

1980-2018 Missouri State Track Meet Top 100 Individuals

Girls 100 Meters

1	Anglerne Annelus	Grandview	11.64p	2015	4		Ramona Riley	Oak Park	12.10p	1981	4A
2	Alicia Burnett	Ft. Zumwalt South	11.65p	2017	4	53	Cheyenne Hoerr	Affton	12.11	2012	3
3	Muna Lee	KC Central	11.66p	1999	4A		Lenetta Lee	Summit Christian	12.11	2018	3
4	Angie Thacker	Roosevelt	11.67p	1981	4A		Shundrek Smith	KC Lincoln	12.11	1986	3A
5	Alishea Usery	McCluer S-Berkeley	11.69	2007	3	56	Shaneatra Neely	Hickman Mills	12.12	2000	3A
	Tianna Valentine	Hazelwood East	11.69	2011	4	57	Brandy Haan	Maysville	12.13	1993	2A
7	Aiesha Irvin-Muhammad	St. Elizabeth's	11.74	2013	2		Busiwa Asinga	Principia	12.13	2018	3
8	Raheema Westfall	McCluer S-Berkeley	11.76	2017	3		Jazmin McCoy	Blue Springs	12.13	2013	4
9	Deja Ingram	Hazelwood Central	11.78p	2017	5		Precious Selmon	Crystal City	12.13p	2008	2
10	Kim Edwards	Van Horn	11.80	1985	4A		Tiffani McReynolds	Pembroke Hill	12.13	2010	3
11	Peyton Chaney	Nerinx Hall	11.81p	2012	4	62	Dominique McDonald	KC Central	12.14p	2003	3
12	Debra Martin	Sumner	11.82	1980	4A		Jeni King	Jefferson City	12.14p	1988	4A
13	Ashley Henderson	Hazelwood Central	11.85p	2012	4		Miah Leverette	Grandview	12.14	2001	4A
	Octavia Cato	McCluer S-Berkeley	11.85	2017	3		Phynice Kelley	Bishop Hogan	12.14	1988	3A
15	Jada Moore	Pattonville	11.86p	2017	5		Suzette Gills	Ladue	11.9p	1999	4A
	Jazmin McCoy	North Kansas City	11.86p	2012	4	67	Brittany Bruce	Lee's Summit West	12.15p	2006	3
17	Kyra Sullivan	Gateway	11.89	2004	4		Elaine Atkins	Webster Groves	12.15p	1988	4A
	Lauren Hollingsworth	Villa Duchesne	11.89p	2009	3		Saenea Williams	Westminster Christian	12.15p	2014	3
19	Alexis Bates	St. Joe Central	11.92	2007	4	70	Asia Thomas	Cape Central	12.16p	2011	4
20	Aisha Thomas	Jefferson City	11.93	2004	4		Brittney Johnson	Hazelwood Central	12.16p	2017	5
21	Kamira Franklin	McCluer S-Berkeley	11.94	2014	3		Danita Humphrey	Marshall	12.16	1980	3A
	LaJada Baldwin	St. Louis Central	11.94p	2005	3		Dorothy Myers	Kirkwood	12.16	1994	4A
23	Shelinda Brackett	Riverview Gardens	11.95	2005	4		Jessica Myers	North Co. Tech	12.16	2018	3
24	Melanna Gray	North Kansas City	11.96	1989	4A		Serena Williams	Battle	12.16	2018	5
25	Charmaine Forest	Park Hill	11.97	1988	4A	76	Ciara Jones	Soldan	12.17p	2004	3
26	Lydia Harold	McCluer	11.98	2014	4		Ekate Lymon	Waynesville	12.17p	2009	4
27	Crystal Harris	Rockwood Summit	11.99p	2009	4		Lauryn Taylor	McCluer North	12.17	2018	5
	Kim Prather	Lutheran North	11.99p	2005	3		Mia Staten	Jackson	12.17	1987	4A
	Vicki Word	New Madrid CC	11.99p	1985	3A		Michelle McDaniel	Oak Grove	12.17p	1988	3A
30	Angie Thomas	Riverview Gardens	12.00	1985	4A	81	Monique Grant	Smith-Cotton	12.18	2018	5
	Lorinda Richardson	Hickman	12.00	1981	4A		Phynice Kelley	Center	12.18	1991	3A
	Olivia Lewis	Gateway	12.00p	2009	4		Shana White	Hickman	12.18	2007	4
33	Maya Cody	Lutheran South	12.02	2014	3		Sheba Clarke	Park Hill	12.18	1998	4A
	Whitney Adams	Francis Howell	12.02p	2012	4	85	Angie Lalumondier	Crystal City	12.19	1988	2A
35	Shawntanay Johnson	Fox	12.03p	2009	4		Joy Walker	McCluer	12.19p	1993	4A
36	Amiris Warren	Raytown South	12.04	2011	4		Maribeth Crain	Eldon	12.19	1988	3A
	Angie Monroe	Riverview Gardens	12.04p	1985	4A		Shanita Bledsoe	Holt	12.19p	2005	4
	Sunni Sellers	Raytown South	12.04p	2017	4	89	Anthea Johnson	KC Central	12.20p	1981	4A
39	Cara Johnson	MICDS	12.06	2018	4		Avis Evans	Kirkwood	12.20	1998	4A
	Dena Lewis	Parkway Central	12.06	2001	4A		M.C. Landolt	Washington	12.20p	2014	4
41	Danielle Parrish	Hazelwood Central	12.07	2005	4	92	Aisha Southern	Hazelwood Central	12.21	2018	5
	Naomi Williams	KC Northeast	12.07	2001	4A		Hava Turner	Kirkwood	12.21p	2017	5
	Tamika Foster	Hazelwood East	12.07	1984	4A		Kailea Cook	Park Hill South	12.21	2001	4A
44	Shermica Turner	Hickman	12.08p	1987	4A		Montenea Roye	Ladue	12.21p	2009	4
45	Carly Spalding	Monroe City	12.09	2013	2	96	Lauren Flaker	Rock Bridge	12.22p	2009	4
	Courtney Williams	Nerinx Hall	12.09	2018	5		Nia Lunn	Raytown South	12.22p	2017	4
	Jahliah Clay	Blue Springs South	12.09p	2015	5		Nika Smith	Holt	12.22	1992	4A
	Lauren Cheadle	Lee's Summit West	12.09	2010	4		Rachel Kahle	Jackson	12.22	2007	4
	Nyisha Porter	Normandy	12.09	2001	4A	100	Diona Graves	Kirkwood	12.23	2007	4
	Shameika McField	Hazelwood East	12.09	1998	4A		Tianna Swinney	Sumner	12.23p	1993	4A
	Tiffaney Hargrove	KC Central	12.09p	2000	4A		Zandrea Wilson	Berkeley	12.23p	1993	3A

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls 200 Meters & 220 Yards

1	Anglerne Annelus	Grandview	23.47p	2015	4	52	Lauren Waterbury	MICDS	24.79	2011	3
2	Maya Cody	Lutheran South	23.76p	2015	4	53	Nia Lunn	Raytown South	24.80p	2017	4
3	Alishea Usery	Berkeley	23.78	2007	3		Shameika McField	Hazelwood East	24.80p	1997	4A
4	Muna Lee	KC Central	23.83	2000	4A	55	Nicole Jackson	Cape Central	24.82p	2006	4
5	Kyra Sullivan	Gateway	24.03p	2003	4	56	Phynice Kelley	Center	24.83p	1990	4A
6	Lauren Hollingsworth	Villa Duchesne	24.07	2009	3	57	Anna Vollet	Helias	24.84	2018	4
7	Ashley Henderson	Hazelwood Central	24.12	2014	4		Prencia Ponds	Hazelwood Central	24.84p	2013	4
8	Deja Ingram	Hazelwood Central	24.15p	2017	5	59	Dorothy Myers	Kirkwood	24.85	1994	4A
9	Monique Grant	Smith-Cotton	24.20	2018	5		Lynette Atkinson	Ladue	24.85p	2009	4
10	Lydia Harold	McCluer	24.21	2014	4	61	Ayesha Ewing	Cardinal Ritter	24.87	2011	3
11	Angie Thacker	Roosevelt	24.22	1981	4A	62	Brittany Bruce	Lee's Summit West	24.88p	2006	3
12	Jada Moore	Pattonville	24.23	2018	5		Imani Hutchinson	Raytown South	24.88p	2015	4
13	Raheema Westfall	Berkeley	24.24p	2017	3	64	Sheba Clarke	Park Hill	24.90p	1999	4A
14	Aisha Thomas	Jefferson City	24.27	2004	4	65	Alexandria Isom	Nerinx Hall	24.92p	2012	4
	Kim Edwards	Van Horn	24.27	1985	4A		Jaronica Owens	McCluer	24.92	2011	4
16	Alicia Burnett	Ft. Zumwalt South	24.28p	2017	4		Zandrea Wilson	Berkeley	24.92p	1993	3A
17	Angie Thomas	Riverview Gardens	24.33	1985	4A	68	Erika Sharp	McCluer	24.93	1998	4A
	Whitney Adams	Francis Howell	24.33p	2013	4		Kelsey Lewis	Lee's Summit North	24.93	2014	4
19	Aiesha Irvin-Muhammad	St. Elizabeth's	24.34p	2013	2	70	Shaneatra Neely	Hickman Mills	24.93	2000	3A
	Tianna Valentine	Hazelwood East	24.34p	2012	4	71	Octavia Cato	McCluer S-Berkeley	24.94	2017	3
21	Jahliah Clay	Blue Springs South	24.38	2015	5	72	Crystal Harris	Rockwood Summit	24.95p	2009	4
22	LaJada Baldwin	St. Louis Central	24.39	2005	3		Saenea Williams	Westminster Christian	24.95	2015	4
23	Debra Martin	Sumner	24.40	1980	4A		Tamika Foster	Hazelwood East	24.95p	1984	4A
24	Madison Fuller	John Burroughs	24.42	2016	3		Tianna Swinney	Sumner	24.95	1994	4A
25	Syanne Johnston	Ft. Zumwalt East	24.43p	2015	4	76	Alexis Bates	St. Joe Central	24.96	2007	4
26	Donniece Parrish	Hazelwood Central	24.44p	2004	4		Alice Bell	Beaumont	24.96	1982	4A
27	Ciara Jones	Soldan	24.49p	2004	3		Kendra White	McCluer North	24.96	2010	4
28	Lauren Fisher	Hazelwood Central	24.53p	2004	4	79	Jennie Gorham	North Kansas City	24.98	1977	AA
29	Asia Thomas	Cape Central	24.54p	2010	4	80	Alexandria Rosenbe	Lindbergh	25.00	2018	5
	Melanna Gray	North Kansas City	24.54p	1990	4A		Shundrek Smith	KC Lincoln	25.00	1986	3A
	Peyton Chaney	Nerinx Hall	24.54	2011	4	82	Amiris Warren	Raytown South	25.01	2011	4
32	Olivia Lewis	Gateway	24.55	2008	4		Dominique McDonald	KC Central	25.01p	2003	3
	Paris Daniels	Normandy	24.55	2007	4		Nika Smith	Holt	25.01p	1992	4A
34	Courtney Williams	Nerinx Hall	24.57	2018	5		Suzette Gills	Ladue	25.01	1999	4A
35	Tiffany Hargrove	KC Central	24.58	2000	4A	86	Jaslyn Williams	Springfield Central	25.02p	2015	5
36	Lenetta Lee	Summit Christian	24.60	2018	3	87	Diona Graves	Kirkwood	25.03	2007	4
37	Lauren Cheadle	Lee's Summit West	24.61	2010	4	88	Gabrielle Hall	Blue Springs	25.04p	2015	5
38	Sydney Peavy	Pembroke Hill	24.65	2010	3		Nyisha Porter	Normandy	24.8	2002	4A
39	Jhordin Galmore	MICDS	24.66	2018	4	90	Angie Lalumondier	Crystal City	25.05p	1988	2A
40	Erin Sermons	Lee's Summit West	24.67p	2017	5	91	Joy Walker	McCluer	25.06p	1993	4A
	Jasmine Barge	McCluer North	24.67p	2015	5		Kailea Cook	Park Hill South	25.06p	2003	4
42	Ramona Riley	Oak Park	24.68	1981	4A		Shana White	Hickman	25.06	2005	4
43	Danielle Frank	Hazelwood Central	24.70	2018	5	94	Sandy Cummings	Smithville	25.07	1985	2A
	Hava Turner	Kirkwood	24.70p	2017	5	95	Montenea Roye	Ladue	25.08p	2010	4
45	Cara Johnson	MICDS	24.71	2018	4		Robin Long	Normandy	25.08	1981	4A
46	Kim Prather	Lutheran North	24.72	2005	3	97	Danita Humphrey	Marshall	25.10	1980	3A
47	Azraa Rounds	Ladue	24.73	2005	3		Marissa Gress	Lafayette (Wildwood)	25.10p	2015	5
48	Charmaine Forest	Park Hill	24.74	1987	4A	99	Gabrielle Gibson	Hickman Mills	25.11	2005	4
49	Cara Forte	Center	24.75p	2009	3		Larisa Hairston	Eureka	25.11p	1985	4A
50	Anthea Johnson	KC Central	24.77	1981	4A		Naomi Williams	KC Northeast	25.11p	2000	4A
	Bianca Stokes	Berkeley	24.77	2009	3						

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls 400 Meters & 440 Yards

1	Alishea Usery	McCluer S-Berkeley	53.55	2007	3		Rhema Taylor	Lee's Summit North	56.30p	2016	5
2	Montenea Roye	Ladue	53.84	2011	4	52	Nakeba Thomas	Cape Central	56.35p	1988	4A
3	Whitney Adams	Francis Howell	54.37p	2013	4	53	Lisa James	Cape Central	56.41	1987	4A
4	Asia Thomas	Cape Central	54.49	2010	4		Margaret Sliney	MICDS	56.41	2016	4
5	Kendra White	McCluer North	54.55	2011	4	55	Sonja Banks	KC Southwest	56.48	1993	4A
6	Charmaine Forest	Park Hill	54.85	1987	4A	56	Emari Grimes	Fort Osage	56.49	2018	5
7	Olivia Lewis	Gateway	54.95	2009	4		Frances Harrison	Waynesville	56.49	1979	3A
8	Kianna Ruff	McCluer S-Berkeley	54.98	2009	3	58	Kyra Sullivan	Gateway	56.50p	2004	4
9	Azraa Rounds	Ladue	55.03	2005	3	59	Nikita Smith	Lawson	56.53	2016	3
10	Tiffany Williams	Hazelwood East	55.14	1997	4A	60	Tammy Carter	Charleston	56.54	1993	3A
11	Erin Sermons	Lee's Summit West	55.17p	2016	5	61	Kamira Franklin	McCluer S-Berkeley	56.56	2015	3
12	LaJada Baldwin	St. Louis Central	55.28	2007	3	62	Monica Joannes	Blair Oaks	56.61	1999	2A
13	Tianna Swinney	Sumner	55.36	1993	4A	63	Ayesha Ewing	Cardinal Ritter	56.64	2011	3
14	Ashanti Hutton	Grandview	55.38	2014	3	64	Juanita Coleman	Gateway	56.65p	2002	4A
15	Lauren Fisher	Hazelwood Central	55.42	2004	4		Naomi Williams	KC Northeast	56.65p	2000	4A
16	Courtney Williams	Nerinx Hall	55.43	2018	5	66	Shayla Lockett	Hazelwood East	56.66	2011	4
	Lauren Waterbury	MICDS	55.43	2011	3	67	Lillian Taylor	McCluer	56.67	1982	4A
18	Kaitlyn Lewis	Liberty	55.50	2018	5	68	Heather Jones	Albany	56.70	1986	1A
19	Maya Cody	Lutheran South	55.60	2015	4	69	Donniece Parrish	Hazelwood Central	56.71	2004	4
20	Emilia Galvan	Center	55.61	2007	3		Peyton Chaney	Nerinx Hall	56.71p	2012	4
21	Jennifer Gardner	Webster Groves	55.62	1997	4A		Yolanda Alexander	Van Horn	56.71	1987	4A
22	Taiya Shelby	Park Hill	55.64	2018	5	72	Orrianna Rackley	Grandview	56.73p	2006	4
23	Alicia Burnett	Ft. Zumwalt South	55.70p	2017	4	73	Stephanie Essner	Scott City	56.73	2009	2
24	Lynette Atkinson	Ladue	55.72	2009	4	74	Lauren Hollingsworth	Villa Duchesne	56.74p	2009	3
25	Robyn Osborn	Center	55.77	1986	4A		Regina Shouse	Nevada	56.5	1986	3A
26	Tamika Foster	Hazelwood East	55.79	1982	4A	76	Nicki Horn	Nerinx Hall	56.76	2016	5
27	Debra Martin	Sumner	55.81	1980	4A	77	Trena Cason	Ruskin	56.78p	1985	4A
28	Ramona Spencer	Normandy	55.83	1986	4A	78	Tiffini McNeese	Normandy	56.81p	1988	4A
29	Ciara Jones	Soldan	55.85p	2004	3	79	Nicol Hodges	St. Charles West	56.83	1989	4A
30	Louise Johnson	New Madrid CC	55.87	1987	3A	80	Ashley Oberdieck	Ft. Zumwalt North	56.85p	2010	4
31	Danielle Frank	Hazelwood Central	55.90p	2017	5		Brady Rodney	St. Joe Central	56.85	2013	4
32	Angie Thacker	Roosevelt	55.91	1981	4A		Turina Jackson	Charleston	56.85p	1984	3A
33	Renee Elliot	Chillicothe	55.96	1989	3A	83	Becky Flippin	Parkview	56.86	2003	4
34	Sheba Clarke	Park Hill	56.00	1998	4A	84	Kim Jefferson	Kennett	56.90	1985	3A
35	Kim Brown	Park Hill South	56.01p	2001	4A		Michelle Green	Rolla	56.90	1997	4A
36	Larisa Hairston	Eureka	56.07	1985	4A		Rachel Culberson	McCluer North	56.90	2014	4
37	Ashley Wysong	Nevada	56.08	1997	3A	87	Lizzie Dejoie	Parkway Central	56.92	2017	4
	Zandrea Wilson	Berkeley	56.08	1993	3A	88	Shannon Leinert	Eureka	56.93	2004	4
39	Paris Daniels	Normandy	56.10	2007	4	89	Elexandria Brown	Rock Bridge	56.94	2017	5
40	Jamie Newsome	Lee's Summit West	56.11	2014	4		Sandy Cummings	Smithville	56.7p	1985	2A
41	Cherise Harvey	KC Southwest	56.12p	1988	4A	91	Carrie Smith	Excelsior Springs	56.95	1996	3A
42	Val Sauer	Rolla	56.13	1987	4A		Cheyenne Hoerr	Affton	56.95p	2011	3
43	Erika Sharp	McCluer	56.15	1998	4A		Felicia James	Normandy	56.95p	2000	4A
44	Jennie Gorham	North Kansas City	56.16	1978	AA		Lynn Welch	Joplin Memorial	56.95	1981	4A
	Racquell Powell	Raytown South	56.16	2008	4	95	Janiece Gatson	Grandview	56.96p	2000	4A
46	Destiney Nash	Hazelwood Central	56.23p	2016	5	96	Jada Moore	Pattonville	56.97	2018	5
47	Lexie Oak	St. Pius X (KC)	56.24	2010	3	97	Tammy Wilson	Hazelwood Central	56.98	1983	4A
48	Aisha Mitchell	Raytown South	56.25p	2003	4	98	Jennifer Gardner	Cardinal Ritter	57.00	1998	2A
49	Kaela Rorvig	Hickman	56.28	2003	4		LaRonda Ward	North Kansas City	57.00	1983	4A
50	Angie Thomas	Riverview Gardens	56.30	1983	4A	100	Kara Steele	Kirkwood	57.01p	2016	5

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls 800 Meters & 880 Yards

1	Samantha Levin	Ladue	2:06.74	2011	4	52	Mikayla Reed	Washington	2:15.26	2018	4
2	Hannah Long	Eureka	2:08.87	2015	5	53	Melissa Wilson	Hickman	2:15.28	1981	4A
3	Ann Heffner	Hazelwood Central	2:09.78	1992	4A	54	Hannah Deines	Villa Duchesne	2:15.34	2015	4
4	Cydney Ross	Villa Duchesne	2:09.88	2008	3	55	Sarah Soetebier	Washington	2:15.36	1987	4A
	Shannon Leinert	Eureka	2:09.88	2003	4	56	Maria Tutu	Oak Park	2:15.40	2007	4
6	Kianna Ruff	McCluer S-Berkeley	2:09.89	2008	3	57	Emma Roth	Park Hill South	2:15.42	2018	5
7	Lauren Borduin	Rock Bridge	2:09.98	2006	4	58	Rebecca Davis	Parkway West	2:15.50	1990	4A
8	Allison Bailey	Kickapoo	2:10.02	2016	5	59	Mary Nothum	Washington	2:15.56	2006	4
9	Vonda Hammons	Jefferson City	2:10.15	1985	4A	60	Saga Barzowski	Arcadia Valley	2:15.60	2013	3
10	Val Sauer	Rolla	2:10.89	1987	4A	61	Lynette Morgan	Hannibal	2:15.61	1982	4A
11	Jessica Jackson	Neosho	2:11.08	2011	4	62	Goldie Tompkins	Marquette	2:15.62	2000	4A
12	Kim Gardner	Webster Groves	2:11.23	1993	4A		Jasmine Crawford	Park Hill South	2:15.62	2017	5
13	Paityn Howat	St. Joe Central	2:11.31	2016	5	64	Gwen Williams	Principia	2:15.67	1993	3A
14	Alyssa Rebecca	Eureka	2:11.39	2011	4	65	Sara Ruckman	Truman	2:15.68p	2012	4
15	Krysta Fennewald	Blue Springs	2:12.24	2004	4	66	Brooke Guiot	Warrensburg	2:15.70	2013	3
16	Juanita Coleman	Gateway	2:12.48	2002	4A	67	Becky Froelker	Owensville	2:15.73	1997	3A
17	Anna West	Lafayette (Wildwood)	2:12.53	2016	5	68	Anna Boecher	Raytown South	2:15.74	1989	4A
18	Valeska Halamiccek	Francis Howell	2:12.56	2013	4		Kate White	Ladue	2:15.74	2014	4
19	Taiya Shelby	Park Hill	2:12.58	2018	5		Merideth Snow	Eureka	2:15.5	2005	4
20	Jana Shawver	Lee's Summit West	2:12.79	2016	5	71	Emily Grahl	St. Francis Borgia	2:15.79p	2013	3
21	Alyssa Allison	Festus	2:12.85	2008	3	72	Addison Coppinger	St. Teresa's	2:15.81	2018	5
	Janel Humphreys	Parkway South	2:12.85	1988	4A		Kelli Oettle	Lindbergh	2:15.81	2007	4
23	Lane Maguire	St. Teresa's	2:12.86	2013	4	74	Madelynn Hill	Liberty	2:15.83	2018	5
24	Hilary Bruening	Center for Law	2:12.88p	1993	2A	75	Missy Moody	Smithville	2:15.87	2003	3
25	Cara Cline	Liberty	2:12.90	1998	4A	76	Jamie Foster	Jefferson City	2:15.90	1993	4A
26	Kami Tabor	Raymore-Peculiar	2:13.01	2016	5	77	Sarah Madsen	Parkway Central	2:16.00	2016	4
27	Taylor Werner	Ste. Genevieve	2:13.12	2013	3	78	Susan Perry	Rolla	2:16.02	1990	4A
28	Jennella Torrence	St. Louis Central	2:13.16	1983	4A	79	Dallis Bailey	Conway	2:16.03	2011	2
29	Chelsea Chrisman	Eureka	2:13.31	2008	4		Laura Piper	Marquette	2:16.03	2001	4A
30	Cathy Taylor	McCluer North	2:13.39	1982	4A	81	Sassie Matzen	Brookfield	2:16.04	2013	2
31	Liz Reida	Kickapoo	2:13.78p	2011	4	82	Claire Ayers	Washington	2:16.05	2018	4
32	Stephani Shockley	Soldan	2:13.6	1986	4A	83	Melissa Childers	Jackson	2:16.08	1993	4A
33	Erin Windler	Blue Springs South	2:13.88	1993	4A	84	Aly Vancardo	Lindbergh	2:16.10	2017	5
34	Sabrina Monsees	Winnetonka	2:13.89	2014	4	85	Kylie Frank	Helias	2:16.12	2015	4
35	Colleen Riley	Lindbergh	2:13.93	2011	4	86	Annalise Wagner	John Burroughs	2:16.20	2014	3
36	Hannah Richardson	Kirkwood	2:14.07p	2011	4	87	Emily Baker	Lafayette (Wildwood)	2:16.26	2004	4
37	Kasey Kimball	Eureka	2:14.30	2003	4	88	Kayla Fallis	Moberly	2:16.27	2013	3
38	Kierra Handley	Pattonville	2:14.35	2006	4	89	Susan Hopson	Parkway Central	2:16.29p	1980	4A
39	Hanna Miller	Savannah	2:14.36p	2013	3	90	Abigail Brown	Washington	2:16.30	2014	4
40	Elizabeth White	Francis Howell	2:14.40	1985	4A	91	Makenzie Seidel	West Plains	2:16.41	2006	4
41	Liga Blyholder	Lee's Summit West	2:14.44	2009	4	92	Amber Parker	Chillicothe	2:16.46	2004	3
42	Melissa Menghini	Rockwood Summit	2:14.45	2016	4		Jill Meisenheimer	Blue Springs South	2:16.46	1993	4A
43	Amy Wiseman	Lee's Summit	2:14.50	1996	4A	94	Jenny Faunce	Kearney	2:16.48	1985	3A
44	Rachel Nelson	Lee's Summit	2:14.62	2001	4A	95	Jana Noel	Park Hill	2:16.49p	1980	4A
45	Brooke Woodruff	Francis Howell North	2:14.63	2001	4A		Julie Stupp	MICDS	2:16.49	2004	3
46	Cyd Thomas	Pattonville	2:14.64p	1980	4A	97	Sophia Holmes	Rolla	2:16.57	2016	4
47	Marci Gray	Blue Springs	2:14.98	1990	4A	98	Amy Hall	West Plains	2:16.59	2004	4
48	Steph Small	Riverview Gardens	2:14.9	1986	4A	99	Bonji Beard	Clayton	2:16.59	1987	3A
49	Meghan Kearney	Notre Dame de Sion	2:15.15	2015	4	100	Joyce Swofford	Maysville	2:16.65	1985	2A
50	Annika Sisson	Lee's Summit West	2:15.20	2014	4		Lori Tracy	Parkview	2:16.65	1982	4A
51	Lauren Collette	Kickapoo	2:15.25	2009	4						

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls 1600 Meters & 1 Mile

1	Hannah Long	Eureka	4:40.15	2015	5	51	Katherine Hoffman	Notre Dame de Sion	5:00.91	2000	3A
2	Taylor Werner	Ste. Genevieve	4:44.26	2014	3	52	Courtney Rogers	Lutheran (St. Peters)	5:00.93	2014	2
3	Anna West	Lafayette (Wildwood)	4:45.61	2016	5	53	Julie Jennings	Crystal City	5:00.7	1975	Open
4	Megan Thompson	Hazelwood Central	4:47.53	1989	4A	54	Krenda McClure	Lebanon	5:00.97	2010	4
5	Andrea Fischer	Hannibal	4:47.56	1981	4A	55	Rachael King	Liberty	5:01.02	1998	4A
6	Jamie Kempfer	Festus	4:49.27	2014	3	56	Claire Workman	New Covenant	5:01.09	2016	1
7	Merideth Snow	Eureka	4:49.82	2006	4	57	Amy Chipman	Blue Springs	5:01.11	1998	4A
8	Susan Bliss	Francis Howell	4:50.85	1988	4A	58	Jocelyn Todd	Ladue	5:01.17	2011	4
9	Victoria Findley	Blue Springs South	4:51.07	2018	5	59	Kayla Funkenbusch	Rock Bridge	5:01.21	2014	4
10	Sarah Nicholson	Lafayette (Wildwood)	4:51.47	2016	5	60	Sophia Racette	Nerinx Hall	5:01.25	2014	4
11	Alyssa Allison	Festus	4:51.70	2008	3	61	Nicole Lee	Clinton	5:01.44	2014	3
12	Emily Sisson	Parkway Central	4:52.15	2009	4	62	Lisa Brown	West Plains	5:01.45	1992	4A
13	Colleen Quigley	Nerinx Hall	4:52.17	2011	4	63	Erin Hagan	Mexico	5:01.72	2000	3A
14	Liga Blyholder	Lee's Summit West	4:52.26	2010	4	64	Amber Warren	Lutheran (St. Peters)	5:01.93	2005	2
15	Ann Campbell	St. Teresa's	4:54.78	2014	4	65	Lucy May	St. Joseph's	5:02.04	2013	4
16	Rebecca Davis	Parkway West	4:55.11	1993	4A	66	Paityn Howat	St. Joe Central	5:02.05	2015	5
17	Cydney Ross	Villa Duchesne	4:55.23	2008	3	67	Melissa Rice	Lafayette (Wildwood)	5:02.09	1989	4A
18	Jill Whitman	Cor Jesu	4:55.32	2014	4	68	Courtney Coppinger	St. Teresa's	5:02.30	2013	4
19	Samantha Nightingale	Blue Springs South	4:56.06	2012	4	69	Jen Pancoast	Cape Central	5:02.38	2003	4
20	Liz Reida	Kickapoo	4:56.42	2011	4	70	Grace Klausen	Blue Springs South	5:02.41	2014	4
21	Diane Robison	Parkway Central	4:56.50	2009	4	71	Lindsay Pierson	Lee's Summit West	5:02.51	2006	3
22	Ashley Sanders	Clinton	4:56.61	2002	3A	72	Laura Piper	Marquette	5:02.60	2002	4A
23	Amy Wiseman	Lee's Summit	4:56.64	1996	4A	73	Tammy Townsend	Neosho	5:02.65	1983	4A
24	Lauren Borduin	Rock Bridge	4:56.68	2008	4	74	Jackie Pirtle	Francis Howell North	5:02.74	2000	4A
25	Chris Ridenour	Kirkwood	4:56.91	1982	4A	75	Kennadee Williams	Lee's Summit West	5:02.85	2013	4
26	Mary Nothum	Washington	4:56.92	2006	4	76	Krista Menghini	St. Joseph's	5:02.97	2009	4
27	Mia Jerman	Ste. Genevieve	4:57.08	2016	4	77	Mary Reeves	Kirkwood	5:02.99	1999	4A
28	Aimee Bonte	Rockwood Summit	4:57.53	2008	4	78	Gwen Williams	Principia	5:03.00	1992	2A
29	Jill Kingsbury	Washington	4:57.66	1983	4A	79	Taylor Dickerson	Jackson	5:03.13	2011	4
30	Chelsea Drum	Jackson	4:57.96	2015	5	80	Diane Barlow	Raytown South	5:03.15	1983	4A
31	Mikayla Reed	Washington	4:58.21	2018	4	81	Amy Johns	Hickman	5:03.01	1979	4A
32	Jessica Jackson	Neosho	4:58.22	2011	4	82	Kami Tabor	Raymore-Peculiar	5:03.26	2015	5
33	Madison Leigh	Francis Howell	4:58.33	2017	5	83	Cathy Corpeny	KC Southwest	5:03.07	1979	4A
34	Chelsey Phoebus	Lee's Summit West	4:58.39	2011	4	84	Jessica Boyer	Carthage	5:03.38	1992	4A
35	Colleen Riley	Lindbergh	4:58.53	2011	4	85	Amy Hall	West Plains	5:03.43	2004	4
36	Stephani Shockley	Soldan	4:58.62	1986	4A	86	Val Sauer	Rolla	5:03.50	1985	4A
37	Rachel Newland	Liberty	4:59.13	2005	4	87	Tabitha Weber	Marshfield	5:03.56	2017	4
38	Kasey Kimball	Eureka	4:59.26	2003	4	88	Kim Matthews	Lafayette (Wildwood)	5:03.60	1985	4A
39	Jennifer Harper	West Plains	4:59.38	2005	4	89	Brittany Moreland	Cape Central	5:03.62	2006	4
40	Hannah Pierson	Marquette	4:59.63	2016	5	90	Suzzane Jones	KC Northeast	5:03.73	1981	4A
41	Aileen Gallagher	Hickman	4:59.71	2005	4	91	Melissa Sapp	Oakville	5:03.88	1996	4A
42	Ann Marie Brooks	St. Joe Central	4:59.86	1996	4A	92	Emma Roth	Park Hill South	5:03.91	2018	5
43	Nicole Graham	Blue Springs	5:00.04	2000	4A	93	Angie Sumner	Eureka	5:03.97	2013	4
44	Jade Raynor	Kickapoo	5:00.31	2015	5	94	Katie Singleton	Rolla	5:04.00	1998	4A
45	Elizabeth Nolke	Lee's Summit West	5:00.43	2014	4	95	Erin Click	West Plains	5:04.16	2002	4A
46	Courtney Wood	Neosho	5:00.50	2011	4		Jill Petersen	Francis Howell	5:04.16	2001	4A
47	Emily Baker	Lafayette (Wildwood)	5:00.55	2006	4	97	Rebekah Geddes	Platte Co.	5:04.24	2016	4
48	Kristen Adams	Francis Howell	5:00.57	2014	4	98	Anitra Dabney	Smith-Cotton	5:04.28	1982	4A
49	Justa Dahl	DeSoto	5:00.60	1997	4A	99	Kat Oberle	Oakville	5:04.66	2008	4
50	Katherine Bonogli	Francis Howell	5:00.65	2000	4A	100	Mariah Lister	Grain Valley	5:04.87	2016	4

1981-2018 Missouri State Track Meet Top 100 Individuals

Girls 3200 Meters

1	Taylor Werner	Ste. Genevieve	10:19.15	2014	3	51	Sarah Haskins	Parkway South	11:00.50	1997	4A
2	Emily Sisson	Parkway Central	10:24.12	2009	4	52	Mary Nothum	Washington	11:01.33	2006	4
3	Megan Thompson	Hazelwood Central	10:25.95	1990	4A	53	Sarah Bliss	Francis Howell	11:01.38	1988	4A
4	Colleen Quigley	Nerinx Hall	10:27.62	2011	4	54	Heather Burroughs	Pembroke Hill	11:01.51	1994	2A
5	Jamie Kempfer	Festus	10:29.08	2014	3	55	Kasey Kimball	Eureka	11:01.92	2004	4
6	Amy Wiseman	Lee's Summit	10:33.41	1997	4A	56	Katherine Hoffman	Notre Dame de Sion	11:02.09	2000	3A
7	Diane Robison	Parkway Central	10:33.91	2009	4	57	Jenny Govero	Rockwood Summit	11:02.12	2011	4
8	Hannah Long	Eureka	10:34.26	2014	4	58	Liga Blyholder	Lee's Summit West	11:02.15	2010	4
9	Andrea Fischer	Hannibal	10:35.05	1981	4A	59	Ashley Scott	St. Clair	11:02.32	2008	3
10	Justa Dahl	DeSoto	10:35.92	1997	4A	60	Maddi Leigh	Francis Howell	11:02.40	2014	4
11	Mia Jerman	Ste. Genevieve	10:36.15	2016	4	61	Sabrina Dornhoefer	Waynesville	11:02.43	1981	4A
12	Anna West	Lafayette (Wildwood)	10:38.38	2015	5	62	Terry Phillips	St. Mary's (Ind)	11:02.44	2007	2
13	Ann Campbell	St. Teresa's	10:38.71	2015	5	63	Erin Hagan	Mexico	11:02.81	2000	3A
14	Chelsey Phoebus	Lee's Summit West	10:39.07	2011	4	64	Krista Menghini	St. Joseph's	11:02.86	2009	4
15	Sarah Nicholson	Lafayette (Wildwood)	10:40.34	2016	5	65	Megan Yohe	Liberty	11:02.88	2009	4
16	Merideth Snow	Eureka	10:40.48	2005	4	66	Kat Oberle	Oakville	11:02.95	2008	4
17	Liz Reida	Kickapoo	10:42.67	2011	4	67	Kaitlyn Fischer	Herculaneum	11:03.04	2013	2
18	Chris Ridenour	Kirkwood	10:44.37	1982	4A	68	Hilary Orf	Marquette	11:03.34	2008	4
19	Samantha Nightingale	Blue Springs South	10:44.87	2011	4	69	Tammy Townsend	Neosho	11:03.60	1983	4A
20	Jill Kingsbury	Washington	10:45.19	1983	4A	70	Sadie Darnell	Festus	11:03.71	2011	3
21	Grace Klausen	Blue Springs South	10:45.88	2015	5	71	Melissa Menghini	Rockwood Summit	11:03.93	2015	4
22	Kristen Adams	Francis Howell	10:46.44	2014	4	72	Natalie Becker	Parkway West	11:04.01	2008	4
23	Victoria Findley	Blue Springs South	10:47.03	2018	5	73	Gemma Saathoff	Hickman	11:04.91	2017	5
24	Alyssa Allison	Festus	10:48.58	2008	3	74	Amanda Marcak	West Plains	11:05.14	1999	4A
25	Jill Whitman	Cor Jesu	10:49.19	2014	4	75	Katie Singleton	Rolla	11:05.50	1997	4A
26	Susan Bliss	Francis Howell	10:49.70	1988	4A	76	Lisa Brown	West Plains	11:05.55	1992	4A
27	Ashley Sanders	Clinton	10:50.0	2002	3A	77	Alex Marko	Lee's Summit West	11:05.71	2017	5
28	Jessica Jackson	Neosho	10:50.35	2011	4	78	Jill Smith	Hazelwood Central	11:05.84	1996	4A
29	Ann Marie Brooks	St. Joe Central	10:50.72	1997	4A	79	Danielle Hotalling	Blue Springs South	11:06.26	2018	5
30	Courtney Wood	Neosho	10:52.24	2011	4	80	Kaitlyn Shea	Helias	11:06.35	2015	4
31	Nicole Lee	Clinton	10:52.68	2013	3	81	Amy Chipman	Blue Springs	11:06.54	1998	4A
32	Kiersten West	Lee's Summit West	10:53.07	2011	4	82	Madison Hulsey	Lee's Summit West	11:06.85	2018	5
33	Hannah Pierson	Marquette	10:53.23	2015	5	83	Jackie Pirtle	Francis Howell North	11:07.22	1999	4A
34	Claire Workman	New Covenant	10:53.38	2016	1	84	Katie Meehan	Smith-Cotton	11:07.23	1999	4A
35	Alyssa Jones	Rockwood Summit	10:53.64	2011	4	85	Kelli Schulte	Francis Howell Central	11:07.0	2002	4A
36	Allison Medlin	Carthage	10:53.70	1996	4A	86	Nicole Graham	Blue Springs	11:07.27	2000	4A
37	Jill Petersen	Francis Howell	10:54.23	2001	4A	87	Catherine Wright	Oakville	11:07.2	1995	4A
38	Aimee Bonte	Rockwood Summit	10:54.81	2008	4	88	Kelly Fanning	Seneca	11:07.48	2001	3A
39	Heidi Fischer	Hannibal	10:55.01	1982	4A		Rebecca Davis	Parkway West	11:07.48	1993	4A
40	Angie Sumner	Eureka	10:55.66	2013	4	90	Erin Huddleston	Branson	11:07.97	2007	3
41	Mikayla Reed	Washington	10:55.86	2016	5	91	Madison Leigh	Francis Howell	11:08.33	2015	5
42	Amber Warren	Lutheran (St. Peters)	10:56.82	2005	2	92	Kate Horan	Cor Jesu	11:08.64	2008	4
43	Courtney Coppinger	St. Teresa's	10:57.45	2013	4	93	Miranda Dick	Raymore-Peculiar	11:08.73	2017	5
44	Brittani Johnson	West Plains	10:58.25	2008	3	94	Emma Evans	Winnetonka	11:09.19	2015	4
45	Kennadee Williams	Lee's Summit West	10:58.49	2013	4	95	Gabriella Kohring	Webster Groves	11:09.53	2016	4
46	Melissa Sapp	Oakville	10:59.09	1996	4A	96	Jenny Noelken	Duchesne	11:09.58	1999	3A
47	Emma Burditt	Hannibal	10:59.42	2011	3	97	Anna Wright	Oakville	11:09.4	1995	4A
48	Jennifer Harper	West Plains	10:59.57	2005	4	98	Chrissy Owensby	Raytown South	11:09.65	2009	4
49	Robyn Hopper	Seneca	10:59.70	2001	3A	99	Emily Griesenauer	Holt	11:09.66	2017	5
50	Jocelyn Todd	Ladue	10:59.75	2011	4	100	Eileen Schweiss	Herculaneum	11:09.75	2010	3

1988-2018 Missouri State Track Meet Top 100 Individuals

Girls 100 Meters High Hurdles

1	Makeatha Cooper	Grandview	13.85p	2003	4	52	Constance Jackson	North County Tech	14.74p	2015	3
2	Precious Selmon	Crystal City	13.90	2009	2	53	Kelsey Hunn	Ritenour	14.75p	2016	5
3	Tiffani McReynolds	Pembroke Hill	13.92	2010	3	54	Alexia Miller	Carl Junction	14.76	2017	4
4	Jasmine Barge	McCluer North	14.08p	2015	5	55	Andrea Seabaugh	Fredericktown	14.77p	1988	3A
5	Lindsay Vollmer	Hamilton	14.16	2010	2		Debbie Massengale	Jefferson City	14.77	1988	4A
6	Jabreuna Brimlett	Poplar Bluff	14.23p	2015	4		Heather Williams	Aurora	14.77p	1991	3A
7	Remy Abrought	Lee's Summit North	14.24	2012	4		Lynetta Ragsdale	Normandy	14.77p	2005	4
8	Chloe Davis	Normandy	14.28	2000	4A		Osayi Omorodion	North Kansas City	14.77p	2017	5
9	Ariel Okorie	Waynesville	14.31p	2016	5	60	Hannah Crow	Southern Boone	14.78p	2016	3
10	Terri Counts	Hickman Mills	14.33p	2005	4	61	Cheyenne Hoerr	Afton	14.79	2012	3
11	Shaneatra Neely	Hickman Mills	14.37	1999	3A		Dione Person	University City	14.79	1990	4A
12	Madison Smith	Lee's Summit North	14.38	2011	4	63	Danyell Kates	Gateway	14.80p	2013	4
	Michelle Owens	McCluer North	14.38p	2017	5	64	Leslie Farmer	Jefferson City	14.81p	2008	4
14	Tiana Davis	Park Hill	14.39	2007	4		Nicole Douglas	Parkway West	14.81	2011	4
15	Demetria Anderson	McCluer North	14.44p	2015	5		Tracy Partain	Parkview	14.81	2001	4A
16	Alana Gray	Hazelwood East	14.46	2007	4	67	Brittney Castleberry	Perryville	14.82	2007	3
	Trace Woods	Mount Vernon	14.46	1988	3A		Kylie Meier	Camdenton	14.82	2017	4
18	Symiah Fulton	Hazelwood Central	14.47p	2016	5	69	Alliah McClendon	Hazelwood Central	14.84p	2014	4
19	Jordan Stiens	Maryville	14.48	2010	3	70	Jazmine Thompson	Staley	14.85p	2014	4
20	Shaelyn Grant	McCluer	14.50p	2013	4	71	Cherelle Gray	Oak Park	14.86	2003	4
21	Kimberlin Simon	McCluer North	14.52	2013	4		Makayla Waldner	Dexter	14.86p	2016	3
	Whitney Thomas	Hazelwood Central	14.52	2004	4	73	Kayla Heidelberg	University City	14.87	2012	3
23	Tenisha Britton	Poplar Bluff	14.53	1999	4A		Kelly O'Brien	Lafayette (Wildwood)	14.87	1991	4A
24	Jemma Archibald	Lafayette (Wildwood)	14.54	2000	4A	75	Shanelle Williams	Hazelwood West	14.88p	2010	4
	Khristen Bryant	Columbia Ind.	14.54p	2016	1	76	Emma Couch	Kearney	14.89	2016	4
	Kim Martin	Jennings	14.54p	2002	3A		Victoria Jackson	Hickman	14.89	2011	4
27	Erin Narzinski	Oakville	14.55	1994	4A	78	Kelli Smith	Grandview	14.90p	1996	4A
28	Kathryn Coleman	Gateway	14.56	2004	4	79	Mariona Ward	Smith-Cotton	14.91p	2015	5
	Ty'Risha Chambers	Center	14.56p	2009	3		Morgan Smith	Ray-Pec	14.91p	2013	4
30	Valarie Whitted	Cardinal Ritter	14.57	2017	3	81	Asaki Carr	Parkway West	14.92	2004	4
31	Katie Wenger	St. Joe Central	14.58p	2005	4		Kaitlen Crawford	Ladue	14.92	2016	4
32	Briana Isom-Brummer	Villa Duchesne	14.61p	2009	3	83	Jenny Woodward	Harrisonville	14.93p	2000	3A
33	Christine Spence	Lee's Summit North	14.63	2000	4A		Madison Reynolds	Ste. Genevieve	14.93p	2017	4
34	Megan Williams	Hickman	14.64p	1998	4A	85	Sydney Juszczuk	Trinity	14.93	2018	3
35	Kerry Hills	Moberly	14.65	1999	3A	86	Shannon O'Dell	Farmington	14.94p	1993	4A
36	Kendra Perren	DeSoto	14.67	2013	3	87	Gracie Prewitt	Bolivar	14.95p	2009	3
	Mallory Short	Rock Bridge	14.67	2012	4		Kendra Lollis	Blue Springs South	14.95	1997	4A
	Micheala Edwards	Ruskin	14.67p	1993	3A		Nikki Wetstein	Windsor (Imperial)	14.95p	2009	3
39	Sharae Bates	Webster Groves	14.68	2012	4	90	Mary Garrett	Carthage	14.96p	1999	4A
40	Brittany Kallenberger	Lee's Summit West	14.69	2012	4	91	Emily Loussaert	Lafayette (Wildwood)	14.97	1994	4A
	Lauren Begany	Lindbergh	14.69p	2006	4	92	Abra McField	Normandy	14.98	2001	4A
	Natalie Basham	Camdenton	14.69	2017	4		Amy Fleddermann	Oakville	14.98	2004	4
43	Rachel Manning	Normandy	14.70	1994	4A		Stacey Lambkins	Webster Groves	14.98p	2015	4
44	Ashli Mosby	Raytown South	14.71p	2009	4	95	Anna Heacock	Jefferson (Festus)	14.99p	2018	2
	Hannah Crow	Southern Boone	14.71	2016	3		Jocelyn Payne	Kirkwood	14.99p	2014	4
	Jan Loussaert	Lafayette (Wildwood)	14.71p	1993	4A		Kayla Moore	Riverview Gardens	14.99p	2014	4
47	Lashayla Bell	University City	14.72p	2006	3		Kristen Collins	Parkway Central	14.99	2001	4A
	Melita Williams	Francis Howell	14.72	1991	4A	99	Erin Alewine	Jefferson City	15.00	2008	4
	Morgan Smith	Raymore-Peculiar	14.72	2014	4		Jantelle McNeil	Hazelwood East	15.00	2007	4
50	Kyra Atkins	Lee's Summit West	14.73p	2017	5		Laura King	Eureka	15.00	2012	4

1984-2018 Missouri State Track Meet Top 100 Individuals

Girls 300 Meter Low Hurdles

1	Jasmine Barge	McCluer North	41.79	2014	4	51	Jamie Mathewson	Park Hill South	44.05	2003	4
2	Shaneatra Neely	Hickman Mills	42.52	2000	3A	52	Andrea Seabaugh	Fredericktown	44.12	1988	3A
3	Tyra Wilson	Rock Bridge	42.71	2018	5		Sommer Lawal	MICDS	44.12	1997	3A
4	Tiffani McReynolds	Pembroke Hill	42.74	2010	3	54	Courtney Mitchell	Hazelwood East	44.14	2010	4
5	Kyra Atkins	Lee's Summit West	42.79	2016	5	55	McKenzie Pearson	Center	44.15p	2017	4
6	Makeatha Cooper	Grandview	42.83	2003	4	56	Briana Isom-Brummer	Villa Duchesne	44.16	2009	3
7	Ariel Okorie	Waynesville	42.87	2016	5		Kennedi Watkins	Marquette	44.16	2018	5
8	Makayla Waldner	Dexter	42.89	2015	3	58	Cheyenne Hoerr	Afton	44.18	2012	3
9	Lauren Begany	Lindbergh	42.93	2006	4	59	Sarah Noonan	Kirkwood	44.20p	2009	4
10	Marissa Gress	Lafayette (Wildwood)	43.05p	2015	5	60	Orie Ibe	Ladue	44.22	2005	3
11	Tiffany Jackson	Gateway	43.05	2005	4		Valerie Simmons	Normandy	44.22	2003	4
12	Kylie Meier	Camdenton	43.15	2018	4	62	Lanie Miller	Ladue	44.24	1998	4A
13	Angelina Arinze	Webster Groves	43.17	2018	4	63	Kendra Perren	DeSoto	44.27	2013	3
14	Nicole Douglas	Parkway West	43.21	2011	4	64	Gracie Prewitt	Bolivar	44.28p	2008	3
15	Andrea Kuehnlein	Kirkwood	43.26	2015	5	65	Michele Cervant	Oak Grove	44.30	1986	3A
16	Kimberlin Simon	McCluer North	43.29p	2013	4	66	Micheala Edwards	Ruskin	44.35	1992	4A
17	Morgan Smith	Raymore-Peculiar	43.34	2014	4	67	Ebony Kimmins	Hickman	44.40	2017	5
18	Katie Wenger	St. Joe Central	43.35	2006	4		Kaitlen Crawford	Ladue	44.40	2016	4
19	Jaden Wiley	Kickapoo	43.36p	2017	5	69	Bridgette Morrow	Riverview Gardens	44.42	1987	4A
20	Stephanie Small	Riverview Gardens	43.37p	1988	4A	70	Jenny Woodward	Harrisonville	44.2	2002	3A
21	Danisa Bennett	Ladue	43.38	2007	3	71	Madison Reynolds	Ste. Genevieve	44.45	2016	4
22	Tenisha Britton	Poplar Bluff	43.40	1999	4A	72	Erin Kramer	Park Hill	44.50	1987	4A
23	Christine Spence	Lee's Summit North	43.46	2000	4A	73	Amani Borders	University City	44.53	2012	3
24	Jabreuna Brimlett	Poplar Bluff	43.52	2015	4		Sarah Bringer	Hillsboro	44.53	2011	3
25	Danielle Oliver	Ladue	43.54	2006	3	75	Mary Garrett	Carthage	44.54	1999	4A
26	Tracy Partain	Parkview	43.3	2002	4A	76	Audrey Bailey	Lathrop	44.56p	2004	2
27	Tiffany Hargrove	KC Central	43.59	2000	4A	77	Deirdre Fortman	Park Hill	44.60	1994	4A
28	Chloe Davis	Normandy	43.61	2000	4A	78	Morgan Smith	Ray-Pec	44.61p	2014	4
29	Aleese Pittman	McCluer S-Berkeley	43.65	2009	3	79	Kailey Chapman	Spokane	44.62	2013	2
	Candy Mason	Nevada	43.65p	1994	3A	80	Hannah Crow	Southern Boone	44.65	2016	3
31	Haley Watson	Jefferson City	43.66p	2016	5	81	Missy Niehus	Lafayette (Wildwood)	44.67p	1999	4A
	Shaelyn Grant	McCluer	43.66p	2013	4	82	Kendra Lollis	Blue Springs South	44.71	1997	4A
33	Kristen Pogemiller	Kickapoo	43.67	1999	4A	83	Anna Houston	Union	44.79	2013	3
34	Lindsay Vollmer	Hamilton	43.68	2010	2		Machiyla Knight	KC Southeast	44.79	2018	3
35	Tierra Jones	Hazelwood East	43.72p	2007	4		Vanessa Cunningham	Waynesville	44.79p	1984	3A
36	Demetria Anderson	McCluer North	43.75p	2015	5	86	Nicole Williams	Lee's Summit	44.80p	2004	4
37	Felecia Allen	Riverview Gardens	43.80	1986	4A	87	Jenna Glendenning	Lebanon	44.81	2018	5
38	Bria McWoods	Kirkwood	43.82	2012	4	88	Alana Gray	Hazelwood East	44.82	2007	4
	Precious Selmon	Crystal City	43.82	2009	2		Emily Pugh	Lindbergh	44.82p	2000	4A
40	Madison Smith	Lee's Summit North	43.83p	2011	4	90	Angela Butcher	Notre Dame de Sion	44.83	1996	3A
	Ne-Shay Curtis	McCluer S-Berkeley	43.83	2015	3	91	Amber Solomon	Kirkwood	44.84	2012	4
42	Carolyn Ross	Webster Groves	43.87p	2015	4		Anne Tabora	St. Dominic	44.84	2013	3
43	Lashayla Bell	University City	43.89	2006	3		Becky Schafer	Truman	44.6	1986	4A
44	Jordan Stiens	Maryville	43.92	2009	3		Kyaunna Robinson	North Kansas City	44.84p	2010	4
45	Erin Gilliland	Chillicothe	43.94	2013	3	95	Jacquelyn Walker	Jefferson City	44.85	2016	5
46	NaTasha Blair	McCluer	43.96	2006	4		Sienna Trice	Rock Bridge	44.85	2011	4
	Paige Magee	Battle	43.96	2018	5	97	Tyler Kelly	Hazelwood West	44.86	2012	4
48	Deanna Adams	Springfield Central	43.99p	1984	4A	98	Fiona Brooks	Francis Howell North	44.87p	2009	4
49	Busiwa Asinga	Principia	44.02	2018	3	99	Devyn Torbert	Hazelwood Central	44.88	2016	5
	Tammy Wenkel	Owensville	44.02	1996	3A		Lynette Atkinson	Ladue	44.88	2007	3

1975-2018 Missouri State Track Meet Top 100 Schools Girls 400 Meter Relay & 440 Yard Relay

1	McCluer S-Berkeley	47.19	2014	3	52	Pembroke Hill	48.98p	2010	3
2	MICDS	47.22	2018	4	53	Cape Central	49.07p	2006	4
3	Raytown South	47.48p	2011	4	54	Oak Park	49.10p	2003	4
4	Grandview	47.54p	2007	4	55	Park Hill South	49.14p	2002	4A
5	Hazelwood Central	47.56p	2015	5	56	KC Lincoln	49.15	1993	3A
6	Hazelwood East	47.70	2011	4	57	North Kansas City	49.16	1989	4A
7	Gateway	47.74	2004	4	58	Winnetonka	49.17	2013	4
	McCluer North	47.74p	2017	5	59	Liberty North	49.20p	2017	5
9	Nerinx Hall	47.77	2012	4	60	Jennings	49.21p	1994	3A
10	Ladue	47.92p	1999	4A	61	Soldan	49.25	2014	3
11	KC Central	47.93	1997	4A	62	Bishop Hogan	49.29p	1989	3A
	Riverview Gardens	47.93	2005	4		Lafayette (Wildwood)	49.29p	1998	4A
13	Smith-Cotton	47.94	2016	5	64	KC Southeast	49.30p	1987	4A
14	Jefferson City	47.95	2004	4		Lutheran South	49.30	2012	3
15	Blue Springs	47.96p	2015	5	66	Jackson	49.36p	2005	4
16	Hickman	48.08	1981	4A		John Burroughs	49.36p	2016	3
17	University City	48.11p	2007	3		St. Louis Metro	49.36p	2006	2
18	McCluer	48.15	2010	4	69	KC East	49.37p	1996	3A
19	Parkway North	48.20p	2013	4		St. Joseph's	49.37p	2017	5
20	Parkway South	48.21	1996	4A	71	Poplar Bluff	49.41p	2016	4
21	Rockwood Summit	48.23p	2009	4		Ruskin	49.41	1999	3A
22	Lee's Summit West	48.26p	2016	5	73	Camdenton	49.43p	2015	4
23	Webster Groves	48.35p	2012	4	74	Parkview	49.51p	2008	4
24	Hazelwood West	48.38p	2017	5	75	Lee's Summit	49.54p	2009	4
25	Van Horn	48.40	1987	4A	76	Festus	49.56p	2007	3
26	Kirkwood	48.46	1997	4A		Sullivan	49.56p	2012	3
27	Lindbergh	48.47	2018	5	78	Marquette	49.57p	2017	5
28	Blue Springs South	48.48p	2015	5	79	Fulton	49.59	1986	3A
	Parkway Central	48.48p	2003	4		Warrensburg	49.59p	2006	3
30	Eureka	48.57p	2012	4	81	Kearney	49.60	2018	4
	Ritenour	48.57	2018	5	82	South Callaway	49.63	2013	2
32	Battle	48.58p	2016	5	83	Caruthersville	49.66p	2018	2
	Cardinal Ritter	48.58p	2008	3		Savannah	49.66p	2013	3
34	Rock Bridge	48.60	2017	5	85	Holt	49.67p	2005	4
	Waynesville	48.60	1981	4A	86	Union	49.68p	2016	4
36	Oakville	48.61p	2013	4	87	O'Hara	49.69	1995	3A
37	Lee's Summit North	48.62	2011	4	88	Staley	49.70p	2010	3
38	Hickman Mills	48.63p	2004	4	89	Kickapoo	49.71	1989	4A
39	Berkeley	48.69	1981	4A	90	Nixa	49.72p	2017	5
40	Sumner	48.70p	1984	4A	91	Park Hill	49.73p	2017	5
41	Liberty	48.77	2010	4	92	Francis Howell	49.75p	1990	4A
	Normandy	48.77	2001	4A	93	St. Francis Borgia	49.77p	1999	3A
43	William Chrisman	48.80	2012	4	94	Rolla	49.78	1993	4A
44	Center	48.81	2005	3	95	Carnahan	49.81	2018	3
45	Lutheran North	48.84p	2016	3	96	Versailles	49.87p	2017	3
46	Springfield Central	48.86p	1984	4A	97	Farmington	49.89	1989	4A
47	Clayton	48.89	2017	4	98	Helias	49.91p	1998	3A
48	Sikeston	48.93p	2015	4	99	Trinity	49.93	2018	3
49	North County Tech	48.96p	2009	3	100	Francis Howell Central	49.94p	2007	4
	Raymore-Peculiar	48.96	2016	5		Timberland	49.94p	2016	5
51	St. Teresa's	48.97	2018	5					

1975-2018 Missouri State Track Meet Top 100 Schools Girls 800 Meter Relay & 880 Yard Relay

1	Hazelwood Central	1:37.85p	2017	5	51	Trinity	1:43.44	2018	3
2	Hazelwood East	1:39.60	2011	4	52	Holt	1:43.45	1992	4A
3	Raytown South	1:39.64	2011	4	53	Camdenton	1:43.48	2018	4
4	Gateway	1:39.71	2003	4	54	Raytown	1:43.52p	2015	5
5	KC Central	1:39.72	2000	4A	55	Hickman	1:43.62p	1982	4A
6	Lee's Summit West	1:39.82	2016	5	56	KC Southeast	1:43.65p	1987	4A
7	McCluer North	1:39.90p	2014	4	57	Timberland	1:43.67p	2015	5
	North Kansas City	1:39.90	2010	4	58	Lee's Summit	1:43.69p	2009	4
9	Grandview	1:40.07	2014	3	59	Raymore-Peculiar	1:43.72	2018	5
10	Riverview Gardens	1:40.25	1985	4A		Rock Bridge	1:43.72	2012	4
11	Ladue	1:40.29p	2009	4	61	Helias	1:43.89	1996	3A
12	McCluer S-Berkeley	1:40.52	2014	3	62	Lutheran North	1:43.91p	2004	3
13	Berkeley	1:40.65	1993	3A	63	Francis Howell Central	1:43.96	2007	4
14	Blue Springs	1:40.70	2013	4	64	Hickman Mills	1:43.97	1983	4A
15	Park Hill	1:40.74	2018	5	65	Joplin Memorial	1:44.00p	1982	4A
16	Van Horn	1:41.02	1985	4A	66	Center	1:44.08	2014	3
17	University City	1:41.14	2012	3	67	Oakville	1:44.09	2013	4
18	Kirkwood	1:41.21	2015	5	68	John Burroughs	1:44.23p	2009	3
19	Rockwood Summit	1:41.23p	2009	4	69	Farmington	1:44.28	1986	3A
20	Jefferson City	1:41.32	2017	5		Osage	1:44.28p	2004	3
21	Lee's Summit North	1:41.36	2013	4	71	Beaumont	1:44.29	1977	AA
22	Park Hill South	1:41.39	2001	4A	72	Parkview	1:44.35p	2002	4A
23	Hazelwood West	1:41.47	2017	5	73	Charleston	1:44.40p	1983	3A
24	Parkway South	1:41.48	1996	4A	74	Webb City	1:44.42	2017	4
25	Normandy	1:41.50p	1987	4A	75	North County Tech	1:44.48	2016	3
26	Eureka	1:41.67	1985	4A		Soldan	1:44.48p	1982	4A
27	Parkway North	1:41.83p	2013	4	77	KC Southwest	1:44.50	1994	4A
28	MICDS	1:41.88	2018	4	78	Bishop Hogan	1:44.57p	1989	3A
29	Parkway Central	1:42.04	2003	4	79	Ray-Pec	1:44.60p	2013	4
30	Webster Groves	1:42.08p	1981	4A	80	Union	1:44.72	2013	3
31	Cardinal Ritter	1:42.26	2016	3	81	Fulton	1:44.74	1981	3A
32	McCluer	1:42.48	1992	4A		St. Elizabeth's	1:44.74	2012	3
33	Sikeston	1:42.57p	2015	4	83	St. Louis Central	1:44.5p	2005	3
34	St. Francis Borgia	1:42.58	1999	3A	84	Staley	1:44.80p	2010	3
35	Waynesville	1:42.63	1981	4A	85	Mehlville	1:44.81p	1999	4A
36	Lindbergh	1:42.69	2004	4	86	Francis Howell	1:44.84p	2003	4
37	Springfield Central	1:42.72	1984	4A	87	Southern Boone	1:44.85	1999	2A
38	Ruskin	1:42.73p	1990	4A	88	North Co. Tech	1:44.87	2018	3
39	Liberty	1:42.83	2016	5	89	KC East	1:44.95	1996	3A
40	Sumner	1:42.6	1979	4A	90	Palmyra	1:44.96	1998	2A
41	Ritenour	1:42.86	2018	5	91	Jennings	1:44.99p	2003	3
42	Oak Park	1:42.92p	2003	4	92	Ft. Zumwalt West	1:45.02p	2006	4
43	Cape Central	1:42.95	1988	4A	93	Ozark	1:45.07p	2017	5
44	Lafayette (Wildwood)	1:43.14	1998	4A	94	Jackson	1:45.09p	2005	4
	St. Joseph's	1:43.14	2016	5	95	Marceline	1:45.13	2007	2
46	Kickapoo	1:43.22	1996	4A	96	Blue Springs South	1:45.14p	1995	4A
47	Pattonville	1:43.1	2002	4A		Liberty North	1:45.14p	2017	5
48	Poplar Bluff	1:43.40	2015	4		Moberly	1:45.14p	1990	3A
49	KC Lincoln	1:43.41p	2012	3	99	Kennett	1:45.16p	1993	3A
	O'Fallon Tech	1:43.41p	1982	4A	100	St. Louis Metro	1:45.18	2009	2

**1975-2018 Missouri State Track Meet Top 100 Schools
Girls 1600 Meter Relay & Mile Relay**

1	McCluer S-Berkeley	3:45.78	2007	3	51	Pattonville	3:58.54	2018	5
2	Ladue	3:48.00	2011	4	52	Oak Grove	3:58.4	1987	3A
3	McCluer North	3:48.82	2014	4	53	Lee's Summit	3:58.70	2008	4
4	Francis Howell	3:49.06	2013	4	54	Grandview	3:58.81p	2000	4A
5	Park Hill	3:50.11	2018	5	55	Kickapoo	3:59.03	1986	4A
6	Lee's Summit North	3:50.99	2015	5	56	Lafayette (Wildwood)	3:59.22	2014	4
7	Normandy	3:51.48	1986	4A	57	Parkway North	3:59.29p	2014	4
8	Kirkwood	3:51.93p	2015	5	58	Neosho	3:59.33	1990	4A
9	Lee's Summit West	3:52.00	2016	5	59	Soldan	3:59.2p	1983	4A
10	Cardinal Ritter	3:53.09	2008	3	60	Camdenton	3:59.57	2018	4
11	Jefferson City	3:53.20	2007	4	61	Notre Dame de Sion	3:59.67	1997	3A
12	Blue Springs	3:53.80p	2015	5	62	KC Southeast	3:59.75p	1987	4A
13	McCluer	3:53.81	2005	4	63	Truman	3:59.82p	1987	4A
14	Hazelwood East	3:54.55	2007	4	64	Ozark	3:59.90	2018	5
15	Parkway Central	3:54.80	2008	4	65	Blair Oaks	4:00.15	1999	2A
16	Sumner	3:54.98	1981	4A	66	Logan-Rogersville	4:00.22	1982	3A
17	Parkway South	3:55.12	1987	4A	67	Parkview	4:00.25	2001	4A
18	Eureka	3:55.13	2008	4	68	Clayton	4:00.37	2004	3
19	Lindbergh	3:55.40	2011	4	69	Villa Duchesne	4:00.40	2008	3
20	Hickman	3:55.71	2014	4	70	Carl Junction	4:00.41	2018	4
21	MICDS	3:55.72	2015	4	71	Bolivar	4:00.57	2005	3
22	Hazelwood Central	3:55.79	1981	4A	72	Blue Springs South	4:00.61	2001	4A
23	Ruskin	3:55.90	1986	4A	73	North Kansas City	4:00.70	2016	5
24	University City	3:55.7	2002	4A	74	Harrisonville	4:00.95	1986	3A
25	Webster Groves	3:55.97	1981	4A	75	Ray-Pec	4:01.01p	2014	4
26	Riverview Gardens	3:56.01	1988	4A	76	Paseo	4:01.06	1989	3A
27	Rock Bridge	3:56.19p	2017	5		Warrensburg	4:01.06p	2011	3
28	Liberty	3:56.47p	2017	5	78	KC Lincoln	4:01.08p	2011	3
29	Berkeley	3:56.49	1993	3A	79	Fatima	4:01.10	1986	3A
30	Poplar Bluff	3:56.54	1999	4A	80	Union	4:01.33p	2013	3
31	Raytown	3:56.81p	2015	5	81	Notre Dame (Cape)	4:01.40p	2017	4
32	Park Hill South	3:56.96p	2001	4A	82	Nevada	4:01.50	1986	3A
33	Osage	3:57.01	2004	3	83	Hazelwood West	4:01.62p	2017	5
34	Helias	3:57.09	1997	3A	84	Fort Osage	4:01.74p	2007	4
35	Joplin Memorial	3:57.11	1981	4A	85	St. Charles West	4:01.77	2010	3
36	Center	3:57.15p	2007	3	86	Timberland	4:02.16p	2008	4
37	Maryville	3:57.26	2010	3		Webb City	4:02.16p	2017	4
38	Marquette	3:57.34p	1999	4A	88	William Chrisman	4:02.20	1981	4A
39	KC Southwest	3:57.49	1994	4A	89	Centralia	4:02.29	2013	3
40	Waynesville	3:57.53p	1981	4A	90	John Burroughs	4:02.31	2001	2A
41	St. Joe Central	3:57.70p	2006	4	91	West Plains	4:02.35p	1999	4A
42	Parkway West	3:57.73	2003	4	92	Jackson	4:02.55	1989	4A
43	Raytown South	3:57.78p	2006	4	93	Carthage	4:02.64p	1999	4A
44	Gateway	3:58.02p	2002	4A	94	New Madrid CC	4:02.72	1992	3A
45	Cape Central	3:58.05	1996	4A	95	Ritenour	4:02.80	1987	4A
	KC Central	3:58.05p	1981	4A	96	Rolla	4:02.83	2016	4
47	Windsor (Imperial)	3:58.20p	2007	3	97	DeSoto	4:02.88p	2015	4
48	Hickman Mills	3:58.44	1999	3A	98	Marceline	4:03.08	2006	2
49	Nerinx Hall	3:58.46p	2017	5		St. Francis Borgia	4:03.08	1998	3A
50	St. Teresa's	3:58.47p	2012	4	100	Whitfield	4:03.51	2001	2A

1979-2018 Missouri State Track Meet Top 100 Schools Girls 3200 Meter Relay & 2 Mile Relay

1	Parkway Central	9:06.89	2009	4	51	Carl Junction	9:33.85	2015	4
2	Eureka	9:09.09	2004	4	52	Cape Central	9:34.07	2003	4
3	Lee's Summit West	9:12.31	2014	4	53	Herculaneum	9:34.33	1983	3A
4	Marquette	9:12.7	2002	4A	54	Savannah	9:34.4	1995	3A
5	Lindbergh	9:14.19	2011	4	55	Farmington	9:35.33	2012	3
6	Blue Springs South	9:14.52	2018	5	56	Oakville	9:36.02	1996	4A
7	Kirkwood	9:15.33	2010	4	57	Cameron	9:36.24	1981	3A
8	St. Teresa's	9:15.67	2013	4	58	Ft. Zumwalt South	9:37.49	2009	4
9	West Plains	9:16.5	2002	4A	59	Grain Valley	9:37.91	2016	4
10	Lafayette (Wildwood)	9:16.79	2015	5	60	Rosati-Kain	9:38.56	2008	3
11	Francis Howell	9:17.83	2017	5	61	North Kansas City	9:38.77	1982	4A
12	Neosho	9:18.03	2009	4	62	John Burroughs	9:38.82	2018	3
13	Liberty	9:19.51	1997	4A	63	Ozark	9:38.99	2018	5
14	Rock Bridge	9:22.06	2014	4	64	Potosi	9:39.0	1995	3A
15	Nerinx Hall	9:22.74	2016	5	65	Oak Park	9:39.35	2008	4
16	Hickman	9:24.11	2004	4	66	Lutheran South	9:39.2	1995	3A
17	Blue Springs	9:24.29	2015	5	67	Fox	9:39.87	1986	4A
18	Festus	9:24.44	2009	3	68	Parkview	9:40.21	1997	4A
19	Francis Howell North	9:24.71	2001	4A	69	Ruskin	9:40.58	2007	3
20	Soldan	9:25.09	1985	4A	70	Warrensburg	9:40.89	2012	3
21	Ste. Genevieve	9:25.45	2013	3	71	KC Lincoln	9:40.99	1986	3A
22	Joplin Memorial	9:25.78	1982	4A	72	Maysville	9:41.08	1983	2A
23	KC Southwest	9:26.31	1980	4A	73	Kirksville	9:41.13	2009	3
24	Parkway South	9:26.33	1987	4A	74	Platte Co.	9:41.54	2017	4
25	McCluer S-Berkeley	9:26.42	2007	3	75	Logan-Rogersville	9:41.61	1996	3A
26	McCluer North	9:26.47	1982	4A	76	Troy	9:41.65	2013	4
27	Lee's Summit	9:26.70	1995	4A	77	Lutheran (St. Peters)	9:41.73	2013	2
28	Kearney	9:26.75	2009	3	78	Duchesne	9:41.93	2012	3
29	Raymore-Peculiar	9:27.59	2018	5	79	Buffalo	9:42.06	1987	3A
30	Parkway West	9:28.10	1991	4A	80	Winnetonka	9:42.56	2015	4
31	Jefferson City	9:28.22	1994	4A	81	Union	9:42.79	2003	3
32	Ladue	9:28.26	2008	3	82	KC Northeast	9:43.28	1982	4A
33	Rolla	9:29.62	1996	4A	83	Gallatin	9:43.30	2013	2
34	Jackson	9:29.64	2016	5	84	O'Hara	9:43.46	1983	3A
35	Lee's Summit North	9:29.95	2011	4	85	Rockwood Summit	9:43.52	2010	4
36	Carthage	9:30.30	1996	4A	86	St. Francis Borgia	9:43.55	2012	3
37	Principia	9:30.46	1993	3A	87	St. Joe Central	9:43.73	2005	4
38	Hazelwood Central	9:30.49	1992	4A	88	Villa Duchesne	9:43.76	2014	3
39	Bolivar	9:30.51	2016	4	89	Tarkio	9:43.93	1983	2A
40	DeSoto	9:30.54	1997	4A	90	Normandy	9:43.99	1986	4A
41	Park Hill South	9:31.00	2003	4	91	St. Charles West	9:44.05	1998	4A
42	Smithville	9:31.10	2010	3	92	Hamilton	9:44.20	2007	2
43	Kickapoo	9:31.20	1993	4A	93	Seckman	9:44.25	2003	4
44	MICDS	9:31.49	2016	4	94	KC Southeast	9:44.76	1980	4A
45	Hazelwood East	9:31.83	1990	4A	95	Monett	9:45.17	1985	3A
46	Pattonville	9:31.99	1982	4A	96	Park Hill	9:45.32	1991	4A
47	Washington	9:32.09	2009	4	97	Clayton	9:45.40	1998	3A
48	Helias	9:32.36	1998	3A		Lafayette (St. Joe)	9:45.40	1987	3A
49	Webster Groves	9:32.39	1980	4A	99	Hannibal	9:45.54	2011	3
50	Notre Dame de Sion	9:33.35	2012	3	100	Parkway North	9:45.59	1995	4A

1980-2018 Missouri State Track Meet Top 100 Individuals

Girls Shot Put

1	Sophia Rivera	Brentwood	51-01 1/4	2015	2	51	Laura Greenfield	Liberty	42-03 1/2	2008	4
2	Keiara Williams	North Kansas City	48-04	2017	5	52	Paige Bunn	Fort Osage	42-03 1/4	2016	4
3	Valeyta Althouse	Blue Springs	47-07 3/4	1992	4A	53	Martana Stemmons	Battle	42-03	2016	5
4	Jill Rushin	Jackson	47-04 1/2	2009	4	54	Dixie Wescott	Truman	42-02	1980	5
5	Allison Hinson	St. Clair	47-03 3/4	2015	4	55	Candace Johnson	Hazelwood Central	42-01 3/4	2002	4A
6	Kendra Green	Boonville	47-00	2005	3		Sarah Weidner	Festus	42-01 3/4	2013	4A
7	Jasmine Boyer	Ft. Zumwalt West	46-09 1/4	2008	4	57	Jordan Donley	North Kansas City	42-01 1/2	2018	3
8	Katie Evans	Putnam Co.	46-07 1/4	2008	2	58	Traci Werner	Nevada	42-01 1/4	2003	5
	Makayla Kelby	Lee's Summit West	46-07 1/4	2018	5	59	Shauniece O'Neal	Hazelwood Central	42-00 1/2	2017	3
10	Asia Cole	Fort Osage	46-01	2012	4	60	Martha Schnackenberg	Neosho	42-00 1/4	1987	5
11	Mikayla Deshazer	KC Lincoln	45-08 1/2	2018	3		Shelby Beaver	Joplin	42-00 1/4	2017	4A
12	Elisha Hunt	Linn	45-08 1/4	2003	2	62	Marion Washington	Bishop Hogan	42-00	1988	5
13	Rickeal Roach	Lutheran South	45-07 1/2	2007	3		Nia Lyles	Webster Groves	42-00	2016	3A
14	Denise Buchanan	Glendale	44-11 1/2	1983	4A		Nicole Portell	Herculaneum	42-00	2002	4
15	Desirea Buerge	Webb City	44-11 1/4	2015	4	65	Julia Russell	Mountain View	41-11 3/4	2006	3A
16	Brittany Borman	Festus	44-10 1/4	2007	3	66	Jade Gates	Incarinate Word	41-11	2016	2
17	Audrey Pickering	California	44-06	2017	3	67	Jessica Donovan	Benton	41-09 3/4	2007	4
18	Krishna Lee	O'Hara	44-05 1/4	2005	3		Stacy Tiefenauer	North County	41-09 3/4	1996	3
19	Kathryn French	Marshfield	44-02	2018	4	69	Carie Talbot	Jasper	41-09	2006	3A
20	Kennedy Aurentz	Kickapoo	44-01 1/4	2018	5		Leah Colbert	Troy	41-09	2014	1
	Sarah Hall	Hickman	44-01 1/4	2010	5	71	Laura Ortinau	Oakville	41-08 1/4	2003	4
22	Rachel Travis	Lutheran (St. Peters)	44-01	2007	4	72	Bryanna Pierce	St. Clair	41-08	2011	4
23	Cydne Ryan	Hannibal	44-00 1/4	1985	3		Lindsey Markworth	Lexington	41-08	2001	3
24	Amarachi Ukabam	Marquette	43-09 3/4	2000	4A	74	Marisha Griffen	Normandy	41-07	1999	2A
	Emily Eller	Lutheran South	43-09 3/4	2015	4A		Tiffanie Jones	Warrensburg	41-07	2001	4A
26	Jordan McClendon	John Burroughs	43-08 3/4	2014	4		Wendy Siavii	Blue Springs South	41-07	2014	3A
27	Monet Jackson	Blue Springs	43-07 1/4	2011	3	77	Erin Steffens	Herculaneum	41-06 3/4	2006	4
28	Paden Wachter	Jackson	43-06	2013	4		Roxanna Koke	Waynesville	41-06 3/4	2009	3
29	Lutricia Purham	Marquette	43-04	1996	4	79	Julia Smith	Kirkwood	41-06 1/2	1988	4
30	Hope Harris	Clinton	43-03	2007	4A	80	Hannah Mayfield	Union	41-05 3/4	2014	4A
31	Cheryl Spradley	Raytown	43-02 3/4	1994	3		Kendra Williams	Kirkwood	41-05 3/4	2004	3
32	Alexis Roberson	Jefferson City	43-00 3/4	2016	4A	82	Kylie Corman	Mountain View	41-05 1/2	2010	4
33	Alysiah Whittaker	Northwest (Cedar Hill)	43-00 1/2	2013	5	83	Candi Mueller	Knob Noster	41-05	2011	2
	Connie Price	St. Charles	43-00 1/2	1980	4		Jessica Rhoads	Jefferson City	41-05	2018	2
35	Rene Brown	Poplar Bluff	42-10	1981	4A		Ul-Envi Johnson	Cape Central	41-05	2018	5
36	Debbie Kusiak	Holt	42-09 3/4	1989	4A	86	Skyler Young	O'Hara	41-04 3/4	2010	4
37	Diamond Richardson	Pattonville	42-09 1/4	2018	4A	87	Kelly Klusmeyer	Boonville	41-04 1/2	2009	3
38	Tyra Bickham	Blue Springs	42-08 3/4	2013	5	88	Allison Rosewicz	Cassville	41-04	2000	3
39	Deenia Mcmillar	Winnetonka	42-08 1/2	2016	4		Devyn McPherson	Carl Junction	41-04	2008	3A
40	Kelli McCrary	Hazelwood Central	42-08 1/4	1988	4		Haley Craig	North Harrison	41-04	2016	3
	Kloe Hilbrenner	Odessa	42-08 1/4	2018	4A	91	Heather Jenkins	Cape Central	41-03 3/4	2001	1
42	Wendy Jacobson	Center	41-10 1/4	1986	3		Tanisha Wilson	St. Charles	41-03 3/4	2016	4A
43	Katie Vanarsdall	Fort Osage	42-07 3/4	2006	4A	93	Dahlia Dyson	Ft. Zumwalt West	41-03 1/4	2011	4
44	Julie Walker	Truman	42-07 1/2	1980	4	94	Jeneen Townsend	Jefferson City	41-03	1991	4
45	Miche'la Lemons	Fort Osage	42-06 3/4	2017	4A		Karmyn Clark	McCluer North	41-03	2006	4A
46	Jasmine Kassanavoid	Lawson	42-06 1/2	2008	5	96	Beth Lewis	Savannah	41-02 1/2	2010	4
47	Ashlie Shimmin	Joplin	42-06	2010	2		Jacqueline David	William Chrisman	41-02 1/2	2018	5
48	Tamika Lomax	Raytown	42-05 1/2	2000	4	98	Hannah Kuenzel	Valle	41-02	2010	2
49	Aliyah Brown	Rockwood Summit	42-05	2014	4A	99	Mitzi Noelker	Lexington	41-02	1990	2A
50	LeKiesha McKnight	Raytown	42-04 1/4	2008	4	100	Holly Scherder	Bowling Green	41-01 3/4	2000	3A

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls Discus

1	Makayla Kelby	Lee's Summit West	166-08	2018	5	51	Lindsey Markworth	Lexington	137-00	2001	2A
2	Amarachi Ukabam	Marquette	165-01	2001	4A	52	Alexis Roberson	Jefferson City	136-11	2016	5
3	Katie Evans	Putnam Co.	160-05	2009	2	53	Taylor Golden	Higginsville	136-10	2017	2
4	Mikayla Deshazer	KC Lincoln	159-10	2018	3	54	Marissa Hunter	Hickman Mills	136-09	1999	3A
5	CeCilya Johnson	Lutheran South	158-02	2015	4		Shelby Mustain	Jefferson City	136-09	2012	4
6	Sophia Rivera	Brentwood	154-09	2015	2	56	Gloria Bennett	Sikeston	136-08	2018	4
7	Desirea Buerge	Webb City	153-08	2014	4	57	Paige Bunn	Fort Osage	136-02	2016	5
8	Denise Buchanan	Glendale	153-04	1983	4A	58	Lutricia Purham	Marquette	136-01	1996	4A
9	Megan Collins	Lee's Summit North	153-02	2008	4	59	Brittany Brown	Lee's Summit West	135-11	2009	4
10	Rickeal Roach	Lutheran South	152-09	2007	3	60	Makenzie Williams	East Prairie	135-10	2018	3
11	Heather Jenkins	Cape Central	152-05	2001	4A	61	Merrideth Spiers	Worth Co.	135-09	2018	1
12	Jill Rushin	Jackson	152-00	2010	4	62	Heather White	Raymore-Peculiar	135-07	1994	3A
13	Cydnee Reese	O'Hara	151-10	2013	3		Kelli McCrary	Hazelwood Central	135-07	1988	4A
14	Becky Haug	Lee's Summit North	151-07	2002	4A	64	Gail Peak	Marshfield	135-03	1986	3A
	Loren Groves	Scott City	151-07	2004	2		Rene Brown	Poplar Bluff	135-03	1981	4A
16	Hope Harris	Clinton	151-04	2005	3		Valeyta Althouse	Blue Springs	135-03	1991	4A
17	Abigail Green	Howell Central	151-00	2017	5	67	Genevra Collins	Kickapoo	135-01	1999	4A
18	Brittany Borman	Festus	150-05	2007	3		Paden Wachter	Jackson	135-01	2013	4
19	Donna Borer	Pleasant Hill	150-02	2017	4	69	Colleen Wagner	Camdenton	135-00	1983	3A
20	Shauniece O'Neal	Hazelwood Central	148-00	2017	5	70	Tiffanie Jones	Warrensburg	134-11	2001	3A
21	Nicole Chester	Parkway West	146-11	1989	4A	71	Marion Washington	Bishop Hogan	134-10	1988	3A
22	Krishna Lee	O'Hara	146-08	2005	3	72	Danielle Grimes	Jefferson City	134-09	2001	4A
23	Dion McNeal	Parkway West	146-01	1999	4A	73	Stefani Haag	Brookfield	134-08	1987	2A
24	Martana Stemmons	Battle	145-11	2016	5	74	Haley Heuer	Harrisburg	134-06	2011	2
25	Dahlia Dyson	Ft. Zumwalt West	145-10	2011	4		Jelani Kelly	Hazelwood Central	134-06	2007	4
26	Laura Lukens	Cape Central	145-08	1997	4A	76	Hannah Mitchell	Paris	134-04	2018	1
	Lisa Bossch	Parkway North	145-08	1982	4A		Lisa Hughes	Orchard Farm	134-04	2005	2
28	Jennifer Nicholson	East Prairie	144-06	2010	2	78	Katie Vanarsdall	Fort Osage	134-03	2005	4
29	Sandra Hampton	Lee's Summit North	143-09	2010	4	79	D'Andria Blow	Grandview	134-02	2012	3
30	Amanda Newton	Republic	143-06	2002	3A	80	Robyn Baker	Mexico	134-01	2006	3
31	Asia Cole	Fort Osage	143-05	2012	4	81	Jennifer Tuck	Orchard Farm	133-10	1994	2A
32	Jasmine Boyer	Ft. Zumwalt West	143-03	2009	4	82	Alicia York	St. Clair	133-08	2014	3
33	Jordan McClendon	John Burroughs	142-11	2015	3		Venisha Williams	McCluer	133-08	2001	4A
34	Angelina White	Rosati-Kain	142-10	2018	4	84	Tyra Bickham	Blue Springs	133-04	2013	4
35	Danee Jones	Clayton	142-04	2001	3A	85	Olivia Brand	Glendale	133-03	2011	4
36	Kylie Jones	Webb City	141-06	2009	3	86	Haley Craig	North Harrison	133-02	2016	1
37	Efia Walls	Hazelwood East	140-10	2005	4	87	Savannah Yeargan	Willard	132-08	2016	4
38	Michelle Flowers	Raytown South	140-06	1985	4A		Sierra Culver	Kearney	132-08	2018	4
39	Deenia Mcmillar	Winnetonka	140-05	2015	4	89	Amanda Liles	Nevada	132-03	2001	3A
40	Julia Smith	Kirkwood	140-04	1988	4A		Ashlie Shimmin	Joplin	132-03	2010	4
41	Wendee Brown	Blue Springs	140-02	1989	4A		Callie Newton	Republic	132-03	1998	3A
42	Jeneen Townsend	Jefferson City	139-09	1991	4A	92	Lekiesha McKnight	Raytown	131-10	2009	4
43	Mary Wirt	Liberty	139-01	2000	4A	93	Kayla Gutierrez	Kirkwood	131-09	2012	4
44	Michaela Dapprich	Branson	138-11	2012	4	94	Chel Fletcher	Carl Junction	131-08	1992	3A
45	Deanna Price	Troy	138-09	2011	4	95	Brooke Swearingin	Odessa	131-07	2010	3
	Jan Steinbrueck	Lutheran South	138-09	2013	3		Terri Houchen	Raymore-Peculiar	131-07	1992	3A
47	Bre Zanders	Helias	138-03	2013	3	97	Rachel McCarroll	Excelsior Springs	131-06	2008	3
48	Lauren Allen	Fatima	137-11	2011	2		Tomian Ahonen	Fox	131-06	1981	4A
49	Charlene Cortez	Carthage	137-09	1989	4A	99	Ashley Brewer	Ft. Zumwalt South	131-05	2006	4
50	Carla Grewe	Hillsboro	137-04	1998	4A	100	Kay Wright	Harrisonville	131-02	1982	3A

2016-2018 Missouri State Track Meet Top 100 Individuals

Girls Javelin

1	Jordan Sanders	Kickapoo	149-06	2017	5	51	Taylor Ruth	Owensville	114-11	2016	3
2	Jessica Sader	Knob Noster	143-00	2018	2	52	Ashley Alexander	Webb City	114-09	2016	4
3	Sydney Juszczuk	Trinity	142-03	2018	3	53	Sadie Wise	Kirkwood	113-10	2017	5
4	Kaesha George	Monett	138-11	2018	4	54	Elizabeth Bales	Salisbury	113-08	2018	1
5	Maddie Harris	Lee's Summit West	138-02	2018	5	55	Caitlyn Holmes	Park Hills Central	113-06	2017	3
6	Jaide Rose	North Kansas City	137-10	2018	5	56	Abigayle Vogel	Appleton City	113-05	2018	1
7	Ava Curry	Liberty North	137-07	2018	5	57	Carleigh Jenkins	Wellington-Napoleon	113-05	2017	1
8	Autumn Avery	Liberty	137-04	2018	5		Jaden Kight	Cape Central	113-05	2017	4
9	Janae Thurston	Raymore-Peculiar	134-07	2018	5	59	Brooklyn Miller	St. Joe Christian	113-04	2018	1
10	Sophia Rivera	Brentwood	134-06	2016	2	60	Shyann Sturgeon	Carthage	112-07	2016	4
11	Brandi VanBlarcum	Warrensburg	132-01	2018	4	61	Josie Deen	Jefferson (CJ)	112-00	2017	1
12	Lauren Redwine	Pleasant Hill	130-00	2018	4	62	Mekaylee Beard	Seneca	111-11	2017	3
13	Grace Burkemper	Kearney	129-11	2018	4	63	Olivia Frisbee	Knob Noster	111-10	2018	2
14	Megan Fortner	Northwest (CH)	129-02	2018	5	64	Allyssa Puckett	Eugene	111-09	2017	2
15	Lilliana Weir	Oak Grove	128-10	2018	4	65	Rachel Buschling	Clark Co.	111-08	2018	2
16	Ashlyn Cook	Lee's Summit	128-08	2017	5	66	Kayla Martin	MICDS	111-04	2017	4
17	Katelyn Mooney	Lamar	128-04	2018	3	67	Erinn Bush	North Callaway	110-11	2016	3
18	Paige VanBlarcum	Warrensburg	128-02	2017	4		Morgan Duschell	Notre Dame (Cape)	110-11	2017	4
	Toni Martin	Raymore-Peculiar	128-02	2016	5	69	Sarah Handrahan	Jefferson (Festus)	110-08	2017	2
20	Kate Ruediger	New Haven	127-06	2017	1	70	Jessica Rhoads	Jefferson City	110-05	2016	5
21	Bailey Righi	Blue Springs South	126-08	2016	5	71	Alexa Bekemeier	Hollister	110-00	2016	3
22	Alison Lund	Liberty	126-03	2017	5		Makenna Irvin	Cass Midway	110-00	2018	1
23	Megan Haley	Schuyler Co.	126-01	2017	2	73	Zoe Coffelt	Boonville	109-03	2017	3
24	Natalie Hull	St. Teresa's	126-00	2017	5	74	Jordan Garner	Van-Far	108-04	2018	1
25	Audrey Suschanke	Newburg	125-11	2017	1	75	Kelli McCallister	Monett	107-08	2017	4
26	Olivia Schroder	Ladue	125-09	2018	4	76	Amanda Braun	Calvary Lutheran	106-11	2018	1
27	Emily Harris	Webb City	125-03	2016	4	77	Blair Widmer	Father Tolton	106-09	2017	3
28	Rylea Smith	Parkway North	124-10	2018	4		Macy Morehead	Saxony Lutheran	106-09	2017	2
29	Kelsie Lewis	Plattsburg	123-10	2018	2		Shea Wells	Union	106-09	2016	4
30	McKenzie West	Monroe City	123-03	2018	2	80	Emma Poindexter	St. Charles West	106-04	2017	4
31	Kerrigan Gamm	Osage	123-01	2018	3	81	Morgan Conner	North Kansas City	106-01	2016	5
32	Payton Craig	North Harrison	122-08	2018	1	82	Erin Mueller	Valle	105-10	2018	1
33	Baylee Jobson	Marceline	122-06	2017	2		Sophia Cristiani	Parkway Central	105-10	2017	4
34	Cassidy Beem	Lamar	120-10	2017	3	84	Madison Ohrt	Tarkio	105-09	2018	1
35	Eden Little	Ava	120-01	2018	3	85	Sarah Schultz	Troy	104-10	2017	5
	Sofia Giocondo	St. Teresa's	120-01	2016	5	86	Hannah Koenigsfeld	Linn	103-08	2018	2
37	Eryka Wanyonyi	Hickman	119-08	2017	5	87	Clara Yokley	Saxony Lutheran	103-07	2018	2
38	Ellie Kalinka	Cass Midway	119-04	2016	1		Molly Darner	Northwest (CH)	103-07	2017	5
39	Sidney Branson	Ozark	119-02	2017	5	89	Brianna Wagoner	Liberty North	103-06	2016	5
40	Sydney Stephens	Plattsburg	119-00	2018	2	90	Jadrien Hyatt	Sparta	103-03	2018	2
41	Camryn Ramsey	Odessa	118-10	2018	3	91	Kendall Battle	Pattonville	103-01	2017	5
	Nicole Rezabek	Camdenton	118-10	2018	4	92	Kynlee Lehman	Lamar	102-09	2016	3
43	Salem Croy	Trenton	118-06	2018	3	93	Haley Cooper	Owensville	102-05	2016	3
44	Gracie Jaeger	Branson	117-04	2016	4	94	Kailyn Gudermuth	Wright City	101-10	2017	3
	Katheryn Ewing	Brookfield	117-04	2018	2	95	Halle Roland	Hillsboro	101-09	2017	4
46	Haleigh St. Clair	Monroe City	117-03	2018	2	96	Jenna Johnson	Polo	100-11	2016	1
47	Natalie Thomas	Community	116-02	2018	1		Lea Moose	West Platte	100-11	2018	1
48	Katelynn Charlton	Bowling Green	116-00	2018	3	98	Sierra Knowler	Drexel	100-09	2018	1
49	Quinn Albertson	California	115-11	2018	3	99	Jalynn Reeter	Chillicothe	100-08	2017	3
50	Dayle Davis	Rock Port	115-09	2017	1	100	Taylor Smart	Osceola	100-06	2017	1

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls Long Jump

1	Felecia Allen	Riverview Gardens	19-08 1/4	1986	4A	52	Muna Lee	KC Central	18-06	1997	4A
2	Erin Narzinski	Oakville	19-07 1/2	1993	4A		Petra Karanikic	North County	18-06	2000	3A
3	Chantae McMillan	Rolla	19-05 1/2	2005	4	54	Andrea Coomes	Oak Park	18-05 3/4	2001	4A
	Lorinda Richardson	Hickman	19-05 1/2	1981	4A		Iris Walker	Waynesville	18-05 3/4	1981	4A
	Rhonda Paine	Grandview	19-05 1/2	1982	4A		Michelle Parker	Ritenour	18-05 3/4	1985	4A
6	Lisa Davies	Oak Grove	19-05	1994	3A		Nekiesha Bailey	North Kansas City	18-05 3/4	2015	5
7	Sherri Hines	St. Joe Central	19-04 3/4	1986	4A	58	Alexis Hart	Truman	18-05 1/4	2015	5
8	Precious Selmon	Crystal City	19-03 1/4	2009	2		Erica Calhoun	KC Southeast	18-05 1/4	1987	4A
9	Jaslyn Williams	Springfield Central	19-01	2016	5	60	Lauren Waterbury	MICDS	18-05	2011	3
10	Mary Smith	Beaumont	19-00 3/4	1976	AA	61	Lauren Cheadle	Lee's Summit West	18-04 3/4	2010	4
11	Jazmin McCoy	North Kansas City	19-00	2012	4	62	Candice Coleman	Jefferson City	18-04 1/2	1990	4A
	Valerie Lenley	Ruskin	19-00	1992	4A		Charmen Jackson	Lafayette (Wildwood)	18-04 1/2	1987	4A
13	Deirdre Fortman	Park Hill	18-11 1/2	1993	4A	64	Cynise Hylton	Hickman Mills	18-04 1/2	2005	4
	Dionna Webb	Cape Central	18-11 1/2	1999	4A		Hannah Oberdiek	South Callaway	18-04 1/2	2015	2
	LaToya Williams	Jennings	18-11 1/2	1993	3A		Jerrica Key	Battle	18-04 1/2	2016	5
	Nataliyah Friar	Holt	18-11 1/2	2011	4		Kaitlin Moore	Lafayette (Wildwood)	18-04 1/2	2007	4
	Teresa Thornton	Festus	18-11 1/2	1985	3A	68	Alana Gray	Hazelwood East	18-04	2007	4
18	Carly Spalding	Monroe City	18-11 1/4	2013	2		Maegan Saleh	Marquette	18-04	2018	5
19	Leah North	St. Teresa's	18-10 3/4	2018	5		Robin Howard	Lafayette (St. Joe)	18-04	1981	4A
20	Angie Balducci	Holt	18-10 1/4	1988	4A		Sarah Bowling	Monett	18-04	2003	3
	Diamond Riley	Ritenour	18-10 1/4	2018	5		Tracie Driver	Caruthersville	18-04	1990	3A
	Leandra McGruder	Jefferson City	18-10 1/4	2006	4	73	Kim Frischman	DeSoto	18-03 1/2	1988	4A
23	Angie Thacker	Roosevelt	18-10	1982	4A	74	Chris Linville	Winnetonka	18-03 1/4	1979	4A
	Monique Grant	Smith-Cotton	18-10	2018	5		Kelly Eubanks	Rock Bridge	18-03 1/4	1979	3A
25	Ariel Okorie	Waynesville	18-09 3/4	2016	5	76	Candy Mason	Nevada	18-03	1994	3A
26	Ekaolise Jose	Liberty North	18-09 1/2	2017	5	77	Kate Alderson	Park Hill South	18-02 1/2	2002	4A
	Jazmin McCoy	Blue Springs	18-09 1/2	2013	4	78	Angie Carter	Hickman Mills	18-02 1/4	1989	4A
28	Jordan Stiens	Maryville	18-09 1/4	2009	3		Ashlee Miller	Osborn	18-02 1/4	2006	1
	Martina Nichols	Hazelwood West	18-09 1/4	1983	4A		Erika Murphy	Hazelwood West	18-02 1/4	1993	4A
	Ojurere Shonekan	Rock Bridge	18-09 1/4	2015	5		Shirley Newman	Sumner	18-02 1/4	1984	4A
	Tracey McCoy	St. Charles West	18-09 1/4	1984	4A	82	Adayna Upchurch	St. Louis Metro	18-02	1990	2A
32	Jennie Gorham	North Kansas City	18-09	1977	AA		Ameka Hannon	Lexington	18-02	1982	2A
33	Asia Walker	Hickman	18-08 1/2	2006	4		Arteshia Williams	Ruskin	18-02	2008	3
	Laveta Cudjo	Waynesville	18-08 1/2	1981	4A		Diane Cummings	Raymore-Peculiar	18-02	1990	3A
35	Kaela Rorvig	Hickman	18-08	2003	4		Jennifer Phillips	Fox	18-02	1997	4A
36	Abbe Ohneck	Rock Bridge	18-07 3/4	1998	4A		Olivia Koehler	Timberland	18-02	2008	4
	Frances Harrison	Waynesville	18-07 3/4	1979	3A	88	Annette Wichman	Lee's Summit North	18-01 3/4	2002	4A
	Lucretia Rimmer	Ruskin	18-07 3/4	2002	3A		Erin Alewine	Jefferson City	18-01 3/4	2009	4
39	Avrie Jones	Liberty	18-07 1/2	2016	5		Kelly Reardon	Notre Dame de Sion	18-01 3/4	2006	4
	Makenzy Mizera	Warrensburg	18-07 1/2	2017	4		Nina Gooden	Oak Grove	18-01 3/4	2000	3A
41	Lindsay Vollmer	Hamilton	18-07 1/4	2008	2		Sheri Pewitte	Blue Springs South	18-01 3/4	1995	4A
42	Kellie Suttle	Francis Howell	18-07	1990	4A	93	Kaylee Morgan	Carthage	18-01 1/2	2012	4
	Shawnte' Middlebrook	Lee's Summit West	18-07	2007	4		Sharon Beverly	Vashon	18-01 1/2	1998	4A
	Zionn Pearson	MICDS	18-07	2017	4		Sylvia Wofford	Joplin	18-01 1/2	1997	4A
45	Eziamaka Okafor	Rolla	18-06 3/4	1999	4A	96	Erika Miller	Mexico	18-01 1/4	2010	3
46	Jade Nalls	Raytown South	18-06 1/2	2008	4	97	Donna Ellerson	Hazelwood East	18-01	1982	4A
47	Maureen Soetebier	Eureka	18-06 1/4	1985	4A		Ervette Moore	Berkeley	18-01	1979	3A
	Samantha Stanley	Oak Grove	18-06 1/4	2000	3A		Harie Waffenschmidt	New Madrid CC	18-01	1997	3A
49	LaRita Hawes	Poplar Bluff	18-06	1981	4A		Missie Delphia	Lee's Summit	18-01	1992	4A
	LaTanya Short	Grandview	18-06	2006	4		Tamia Emerson	Liberty North	18-01	2017	5

1978-2018 Missouri State Track Meet Top 100 Individuals

Girls Triple Jump

1	Diamond Riley	Ritenour	40-10	2018	5	53	Monique Grant	Smith-Cotton	37-11 1/2	2018	5
2	Deirdre Fortman	Park Hill	40-09 1/4	1995	4A	54	Ashley Harris	Riverview Gardens	37-11 1/4	2004	4
3	Kathryn Coleman	Gateway	40-03 1/4	2004	4		Charmen Jackson	Lafayette (Wildwood)	37-11 1/4	1988	4A
4	Ahshane Johnson	Moberly	40-02 3/4	2010	3		Courtney Shuman	Clark Co.	37-11 1/4	2007	2
5	Riley Burger	Notre Dame (Cape)	40-02 1/4	2017	4		Emma Lander	Crane	37-11 1/4	2015	2
6	Pam Cummings	Raymore-Peculiar	40-01	1993	3A	58	Frances Harrison	Waynesville	37-11	1978	AA
7	Nataliyah Friar	Holt	39-11 1/4	2011	4		Lisa Ellis	Elsberry	37-11	1983	2A
8	Leandra McGruder	Jefferson City	39-09 3/4	2006	4	60	Alicia Starr	Blue Springs	37-10 1/2	2015	5
9	Kezia Martin	Jefferson City	39-06 1/4	2014	4		Donna Ellerson	Hazelwood East	37-10 1/2	1982	4A
10	Eziamaka Okafor	Rolla	39-05 3/4	2002	4A	62	Andrea Seabaugh	Fredericktown	37-10 1/4	1988	3A
11	Jade Nalls	Raytown South	39-04	2010	4	63	Becca Perry	MICDS	37-10	1999	3A
12	Andrea Bourland	Clinton	39-00 1/4	1993	3A		Madison Wipfler	Rock Bridge	37-10	2014	4
13	Jamie Newsome	Lee's Summit West	39-00	2014	4	65	Phabienne Parker	Whitfield	37-09 3/4	2001	2A
	Makenzy Mizera	Warrensburg	39-00	2018	4	66	Jaschelle Sasser	KC Metro	37-09 1/4	1994	3A
15	Kara Steele	Kirkwood	38-11 3/4	2017	5	67	Andrea Coomes	Oak Park	37-09	2002	4A
	Lisa Davies	Oak Grove	38-11 3/4	1993	3A		Cynise Hylton	Hickman Mills	37-09	2005	4
17	McKenzie Pearson	Center	38-11	2018	4		Daejah Bernard	Benton	37-09	2016	4
18	Annette Wichman	Lee's Summit North	38-09 1/2	2002	4A	70	Nashela Holman	Eureka	37-08 1/2	1994	4A
19	Angie Brown	Fulton	38-09	1993	3A	71	Carynton Marshall	Battle	37-08	2018	5
20	Paige Nelson	Parkway Central	38-08 3/4	2013	4		Eboni Moore	Lee's Summit North	37-08	2013	4
21	Alexis Spikes	Battle	38-08 1/4	2017	5	73	Cassie Bryant	Dixon	37-07 3/4	1988	2A
22	Iris Walker	Waynesville	38-08	1981	4A		Jill Ferguson	Farmington	37-07 3/4	1995	4A
23	Lakeshia Finch	Rockwood Summit	38-07 1/2	1999	4A		Shawnte' Middlebrook	Lee's Summit West	37-07 3/4	2007	4
	Napheesa Collier	Jefferson City	38-07 1/2	2012	4	76	Amy Davis	King City	37-07	1998	1A
25	Chantae McMillan	Rolla	38-07	2005	4	77	Brynn Williamson	Staley	37-06 1/2	2011	4
	Ekaolise Jose	Liberty North	38-07	2017	5		Nancy Johnson	Roosevelt	37-06 1/2	1985	4A
27	Kayla Booker	Riverview Gardens	38-06 3/4	1990	4A	79	Angie Balducci	Holt	37-05 1/4	1987	4A
28	Atlivia Spencer	Jefferson City	38-06 1/2	2005	4		Trina Osborne	Springfield Central	37-05 1/4	1984	4A
29	Ramona Riley	Oak Park	38-05	1981	4A	81	Carolyn Ross	Webster Groves	37-05	2015	4
	Shirlie Gibson	Beaumont	38-05	1983	4A		Gwen Berry	McCluer	37-05	2007	4
31	Abbe Ohneck	Rock Bridge	38-04 1/2	1998	4A	83	Jelessa Stafford	Lexington	37-04 3/4	2007	2
	Kimberly Teed	Carthage	38-04 1/2	2016	4		Lailah Elliott	John Burroughs	37-04 3/4	2015	3
	McKenzie Wright	Camdenton	38-04 1/2	2014	4	85	Amber White	Cuba	37-04 1/2	2011	2
	Sherri Hines	St. Joe Central	38-04 1/2	1986	4A		Angel Hunsaker	North Andrew	37-04 1/2	1993	1A
35	Tayte Kozlowski	Kickapoo	38-03 3/4	2018	5		Britney Mosby	Cardinal Ritter	37-04 1/2	2017	3
36	Katie Wenger	St. Joe Central	38-03 1/2	2005	4	88	Leslie Brooks	Ritenour	37-04 1/4	2016	5
37	Alexis Hart	Truman	38-03	2016	5		Shelly Powell	Brunswick	37-04 1/4	1987	1A
	Julie Geiger	Boonville	38-03	1987	3A		Terri Wallace	Hickman Mills	37-04 1/4	1991	4A
39	Lindsey Miller	Lee's Summit	38-02 3/4	1996	4A	91	Angie McCall	Hazelwood East	37-04	1997	4A
40	Stacey Thompson	Soldan	38-02 1/2	1981	4A		Funtasia Clark	Jefferson City	37-04	2005	4
41	Heather West	Jackson	38-02 1/4	2003	4		Jessica Haney	Lee's Summit West	37-04	2017	5
42	Adonica Williams	Sumner	38-01 1/2	1985	4A		Thonesia Saulsbury	Raytown South	37-04	1982	4A
	Kim Moye	Hazelwood Central	38-01 1/2	2011	4	95	Katrina Jefferson	Riverview Gardens	37-03 3/4	1988	4A
	Sarah Long	O'Hara	38-01 1/2	1999	3A		LaRita Hawes	Poplar Bluff	37-03 3/4	1981	4A
45	Becki Borg	Rock Bridge	38-00 3/4	1986	4A	97	Danielle Oliver	Ladue	37-03 1/2	2006	3
	Katy Thomas	Park Hill South	38-00 3/4	2007	4	98	Patricia Bagby	Aurora	37-03 1/4	1983	3A
	Lauren Cheadle	Lee's Summit West	38-00 3/4	2010	4	99	Jennifer Phillips	Fox	37-03	1997	4A
	Lucretia Rimmer	Ruskin	38-00 3/4	2002	3A		Josie Fortney	East Buchanan	37-03	2017	2
	Meleah Ridenour	Nixa	38-00 3/4	2017	5		Khara Harmon	McCluer	37-03	2007	4
	Missy Haley	Festus	38-00 3/4	1988	3A		Tina Jones	KC Southwest	37-03	1979	4A

1975-2018 Missouri State Track Meet Top 100 Individuals

Girls High Jump

1	Carlie Queen	Summit Christian	5-11	2017	3		Napheesa Collier	Jefferson City	5-06	2012	4
2	Jennifer Drum	Smith-Cotton	5-09	2000	4A		Paula Kirk	North Kansas City	5-06	1978	AA
	Jessica Haney	Lee's Summit West	5-09	2018	5		Rachel Morris	Schuyler Co.	5-06	2017	2
4	Alicia Cannady	McCluer North	5-08	2001	4A		Selina Kendall	Platte Co.	5-06	2012	3
	Brittany Kallenberger	Lee's Summit West	5-08	2012	4		Shawn Corwin	North Kansas City	5-06	1977	AA
	Emily Hess	Carthage	5-08	2000	4A		Sherry Spears	Kickapoo	5-06	1989	4A
	Kylie Ellison	Ft. Zumwalt West	5-08	2012	4		Stacy Roberts	Rock Bridge	5-06	1987	4A
	LaTonya Tatum	William Chrisman	5-08	1984	4A		Stephanie Warren	Mehlville	5-06	1999	4A
	Nekiesha Bailey	North Kansas City	5-08	2014	4		Sydney Deeken	California	5-06	2011	2
	Sydney Winslow	Farmington	5-08	2006	4		Tierney Eaton	Worth Co.	5-06	2003	1
11	Sara Rhine	Eldon	5-07 3/4	2014	3		Tyse Samani	North Kansas City	5-06	2006	4
12	Donna Ellerson	Hazelwood East	5-07 1/2	1983	4A		Zori Holman	Mexico	5-06	2014	3
	Jana Tillman	Lutheran North	5-07 1/2	1997	2A	85	Alicia Starr	Blue Springs	5-05	2016	5
	Valarie Summa	Smithville	5-07 1/2	2000	3A		Angela Boland	Holt	5-05	1990	4A
15	Angela Beckett	Monett	5-07 1/4	1986	3A		Angie Harned	Kickapoo	5-05	1982	4A
	Funtasia Clark	Jefferson City	5-07 1/4	2005	4		Anna Holtermann	Washington	5-05	2009	4
	Marissa Jensen	Stanberry	5-07 1/4	2018	1		Ashley Shumaker	Nevada	5-05	2012	3
	Suzanne Nyander	McDonald Co.	5-07 1/4	1983	3A		Bailea Hogan	Hillsboro	5-05	2012	3
19	Amber Alexander	Parkway North	5-07	2012	4		Betsy Borgsmiller	Sikeston	5-05	2012	3
	Amy Duncan	Hickman	5-07	1993	4A		Breanne Borman	Festus	5-05	2011	3
	Ashley Taylor	Oak Park	5-07	2007	4		Cathy Hardin	Eureka	5-05	1983	4A
	Briana Isom-Brummer	Villa Duchesne	5-07	2009	3		Cindy Critten	Gallatin	5-05	1995	1A
	Chrisha Riley	William Chrisman	5-07	2014	4		Connie Teaberry	Lutheran North	5-05	1988	2A
	DeShaci Barrickman	Spokane	5-07	1996	2A		Cori Anderson	Carthage	5-05	2005	3
	Erin Burns	Wellington-Napoleon	5-07	1993	1A		Crissy Poynter	Lebanon	5-05	1988	4A
	Heather Fisher	Jefferson City	5-07	1993	4A		Cynthia Jefferson	Springfield Central	5-05	1982	4A
	Jenny Bybee	Hillcrest	5-07	2000	4A		Deanna Clemment	St. Joe Central	5-05	1988	4A
	Lauren Begany	Lindbergh	5-07	2006	4		Diane Cummings	Raymore-Peculiar	5-05	1990	3A
	Leslie White	Chillicothe	5-07	1991	3A		Emily Duschen	Notre Dame de Sion	5-05	2007	3
	Lindsay Vollmer	Hamilton	5-07	2009	2		Erin Alewine	Jefferson City	5-05	2009	4
	Mackenzie Schwietz	Lafayette (Wildwood)	5-07	2012	4		Jammie Ahrens	Cape Central	5-05	1982	4A
	Michelle Moran	Lafayette (Wildwood)	5-07	1996	4A		Jan Lenox	Duchesne	5-05	1984	3A
	Morgan Whitson	Moberly	5-07	2010	3		Jan Meyer	Jefferson City	5-05	1996	4A
	Tara Phillips	Fort Osage	5-07	2000	4A		Janeen Medellin	Fort Osage	5-05	1987	4A
	Ty'Risha Chambers	Center	5-07	2009	3		Janene McDaniel	Kirkwood	5-05	1988	4A
36	Mary Nan Chapman	Chillicothe	5-06 1/2	1981	3A		Jasmine Reynolds	Waynesville	5-05	2009	4
37	Jan Hawk	Oak Park	5-06 1/4	1980	4A		Jessica Field	Hermann	5-05	1995	2A
	Katie Kinney	Parkway West	5-06 1/4	1980	4A		Jessie Wood	Washington	5-05	2006	4
39	Abbe Ohneck	Rock Bridge	5-06	1998	4A		Jill Stanley	Princeton	5-05	1994	1A
	Adia Eberle	Cass Midway	5-06	2017	1		Jordan Small	Visitation	5-05	2015	4
	Alicia Moellering	Villa Duchesne	5-06	2015	4		Katy Thomas	Park Hill South	5-05	2005	4
	Allison Krumme	Mid-Buchanan	5-06	1995	2A		Kayla Schultz	Hallsville	5-05	2005	2
	Alyssa Carlton	Seckman	5-06	2012	4		Kelli Newkirk	Warsaw	5-05	1997	3A
	Amanda Albrecht	Herculaneum	5-06	2005	3		Kelly McNett	Truman	5-05	1992	4A
	Anessa Alexander	Strafford	5-06	2009	2		Kiesha Bailey	North Kansas City	5-05	2013	4
	Anne Powell	Princeton	5-06	1998	1A		Kim Nagy	Oakville	5-05	2009	4
	Ashlee Johns	Nixa	5-06	1999	3A		Lisa Vengels	Dixon	5-05	2007	2
	Avylina Powell-qua	Republic	5-06	2018	5		Maci Wood	Skyline	5-05	2007	2
	Becca Buechter	Iberia	5-06	2014	2		Marisha Brown	Center	5-05	2007	3
	Camille Hackamack	Hannibal	5-06	2010	3		Maryann Hamm	Camdenton	5-05	1982	3A
	Candy Mason	Nevada	5-06	1994	3A		Michele Rupp	Duchesne	5-05	1985	3A
	Cara Harbstreet	Sherwood	5-06	2007	2		Miranda Migletz	Smithville	5-05	2013	3
	Carrie Fletcher	Lafayette (Wildwood)	5-06	1989	4A		Mirjam Albrecht	Oak Park	5-05	2008	4
	Chanell Charapata	Notre Dame de Sion	5-06	2002	3A		Myrna Asberry	West Plains	5-05	1983	4A
	Christie Myers	Raytown South	5-06	1999	4A		Nicki Allen	Raytown	5-05	1981	4A
	Christine Spence	Lee's Summit North	5-06	2000	4A		Nikki Larson	Troy	5-05	2010	4

1999-2018 Missouri State Track Meet Top 100 Individuals

Girls Pole Vault

1	Khristen Bryant	Columbia Ind.	13-00	2017	1	Lauren Beauchamp	Francis Howell	11-03	2017	5	
2	Nicole Kallenberger	Lee's Summit West	12-10 1/2	2015	5	Lia Howe	Lee's Summit North	11-03	2013	4	
3	Brittany Kallenberger	Lee's Summit West	12-10	2012	4	Mackenzie Roney	Herculaneum	11-03	2014	2	
4	Elaina Roeder	Central	12-07	2018	5	Maggie Givens	Branson	11-03	2009	4	
5	Chole Ramsey	Helias	12-06 1/4	2017	4	Megan Wickersham	Nixa	11-03	2013	4	
	Lynsie Curtis	Centralia	12-06 1/4	2018	3	Michaela Randolph	Francis Howell North	11-03	2013	4	
7	Carly Pujol	Notre Dame (Cape)	12-06	2018	4	Molly Barnes	Farmington	11-03	2009	3	
	Emily Presley	St. Clair	12-06	2014	3	Molly Greene	Moberly	11-03	2018	4	
	Sierra Maddox	Jackson	12-06	2014	4	Mora Boatman	Ft. Zumwalt West	11-03	2018	5	
	Tara Diebold	Branson	12-05	2007	3	Morgan Banker	Rock Bridge	11-03	2018	5	
11	Chloe Ramsey	Helias	12-03	2018	4	Morgan Griffiths	Summit Christian	11-03	2014	3	
12	Bethany Buell	Rockwood Summit	12-02	2009	4	Paige Rantz	Reeds Spring	11-03	2018	3	
13	Vera Neuenswander	Jefferson City	12-01	2006	4	Shelby Markum	Ft. Zumwalt North	11-03	2011	4	
14	Alesa Frey	Brookfield	12-00 1/2	2014	2	Skyler Wooldridge	Adrian	11-03	2012	2	
15	Bayli Freidel	Father Tolton	12-00	2017	3	Sydney Haase	Kearney	11-03	2010	3	
	Dominique Meyer	Francis Howell North	12-00	2015	5	Tassilyn Bolin	Willard	11-03	2018	4	
	Lindsey Bourne	Joplin	12-00	2000	4A	69	Andrea Fuhrer	Mexico	11-00	2005	3
	Megan Wright	Blue Springs	12-00	2012	4	Anna Gigliotti	St. Teresa's	11-00	2010	4	
	Shelby Franklin	Monroe City	12-00	2007	2	Anna Koons	Warrensburg	11-00	2002	3A	
20	Abby Garlich	Lee's Summit	11-09	2007	4	Cailin Collins	Rockwood Summit	11-00	2014	4	
	Breanna Bussel	Jefferson City	11-09	2007	4	Cara Grinde	Monroe City	11-00	2006	2	
	Caitlin Reed	Festus	11-09	2018	4	Chleo Legrand	Cape Central	11-00	2013	4	
	Carlie Queen	Summit Christian	11-09	2017	3	Emma Johnson	Timberland	11-00	2015	5	
	Emma Elwood	Jefferson City	11-09	2015	5	Erin Huff	Jackson	11-00	2018	5	
	Haven Lander	Republic	11-09	2017	5	Katey McIntosh	Rockwood Summit	11-00	2017	4	
	Heather Glenn	Liberty	11-09	2013	4	Kelli Hines	South Shelby	11-00	2011	2	
	Jordan Banker	Rock Bridge	11-09	2017	5	Lucy Givens	Branson	11-00	2012	4	
	Morgan Griffiths	St. Charles West	11-09	2015	4	MacKenzie Roberts	Joplin	11-00	2010	4	
	Susan Stroud	Farmington	11-09	2002	4A	Maranda Akers	Seckman	11-00	2012	4	
31	Sara Page	Liberty	11-07	2010	4	Megan Long	Lafayette (Wildwood)	11-00	2006	4	
32	Elaina Roeder	Springfield Central	11-06	2017	5	Olivia Lyon	Ozark	11-00	2018	5	
	Elleigh Spragg	Logan-Rogersville	11-06	2015	4	Rachel Ederle	Afton	11-00	2010	3	
	Hannah Cooper	Excelsior Springs	11-06	2007	3	Rachel Holt	Jefferson City	11-00	2016	5	
	Judy Keys	Camdenton	11-06	2014	4	Taylor Gross	Seckman	11-00	2016	5	
	Katherine Schumer	Jackson	11-06	2017	5	87	Abbey Stanley	Lee's Summit North	10-09	2011	4
	Marlene Kilpack	Hallsville	11-06	2018	3	Alexa Smith	MICDS	10-09	2015	4	
	Michelle Lange	Ladue	11-06	2008	3	Amy Heidbreder	Ft. Zumwalt West	10-09	2003	4	
	Natalee Allen	Excelsior Springs	11-06	2001	3A	Cecelia Givens	Branson	10-09	2015	4	
	Nicole Barton	Windsor (Imperial)	11-06	2017	4	Claire Goppert	Lee's Summit North	10-09	2013	4	
40	Christina Gilpin	Jefferson City	11-04	2001	4A	Darcy Chase	Hannibal	10-09	2005	3	
41	Allie Barrett	Fort Osage	11-03	2017	5	Erin Shryock	North Callaway	10-09	2003	2	
	Cassandra Jennings	Kirksville	11-03	2017	4	Haley Pryor	MICDS	10-09	2012	3	
	Destiny Skidmore	Marshfield	11-03	2018	4	Heather Wohlleber	Lee's Summit	10-09	2004	4	
	Georgia Richardson	Park Hills Central	11-03	2014	3	Kara Stelmacki	Orchard Farm	10-09	2018	3	
	Hadley Jetmore	Pembroke Hill	11-03	2018	3	Lauren Jones	Chillicothe	10-09	2015	3	
	Jamie Poppen	Parkway West	11-03	2017	4	Madison Wulfekotte	Odessa	10-09	2016	4	
	Jessica Clark	Blair Oaks	11-03	2012	2	Megan Plevel	Holt	10-09	2012	4	
	Kaitlyn Clutter	St. Charles	11-03	2018	4	Natalie Sheehy	Blue Springs	10-09	2018	5	
	Katey McIntosh	Summit	11-03	2018	4	Nichole Manning	Winnetonka	10-09	2006	4	
	Kathryn Ambrose	Warrensburg	11-03	2013	3	Shauna Eldringhoff	West Plains	10-09	2005	4	
	Kirstie Leslie	Washington	11-03	2013	4	Staci Wickersham	Nixa	10-09	2012	4	

1975-2011 Missouri State Track Meet Girls Top Individuals
75 M LH/80 M LH (1975-1980) 880 Y Medley (1975-1978)

1	Lawanda Waters	Kirkwood	10.45	1980 4A	1	Sumner	1:51.02	1978 AA
2	Linda Weekly	Beaumont	10.52	1977 AA	2	Soldan	1:51.10	1977 AA
3	Barbara Veasley	Sumner	10.57	1979 4A	3	Lindbergh	1:52.79	1978 AA
4	Renita Anderson	Hazelwood West	10.61	1977 AA	4	Joplin Memorial	1:52.95	1977 AA
5	Denise Nalton	KC East	10.64	1979 4A	5	North Kansas City	1:53.17	1977 AA
6	Mary Harvis	Jefferson City	10.65	1979 4A	6	KC Southeast	1:53.35	1977 AA
7	Candice Williams	St. Louis Southwest	10.68	1980 4A	7	Oak Park	1:53.71	1977 AA
8	Jackie Johnson	Charleston	10.69	1980 3A	8	Warrensburg	1:53.83	1977 AA
9	Mary Smith	Beaumont	10.5	1976 AA	9	KC Central	1:54.01	1978 AA
10	Connie Shewmaker	Buffalo	10.78	1980 3A	10	Lawson	1:54.5	1977 A

100 M LH (1981-1987)

1	Felecia Allen	Riverview Gardens	14.06	1986 4A
2	Stephani Thomas	Sumner	14.12	1982 4A
3	Rhonda Paine	Grandview	14.14	1982 4A
4	Becky Schafer	Truman	14.36	1986 4A
	Nancy Thomas	Parkway North	14.36	1984 4A
6	Dorothy Young	University City	14.39	1985 4A
7	Michele Cervant	Oak Grove	14.41	1986 3A
8	Stephanie Cameron	Clayton	14.45p	1983 3A
9	Angie Harned	Kickapoo	14.56	1982 4A
10	Deanna Adams	Springfield Central	14.57	1984 4A

Softball Throw

1	Patty Rakers	Montgomery Co.	222-01	1976 A
2	LeAnn Wilcox	St. Mary's (Ind)	218-10	1976 A
3	Judy Vaughn	North Callaway	216-05	1977 A
4	Sis Sigman	Cabool	212-08	1977 A
5	Sandy Imhoff	Jamestown	210-11	1977 A
6	Renee Skaggs	Clopton	206-01	1977 A
7	Valerie Brown	Clinton	204-10	1976 AA
8	Becky Bollinger	Jackson	202-09	1977 AA
9	Cindy Wilson	Kickapoo	202-06	1975
10	Kay James	Jefferson City	202-01	1977 AA

200 M LH (1981-1983)

1	Anthea Johnson	KC Central	28.10	1981 4A
2	Stephanie Thomas	Sumner	28.16p	1982 4A
3	Sylvia Grant	Webster Groves	28.22	1981 4A
4	Regina Minnus	Blue Springs	28.29p	1981 4A
5	Stephani Thomas	Sumner	28.34	1982 4A
6	Rhonda Paine	Grandview	28.38p	1982 4A
7	Regina Minis	Blue Springs	28.49	1981 4A
8	Mary Kaboldt	Parkway North	28.50	1981 4A
9	Karen Cooper	McCluer	28.60p	1982 4A
10	Carmen Gordon	Lexington	28.75	1981 3A

Shot Put (8 LB) (1975-1979)

1	Cindy Kiser	Branson	44-09 1/2	1976 A
2	Sekeli Salina	William Chrisman	44-04 1/4	1976 AA
3	Valerie Brown	Clinton	44-01 1/2	1977 AA
4	Sue Brown	Waynesville	43-09	1977 AA
5	Tammie Romsted	Truman	42-10	1977 AA
6	Shirley Knight	Springfield Central	42-05	1975
7	Linda Dill	Webster Groves	42-04 3/4	1977 AA
8	Stephanie Hudson	Knob Noster	42-02	1977 A
9	Connie Price	St. Charles	42-01 1/2	1979 4A
10	Shirley Knight	Springfield Central	41-11 1/2	1976 AA

100 Yards (1975-1979)

1	Jennie Gorham	North Kansas City	10.90	1977 AA
2	Forestine Pruitt	Sumner	10.92	1977 AA
3	Rosalyn Love	Sumner	10.94	1977 AA
4	Debra Martin	Sumner	10.99	1979 4A
5	Rhonda Wright	Joplin Memorial	11.11	1977 AA
6	Karen Hawkins	Sumner	10.9	1976 AA
7	Tara Mastin	Ritenour	11.18	1979 4A
8	Twanette West	Mexico	11.0	1976 AA
9	Ramona Riley	Oak Park	11.25	1979 4A
10	Angie Thacker	Roosevelt	11.34	1979 4A