victoria Jackson | Hickman           | 16-08 1/4  |

**Pole Vault**

|                     |                        |       |
|---------------------|------------------------|-------|
| 1 Sara Page         | Liberty                | 11-07 |
| 2 MacKenzie Roberts | Joplin                 | 11-00 |
| 3 Anna Gigliotti    | St. Teresa's           | 11-00 |
| 4 Shelby Markum     | Fort Zumwalt North     | 11-00 |
| 5 Jennifer Sturgeon | Northwest (Cedar Hill) | 10-06 |
| 6 Maggie Givens     | Branson                | 10-06 |
| 7 Kelsey Dietrich   | Winnetonka             | 10-06 |
| 8 Galit Rudelson    | Hickman                | 10-00 |
| 8 Erica Grajales    | Parkway North          | 10-00 |



## 2011 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams |                         | Coach                 | 100 Meters                    |   |
|-------|-------------------------|-----------------------|-------------------------------|---|
| 1     | Lee's Summit North      | 58 Ed Brill           | 1                             | Tianna Valentine Hazelwood East 11.69         |
| 2     | Lee's Summit West       | 47 Derek Howard       | 2                             | Peyton Chaney Nerinx Hall 11.94               |
| 3     | Nerinx Hall             | 42 James Belle        | 3                             | A Henderson Hazelwood Central 11.97           |
| 4     | Hazelwood East          | 41 Linwood Barnes     | 4                             | Amiris Warren Raytown South 12.04             |
| 5     | Ladue Horton Watkins    | 34 Keith Harder       | 5                             | Shawntanay Johnson Fox 12.11                  |
| 6     | Lindbergh               | 31 Tom Gose           | 6                             | Asia Thomas Cape Central 12.24                |
| 7     | Eureka                  | 26 Brad Klages        | 7                             | Whitney Adams Francis Howell 12.28            |
| 7     | Neosho                  | 26 Harry Lineberry    | 8                             | Nataliyah Friar Wentzville Holt 12.50         |
| 7     | Raytown South           | 26 Terry Scott        | <b>800 Meters</b>             |   |
| 10    | Kirkwood                | 23 Roberta McWoods    | 1                             | Samantha Levin Ladue 2:06.74                  |
| 10    | McCluer                 | 23 Phillip Wolbrinck  | 2                             | Jessica Jackson Neosho 2:11.08                |
| 12    | Columbia Hickman        | 22 Steve Kissane      | 3                             | Alyssa Rebecca Eureka 2:11.39                 |
| 13    | McCluer North           | 21 Thomas Dowling     | 4                             | Colleen Riley Lindbergh 2:13.93               |
| 13    | Wentzville Holt         | 21 Craig Kinnary      | 5                             | Hannah Richardson Kirkwood 2:14.98            |
| 15    | Hazelwood Central       | 20 JC Kime            | 6                             | Liz Reida Springfield Kickapoo 2:15.42        |
| 16    | Blue Springs            | 19 Jennifer Reeder    | 7                             | Dana Roberson West Plains 2:17.21             |
| 17    | Springfield Kickapoo    | 17 Jeremy Goddard     | 8                             | Natalie Pattin McCluer North 2:23.74          |
| 18    | Parkway West            | 16 Nancy Sachtleben   | <b>100 Meter High Hurdles</b> |   |
| 19    | Fort Zumwalt West       | 15 Barb Delgado       | 1                             | Madison Smith Lee's Summit North 14.38        |
| 19    | Francis Howell          | 15 Nate Tower         | 2                             | Remy Abrought Lee's Summit North 14.41        |
| 19    | North Kansas City       | 15 Chris McCullough   | 3                             | Nicole Douglas Parkway West 14.81             |
| 22    | Jefferson City          | 14 Dan Ridgeway       | 4                             | Victoria Jackson Columbia Hickman 14.89       |
| 23    | Troy Buchanan           | 12 Mark Thomas        | 5                             | Lynn Ford Normandy 15.13                      |
| 24    | Fort Osage              | 11 JD Snead           | 6                             | Mallory Short Columbia Rock Bridge 15.18      |
| 25    | Parkway North           | 10 1/3 Paul Reinisch  | 7                             | Sydia Darker Ritenour 15.23                   |
| 26    | Blue Springs South      | 10 David Ceule        | 8                             | Brittany Kallenberger Lee's Summit West 15.61 |
| 27    | Branson                 | 9 1/3 Kevin Blackwell | <b>800 Meter Relay</b>        |   |
| 28    | Columbia Rock Bridge    | 9 Neal Blackburn      | 1                             | Hazelwood East 1:39.60                        |
| 28    | Ritenour                | 9 Michael Wheeler     | 2                             | Raytown South 1:39.64                         |
| 30    | Fort Zumwalt North      | 6 Jeannine Nessler    | 3                             | Eureka 1:42.13                                |
| 30    | Staley                  | 6 Todd Warner         | 4                             | North Kansas City 1:42.74                     |
| 32    | Cape Girardeau Central  | 5 Matt Hale           | 5                             | McCluer 1:42.75                               |
| 32    | Northwest (Cedar Hills) | 5 Glen House          | 6                             | Waynesville 1:43.65                           |
| 32    | Springfield Glendale    | 5 Jeff Berryessa      | 7                             | Parkway North 1:43.76                         |
| 35    | Fox                     | 4 Emily Werner        | 8                             | Parkway Central 1:43.87                       |
| 35    | Normandy                | 4 Mona Onyemelukwe    | <b>Discus</b>                 |   |
| 35    | Parkway Central         | 4 Ryan Banta          | 1                             | Dahlia Dyson Fort Zumwalt West 145-10         |
| 35    | Springfield Parkview    | 4 Jay Miller          | 2                             | Deanna Price Troy 138-09                      |
| 39    | Waynesville             | 3 1/3 Gary Schultz    | 3                             | Michaela Dapprich Branson 134-08              |
| 40    | St. Teresa's            | 3 Amanda James        | 4                             | Olivia Brand Springfield Glendale 133-03      |
| 40    | Rolla                   | 2 Don Knapp           | 5                             | Kayla Gutierrez Kirkwood 127-03               |
| 40    | Ruskin                  | 2 Tammie Williams     | 6                             | Shelby Mustain Jefferson City 127-01          |
| 40    | West Plains             | 2 Joe Bill Dixon      | 7                             | Asia Cole Fort Osage 123-08                   |
| 44    | Rockwood Summit         | 1 Chris Moore         | 8                             | Megan Cidlik Eureka 122-01                    |
| 44    | Webb City               | 1 Jeremy Butler       | <b>Triple Jump</b>            |   |
| 44    | Winnetonka              | 1 Dale Brown          | 1                             | Nataliyah Friar Wentzville Holt 39-11 1/4     |
|       |                         |                       | 2                             | Kim Moye Hazelwood Central 38-01 1/2          |
|       |                         |                       | 3                             | Brynn Williamson Staley 37-06 1/2             |
|       |                         |                       | 4                             | Eboni Moore Lee's Summit North 37-04 1/2      |
|       |                         |                       | 5                             | Jill Harmon Lindbergh 36-10 1/4               |
|       |                         |                       | 6                             | Kezia Martin Jefferson City 36-09             |
|       |                         |                       | 7                             | Amber Alexander Parkway North 36-09           |
|       |                         |                       | 8                             | Hailey Roderique Webb City 36-04              |

**200 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Peyton Chaney    | Nerinx Hall       | 24.54 |
| 2 Tianna Valentine | Hazelwood East    | 24.62 |
| 3 A Henderson      | Hazelwood Central | 24.64 |
| 4 Jaronica Owens   | McCluer           | 24.92 |
| 5 Kendra White     | McCluer North     | 24.97 |
| 6 Amiris Warren    | Raytown South     | 25.01 |
| 7 Asia Thomas      | Cape Central      | 25.10 |
| 8 Montenea Roye    | Ladue             | 25.37 |

**1600 Meters**

|                        |                      |         |
|------------------------|----------------------|---------|
| 1 Colleen Quigley      | Nerinx Hall          | 4:52.17 |
| 2 Liz Reid             | Springfield Kickapoo | 4:56.42 |
| 3 Jessica Jackson      | Neosho               | 4:58.22 |
| 4 Chelsey Phoebus      | Lee's Summit West    | 4:58.39 |
| 5 Colleen Riley        | Lindbergh            | 4:58.53 |
| 6 Samantha Nightingale | Blue Springs South   | 5:00.22 |
| 7 Courtney Wood        | Neosho               | 5:00.50 |
| 8 Jocelyn Todd         | Ladue                | 5:01.17 |

**300 Meter Low Hurdles**

|                    |                      |       |
|--------------------|----------------------|-------|
| 1 Nicole Douglas   | Parkway West         | 43.21 |
| 2 Madison Smith    | Lee's Summit North   | 44.03 |
| 3 Sienna Trice     | Columbia Rock Bridge | 44.85 |
| 4 Sydia Darker     | Ritenour             | 45.34 |
| 5 Victoria Jackson | Columbia Hickman     | 45.40 |
| 6 Emily Paullus    | Neosho               | 45.79 |
| 7 Alisan Barker    | Francis Howell       | 46.73 |
| 8 Amanda Jackson   | Ruskin               | 47.77 |

**1600 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Ladue              | 3:48.00 |
| 2 McCluer North      | 3:53.57 |
| 3 Lindbergh          | 3:55.40 |
| 4 Francis Howell     | 3:55.86 |
| 5 Lee's Summit North | 3:55.94 |
| 6 Eureka             | 3:56.36 |
| 7 Kirkwood           | 3:56.71 |
| 8 Parkway North      | 4:09.70 |

**Shot Put**

|                    |                   |           |
|--------------------|-------------------|-----------|
| 1 Monet Jackson    | Blue Springs      | 43-07 1/4 |
| 2 Asia Cole        | Fort Osage        | 42-05 3/4 |
| 3 Sarah Hall       | Columbia Hickman  | 41-09 3/4 |
| 4 Dahlia Dyson     | Fort Zumwalt West | 41-03 1/4 |
| 5 Deanna Price     | Troy              | 40-11 3/4 |
| 6 Essence Chalmers | Lee's Summit West | 40-03 1/4 |
| 7 Kayla Gutierrez  | Kirkwood          | 39-10 1/4 |
| 8 Elaine McAlister | Fort Osage        | 39-09 1/4 |

**High Jump**

|                         |                      |      |
|-------------------------|----------------------|------|
| 1 Brittany Kallenberger | Lee's Summit West    | 5-05 |
| 2 Meredith Stark        | Lee's Summit North   | 5-04 |
| 3 Catrina Harris        | McCluer              | 5-03 |
| 3 Sherise Williams      | McCluer              | 5-03 |
| 5 Rana Thomas           | Springfield Parkview | 5-03 |
| 6 Alauna Ray            | McCluer              | 5-02 |
| 7 Kariel Hutt           | Blue Springs South   | 5-02 |
| 8 Ruby Stevens          | Branson              | 5-02 |
| 8 Amber Alexander       | Parkway North        | 5-02 |
| 8 Jasmine Reynolds      | Waynesville          | 5-02 |

**400 Meters**

|                  |                |       |
|------------------|----------------|-------|
| 1 Montenea Roye  | Ladue          | 53.84 |
| 2 Kendra White   | McCluer North  | 54.55 |
| 3 Whitney Adams  | Francis Howell | 55.81 |
| 4 Shayla Lockett | Hazelwood East | 56.66 |
| 5 Peyton Chaney  | Nerinx Hall    | 57.76 |
| 6 Elisa Steele   | Kirkwood       | 58.08 |
| 7 Caryn Ranney   | Rolla          | 58.52 |

**3200 Meters**

|                        |                      |          |
|------------------------|----------------------|----------|
| 1 Colleen Quigley      | Nerinx Hall          | 10:27.62 |
| 2 Chelsey Phoebus      | Lee's Summit West    | 10:39.07 |
| 3 Liz Reid             | Springfield Kickapoo | 10:42.67 |
| 4 Samantha Nightingale | Blue Springs South   | 10:44.87 |
| 5 Jessica Jackson      | Neosho               | 10:50.35 |
| 6 Courtney Wood        | Neosho               | 10:52.24 |
| 7 Kiersten West        | Lee's Summit West    | 10:53.07 |
| 8 Alyssa Jones         | Rockwood Summit      | 10:53.64 |

**400 Meter Relay**

|                      |       |
|----------------------|-------|
| 1 Raytown South      | 47.67 |
| 2 Hazelwood East     | 47.70 |
| 3 Lee's Summit North | 48.62 |
| 4 Parkway North      | 48.67 |
| 5 Eureka             | 48.86 |
| 6 Parkway Central    | 49.28 |
| 7 Columbia Hickman   | 49.30 |
| 8 Ruskin             | 50.25 |

**3200 Meter Relay**

|                      |         |
|----------------------|---------|
| 1 Lindbergh          | 9:14.19 |
| 2 Kirkwood           | 9:18.32 |
| 3 Eureka             | 9:20.67 |
| 4 Lee's Summit West  | 9:28.05 |
| 5 Lee's Summit North | 9:29.95 |
| 6 St. Teresa's       | 9:30.36 |
| 7 Ladue              | 9:31.74 |
| 8 Blue Springs       | 9:31.92 |

**Long Jump**

|                    |                         |           |
|--------------------|-------------------------|-----------|
| 1 Nataliyah Friar  | Wentzville Holt         | 18-11 1/2 |
| 2 Kezia Martin     | Jefferson City          | 18-03 3/4 |
| 3 Jazmin McCoy     | North Kansas City       | 17-11 1/4 |
| 4 Victoria Jackson | Columbia Hickman        | 17-10 1/2 |
| 5 JaKyra Shelton   | North Kansas City       | 17-09     |
| 6 Lauren Cheadle   | Lee's Summit West       | 17-04 1/2 |
| 7 Sydia Darker     | Ritenour                | 17-03 1/2 |
| 8 Taylor Hosna     | Northwest (Cedar Hills) | 16-11 3/4 |

**Pole Vault**

|                         |                         |       |
|-------------------------|-------------------------|-------|
| 1 Brittany Kallenberger | Lee's Summit West       | 12-00 |
| 2 Megan Wright          | Blue Springs            | 11-03 |
| 3 Shelby Markum         | Fort Zumwalt North      | 11-03 |
| 4 Abbey Stanley         | Lee's Summit North      | 10-09 |
| 5 Jennifer Sturgeon     | Northwest (Cedar Hills) | 10-06 |
| 6 Lucy Givens           | Branson                 | 10-03 |
| 7 Katie Kennedy         | Lindbergh               | 10-03 |
| 8 Sydnee Schram         | Winnetonka              | 10-00 |

## 2012 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams |                        | Coach                  | 100 Meters                    |                       |                             |
|-------|------------------------|------------------------|-------------------------------|-----------------------|-----------------------------|
| 1     | Francis Howell         | 48 Nate Tower          | 1                             | Tianna Valentine      | Hazelwood East 11.51w       |
| 2     | Lee's Summit West      | 47 Jesse Griffin       | 2                             | Peyton Chaney         | Nerinx Hall 11.59w          |
| 3     | Kirkwood               | 41 Roberta McWoods     | 3                             | Jazmin McCoy          | North Kansas City 11.86w    |
| 4     | Nerinx Hall            | 40 James Belle         | 4                             | Ashley Henderson      | Hazelwood Central 11.93w    |
| 5     | Eureka                 | 39 Darrell Lewis       | 5                             | Whitney Adams         | Francis Howell 11.96w       |
| 5     | Jefferson City         | 39 Dan Ridgeway        | 6                             | Alexandria Isom       | Nerinx Hall 12.22w          |
| 7     | Lee's Summit North     | 34 Ed Brill            | 7                             | Nataliyah Friar       | Holt 12.23w                 |
| 8     | Blue Springs           | 33 Jennifer Reeder     | 8                             | Kim Mitchell          | Eureka 12.36w               |
| 9     | North Kansas City      | 28 Chris McCullough    | <b>800 Meters</b>             |                       |                             |
| 10    | Hazelwood Central      | 24 JC Kime             | 1                             | Valeska Halamiccek    | Francis Howell 2:13.61      |
| 11    | Holt                   | 21 Craig Kinnary       | 2                             | Hannah Long           | Eureka 2:14.47              |
| 12    | Blue Springs South     | 20 Troy Harding        | 3                             | Sara Ruckman          | Truman 2:18.38              |
| 12    | Fort Osage             | 20 JD Snead            | 4                             | Abigail Brown         | Washington 2:19.06          |
| 12    | Hazelwood East         | 20 Linwood Barnes      | 5                             | Lane Maguire          | St. Teresa's 2:19.32        |
| 12    | McCluer North          | 20 Sheldon Webster     | 6                             | Courtney Coppinger    | St. Teresa's 2:20.99        |
| 16    | St. Teresa's           | 19 Mark Hough          | 7                             | Abby Baker            | Jefferson City 2:22.04      |
| 17    | Cor Jesu               | 14 Tom Burniski        | 8                             | Jessie McNeel         | Eureka 2:25.97              |
| 18    | Parkway Central        | 12 Ryan Banta          | <b>100 Meter High Hurdles</b> |                       |                             |
| 18    | Rock Bridge            | 12 Neal Blackburn      | 1                             | Remy Abrought         | Lee's Summit North 14.24    |
| 20    | Branson                | 11 Kevin Blackwell     | 2                             | Mallory Short         | Rock Bridge 14.67           |
| 20    | Webster Groves         | 11 Ken Manwarring      | 3                             | Sharae Bates          | Webster Groves 14.68        |
| 22    | Troy                   | 10 Mark Thomas         | 4                             | Brittany Kallenberger | Lee's Summit West 14.69     |
| 23    | Fort Zumwalt West      | 9 John Cunningham      | 5                             | Kimberlin Simon       | McCluer North 14.75         |
| 23    | Parkway North          | 9 Paul Reinisch        | 6                             | Laura King            | Eureka 15.00                |
| 25    | Lindbergh              | 8 Jim Wilder           | 7                             | Amber Solomon         | Kirkwood 15.05              |
| 25    | Northwest (Cedar Hill) | 8 Glen House           | 8                             | Kaylee Marquardt      | Liberty 15.39               |
| 25    | William Chrisman       | 8 Annie Dudek          | <b>800 Meter Relay</b>        |                       |                             |
| 28    | Hazelwood West         | 7 Monica Kircher       | 1                             | Hazelwood Central     | 1:41.55                     |
| 28    | Lafayette (Wildwood)   | 7 Rick Voss            | 2                             | Eureka                | 1:42.53                     |
| 28    | Ritenour               | 7 Michael Wheeler      | 3                             | North Kansas City     | 1:42.66                     |
| 31    | Carthage               | 6 Andy Youngworth      | 4                             | Blue Springs          | 1:42.70                     |
| 31    | Liberty                | 6 Pam Koch             | 5                             | McCluer               | 1:42.77                     |
| 31    | McCluer                | 6 Phillip Wolbrinck    | 6                             | Lee's Summit North    | 1:43.11                     |
| 31    | Nixa                   | 6 Jim Middleton        | 7                             | Rock Bridge           | 1:43.72                     |
| 31    | Raymore-Peculiar       | 6 Jamin Swift          | 8                             | Ladue                 | 1:45.92                     |
| 31    | Seckman                | 6 Becky Jarvis         | <b>Discus</b>                 |                       |                             |
| 31    | Truman                 | 6 Craig Lewis          | 1                             | Asia Cole             | Fort Osage 143-05           |
| 38    | Jackson                | 5 Steve Wachter        | 2                             | Michaela Dapprich     | Branson 138-11              |
| 38    | Parkway West           | 5 Nancy Sachtleben     | 3                             | Shelby Mustain        | Jefferson City 136-09       |
| 38    | Washington             | 5 Mike Olszowka        | 4                             | Kayla Gutierrez       | Kirkwood 131-09             |
| 41    | Poplar Bluff           | 4 Elizabeth Lewis-Muse | 5                             | Tyra Bickham          | Blue Springs 130-10         |
| 42    | Glendale               | 3 Jeff Berryessa       | 6                             | Leah Colbert          | Troy 128-04                 |
| 42    | Oakville               | 3 Mike Bishop          | 7                             | Paden Wachter         | Jackson 128-00              |
| 44    | Hickman                | 2 Steve Kissane        | 8                             | Madeline Middlebrooks | Fort Zumwalt West 122-07    |
| 44    | St. Joe Central        | 2 Charles Taylor       | <b>Triple Jump</b>            |                       |                             |
| 44    | Staley                 | 2 Todd Warner          | 1                             | Nataliyah Friar       | Holt 39-00 3/4              |
| 47    | Fort Zumwalt South     | 1 Greg Hallam          | 2                             | Napheesa Collier      | Jefferson City 38-07 1/2    |
| 47    | Joplin                 | 1 Kasey Piler          | 3                             | Kezia Martin          | Jefferson City 38-04        |
| 47    | Ladue                  | 1 Keith Harder         | 4                             | Jill Harmon           | Lindbergh 38-00 1/4         |
|       |                        |                        | 5                             | Paige Nelson          | Parkway Central 37-08       |
|       |                        |                        | 6                             | Bri Starr             | Blue Springs 37-01 1/4      |
|       |                        |                        | 7                             | Jamie Newsome         | Lee's Summit West 37-00 1/2 |
|       |                        |                        | 8                             | Monique Townson       | Staley 36-08 3/4            |

**200 Meters**

|   |                  |                   |        |
|---|------------------|-------------------|--------|
| 1 | Tianna Valentine | Hazelwood East    | 23.71w |
| 2 | Peyton Chaney    | Nerinx Hall       | 23.74w |
| 3 | Ashley Henderson | Hazelwood Central | 24.39w |
| 4 | Whitney Adams    | Francis Howell    | 24.46w |
| 5 | Alexandria Isom  | Nerinx Hall       | 24.82w |
| 6 | Nekole Harvey    | Oakville          | 25.37w |
| 7 | Gabby Hall       | Blue Springs      | 25.38w |
| 8 | Sharee Zombo     | Liberty           | 25.85w |

**1600 Meters**

|   |                      |                    |         |
|---|----------------------|--------------------|---------|
| 1 | Samantha Nightingale | Blue Springs South | 4:56.06 |
| 2 | Hannah Long          | Eureka             | 4:58.56 |
| 3 | Jill Whitman         | Cor Jesu           | 5:03.69 |
| 4 | Kennadee Williams    | Lee's Summit West  | 5:05.99 |
| 5 | Hannah Richardson    | Kirkwood           | 5:07.65 |
| 6 | Marie Taylor         | Liberty            | 5:08.67 |
| 7 | Conradette King      | Jefferson City     | 5:09.88 |
| 8 | Taylor Adelsberger   | Fort Zumwalt South | 5:11.03 |

**300 Meter Low Hurdles**

|   |                 |                  |       |
|---|-----------------|------------------|-------|
| 1 | Kimberlin Simon | McCluer North    | 43.81 |
| 2 | Bria McWoods    | Kirkwood         | 43.82 |
| 3 | Morgan Smith    | Raymore-Peculiar | 44.31 |
| 4 | Nicole Douglas  | Parkway West     | 44.71 |
| 5 | Amber Solomon   | Kirkwood         | 44.84 |
| 6 | Tyler Kelly     | Hazelwood West   | 44.86 |
| 7 | Sydia Darker    | Ritenour         | 46.03 |
| 8 | Kalah Edwards   | McCluer          | 46.06 |

**1600 Meter Relay**

|   |                      |         |
|---|----------------------|---------|
| 1 | Francis Howell       | 3:52.71 |
| 2 | Lee's Summit North   | 3:54.42 |
| 3 | Lee's Summit West    | 3:56.83 |
| 4 | Jefferson City       | 3:56.86 |
| 5 | Kirkwood             | 3:59.25 |
| 6 | Hazelwood Central    | 4:00.76 |
| 7 | St. Teresa's         | 4:01.98 |
| 8 | Lafayette (Wildwood) | 4:08.18 |

**Shot Put**

|   |                   |                        |           |
|---|-------------------|------------------------|-----------|
| 1 | Asia Cole         | Fort Osage             | 46-01     |
| 2 | Alysiah Whittaker | Northwest (Cedar Hill) | 41-02 1/2 |
| 3 | Tyra Bickham      | Blue Springs           | 41-01 1/2 |
| 4 | Cydnee Holmes     | Lee's Summit North     | 40-06     |
| 5 | Ali Frazier       | Poplar Bluff           | 40-02     |
| 6 | Paden Wachter     | Jackson                | 39-09     |
| 7 | Leah Colbert      | Troy                   | 39-02 1/4 |
| 8 | Payton White      | Liberty                | 38-07     |

**High Jump**

|   |                       |                      |      |
|---|-----------------------|----------------------|------|
| 1 | Brittany Kallenberger | Lee's Summit West    | 5-08 |
| 2 | Kylie Ellison         | Fort Zumwalt West    | 5-08 |
| 3 | Mackenzie Schwietz    | Lafayette (Wildwood) | 5-07 |
| 4 | Amber Alexander       | Parkway North        | 5-07 |
| 5 | Alyssa Carlton        | Seckman              | 5-06 |
| 6 | Napheesa Collier      | Jefferson City       | 5-06 |
| 7 | Becca Banning         | Staley               | 5-03 |
| 7 | Miriah Johnson        | Joplin               | 5-03 |
| 7 | Alauna Ray            | McCluer              | 5-03 |

**400 Meters**

|   |                  |                   |       |
|---|------------------|-------------------|-------|
| 1 | Whitney Adams    | Francis Howell    | 54.70 |
| 2 | Elisa Steele     | Kirkwood          | 57.42 |
| 3 | Peyton Chaney    | Nerinx Hall       | 57.43 |
| 4 | Rachel Sullivan  | Troy              | 57.70 |
| 5 | Jamie Newsome    | Lee's Summit West | 57.95 |
| 6 | Rachel Culberson | McCluer North     | 58.31 |
| 7 | Brady Rodney     | St. Joe Central   | 58.37 |
| 8 | Alexandria Isom  | Nerinx Hall       | 58.77 |

**3200 Meters**

|   |                      |                    |          |
|---|----------------------|--------------------|----------|
| 1 | Samantha Nightingale | Blue Springs South | 10:44.96 |
| 2 | Jill Whitman         | Cor Jesu           | 11:11.27 |
| 3 | Hannah DeVries       | North Kansas City  | 11:16.53 |
| 4 | Leah Krause          | Francis Howell     | 11:17.56 |
| 5 | Conradette King      | Jefferson City     | 11:17.71 |
| 6 | Ellyn Atkinson       | Glendale           | 11:18.17 |
| 7 | Nicole Mello         | Hickman            | 11:18.96 |
| 8 | Samantha Garrett     | Rock Bridge        | 11:25.71 |

**400 Meter Relay**

|   |                  |       |
|---|------------------|-------|
| 1 | Nerinx Hall      | 47.77 |
| 2 | Parkway Central  | 48.73 |
| 3 | William Chrisman | 48.80 |
| 4 | Webster Groves   | 48.87 |
| 5 | Parkway North    | 48.93 |
| 6 | McCluer North    | 49.12 |
| 7 | Eureka           | 49.12 |
| 8 | Blue Springs     | 49.18 |

**3200 Meter Relay**

|   |                    |         |
|---|--------------------|---------|
| 1 | St. Teresa's       | 9:20.15 |
| 2 | Eureka             | 9:23.73 |
| 3 | Kirkwood           | 9:26.53 |
| 4 | Lee's Summit West  | 9:30.81 |
| 5 | Francis Howell     | 9:31.14 |
| 6 | Lee's Summit North | 9:31.82 |
| 7 | Jefferson City     | 9:35.41 |
| 8 | Rock Bridge        | 9:37.81 |

**Long Jump**

|   |                  |                   |           |
|---|------------------|-------------------|-----------|
| 1 | Jazmin McCoy     | North Kansas City | 19-00     |
| 2 | Nataliyah Friar  | Holt              | 18-05     |
| 3 | Kaylee Morgan    | Carthage          | 18-01 1/2 |
| 4 | Sydia Darker     | Ritenour          | 17-11     |
| 5 | Tyonna Snow      | Blue Springs      | 17-10     |
| 6 | Jill Harmon      | Lindbergh         | 17-05 1/2 |
| 7 | Waynieka Wheeler | William Chrisman  | 17-05 1/4 |
| 8 | Kezia Martin     | Jefferson City    | 17-02 1/4 |

**Pole Vault**

|   |                       |                    |       |
|---|-----------------------|--------------------|-------|
| 1 | Brittany Kallenberger | Lee's Summit West  | 12-10 |
| 2 | Megan Wright          | Blue Springs       | 12-00 |
| 3 | Megan Wickersham      | Nixa               | 11-03 |
| 4 | Lia Howe              | Lee's Summit North | 11-03 |
| 5 | Lauralyn Rosenberger  | Hazelwood West     | 11-00 |
| 6 | Lucy Givens           | Branson            | 11-00 |
| 7 | Maranda Akers         | Seckman            | 11-00 |
| 8 | Megan Plevel          | Holt               | 10-09 |

# 2013 MSHSAA Class 4 Girls State Outdoor Track Meet

| <b>Teams</b> |                        | <b>Coach</b> |                        | <b>100 Meters</b>             |                    |                      |            |
|--------------|------------------------|--------------|------------------------|-------------------------------|--------------------|----------------------|------------|
| 1            | Hazelwood Central      | 49           | 1/2 Glenn Norwood      | 1                             | Ashley Henderson   | Hazelwood Central    | 11.95      |
| 2            | Blue Springs           | 48           | Jennifer Reeder        | 2                             | Jazmin McCoy       | Blue Springs         | 12.13      |
| 3            | Francis Howell         | 44           | Nate Tower             | 3                             | Whitney Adams      | Francis Howell       | 12.19      |
| 4            | Eureka                 | 42           | Darrell Lewis          | 4                             | Prenechia Ponds    | Hazelwood Central    | 12.24      |
| 5            | McCluer North          | 41           | Sheldon Webster        | 5                             | Nekole Harvey      | Oakville             | 12.46      |
| 6            | McCluer                | 28           | 1/2 Phillip Wollbrinck | 6                             | M.C. Landolt       | Washington           | 12.55      |
| 7            | Jackson                | 28           | Steve Wachter          | 7                             | Nataliyah Friar    | Holt                 | 12.57      |
| 8            | St. Teresa's           | 27           | Mark Hough             | 8                             | Waynieka Wheeler   | William Chrisman     | 12.60      |
| 9            | Lee's Summit North     | 25           | Ed Brill               | <b>800 Meters</b>             |                    |                      |            |
| 10           | Holt                   | 21           | Craig Kinnary          | 1                             | Hannah Long        | Eureka               | 2:11.06    |
| 10           | Parkway North          | 21           | Carla Hertlein         | 2                             | Valeska Halamiccek | Francis Howell       | 2:12.56    |
| 12           | Lee's Summit West      | 18           | Jesse Griffin          | 3                             | Lane Maguire       | St. Teresa's         | 2:12.86    |
| 13           | Raymore-Peculiar       | 17           | Jamin Swift            | 4                             | Paityn Howat       | St. Joe Central      | 2:13.53    |
| 14           | Rock Bridge            | 16           | Neal Blackburn         | 5                             | Sabrina Monsees    | Winnetonka           | 2:14.67    |
| 14           | Washington             | 16           | Mike Olszowka          | 6                             | Lucy May           | St. Joseph's (St. L) | 2:17.71    |
| 16           | Oakville               | 15           | Arlee Conners          | 7                             | Katherine Kelly    | Lafayette (Wildwood) | 2:18.95    |
| 17           | Cor Jesu               | 14           | Tom Burniski           | 8                             | Caitlin Gervich    | Fort Zumwalt South   | 2:26.44    |
| 17           | Fort Osage             | 14           | JD Snead               | <b>100 Meter High Hurdles</b> |                    |                      |            |
| 17           | Ladue Horton Watkins   | 14           | Keith Harder           | 1                             | Kimberlin Simon    | McCluer North        | 14.52      |
| 17           | St. Joseph Central     | 14           | Charles Taylor         | 2                             | Shaelyn Grant      | McCluer              | 14.58      |
| 21           | Kirkwood               | 13           | Roberta McWoods        | 3                             | Morgan Smith       | Ray- Pec             | 14.90      |
| 21           | Parkway Central        | 13           | Ryan Banta             | 4                             | Mallory Short      | Rock Bridge          | 15.04      |
| 23           | Camdenton              | 12           | John McNabb            | 5                             | Danyell Kates      | Gateway              | 15.22      |
| 23           | Staley                 | 12           | Molly Smith            | 6                             | Ariel Okorie       | Waynesville          | 15.35      |
| 25           | North Kansas City      | 11           | 1/2 Chris McCullough   | 7                             | Anne Massey        | Lindbergh            | 15.68      |
| 26           | St. Joseph's Academy   | 11           | Walker Yane            | 8                             | Lexi Pesek         | Eureka               | 15.71      |
| 27           | Jefferson City         | 10           | Dan Ridgeway           | <b>800 Meter Relay</b>        |                    |                      |            |
| 27           | Rockwood Summit        | 10           | Chris Moore            | 1                             | Hazelwood Central  | 1:39.86              |            |
| 29           | Ft. Zumwalt West       | 8            | Bruce Price            | 2                             | Blue Springs       | 1:40.70              |            |
| 29           | Liberty                | 8            | Pam Koch               | 3                             | Lee's Summit North | 1:41.36              |            |
| 31           | Winnetonka             | 7            | Dale Brown             | 4                             | Parkway North      | 1:42.37              |            |
| 32           | Branson                | 6            | Kevin Blackwell        | 5                             | Kirkwood           | 1:43.09              |            |
| 32           | Northwest (Cedar Hill) | 6            | Glen House             | 6                             | Oakville           | 1:44.09              |            |
| 34           | Hazelwood West         | 5            | 1/2 Monica Kircher     | 7                             | Waynesville        | 1:44.42              |            |
| 35           | Lafayette (Wildwood)   | 5            | Rick Voss              | 8                             | Ray- Pec           | 1:46.05              |            |
| 35           | Nixa                   | 5            | Jim Middleton          | <b>Discus</b>                 |                    |                      |            |
| 35           | Truman                 | 5            | Craig Lewis            | 1                             | Paden Wachter      | Jackson              | 135-01     |
| 35           | Waynesville            | 5            | Gary Schultz           | 2                             | Tyra Bickham       | Blue Springs         | 133-04     |
| 39           | Francis Howell North   | 4            | 1/2 Greg Hennenfent    | 3                             | Moriah Dapprich    | Branson              | 129-08     |
| 40           | Gateway                | 4            | Juanita Coleman        | 4                             | Ali Taylor         | Staley               | 125-06     |
| 40           | Lindbergh              | 4            | Jim Wilder             | 5                             | Asia Cole          | Fort Osage           | 125-02     |
| 40           | Marquette              | 4            | Mike Ebert             | 6                             | Emily Goeken       | Carthage             | 124-07     |
| 43           | Carthage               | 3            | Andy Youngworth        | 7                             | Cydnee Holmes      | Lee's Summit North   | 124-07     |
| 43           | Park Hill South        | 3            | Andy Keefer            | 8                             | Desirea Buerge     | Webb City            | 119-08     |
| 43           | William Chrisman       | 3            | Annie Dudek            | <b>Triple Jump</b>            |                    |                      |            |
| 46           | Republic               | 2            | 1/2 Tori Mooneyham     | 1                             | Nataliyah Friar    | Holt                 | 39-01 1/2  |
| 47           | Blue Springs South     | 2            | Ryan Unruh             | 2                             | Paige Nelson       | Parkway Central      | 38-08 3/4  |
| 47           | Ft. Zumwalt South      | 2            | Greg Hallam            | 3                             | Eboni Moore        | Lee's Summit North   | 37-08      |
| 47           | Nerinx Hall            | 2            | James Belle            | 4                             | Alexis Hart        | Truman               | 37-07 1/4w |
| 50           | Troy Buchanan          | 1            | Mark Thomas            | 5                             | McKenzie Wright    | Camdenton            | 37-05w     |
| 50           | Webb City              | 1            | Jeremy Butler          | 6                             | Kirstie Leslie     | Washington           | 37-01w     |
|              |                        |              |                        | 7                             | Alauna Ray         | McCluer              | 36-10 1/2  |
|              |                        |              |                        | 8                             | Jamie Newsome      | Lee's Summit West    | 36-10 1/4w |

**200 Meters**

|                    |                   |       |
|--------------------|-------------------|-------|
| 1 Ashley Henderson | Hazelwood Central | 24.50 |
| 2 Prenecia Ponds   | Hazelwood Central | 24.87 |
| 3 Whitney Adams    | Francis Howell    | 24.88 |
| 4 Jazmin McCoy     | Blue Springs      | 25.18 |
| 5 Nataliyah Friar  | Holt              | 25.69 |
| 6 Madison Barker   | Ladue             | 25.79 |
| 7 Alexandria Isom  | Nerinx Hall       | 25.84 |
| 8 Jazmine Thompson | Staley            | 25.88 |

**1600 Meters**

|                      |                      |         |
|----------------------|----------------------|---------|
| 1 Hannah Long        | Eureka               | 4:49.53 |
| 2 Lucy May           | St. Joseph's (St. L) | 5:02.04 |
| 3 Courtney Coppinger | St. Teresa's         | 5:02.30 |
| 4 Kennadee Williams  | Lee's Summit West    | 5:02.85 |
| 5 Jill Whitman       | Cor Jesu             | 5:03.46 |
| 6 Angie Sumner       | Eureka               | 5:03.97 |
| 7 Grace Klausen      | Blue Springs South   | 5:08.12 |
| 8 Teylar Adelsberger | Fort Zumwalt South   | 5:10.42 |

**300 Meter Low Hurdles**

|                   |                 |       |
|-------------------|-----------------|-------|
| 1 Morgan Smith    | Ray- Pec        | 43.72 |
| 2 Shaelyn Grant   | McCluer         | 43.84 |
| 3 Jasmine Barge   | McCluer North   | 44.51 |
| 4 Kimberlin Simon | McCluer North   | 45.42 |
| 5 Tyler Kelly     | Hazelwood West  | 45.69 |
| 6 Jocelyn Payne   | Kirkwood        | 46.23 |
| 7 Haley Watson    | Jefferson City  | 46.27 |
| 8 Audrey Rothers  | Park Hill South | 46.98 |

**1600 Meter Relay**

|                     |         |
|---------------------|---------|
| 1 Francis Howell    | 3:49.06 |
| 2 McCluer North     | 3:50.59 |
| 3 Kirkwood          | 3:54.01 |
| 4 Ladue             | 3:57.18 |
| 5 Marquette         | 3:58.73 |
| 6 McCluer           | 3:58.78 |
| 7 Hazelwood Central | 4:00.62 |
| 8 St. Joe Central   | 4:10.93 |

**Shot Put**

|                         |                    |           |
|-------------------------|--------------------|-----------|
| 1 Asia Cole             | Fort Osage         | 44-05 1/4 |
| 2 Paden Wachter         | Jackson            | 43-06     |
| 3 Alysiah Whittaker     | Northwest          | 43-00 1/2 |
| 4 Tyra Bickham          | Blue Springs       | 42-08 3/4 |
| 5 Aliyah Brown          | Rockwood Summit    | 41-11 3/4 |
| 6 Madeline Middlebrooks | Fort Zumwalt West  | 39-11 1/2 |
| 7 Morgan Keesee         | Park Hill South    | 38-11     |
| 8 Cydnee Holmes         | Lee's Summit North | 38-02     |

**High Jump**

|                    |                   |      |
|--------------------|-------------------|------|
| 1 Amber Alexander  | Parkway North     | 5-06 |
| 2 McKenzie Wright  | Camdenton         | 5-06 |
| 3 Kiesha Bailey    | North Kansas City | 5-05 |
| 4 Alexis Miller    | Hazelwood Central | 5-04 |
| 4 Alauna Ray       | McCluer           | 5-04 |
| 6 Taylor Thompson  | North Kansas City | 5-03 |
| 6 Brooke Stanfield | Republic          | 5-03 |
| 8 Chrisha Riley    | William Chrisman  | 5-03 |

**400 Meters**

|                    |                    |         |
|--------------------|--------------------|---------|
| 1 Whitney Adams    | Francis Howell     | 55.30   |
| 2 Brady Rodney     | St. Joe Central    | 56.85   |
| 3 Madison Barker   | Ladue              | 57.09   |
| 4 alicia reed      | Fort Zumwalt West  | 57.50   |
| 5 Rhema Taylor     | Lee's Summit North | 57.60   |
| 6 Lydia Harold     | McCluer            | 58.80   |
| 7 Rachel Culberson | McCluer North      | 1:00.18 |
| 8 Jamie Newsome    | Lee's Summit West  | 1:30.56 |

**3200 Meters**

|                      |                   |          |
|----------------------|-------------------|----------|
| 1 Jill Whitman       | Cor Jesu          | 10:51.29 |
| 2 Angie Sumner       | Eureka            | 10:55.66 |
| 3 Courtney Coppinger | St. Teresa's      | 10:57.45 |
| 4 Kennadee Williams  | Lee's Summit West | 10:58.49 |
| 5 Alyssa Jones       | Rockwood Summit   | 11:07.31 |
| 6 Sam Farmer         | Rock Bridge       | 11:11.38 |
| 7 Marilise Stamps    | Rock Bridge       | 11:12.52 |
| 8 Ann Campbell       | St. Teresa's      | 11:12.72 |

**400 Meter Relay**

|                    |       |
|--------------------|-------|
| 1 McCluer North    | 48.21 |
| 2 Oakville         | 48.67 |
| 3 Parkway North    | 48.73 |
| 4 Parkway Central  | 48.77 |
| 5 Blue Springs     | 49.00 |
| 6 Winnetonka       | 49.17 |
| 7 Rockwood Summit  | 50.34 |
| 8 William Chrisman | 50.41 |

**3200 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 Eureka               | 9:12.01 |
| 2 St. Teresa's         | 9:15.67 |
| 3 Lee's Summit West    | 9:19.84 |
| 4 Rock Bridge          | 9:28.46 |
| 5 Francis Howell       | 9:28.97 |
| 6 Lafayette (Wildwood) | 9:29.42 |
| 7 Lee's Summit North   | 9:34.99 |
| 8 Troy                 | 9:41.65 |

**Long Jump**

|                   |                   |           |
|-------------------|-------------------|-----------|
| 1 Jazmin McCoy    | Blue Springs      | 18-09 1/2 |
| 2 Kezia Martin    | Jefferson City    | 17-06 1/2 |
| 3 Monique Townson | Staley            | 17-05 3/4 |
| 4 Nataliyah Friar | Holt              | 17-02 1/2 |
| 5 Kirstie Leslie  | Washington        | 17-01 1/4 |
| 6 Kiesha Bailey   | North Kansas City | 17-00 3/4 |
| 7 Jordan Yanker   | Lindbergh         | 16-11 1/2 |
| 8 Makayla Jones   | Rock Bridge       | 16-08 3/4 |

**Pole Vault**

|                        |                      |       |
|------------------------|----------------------|-------|
| 1 Sierra Maddox        | Jackson              | 12-06 |
| 2 Heather Glenn        | Liberty              | 11-09 |
| 3 Kirstie Leslie       | Washington           | 11-03 |
| 4 Megan Wickersham     | Nixa                 | 11-03 |
| 5 Lia Howe             | Lee's Summit North   | 11-03 |
| 6 Dominique Meyer      | Francis Howell North | 11-03 |
| 7 Michaela Randolph    | Francis Howell North | 11-03 |
| 7 Lauralyn Rosenberger | Hazelwood West       | 11-03 |

# 2014 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                   | Coach                  | 100 Meters                                  |
|-------------------------|------------------------|---|
| 1 McCluer North         | 65 Sheldon Webster     | 1 Ashley Henderson Hazelwood Central 11.86  |
| 2 Lee's Summit West     | 52 Jesse Griffin       | 2 Lydia Harold McCluer 11.98                |
| 3 Hazelwood Central     | 46 Glenn Norwood       | 3 M.C. Landolt Washington 12.27             |
| 4 Eureka                | 40 Darrell Lewis       | 4 Jazmine Thompson Staley 12.35             |
| 5 Lee's Summit North    | 38 Ed Brill            | 5 Jaslyn Williams Springfield Central 12.38 |
| 6 Jefferson City        | 30 Dan Ridgeway        | 6 Syanne Johnston Ft. Zumwalt East 12.39    |
| 7 Francis Howell        | 23 Dave Rogles         | 7 Imani Hutchinson Raytown South 12.41      |
| 7 Rock Bridge           | 23 Neal Blackburn      | 8 Genel Rollins Incarnate Word 12.45        |
| 9 Blue Springs          | 20 Jennifer Reeder     |   |
| 10 Camdenton            | 18 John McNabb         | <b>800 Meters</b>                           |
| 10 Fort Osage           | 18 JD Snead            | 1 Hannah Long Eureka 2:10.78                |
| 10 North Kansas City    | 18 Chris McCullough    | 2 Sabrina Monsees Winnetonka 2:13.89        |
| 13 McCluer              | 16 Phillip Wollbrinck  | 3 Annika Sisson Lee's Summit West 2:15.20   |
| 13 Raymore-Peculiar     | 16 Jamin Swift         | 4 Kate White Ladue 2:15.74                  |
| 13 Webb City            | 16 Jeremy Butler       | 5 Abigail Brown Washington 2:16.30          |
| 16 Truman               | 14 Craig Lewis         | 6 Allison Bailey Kickapoo 2:16.36           |
| 17 Washington           | 13 Mike Olszowka       | 7 Meghan Kearney Notre Dame de Sion 2:16.74 |
| 17 Waynesville          | 13 Gary Shultz         | 8 Rebecca Turney Francis Howell 2:18.12     |
| 19 Cor Jesu             | 12 Tom Burniski        | <b>100 Meter High Hurdles</b>               |
| 19 St. Teresa's         | 12 Mark Hough          | 1 Jasmine Barge McCluer North 14.53         |
| 19 Winnetonka           | 12 Dale Brown          | 2 Morgan Smith Raymore-Peculiar 14.72       |
| 22 Jackson              | 11 James Stoverink     | 3 Alliah McClendon Hazelwood Central 14.97  |
| 23 Blue Springs South   | 10 Ryan Unruh          | 4 Demetria Anderson McCluer North 15.06     |
| 23 Raytown South        | 10 Thomas Stueve       | 5 Jazmine Thompson Staley 15.24             |
| 23 Rockwood Summit      | 10 Chris Moore         | 6 Ariel Okorie Waynesville 15.26            |
| 23 Troy                 | 10 Par Pitts           | 7 Jocelyn Payne Kirkwood 15.86              |
| 27 Staley               | 9 Molly Smith          |   |
| 28 Ft. Zumwalt East     | 8 Robin Putnam         | <b>800 Meter Relay</b>                      |
| 28 Ladue                | 8 Keith Harder         | 1 McCluer North 1:40.20                     |
| 28 Lafayette (Wildwood) | 8 Rick Voss            | 2 Blue Springs 1:40.85                      |
| 28 Marquette            | 8 Missy Burger         | 3 Hazelwood Central 1:41.41                 |
| 28 Parkway North        | 8 Carla Hertlein       | 4 Parkway North 1:42.28                     |
| 28 Republic             | 8 Tori Mooneyham       | 5 Raytown South 1:43.03                     |
| 28 Springfield Central  | 8 Callie Newton        | 6 Kirkwood 1:43.46                          |
| 28 William Chrisman     | 8 Annie Dudek          | 7 Lafayette (Wildwood) 1:45.23              |
| 36 Kickapoo             | 7 Jeremy Goddard       | 8 Lee's Summit North 1:56.94                |
| 36 Kirkwood             | 7 Roberta McWoods      | <b>Discus</b>                               |
| 36 Nerinx Hall          | 7 James Belle          | 1 Desirea Buerge Webb City 153-08           |
| 39 Poplar Bluff         | 6 Elizabeth Lewis-Muse | 2 Asia Cole Fort Osage 139-07               |
| 40 Hickman              | 5 Stewart Johnson      | 3 Imani Johnson Lee's Summit North 128-02   |
| 41 Francis Howell North | 4 Greg Hennenfent      | 4 Bri Livingston Troy 124-05                |
| 41 Riverview Gardens    | 4 Abena Bradley-Madkin | 5 Mubinah Khaleel Rock Bridge 123-02        |
| 43 Holt                 | 3 Craig Kinnary        | 6 Jessenia Ellis Poplar Bluff 122-00        |
| 43 Incarnate Word       | 3 Vashell Anderson     | 7 Audrey Holt Rock Bridge 119-02            |
| 43 Joplin               | 3 Kasey Pliier         | 8 Allie Webb Truman 117-11                  |
| 43 Oak Park             | 3 Tom Ressler          | <b>Triple Jump</b>                          |
| 47 Carthage             | 2 Andy Youngworth      | 1 Kezia Martin Jefferson City 39-06 1/4     |
| 47 Neosho               | 2 Zachariah Nelson     | 2 Jamie Newsome Lee's Summit West 39-00     |
| 47 Notre Dame de Sion   | 2 Lori Donnelly        | 3 McKenzie Wright Camdenton 38-04 1/2       |
| 50 Ft. Zumwalt West     | 1 Bruce Price          | 4 Madison Wipfler Rock Bridge 37-10         |
| 50 Park Hill            | 1 Tari Garner          | 5 Esther Loukawila Winnetonka 37-09w        |
| 50 Seckman              | 1 Becky Jarvis         | 6 Alexis Hart Truman 37-05                  |
|                         |                        | 7 Kim Teed Carthage 37-00 1/2w              |
|                         |                        | 8 Alyssa Carlton Seckman 36-09 1/2w         |

**200 Meters**

|                    |                     |       |
|--------------------|---------------------|-------|
| 1 Ashley Henderson | Hazelwood Central   | 24.12 |
| 2 Lydia Harold     | McCluer             | 24.21 |
| 3 Kelsey Lewis     | Lee's Summit North  | 24.93 |
| 4 Syanne Johnston  | Ft. Zumwalt East    | 25.07 |
| 5 Jaslyn Williams  | Springfield Central | 25.14 |
| 6 M.C. Landolt     | Washington          | 25.39 |
| 7 Genel Rollins    | Incarnate Word      | 25.41 |
| 8 Gabby Hall       | Blue Springs        | 25.59 |

**1600 Meters**

|                     |                   |         |
|---------------------|-------------------|---------|
| 1 Hannah Long       | Eureka            | 4:46.21 |
| 2 Ann Campbell      | St. Teresa's      | 4:54.78 |
| 3 Jill Whitman      | Cor Jesu          | 4:55.32 |
| 4 Hannah Pierson    | Marquette         | 5:00.15 |
| 5 Elizabeth Nolke   | Lee's Summit West | 5:00.43 |
| 6 Kristen Adams     | Francis Howell    | 5:00.57 |
| 7 Kayla Funkenbusch | Rock Bridge       | 5:01.21 |
| 8 Sophia Racette    | Nerinx Hall       | 5:01.25 |

**300 Meter Low Hurdles**

|                     |                    |       |
|---------------------|--------------------|-------|
| 1 Jasmine Barge     | McCluer North      | 41.79 |
| 2 Morgan Smith      | Raymore-Peculiar   | 43.34 |
| 3 Haley Watson      | Jefferson City     | 45.48 |
| 4 Brielle Magee     | Lee's Summit North | 45.57 |
| 5 Ariel Okorie      | Waynesville        | 45.72 |
| 6 Kaley Breault     | Oak Park           | 45.83 |
| 7 Demetria Anderson | McCluer North      | 45.98 |

**1600 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 McCluer North        | 3:48.82 |
| 2 Lee's Summit West    | 3:53.18 |
| 3 Lee's Summit North   | 3:54.14 |
| 4 Hickman              | 3:55.71 |
| 5 Rock Bridge          | 3:56.37 |
| 6 Lafayette (Wildwood) | 3:59.22 |
| 7 Parkway North        | 4:02.17 |
| 8 Blue Springs         | 4:03.76 |

**Shot Put**

|                   |                    |           |
|-------------------|--------------------|-----------|
| 1 Asia Cole       | Fort Osage         | 45-05 1/2 |
| 2 Aliyah Brown    | Summit             | 42-05     |
| 3 Desirea Buerge  | Webb City          | 42-03 1/2 |
| 4 Leah Colbert    | Troy               | 41-09     |
| 5 Wendy Siavii    | Blue Springs South | 41-07     |
| 6 Shelby Beaver   | Joplin             | 40-03 1/4 |
| 7 Imani Johnson   | Lee's Summit North | 39-06 1/4 |
| 8 Alexis Roberson | Jefferson City     | 39-00 1/2 |

**High Jump**

|                     |                   |      |
|---------------------|-------------------|------|
| 1 Nekiesha Bailey   | North Kansas City | 5-08 |
| 2 Chrisha Riley     | William Chrisman  | 5-07 |
| 3 McKenzie Wright   | Camdenton         | 5-06 |
| 4 Brooke Stanfield  | Republic          | 5-04 |
| 5 Carlissha Newby   | Riverview Gardens | 5-03 |
| 6 Sarah Dumas       | Holt              | 5-02 |
| 7 Alicia Starr      | Blue Springs      | 5-02 |
| 8 Haley Lindenbusch | Ft. Zumwalt West  | 5-02 |

**400 Meters**

|                     |                    |       |
|---------------------|--------------------|-------|
| 1 Jamie Newsome     | Lee's Summit West  | 56.11 |
| 2 Rachel Culberson  | McCluer North      | 56.90 |
| 3 Rhema Taylor      | Lee's Summit North | 57.17 |
| 4 Aliyah Hakim      | Lee's Summit North | 57.57 |
| 5 Allison Bailey    | Kickapoo           | 57.86 |
| 6 Chisara Achillefu | Ladue              | 58.38 |
| 7 Miche-Ala Woods   | McCluer North      | 58.56 |
| 8 Carli Knott       | Jackson            | 58.84 |

**3200 Meters**

|                     |                |          |
|---------------------|----------------|----------|
| 1 Hannah Long       | Eureka         | 10:34.26 |
| 2 Kristen Adams     | Francis Howell | 10:46.44 |
| 3 Jill Whitman      | Cor Jesu       | 10:49.19 |
| 4 Maddi Leigh       | Francis Howell | 11:02.40 |
| 5 Ann Campbell      | St. Teresa's   | 11:02.87 |
| 6 Hannah Pierson    | Marquette      | 11:03.25 |
| 7 Sophia Racette    | Nerinx Hall    | 11:14.01 |
| 8 Kayla Funkenbusch | Rock Bridge    | 11:19.82 |

**400 Meter Relay**

|                      |       |
|----------------------|-------|
| 1 Hazelwood Central  | 48.46 |
| 2 McCluer North      | 48.68 |
| 3 Blue Springs       | 48.76 |
| 4 Blue Springs South | 48.81 |
| 5 Raytown South      | 48.82 |
| 6 Jefferson City     | 49.29 |
| 7 Kirkwood           | 49.59 |
| 8 Parkway North      | 49.71 |

**3200 Meter Relay**

|                        |         |
|------------------------|---------|
| 1 Eureka               | 9:11.20 |
| 2 Lee's Summit West    | 9:12.31 |
| 3 Francis Howell       | 9:19.66 |
| 4 Rock Bridge          | 9:22.06 |
| 5 Nerinx Hall          | 9:26.10 |
| 6 Lafayette (Wildwood) | 9:28.21 |
| 7 Blue Springs         | 9:28.77 |
| 8 Lee's Summit North   | 9:36.26 |

**Long Jump**

|                   |                    |           |
|-------------------|--------------------|-----------|
| 1 Alexis Hart     | Truman             | 18-05     |
| 2 Nekiesha Bailey | North Kansas City  | 18-04 1/2 |
| 3 Ariel Okorie    | Waynesville        | 18-00 1/4 |
| 4 Kezia Martin    | Jefferson City     | 18-00     |
| 5 Jhaere Mitchell | Hazelwood Central  | 17-04 1/2 |
| 6 Cassidy Harris  | Poplar Bluff       | 17-03     |
| 7 Tiffany Gilford | Neosho             | 17-01 3/4 |
| 8 Jahliah Clay    | Blue Springs South | 17-00     |

**Pole Vault**

|                       |                      |       |
|-----------------------|----------------------|-------|
| 1 Sierra Maddox       | Jackson              | 12-06 |
| 2 Nicole Kallenberger | Lee's Summit West    | 12-00 |
| 3 Judy Keys           | Camdenton            | 11-06 |
| 4 Emma Elwood         | Jefferson City       | 11-03 |
| 5 Dominique Meyer     | Francis Howell North | 11-03 |
| 6 Haven Lander        | Republic             | 11-00 |
| 7 Cailin Collins      | Summit               | 11-00 |
| 8 Taylor Cofeild      | Park Hill            | 10-06 |



# 2015 MSHSAA Class 4 Girls State Outdoor Track Meet

| Teams                    | Coach                   | 100 Meters                    |
|--------------------------|-------------------------|-------------------------------|
| 1 Poplar Bluff           | 61 Elizabeth Lewis-Muse | 1 Anglerne Annelus            |
| 2 Ste. Genevieve         | 54 Brian Jett           | 2 Maya Cody                   |
| 3 Lutheran South         | 47 Scott DeNoyer        | 3 Antravia Green              |
| 4 Grandview              | 45 Dana Bedwell         | 4 Saenea Williams             |
| 5 Webster Groves         | 44 1/2 Heather Kelley   | 5 Mikayla Dudley              |
| 6 MICDS                  | 41 1/2 Jim Lohr         | 6 Syanne Johnston             |
| 7 Winnetonka             | 32 Dale Brown           | 7 Nia Lunn                    |
| 8 Raytown South          | 29 Thomas Stueve        | 8 Joanna Adams                |
| 9 Webb City              | 25 Jeremy Butler        |                               |
| 10 Rockwood Summit       | 20 1/2 Chris Moore      | 1 Meghan Kearney              |
| 11 Sikeston              | 20 Terry Flannigan      | 2 Hannah Deines               |
| 12 Villa Duchesne        | 19 Brian McQueary       | 3 Sabrina Monsees             |
| 13 Parkway Central       | 18 Ryan Banta           | 4 Kylie Frank                 |
| 14 Warrensburg           | 17 Scott Grinde         | 5 Carolyn White               |
| 15 St. Clair             | 16 Ben Garmer           | 6 Taylor Werner               |
| 15 Westminster Christian | 16 Jennifer Meyer       | 7 Michelle Shamroe            |
| 17 Ladue                 | 15 Keith Harder         | 8 Emily Adkisson              |
| 18 Helias                | 14 Chip Malmstrom       |                               |
| 19 Center                | 13 Bryan DeLong         | <b>100 Meter High Hurdles</b> |
| 20 Carl Junction         | 10 Mark Robertson       | 1 Jabreuna Brimlett           |
| 20 Notre Dame de Sion    | 10 Lori Donnelly        | 2 Stacey Lambkins             |
| 20 St. Charles West      | 10 Chuck Stancil        | 3 Carolyn Ross                |
| 23 Republic              | 9 1/2 Tori Mooneyham    | 4 Zionn Pearson               |
| 24 Carthage              | 9 Andy Youngworth       | 5 Alexis Hafford              |
| 24 Ft. Zumwalt East      | 9 Robin Putnam          | 6 Kaitlen Crawford            |
| 26 Camdenton             | 8 John McNabb           | 7 Tiffany Gilford             |
| 26 Logan-Rogersville     | 8 Chris Allison         | 8 Emma Couch                  |
| 26 Visitation            | 8 Kurt Russell          |                               |
| 29 DeSoto                | 7 Terry Frank           | <b>800 Meter Relay</b>        |
| 30 Kirksville            | 6 Geoff Hutton          | 1 Grandview                   |
| 30 Smithville            | 6 Greg Smith            | 2 Raytown South               |
| 32 Incarnate Word        | 5 Vashell Anderson      | 3 Sikeston                    |
| 32 Marshfield            | 5 Bridgitte Peterson    | 4 Poplar Bluff                |
| 32 Odessa                | 5 Alan Twilligear       | 5 MICDS                       |
| 35 Farmington            | 4 Derrick Becker        | 6 Center                      |
| 35 Festus                | 4 John Crites           | 7 Parkway Central             |
| 35 Hillcrest             | 4 Robin Collins         | 8 Webb City                   |
| 35 McCluer               | 4 Tim Vanderhoof        |                               |
| 35 Moberly               | 4 Tony Stoneking        | <b>Discus</b>                 |
| 40 Platte County         | 3 Gabe Middleton        | 1 CeCilya Johnson             |
| 40 Union                 | 3 Chris Kelley          | 2 Desirea Buerge              |
| 42 Branson               | 2 Kevin Blackwell       | 3 Deenia Mcmillar             |
| 42 Hillsboro             | 2 Dina Holland          | 4 Jessenia Ellis              |
| 42 Neosho                | 2 Zachariah Nelson      | 5 Mercedes Cedillo-G          |
| 42 Pleasant Hill         | 2 Lindsay Neal          | 6 Emily Harris                |
| 46 Kearney               | 1 Scott Crall           | 7 Donna Borer                 |
| 46 Parkway West          | 1 Nancy Schtleben       | 8 Emily Eller                 |
| 46 St. Charles           | 1 Ben Owens             |                               |
| 46 University City       | 1 Matt Hatcher          | <b>Triple Jump</b>            |
|                          |                         | 1 Kezia Martin                |
|                          |                         | 2 Jamie Newsome               |
|                          |                         | 3 McKenzie Wright             |
|                          |                         | 4 Madison Wipfler             |
|                          |                         | 5 Esther Loukawila            |
|                          |                         | 6 Alexis Hart                 |
|                          |                         | 7 Kim Teed                    |
|                          |                         | 8 Alyssa Carlton              |

|                  |       |
|------------------|-------|
| Grandview        | 11.75 |
| Lutheran South   | 12.08 |
| Sikeston         | 12.43 |
| Westminster C    | 12.47 |
| Center           | 12.48 |
| Ft. Zumwalt East | 12.53 |
| Raytown South    | 12.60 |
| McCluer          | 12.72 |

|                    |         |
|--------------------|---------|
| Notre Dame de Sion | 2:15.15 |
| Villa Duchesne     | 2:15.34 |
| Winnetonka         | 2:15.64 |
| Helias             | 2:16.12 |
| Festus             | 2:16.80 |
| Ste. Genevieve     | 2:17.06 |
| Rockwood Summit    | 2:17.39 |
| Westminster C      | 2:19.80 |

|                |       |
|----------------|-------|
| Poplar Bluff   | 14.43 |
| Webster Groves | 15.08 |
| Webster Groves | 15.16 |
| MICDS          | 15.17 |
| Poplar Bluff   | 15.55 |
| Ladue          | 15.61 |
| Neosho         | 15.87 |
| Kearney        | 16.46 |

|         |  |
|---------|--|
| 1:41.10 |  |
| 1:42.57 |  |
| 1:42.77 |  |
| 1:43.40 |  |
| 1:43.66 |  |
| 1:44.60 |  |
| 1:46.27 |  |
| 1:47.36 |  |

|                |        |
|----------------|--------|
| Lutheran South | 158-02 |
| Webb City      | 140-09 |
| Winnetonka     | 140-05 |
| Poplar Bluff   | 129-10 |
| Moberly        | 123-02 |
| Webb City      | 122-09 |
| Pleasant Hill  | 122-01 |
| Lutheran South | 121-10 |

|                   |        |      |
|-------------------|--------|------|
| Jefferson City    | 39-06  | 1/4  |
| Lee's Summit West | 39-00  |      |
| Camdenton         | 38-04  | 1/2  |
| Rock Bridge       | 37-10  |      |
| Winnetonka        | 37-09w |      |
| Truman            | 37-05  |      |
| Carthage          | 37-00  | 1/2w |
| Seckman           | 36-09  | 1/2w |

**200 Meters**

|                    |                  |       |
|--------------------|------------------|-------|
| 1 Anglerne Annelus | Grandview        | 23.85 |
| 2 Maya Cody        | Lutheran South   | 24.14 |
| 3 Syanne Johnston  | Ft. Zumwalt East | 24.90 |
| 4 Saenea Williams  | Westminster C    | 24.95 |
| 5 Imani Hutchinson | Raytown South    | 25.20 |
| 6 Mikayla Dudley   | Center           | 25.39 |
| 7 Chisara Achilefu | Ladue            | 25.90 |
| 8 Krisman Eakin    | Poplar Bluff     | 26.14 |

**1600 Meters**

|                    |                 |         |
|--------------------|-----------------|---------|
| 1 Taylor Werner    | Ste. Genevieve  | 4:59.62 |
| 2 Mia Jerman       | Ste. Genevieve  | 5:02.30 |
| 3 Melissa Menghini | Rockwood Summit | 5:05.34 |
| 4 Tabitha Weber    | Marshfield      | 5:05.60 |
| 5 Emma Evans       | Winnetonka      | 5:06.96 |
| 6 Jelynn Tatum     | Carl Junction   | 5:07.18 |
| 7 Kaitlyn Shea     | Helias          | 5:07.40 |
| 8 Riley Schelp     | Lutheran South  | 5:07.83 |

**300 Meter Low Hurdles**

|                     |                 |       |
|---------------------|-----------------|-------|
| 1 Jabreuna Brimlett | Poplar Bluff    | 43.52 |
| 2 Carolyn Ross      | Webster Groves  | 44.58 |
| 3 Kaitlen Crawford  | Ladue           | 44.59 |
| 4 Madison Reynolds  | Ste. Genevieve  | 45.00 |
| 5 Kylie Meier       | Camdenton       | 45.24 |
| 6 Soley Webb        | Poplar Bluff    | 45.48 |
| 7 Chyna Moore       | Parkway Central | 45.93 |
| 8 Madison Burt      | Carthage        | 46.58 |

**1600 Meter Relay**

|                         |         |
|-------------------------|---------|
| 1 MICDS                 | 3:55.72 |
| 2 Parkway Central       | 4:02.88 |
| 3 DeSoto                | 4:03.72 |
| 4 Westminster Christian | 4:04.21 |
| 5 Poplar Bluff          | 4:05.34 |
| 6 Union                 | 4:06.01 |
| 7 Raytown South         | 4:16.02 |
| 8 Rockwood Summit       | 4:17.56 |

**Shot Put**

|                     |                 |           |
|---------------------|-----------------|-----------|
| 1 Allison Hinson    | St. Clair       | 47-03 3/4 |
| 2 Desirea Buerge    | Webb City       | 44-11 1/4 |
| 3 Emily Eller       | Lutheran South  | 43-09 3/4 |
| 4 Jade Gates        | Incarinate Word | 40-03 1/2 |
| 5 Deenia Mcmillar   | Winnetonka      | 39-02 1/4 |
| 6 Catherine Hopkins | Lutheran South  | 39-00     |
| 7 Miranda Carr      | Grandview       | 38-10     |
| 8 Tanisha Wilson    | St. Charles     | 37-11 1/2 |

**High Jump**

|                     |                |      |
|---------------------|----------------|------|
| 1 Alicia Moellering | Villa Duchesne | 5-06 |
| 2 Jordan Small      | Visitation     | 5-05 |
| 3 Audrey Wichmann   | Kirksville     | 5-04 |
| 4 Brooke Stanfield  | Republic       | 5-03 |
| 4 Stacey Lambkins   | Webster Groves | 5-03 |
| 6 Kelly Blunt       | Warrensburg    | 5-03 |
| 7 Bradyn Wall       | Carl Junction  | 5-03 |
| 8 Alexis Hafford    | Poplar Bluff   | 5-03 |

**400 Meters**

|                      |                |       |
|----------------------|----------------|-------|
| 1 Maya Cody          | Lutheran South | 55.60 |
| 2 Sydnee Mitchell-Je | Grandview      | 58.45 |
| 3 Caitlyn Peters     | MICDS          | 58.50 |
| 4 Camilla Roy        | Webb City      | 58.80 |
| 5 Chisara Achilefu   | Ladue          | 59.31 |
| 6 Imani Hutchinson   | Raytown South  | 59.64 |
| 7 Amber Peterson     | Hillsboro      | 59.79 |
| 8 Sarah Peoples      | DeSoto         | 59.99 |

**3200 Meters**

|                    |                 |          |
|--------------------|-----------------|----------|
| 1 Taylor Werner    | Ste. Genevieve  | 10:34.27 |
| 2 Mia Jerman       | Ste. Genevieve  | 10:42.20 |
| 3 Melissa Menghini | Rockwood Summit | 11:03.93 |
| 4 Kaitlyn Shea     | Helias          | 11:06.35 |
| 5 Emma Evans       | Winnetonka      | 11:09.19 |
| 6 Rebekah Geddes   | Platte County   | 11:17.80 |
| 7 Emma Johnson     | Webster Groves  | 11:20.25 |
| 8 Shelby Palmer    | Warrensburg     | 11:21.05 |

**400 Meter Relay**

|                   |       |
|-------------------|-------|
| 1 Raytown South   | 48.79 |
| 2 Sikeston        | 49.17 |
| 3 Webster Groves  | 49.28 |
| 4 Grandview       | 49.46 |
| 5 Camdenton       | 49.62 |
| 6 Center          | 49.71 |
| 7 Rockwood Summit | 49.87 |

**3200 Meter Relay**

|                   |         |
|-------------------|---------|
| 1 Ste. Genevieve  | 9:31.03 |
| 2 MICDS           | 9:31.80 |
| 3 Parkway Central | 9:33.57 |
| 4 Carl Junction   | 9:33.85 |
| 5 Winnetonka      | 9:42.56 |
| 6 Warrensburg     | 9:42.83 |
| 7 Helias          | 9:46.19 |
| 8 Villa Duchesne  | 9:49.26 |

**Long Jump**

|                      |              |           |
|----------------------|--------------|-----------|
| 1 Karyn Blunt        | Warrensburg  | 17-10 3/4 |
| 2 Jabreuna Brimlett  | Poplar Bluff | 17-09     |
| 3 Trace Mosby        | Smithville   | 17-06 3/4 |
| 4 Zionn Pearson      | MICDS        | 17-06 1/4 |
| 5 Cassidy Harris     | Poplar Bluff | 17-06 1/4 |
| 6 Danielle Champione | Hillcrest    | 16-10 3/4 |
| 7 Martha Bradley     | Farmington   | 16-09     |
| 8 Laurnea Jarman     | Hillcrest    | 16-08 1/2 |

**Pole Vault**

|                     |                 |           |
|---------------------|-----------------|-----------|
| 1 Carolyn Ross      | Webster Groves  | 37-05     |
| 2 Kimberly Teed     | Carthage        | 36-10     |
| 3 Jabreuna Brimlett | Poplar Bluff    | 36-08 1/2 |
| 4 Kylin Grubb       | Odessa          | 36-01 1/2 |
| 5 Esther Loukawila  | Winnetonka      | 36-01 1/4 |
| 6 Micah Jenkins     | McCluer         | 36-01     |
| 7 Martha Bradley    | Farmington      | 35-08     |
| 8 Jasmine Pointer   | University City | 35-06     |