

1980-2017 Missouri State Track Meet Top 100 Individuals

Girls 100 Meters

1	Anglerne Annelus	Grandview	11.64p	2015	4	54	Shaneatra Neely	Hickman Mills	12.12	2000	3A
2	Alicia Burnett	Ft. Zumwalt South	11.65p	2017	4	55	Brandy Haan	Maysville	12.13	1993	2A
3	Muna Lee	KC Central	11.66p	1999	4A		Jazmin McCoy	Blue Springs	12.13	2013	4
4	Angie Thacker	Roosevelt	11.67p	1981	4A	57	Precious Selmon	Crystal City	12.13p	2008	2
5	Alishea Usery	McCluer S-Berkeley	11.69	2007	3		Tiffani McReynolds	Pembroke Hill	12.13	2010	3
	Tianna Valentine	Hazelwood East	11.69	2011	4	59	Dominique McDonald	KC Central	12.14p	2003	3
7	Aiesha Irvin-Muhammad	St. Elizabeth.s	11.74	2013	2		Jeni King	Jefferson City	12.14p	1988	4A
8	Raheema Westfall	McCluer S-Berkeley	11.76	2017	3		Miah Leverette	Grandview	12.14	2001	4A
9	Deja Ingram	Hazelwood Central	11.78p	2017	5		Phynice Kelley	Bishop Hogan	12.14	1988	3A
10	Kim Edwards	Van Horn	11.80	1985	4A	63	Suzette Gills	Ladue	11.9p	1999	4A
11	Peyton Chaney	Nerinx Hall	11.81p	2012	4	64	Brittany Bruce	Lee's Summit West	12.15p	2006	3
12	Debra Martin	Sumner	11.82	1980	4A		Elaine Atkins	Webster Groves	12.15p	1988	4A
13	Ashley Henderson	Hazelwood Central	11.85p	2012	4		Saenea Williams	Westminster Christian	12.15p	2014	3
	Octavia Cato	McCluer S-Berkeley	11.85	2017	3	67	Asia Thomas	Cape Central	12.16p	2011	4
15	Jada Moore	Pattonville	11.86p	2017	5		Brittney Johnson	Hazelwood Central	12.16p	2017	5
	Jazmin McCoy	North Kansas City	11.86p	2012	4		Danita Humphrey	Marshall	12.16	1980	3A
17	Kyra Sullivan	Gateway	11.89	2004	4		Dorothy Myers	Kirkwood	12.16	1994	4A
	Lauren Hollingsworth	Villa Duchesne	11.89p	2009	3	71	Ciara Jones	Soldan	12.17p	2004	3
19	Alexis Bates	St. Joe Central	11.92	2007	4		Ekate Lymon	Waynesville	12.17p	2009	4
20	Aisha Thomas	Jefferson City	11.93	2004	4		Mia Staten	Jackson	12.17	1987	4A
21	Kamira Franklin	McCluer S-Berkeley	11.94	2014	3		Michelle McDaniel	Oak Grove	12.17p	1988	3A
	LaJada Baldwin	St. Louis Central	11.94p	2005	3	75	Phynice Kelley	Center	12.18	1991	3A
23	Shelinda Brackett	Riverview Gardens	11.95	2005	4		Shana White	Hickman	12.18	2007	4
24	Melanna Gray	North Kansas City	11.96	1989	4A		Sheba Clarke	Park Hill	12.18	1998	4A
25	Charmaine Forest	Park Hill	11.97	1988	4A	78	Angie Lalumondier	Crystal City	12.19	1988	2A
26	Lydia Harold	McCluer	11.98	2014	4		Busiwa Asinga	Principia	12.19p	2017	3
27	Crystal Harris	Rockwood Summit	11.99p	2009	4		Joy Walker	McCluer	12.19p	1993	4A
	Kim Prather	Lutheran North	11.99p	2005	3		Maribeth Crain	Eldon	12.19	1988	3A
	Vicki Word	New Madrid CC	11.99p	1985	3A		Shanita Bledsoe	Holt	12.19p	2005	4
30	Angie Thomas	Riverview Gardens	12.00	1985	4A	83	Anthea Johnson	KC Central	12.20p	1981	4A
	Lorinda Richardson	Hickman	12.00	1981	4A		Avis Evans	Kirkwood	12.20	1998	4A
	Olivia Lewis	Gateway	12.00p	2009	4		M.C. Landolt	Washington	12.20p	2014	4
33	Maya Cody	Lutheran South	12.02	2014	3	86	Hava Turner	Kirkwood	12.21p	2017	5
	Whitney Adams	Francis Howell	12.02p	2012	4		Kailea Cook	Park Hill South	12.21	2001	4A
35	Shawntanay Johnson	Fox	12.03p	2009	4		Lenetta Lee	Summit Christian	12.21p	2017	3
36	Amiris Warren	Raytown South	12.04	2011	4		Montenea Roye	Ladue	12.21p	2009	4
	Angie Monroe	Riverview Gardens	12.04p	1985	4A	90	Lauren Flaker	Rock Bridge	12.22p	2009	4
	Sunni Sellers	Raytown South	12.04p	2017	4		Nia Lunn	Raytown South	12.22p	2017	4
39	Dena Lewis	Parkway Central	12.06	2001	4A		Nika Smith	Holt	12.22	1992	4A
40	Danielle Parrish	Hazelwood Central	12.07	2005	4		Rachel Kahle	Jackson	12.22	2007	4
	Naomi Williams	KC Northeast	12.07	2001	4A	94	Courtney Williams	Nerinx Hall	12.23p	2017	5
	Tamika Foster	Hazelwood East	12.07	1984	4A		Diona Graves	Kirkwood	12.23	2007	4
43	Shermica Turner	Hickman	12.08p	1987	4A		Tianna Swinney	Sumner	12.23p	1993	4A
44	Carly Spalding	Monroe City	12.09	2013	2		Zandrea Wilson	Berkeley	12.23p	1993	3A
	Jahliah Clay	Blue Springs South	12.09p	2015	5	98	Jaslyn Williams	Springfield Central	12.24p	2015	5
	Lauren Cheadle	Lee's Summit West	12.09	2010	4		Lauren Fisher	Hazelwood Central	12.24	2005	4
	Nyisha Porter	Normandy	12.09	2001	4A		Prenechia Ponds	Hazelwood Central	12.24	2013	4
	Shameika McField	Hazelwood East	12.09	1998	4A		Raina Martin	Boonville	12.24p	1996	3A
	Tiffany Hargrove	KC Central	12.09p	2000	4A		Rose Fulton	North County	12.0	2002	3A
50	Ramona Riley	Oak Park	12.10p	1981	4A		Syanne Johnston	Ft. Zumwalt East	12.24p	2014	4
51	Aiesha Irvin-Muhammad	St. Elizabeth's	12.11p	2013	2		Sydney Peavy	Pembroke Hill	12.24p	2009	3
	Cheyenne Hoerr	Affton	12.11	2012	3		Traci Harrison	Bishop Hogan	12.24p	1987	3A
	Shundrek Smith	KC Lincoln	12.11	1986	3A						

1975-2017 Missouri State Track Meet Top 100 Individuals

Girls 200 Meters & 220 Yards

1	Anglerne Annelus	Grandview	23.47p	2015	4	52	Phynice Kelley	Center	24.83p	1990	4A
2	Maya Cody	Lutheran South	23.76p	2015	4	53	Prenechia Ponds	Hazelwood Central	24.84p	2013	4
3	Alishea Usery	Berkeley	23.78	2007	3	54	Dorothy Myers	Kirkwood	24.85	1994	4A
4	Muna Lee	KC Central	23.83	2000	4A		Lynette Atkinson	Ladue	24.85p	2009	4
5	Kyra Sullivan	Gateway	24.03p	2003	4	56	Ayesha Ewing	Cardinal Ritter	24.87	2011	3
6	Lauren Hollingsworth	Villa Duchesne	24.07	2009	3	57	Brittany Bruce	Lee's Summit West	24.88p	2006	3
7	Ashley Henderson	Hazelwood Central	24.12	2014	4		Imani Hutchinson	Raytown South	24.88p	2015	4
8	Deja Ingram	Hazelwood Central	24.15p	2017	5	59	Sheba Clarke	Park Hill	24.90p	1999	4A
9	Lydia Harold	McCluer	24.21	2014	4	60	Alexandria Isom	Nerinx Hall	24.92p	2012	4
10	Angie Thacker	Roosevelt	24.22	1981	4A		Courtney Williams	Nerinx Hall	24.92p	2017	5
11	Raheema Westfall	Berkeley	24.24p	2017	3		Danielle Frank	Hazelwood Central	24.92p	2017	5
12	Aisha Thomas	Jefferson City	24.27	2004	4		Jaronica Owens	McCluer	24.92	2011	4
	Kim Edwards	Van Horn	24.27	1985	4A		Zandrea Wilson	Berkeley	24.92p	1993	3A
14	Alicia Burnett	Ft. Zumwalt South	24.28p	2017	4	65	Erika Sharp	McCluer	24.93	1998	4A
15	Angie Thomas	Riverview Gardens	24.33	1985	4A		Kelsey Lewis	Lee's Summit North	24.93	2014	4
	Whitney Adams	Francis Howell	24.33p	2013	4		Shaneatra Neely	Hickman Mills	24.93	2000	3A
17	Aiesha Irvin-Muhammad	St. Elizabeth's	24.34p	2013	2	68	Octavia Cato	Berkeley	24.94	2017	3
	Tianna Valentine	Hazelwood East	24.34p	2012	4	69	Crystal Harris	Rockwood Summit	24.95p	2009	4
19	Jahliah Clay	Blue Springs South	24.38	2015	5		Saenea Williams	Westminster Christian	24.95	2015	4
20	LaJada Baldwin	St. Louis Central	24.39	2005	3		Tamika Foster	Hazelwood East	24.95p	1984	4A
21	Aiesha Irvin-Muhammad	St. Elizabeth.s	24.40	2013	2		Tianna Swinney	Sumner	24.95	1994	4A
	Debra Martin	Sumner	24.40	1980	4A	73	Alexis Bates	St. Joe Central	24.96	2007	4
23	Madison Fuller	John Burroughs	24.42	2016	3		Alice Bell	Beaumont	24.96	1982	4A
24	Syanne Johnston	Ft. Zumwalt East	24.43p	2015	4		Kendra White	McCluer North	24.96	2010	4
25	Donniece Parrish	Hazelwood Central	24.44p	2004	4		Jennie Gorham	North Kansas City	24.98	1977	AA
26	Jada Moore	Pattonville	24.47p	2017	5	77	Shundrek Smith	KC Lincoln	25.00	1986	3A
27	Ciara Jones	Soldan	24.49p	2004	3	78	Amiris Warren	Raytown South	25.01	2011	4
28	Lauren Fisher	Hazelwood Central	24.53p	2004	4	79	Dominique McDonald	KC Central	25.01p	2003	3
29	Asia Thomas	Cape Central	24.54p	2010	4		Nika Smith	Holt	25.01p	1992	4A
	Melanna Gray	North Kansas City	24.54p	1990	4A	81	Suzette Gills	Ladue	25.01	1999	4A
	Peyton Chaney	Nerinx Hall	24.54	2011	4	82	Jaslyn Williams	Springfield Central	25.02p	2015	5
32	Olivia Lewis	Gateway	24.55	2008	4	83	Diona Graves	Kirkwood	25.03	2007	4
	Paris Daniels	Normandy	24.55	2007	4	84	Gabrielle Hall	Blue Springs	25.04p	2015	5
34	Tiffany Hargrove	KC Central	24.58	2000	4A		Nyisha Porter	Normandy	24.8	2002	4A
35	Lauren Cheadle	Lee's Summit West	24.61	2010	4	86	Angie Lalumondier	Crystal City	25.05p	1988	2A
36	Sydney Peavy	Pembroke Hill	24.65	2010	3	87	Joy Walker	McCluer	25.06p	1993	4A
37	Erin Sermons	Lee's Summit West	24.67p	2017	5		Kailea Cook	Park Hill South	25.06p	2003	4
	Jasmine Barge	McCluer North	24.67p	2015	5	90	Shana White	Hickman	25.06	2005	4
39	Ramona Riley	Oak Park	24.68	1981	4A		Sandy Cummings	Smithville	25.07	1985	2A
40	Hava Turner	Kirkwood	24.70p	2017	5	91	Montenea Roye	Ladue	25.08p	2010	4
41	Kim Prather	Lutheran North	24.72	2005	3		Robin Long	Normandy	25.08	1981	4A
42	Azraa Rounds	Ladue	24.73	2005	3	93	Danita Humphrey	Marshall	25.10	1980	3A
43	Charmaine Forest	Park Hill	24.74	1987	4A		Marissa Gress	Lafayette (Wildwood)	25.10p	2015	5
44	Cara Forte	Center	24.75p	2009	3	95	Gabrielle Gibson	Hickman Mills	25.11	2005	4
45	Anthea Johnson	KC Central	24.77	1981	4A		Larisa Hairston	Eureka	25.11p	1985	4A
	Bianca Stokes	Berkeley	24.77	2009	3		Lenetta Lee	Summit Christian	25.11p	2017	3
47	Lauren Waterbury	MICDS	24.79	2011	3		Naomi Williams	KC Northeast	25.11p	2000	4A
48	Nia Lunn	Raytown South	24.80p	2017	4	99	Grace Wormek	Camdenton	25.12p	2017	4
	Shameika McField	Hazelwood East	24.80p	1997	4A		Meosha Jordan	Berkeley	25.12	1995	3A
50	Monique Grant	Smith-Cotton	24.81p	2017	5		Tara Mastin	Ritenour	25.12	1979	4A
51	Nicole Jackson	Cape Central	24.82p	2006	4						

1975-2017 Missouri State Track Meet Top 100 Individuals

Girls 400 Meters & 440 Yards

0	Alishea Usery	McCluer S-Berkeley	53.55	2007	3	0	Nakeba Thomas	Cape Central	56.35p	1988	4A
2	Montenea Roye	Ladue	53.84	2011	4	52	Lisa James	Cape Central	56.41	1987	4A
3	Whitney Adams	Francis Howell	54.37p	2013	4		Margaret Sliney	MICDS	56.41	2016	4
4	Asia Thomas	Cape Central	54.49	2010	4	54	Sonja Banks	KC Southwest	56.48	1993	4A
5	Kendra White	McCluer North	54.55	2011	4	55	Frances Harrison	Waynesville	56.49	1979	3A
6	Charmaine Forest	Park Hill	54.85	1987	4A	56	Kyra Sullivan	Gateway	56.50p	2004	4
7	Olivia Lewis	Gateway	54.95	2009	4	57	Nikita Smith	Lawson	56.53	2016	3
8	Kianna Ruff	McCluer S-Berkeley	54.98	2009	3	58	Tammy Carter	Charleston	56.54	1993	3A
9	Azraa Rounds	Ladue	55.03	2005	3	59	Kamira Franklin	McCluer S-Berkeley	56.56	2015	3
10	Tiffany Williams	Hazelwood East	55.14	1997	4A	60	Monica Joannes	Blair Oaks	56.61	1999	2A
11	Erin Sermons	Lee's Summit West	55.17p	2016	5	61	Ayesha Ewing	Cardinal Ritter	56.64	2011	3
12	LaJada Baldwin	St. Louis Central	55.28	2007	3	62	Juanita Coleman	Gateway	56.65p	2002	4A
13	Tianna Swinney	Sumner	55.36	1993	4A		Naomi Williams	KC Northeast	56.65p	2000	4A
14	Ashanti Hutton	Grandview	55.38	2014	3	64	Shayla Lockett	Hazelwood East	56.66	2011	4
15	Lauren Fisher	Hazelwood Central	55.42	2004	4	65	Lillian Taylor	McCluer	56.67	1982	4A
16	Lauren Waterbury	MICDS	55.43	2011	3	66	Heather Jones	Albany	56.70	1986	1A
17	Maya Cody	Lutheran South	55.60	2015	4	67	Donniece Parrish	Hazelwood Central	56.71	2004	4
18	Emilia Galvan	Center	55.61	2007	3		Peyton Chaney	Nerinx Hall	56.71p	2012	4
19	Jennifer Gardner	Webster Groves	55.62	1997	4A		Yolanda Alexander	Van Horn	56.71	1987	4A
20	Alicia Burnett	Ft. Zumwalt South	55.70p	2017	4	70	Orrianna Rackley	Grandview	56.73p	2006	4
21	Lynette Atkinson	Ladue	55.72	2009	4		Stephanie Essner	Scott City	56.73	2009	2
22	Robyn Osborn	Center	55.77	1986	4A	72	Courtney Williams	Nerinx Hall	56.74p	2017	5
23	Tamika Foster	Hazelwood East	55.79	1982	4A		Lauren Hollingsworth	Villa Duchesne	56.74p	2009	3
24	Debra Martin	Sumner	55.81	1980	4A		Regina Shouse	Nevada	56.5	1986	3A
25	Ramona Spencer	Normandy	55.83	1986	4A	75	Nicki Horn	Nerinx Hall	56.76	2016	5
26	Ciara Jones	Soldan	55.85p	2004	3	76	Trena Cason	Ruskin	56.78p	1985	4A
27	Louise Johnson	New Madrid CC	55.87	1987	3A	77	Tiffini McNeese	Normandy	56.81p	1988	4A
28	Danielle Frank	Hazelwood Central	55.90p	2017	5	78	Nicol Hodges	St. Charles West	56.83	1989	4A
29	Angie Thacker	Roosevelt	55.91	1981	4A	79	Ashley Oberdieck	Ft. Zumwalt North	56.85p	2010	4
30	Renee Elliot	Chillicothe	55.96	1989	3A		Brady Rodney	St. Joe Central	56.85	2013	4
31	Sheba Clarke	Park Hill	56.00	1998	4A		Turina Jackson	Charleston	56.85p	1984	3A
32	Kim Brown	Park Hill South	56.01p	2001	4A	82	Becky Flippin	Parkview	56.86	2003	4A
33	Larisa Hairston	Eureka	56.07	1985	4A	83	Kim Jefferson	Kennett	56.90	1985	3A
34	Ashley Wysong	Nevada	56.08	1997	3A		Michelle Green	Rolla	56.90	1997	4A
	Zandrea Wilson	Berkeley	56.08	1993	3A		Rachel Culberson	McCluer North	56.90	2014	4
36	Paris Daniels	Normandy	56.10	2007	4	86	Lizzie Dejoie	Parkway Central	56.92	2017	4
37	Jamie Newsome	Lee's Summit West	56.11	2014	4	87	Shannon Leinert	Eureka	56.93	2004	4
38	Cherise Harvey	KC Southwest	56.12p	1988	4A	88	Elexandria Brown	Rock Bridge	56.94	2017	5
39	Val Sauer	Rolla	56.13	1987	4A		Sandy Cummings	Smithville	56.7p	1985	2A
40	Erika Sharp	McCluer	56.15	1998	4A	90	Carrie Smith	Excelsior Springs	56.95	1996	3A
41	Jennie Gorham	North Kansas City	56.16	1978	AA		Cheyenne Hoerr	Affton	56.95p	2011	3
	Racquell Powell	Raytown South	56.16	2008	4		Felicia James	Normandy	56.95p	2000	4A
43	Kaitlyn Lewis	Liberty	56.18p	2016	5		Lynn Welch	Joplin Memorial	56.95	1981	4A
44	Destiney Nash	Hazelwood Central	56.23p	2016	5	94	Janiece Gatson	Grandview	56.96p	2000	4A
45	Lexie Oak	St. Pius X (KC)	56.24	2010	3	95	Tammy Wilson	Hazelwood Central	56.98	1983	4A
46	Aisha Mitchell	Raytown South	56.25p	2003	4	96	Jennifer Gardner	Cardinal Ritter	57.00	1998	2A
47	Kaela Rorvig	Hickman	56.28	2003	4A		LaRonda Ward	North Kansas City	57.00	1983	4A
48	Angie Thomas	Riverview Gardens	56.30	1983	4A	98	Kara Steele	Kirkwood	57.01p	2016	5
	Rhema Taylor	Lee's Summit North	56.30p	2016	5	99	Lisa Like	Lutheran North	56.8	1986	3A
50	Taiya Shelby	Park Hill	56.31p	2017	5	100	Chantel Bethune	University City	57.06p	2012	3

1975-2017 Missouri State Track Meet Top 100 Individuals

Girls 800 Meters & 880 Yards

1	Samantha Levin	Ladue	2:06.74	2011	4	51	Melissa Wilson	Hickman	2:15.28	1981	4A
2	Hannah Long	Eureka	2:08.87	2015	5	52	Hannah Deines	Villa Duchesne	2:15.34	2015	4
3	Ann Heffner	Hazelwood Central	2:09.78	1992	4A	53	Sarah Soetebier	Washington	2:15.36	1987	4A
4	Cydney Ross	Villa Duchesne	2:09.88	2008	3	54	Maria Tutu	Oak Park	2:15.40	2007	4
	Shannon Leinert	Eureka	2:09.88	2003	4A	55	Rebecca Davis	Parkway West	2:15.50	1990	4A
6	Kianna Ruff	McCluer S-Berkeley	2:09.89	2008	3	56	Mary Nothum	Washington	2:15.56	2006	4
7	Lauren Borduin	Rock Bridge	2:09.98	2006	4	57	Saga Barzowski	Arcadia Valley	2:15.60	2013	3
8	Allison Bailey	Kickapoo	2:10.02	2016	5	58	Lynette Morgan	Hannibal	2:15.61	1982	4A
9	Vonda Hammons	Jefferson City	2:10.15	1985	4A	59	Goldie Tompkins	Marquette	2:15.62	2000	4A
10	Val Sauer	Rolla	2:10.89	1987	4A		Jasmine Crawford	Park Hill South	2:15.62	2017	5
11	Jessica Jackson	Neosho	2:11.08	2011	4	61	Gwen Williams	Principia	2:15.67	1993	3A
12	Kim Gardner	Webster Groves	2:11.23	1993	4A	62	Sara Ruckman	Truman	2:15.68p	2012	4
13	Paityn Howat	St. Joe Central	2:11.31	2016	5	63	Brooke Guiot	Warrensburg	2:15.70	2013	3
14	Alyssa Rebecca	Eureka	2:11.39	2011	4	64	Becky Froelker	Owensville	2:15.73	1997	3A
15	Krysta Fennewald	Blue Springs	2:12.24	2004	4	65	Anna Boecher	Raytown South	2:15.74	1989	4A
16	Juanita Coleman	Gateway	2:12.48	2002	4A		Kate White	Ladue	2:15.74	2014	4
17	Anna West	Lafayette (Wildwood)	2:12.53	2016	5		Merideth Snow	Eureka	2:15.5	2005	4
18	Valeska Halamiccek	Francis Howell	2:12.56	2013	4	68	Emily Grahl	St. Francis Borgia	2:15.79p	2013	3
19	Jana Shawver	Lee's Summit West	2:12.79	2016	5	69	Kelli Oettle	Lindbergh	2:15.81	2007	4
20	Alyssa Allison	Festus	2:12.85	2008	3	70	Missy Moody	Smithville	2:15.87	2003	3A
	Janel Humphreys	Parkway South	2:12.85	1988	4A	71	Jamie Foster	Jefferson City	2:15.90	1993	4A
22	Lane Maguire	St. Teresa's	2:12.86	2013	4	72	Sarah Madsen	Parkway Central	2:16.00	2016	4
23	Hilary Bruening	Center for Law	2:12.88p	1993	2A	73	Susan Perry	Rolla	2:16.02	1990	4A
24	Cara Cline	Liberty	2:12.90	1998	4A	74	Dallis Bailey	Conway	2:16.03	2011	2
25	Kami Tabor	Raymore-Peculiar	2:13.01	2016	5		Laura Piper	Marquette	2:16.03	2001	4A
26	Taylor Werner	Ste. Genevieve	2:13.12	2013	3	76	Sassie Matzen	Brookfield	2:16.04	2013	2
27	Jennella Torrence	St. Louis Central	2:13.16	1983	4A	77	Melissa Childers	Jackson	2:16.08	1993	4A
28	Chelsea Chrisman	Eureka	2:13.31	2008	4	78	Aly Vancardo	Lindbergh	2:16.10	2017	5
29	Cathy Taylor	McCluer North	2:13.39	1982	4A	79	Kylie Frank	Helias	2:16.12	2015	4
30	Liz Reid	Kickapoo	2:13.78p	2011	4	80	Annalise Wagner	John Burroughs	2:16.20	2014	3
31	Stephani Shockley	Soldan	2:13.6	1986	4A	81	Emily Baker	Lafayette (Wildwood)	2:16.26	2004	4
32	Erin Windler	Blue Springs South	2:13.88	1993	4A	82	Kayla Fallis	Moberly	2:16.27	2013	3
33	Sabrina Monsees	Winnetonka	2:13.89	2014	4	83	Susan Hopson	Parkway Central	2:16.29p	1980	4A
34	Colleen Riley	Lindbergh	2:13.93	2011	4	84	Abigail Brown	Washington	2:16.30	2014	4
35	Hannah Richardson	Kirkwood	2:14.07p	2011	4	85	Makenzie Seidel	West Plains	2:16.41	2006	4
36	Kasey Kimball	Eureka	2:14.30	2003	4A	86	Amber Parker	Chillicothe	2:16.46	2004	3
37	Kierra Handley	Pattonville	2:14.35	2006	4		Jill Meisenheimer	Blue Springs South	2:16.46	1993	4A
38	Hanna Miller	Savannah	2:14.36p	2013	3	88	Jenny Faunce	Kearney	2:16.48	1985	3A
39	Elizabeth White	Francis Howell	2:14.40	1985	4A	89	Jana Noel	Park Hill	2:16.49p	1980	4A
40	Liga Blyholder	Lee's Summit West	2:14.44	2009	4		Julie Stupp	MICDS	2:16.49	2004	3
41	Melissa Menghini	Rockwood Summit	2:14.45	2016	4	91	Sophia Holmes	Rolla	2:16.57	2016	4
42	Amy Wiseman	Lee's Summit	2:14.50	1996	4A	92	Amy Hall	West Plains	2:16.59	2004	4
43	Rachel Nelson	Lee's Summit	2:14.62	2001	4A		Bonji Beard	Clayton	2:16.59	1987	3A
44	Brooke Woodruff	Francis Howell North	2:14.63	2001	4A	94	Joyce Swofford	Maysville	2:16.65	1985	2A
45	Cyd Thomas	Pattonville	2:14.64p	1980	4A		Lori Tracy	Parkview	2:16.65	1982	4A
46	Marci Gray	Blue Springs	2:14.98	1990	4A	96	Sarah Jacobsen	Potosi	2:16.67	2012	3
47	Steph Small	Riverview Gardens	2:14.9	1986	4A	97	Katie McInvale	Hickman	2:16.69	2004	4
48	Meghan Kearney	Notre Dame de Sion	2:15.15	2015	4	98	Madelynn Hill	Liberty	2:16.71	2016	5
49	Annika Sisson	Lee's Summit West	2:15.20	2014	4	99	Ashley Guy	Rock Bridge	2:16.80	2004	4
50	Lauren Collette	Kickapoo	2:15.25	2009	4		Carolyn White	Festus	2:16.80	2015	4

1981-2017 Missouri State Track Meet Top 100 Individuals

Girls 3200 Meters

1	Taylor Werner	Ste. Genevieve	10:19.15	2014	3	51	Sarah Haskins	Parkway South	11:00.50	1997	4A
2	Emily Sisson	Parkway Central	10:24.12	2009	4	52	Mary Nothum	Washington	11:01.33	2006	4
3	Megan Thompson	Hazelwood Central	10:25.95	1990	4A	53	Sarah Bliss	Francis Howell	11:01.38	1988	4A
4	Colleen Quigley	Nerinx Hall	10:27.62	2011	4	54	Heather Burroughs	Pembroke Hill	11:01.51	1994	2A
5	Jamie Kempfer	Festus	10:29.08	2014	3	55	Kasey Kimball	Eureka	11:01.92	2004	4
6	Amy Wiseman	Lee's Summit	10:33.41	1997	4A	56	Katherine Hoffman	Notre Dame (KC)	11:02.09	2000	3A
7	Diane Robison	Parkway Central	10:33.91	2009	4	57	Jenny Govero	Rockwood Summit	11:02.12	2011	4
8	Hannah Long	Eureka	10:34.26	2014	4	58	Liga Blyholder	Lee's Summit West	11:02.15	2010	4
9	Andrea Fischer	Hannibal	10:35.05	1981	4A	59	Ashley Scott	St. Clair	11:02.32	2008	3
10	Justa Dahl	DeSoto	10:35.92	1997	4A	60	Maddi Leigh	Francis Howell	11:02.40	2014	4
11	Mia Jerman	Ste. Genevieve	10:36.15	2016	4	61	Sabrina Dornhoefer	Waynesville	11:02.43	1981	4A
12	Anna West	Lafayette (Wildwood)	10:38.38	2015	5	62	Terry Phillips	St. Mary's (Ind)	11:02.44	2007	2
13	Ann Campbell	St. Teresa's	10:38.71	2015	5	63	Erin Hagan	Mexico	11:02.81	2000	3A
14	Chelsey Phoebus	Lee's Summit West	10:39.07	2011	4	64	Krista Menghini	St. Joseph's	11:02.86	2009	4
15	Sarah Nicholson	Lafayette (Wildwood)	10:40.34	2016	5	65	Megan Yohe	Liberty	11:02.88	2009	4
16	Merideth Snow	Eureka	10:40.48	2005	4	66	Kat Oberle	Oakville	11:02.95	2008	4
17	Liz Reida	Kickapoo	10:42.67	2011	4	67	Kaitlyn Fischer	Herculaneum	11:03.04	2013	2
18	Chris Ridenour	Kirkwood	10:44.37	1982	4A	68	Hilary Orf	Marquette	11:03.34	2008	4
19	Samantha Nightingale	Blue Springs South	10:44.87	2011	4	69	Tammy Townsend	Neosho	11:03.60	1983	4A
20	Jill Kingsbury	Washington	10:45.19	1983	4A	70	Sadie Darnell	Festus	11:03.71	2011	3
21	Grace Klausen	Blue Springs South	10:45.88	2015	5	71	Melissa Menghini	Rockwood Summit	11:03.93	2015	4
22	Kristen Adams	Francis Howell	10:46.44	2014	4	72	Natalie Becker	Parkway West	11:04.01	2008	4
23	Victoria Findley	Blue Springs South	10:47.53	2017	5	73	Gemma Saathoff	Hickman	11:04.91	2017	5
24	Alyssa Allison	Festus	10:48.58	2008	3	74	Amanda Marcak	West Plains	11:05.14	1999	4A
25	Jill Whitman	Cor Jesu	10:49.19	2014	4	75	Katie Singleton	Rolla	11:05.50	1997	4A
26	Susan Bliss	Francis Howell	10:49.70	1988	4A	76	Lisa Brown	West Plains	11:05.55	1992	4A
27	Ashley Sanders	Clinton	10:50.0	2002	3A	77	Alex Marko	Lee's Summit West	11:05.71	2017	5
28	Jessica Jackson	Neosho	10:50.35	2011	4	78	Jill Smith	Hazelwood Central	11:05.84	1996	4A
29	Ann Marie Brooks	St. Joe Central	10:50.72	1997	4A	79	Kaitlyn Shea	Helias	11:06.35	2015	4
30	Courtney Wood	Neosho	10:52.24	2011	4	80	Amy Chipman	Blue Springs	11:06.54	1998	4A
31	Nicole Lee	Clinton	10:52.68	2013	3	81	Jackie Pirtle	Francis Howell North	11:07.22	1999	4A
32	Kiersten West	Lee's Summit West	10:53.07	2011	4	82	Katie Meehan	Smith-Cotton	11:07.23	1999	4A
33	Hannah Pierson	Marquette	10:53.23	2015	5	83	Kelli Schulte	Francis Howell Central	11:07.0	2002	4A
34	Claire Workman	New Covenant	10:53.38	2016	1	84	Nicole Graham	Blue Springs	11:07.27	2000	4A
35	Alyssa Jones	Rockwood Summit	10:53.64	2011	4	85	Catherine Wright	Oakville	11:07.2	1995	4A
36	Allison Medlin	Carthage	10:53.70	1996	4A	86	Kelly Fanning	Seneca	11:07.48	2001	3A
37	Jill Petersen	Francis Howell	10:54.23	2001	4A		Rebecca Davis	Parkway West	11:07.48	1993	4A
38	Aimee Bonte	Rockwood Summit	10:54.81	2008	4	88	Erin Huddleston	Branson	11:07.97	2007	3
39	Heidi Fischer	Hannibal	10:55.01	1982	4A	89	Madison Leigh	Francis Howell	11:08.33	2015	5
40	Angie Sumner	Eureka	10:55.66	2013	4	90	Kate Horan	Cor Jesu	11:08.64	2008	4
41	Mikayla Reed	Washington	10:55.86	2016	5	91	Miranda Dick	Raymore-Peculiar	11:08.73	2017	5
42	Amber Warren	Lutheran (St. Peters)	10:56.82	2005	2	92	Emma Evans	Winnetonka	11:09.19	2015	4
43	Courtney Coppinger	St. Teresa's	10:57.45	2013	4	93	Gabriella Kohring	Webster Groves	11:09.53	2016	4
44	Brittani Johnson	West Plains	10:58.25	2008	3	94	Jenny Noelken	Duchesne	11:09.58	1999	3A
45	Kennadee Williams	Lee's Summit West	10:58.49	2013	4	95	Anna Wright	Oakville	11:09.4	1995	4A
46	Melissa Sapp	Oakville	10:59.09	1996	4A	96	Chrissy Owensby	Raytown South	11:09.65	2009	4
47	Emma Burditt	Hannibal	10:59.42	2011	3	97	Emily Griesenauer	Holt	11:09.66	2017	5
48	Jennifer Harper	West Plains	10:59.57	2005	4	98	Eileen Schweiss	Herculaneum	11:09.75	2010	3
49	Robyn Hopper	Seneca	10:59.70	2001	3A	99	Samantha Garrett	Rock Bridge	11:09.78	2011	4
50	Jocelyn Todd	Ladue	10:59.75	2011	4	100	Laura Kennedy	Lafayette (Wildwood)	11:09.88	1999	4A

1988-2017 Missouri State Track Meet Top 100 Individuals

Girls 100 Meters High Hurdles

1	Makeatha Cooper	Grandview	13.85p	2003	4	53	Kelsey Hunn	Ritenour	14.75p	2016	5
2	Precious Selmon	Crystal City	13.90	2009	2	54	Alexia Miller	Carl Junction	14.76	2017	4
3	Tiffani McReynolds	Pembroke Hill	13.92	2010	3	55	Andrea Seabaugh	Fredericktown	14.77p	1988	3A
1	Makeatha Cooper	Grandview	13.85p	2003	4		Debbie Massengale	Jefferson City	14.77	1988	4A
2	Precious Selmon	Crystal City	13.90	2009	2		Heather Williams	Aurora	14.77p	1991	3A
3	Tiffani McReynolds	Pembroke Hill	13.92	2010	3		Lynetta Ragsdale	Normandy	14.77p	2005	4
4	Jasmine Barge	McCluer North	14.08p	2015	5		Osayi Omorodion	North Kansas City	14.77p	2017	5
5	Lindsay Vollmer	Hamilton	14.16	2010	2	60	Hannah Crow	Southern Boone	14.78p	2016	3
6	Jabreuna Brimlett	Poplar Bluff	14.23p	2015	4	61	Cheyenne Hoerr	Afton	14.79	2012	3
7	Remy Abrought	Lee's Summit North	14.24	2012	4		Dione Person	University City	14.79	1990	4A
8	Chloe Davis	Normandy	14.28	2000	4A	63	Danyell Kates	Gateway	14.80p	2013	4
9	Ariel Okorie	Waynesville	14.31p	2016	5	64	Leslie Farmer	Jefferson City	14.81p	2008	4
10	Terri Counts	Hickman Mills	14.33p	2005	4		Nicole Douglas	Parkway West	14.81	2011	4
11	Shaneatra Neely	Hickman Mills	14.37	1999	3A		Tracy Partain	Parkview	14.81	2001	4A
12	Madison Smith	Lee's Summit North	14.38	2011	4	67	Brittney Castleberry	Perryville	14.82	2007	3
	Michelle Owens	McCluer North	14.38p	2017	5		Kylie Meier	Camdenton	14.82	2017	4
14	Tiana Davis	Park Hill	14.39	2007	4	69	Alliah McClendon	Hazelwood Central	14.84p	2014	4
15	Demetria Anderson	McCluer North	14.44p	2015	5	70	Jazmine Thompson	Staley	14.85p	2014	4
16	Alana Gray	Hazelwood East	14.46	2007	4	71	Cherelle Gray	Oak Park	14.86	2003	4A
	Trace Woods	Mount Vernon	14.46	1988	3A	72	Makayla Waldner	Dexter	14.86p	2016	3
18	Symiah Fulton	Hazelwood Central	14.47p	2016	5	73	Kayla Heidelberg	University City	14.87	2012	3
19	Jordan Stiens	Maryville	14.48	2010	3		Kelly O'Brien	Lafayette (Wildwood)	14.87	1991	4A
20	Shaelyn Grant	McCluer	14.50p	2013	4	75	Shanelle Williams	Hazelwood West	14.88p	2010	4
21	Kimberlin Simon	McCluer North	14.52	2013	4	76	Emma Couch	Kearney	14.89	2016	4
	Whitney Thomas	Hazelwood Central	14.52	2004	4		Victoria Jackson	Hickman	14.89	2011	4
23	Tenisha Britton	Poplar Bluff	14.53	1999	4A	78	Kelli Smith	Grandview	14.90p	1996	4A
24	Jemma Archibald	Lafayette (Wildwood)	14.54	2000	4A	79	Mariona Ward	Smith-Cotton	14.91p	2015	5
	Khristen Bryant	Columbia Ind.	14.54p	2016	1		Morgan Smith	Ray-Pec	14.91p	2013	4
	Kim Martin	Jennings	14.54p	2002	3A	81	Asaki Carr	Parkway West	14.92	2004	4
27	Erin Narzinski	Oakville	14.55	1994	4A		Kaitlen Crawford	Ladue	14.92	2016	4
28	Kathryn Coleman	Gateway	14.56	2004	4	83	Jenny Woodward	Harrisonville	14.93p	2000	3A
	Ty'Risha Chambers	Center	14.56p	2009	3	84	Madison Reynolds	Ste. Genevieve	14.93p	2017	4
30	Valarie Whitted	Cardinal Ritter	14.57	2017	3	85	Shannon O'Dell	Farmington	14.94p	1993	4A
31	Katie Wenger	St. Joe Central	14.58p	2005	4	86	Gracie Prewitt	Bolivar	14.95p	2009	3
32	Briana Isom-Brummer	Villa Duchesne	14.61p	2009	3		Kendra Lollis	Blue Springs South	14.95	1997	4A
33	Christine Spence	Lee's Summit North	14.63	2000	4A		Nikki Wetstein	Windsor (Imperial)	14.95p	2009	3
34	Megan Williams	Hickman	14.64p	1998	4A	89	Mary Garrett	Carthage	14.96p	1999	4A
35	Kerry Hils	Moberly	14.65	1999	3A	90	Emily Loussaert	Lafayette (Wildwood)	14.97	1994	4A
36	Kendra Perren	DeSoto	14.67	2013	3	91	Abra McField	Normandy	14.98	2001	4A
	Mallory Short	Rock Bridge	14.67	2012	4		Amy Fleddermann	Oakville	14.98	2004	4
	Micheala Edwards	Ruskin	14.67p	1993	3A		Stacey Lambkins	Webster Groves	14.98p	2015	4
39	Sharae Bates	Webster Groves	14.68	2012	4	94	Jocelyn Payne	Kirkwood	14.99p	2014	4
40	Brittany Kallenberger	Lee's Summit West	14.69	2012	4		Kayla Moore	Riverview Gardens	14.99p	2014	4
	Lauren Begany	Lindbergh	14.69p	2006	4		Kristen Collins	Parkway Central	14.99	2001	4A
	Natalie Basham	Camdenton	14.69	2017	4	97	Erin Alewine	Jefferson City	15.00	2008	4
43	Rachel Manning	Normandy	14.70	1994	4A		Jantelle McNeil	Hazelwood East	15.00	2007	4
44	Ashli Mosby	Raytown South	14.71p	2009	4		Laura King	Eureka	15.00	2012	4
	Hannah Crow	Southern Boone	14.71	2016	3	100	Anita King	McCluer North	15.01	1990	4A
	Jan Loussaert	Lafayette (Wildwood)	14.71p	1993	4A		Kristen Pogemiller	Kickapoo	15.01	1998	4A
47	Lashayla Bell	University City	14.72p	2006	3		Sarah Noonan	Kirkwood	15.01p	2009	4
	Melita Williams	Francis Howell	14.72	1991	4A		Skyler Evans	St. Joe Central	15.01p	2014	4
	Morgan Smith	Raymore-Peculiar	14.72	2014	4		Tiffany Jackson	Gateway	15.01p	2005	4
50	Kyra Atkins	Lee's Summit West	14.73p	2017	5						
	Skyler Paige	Raytown South	14.73	2016	4						
52	Constance Jackson	North County Tech	14.74p	2015	3						

1984-2017 Missouri State Track Meet Top 100 Individuals

Girls 300 Meter Low Hurdles

1	Jasmine Barge	McCluer North	41.79	2014	4	52	Briana Isom-Brummer	Villa Duchesne	44.16	2009	3
2	Shaneatra Neely	Hickman Mills	42.52	2000	3A	53	Cheyenne Hoerr	Affton	44.18	2012	3
3	Tiffani McReynolds	Pembroke Hill	42.74	2010	3	54	Sarah Noonan	Kirkwood	44.20p	2009	4
4	Kyra Atkins	Lee's Summit West	42.79	2016	5	55	Orie Ibe	Ladue	44.22	2005	3
5	Makeatha Cooper	Grandview	42.83	2003	4A		Valerie Simmons	Normandy	44.22	2003	4A
6	Ariel Okorie	Waynesville	42.87	2016	5	57	Lanie Miller	Ladue	44.24	1998	4A
7	Makayla Waldner	Dexter	42.89	2015	3	58	Kendra Perren	DeSoto	44.27	2013	3
8	Lauren Begany	Lindbergh	42.93	2006	4	59	Gracie Prewitt	Bolivar	44.28p	2008	3
9	Marissa Gress	Lafayette (Wildwood)	43.05p	2015	5	60	Michele Cervant	Oak Grove	44.30	1986	3A
	Tiffany Jackson	Gateway	43.05	2005	4	61	Micheala Edwards	Ruskin	44.35	1992	4A
11	Nicole Douglas	Parkway West	43.21	2011	4	62	Ebony Kimmins	Hickman	44.40	2017	5
12	Andrea Kuehnlein	Kirkwood	43.26	2015	5		Kaitlen Crawford	Ladue	44.40	2016	4
13	Kimberlin Simon	McCluer North	43.29p	2013	4	64	Bridgette Morrow	Riverview Gardens	44.42	1987	4A
14	Morgan Smith	Raymore-Peculiar	43.34	2014	4	65	Jenny Woodward	Harrisonville	44.2	2002	3A
15	Katie Wenger	St. Joe Central	43.35	2006	4	66	Madison Reynolds	Ste. Genevieve	44.45	2016	4
16	Jaden Wiley	Kickapoo	43.36p	2017	5	67	Erin Kramer	Park Hill	44.50	1987	4A
17	Stephanie Small	Riverview Gardens	43.37p	1988	4A	68	Amani Borders	University City	44.53	2012	3
18	Danisa Bennett	Ladue	43.38	2007	3		Sarah Bringer	Hillsboro	44.53	2011	3
19	Tenisha Britton	Poplar Bluff	43.40	1999	4A	70	Mary Garrett	Carthage	44.54	1999	4A
20	Christine Spence	Lee's Summit North	43.46	2000	4A	71	Audrey Bailey	Lathrop	44.56p	2004	2
	Kylie Meier	Camdenton	43.46	2016	4	72	Deirdre Fortman	Park Hill	44.60	1994	4A
22	Jabreuna Brimlett	Poplar Bluff	43.52	2015	4	73	Morgan Smith	Ray-Pec	44.61p	2014	4
23	Danielle Oliver	Ladue	43.54	2006	3	74	Kailey Chapman	Spokane	44.62	2013	2
	Tracy Partain	Parkview	43.3	2002	4A	75	Hannah Crow	Southern Boone	44.65	2016	3
25	Tiffany Hargrove	KC Central	43.59	2000	4A	76	Missy Niehus	Lafayette (Wildwood)	44.67p	1999	4A
26	Chloe Davis	Normandy	43.61	2000	4A	77	Kendra Lollis	Blue Springs South	44.71	1997	4A
27	Aleese Pittman	McCluer S-Berkeley	43.65	2009	3	78	Anna Houston	Union	44.79	2013	3
	Candy Mason	Nevada	43.65p	1994	3A		Vanessa Cunningham	Waynesville	44.79p	1984	3A
29	Haley Watson	Jefferson City	43.66p	2016	5	80	Nicole Williams	Lee's Summit	44.80p	2004	4
	Shaelyn Grant	McCluer	43.66p	2013	4	81	Alana Gray	Hazelwood East	44.82	2007	4
31	Kristen Pogemiller	Kickapoo	43.67	1999	4A		Emily Pugh	Lindbergh	44.82p	2000	4A
32	Lindsay Vollmer	Hamilton	43.68	2010	2	83	Angela Butcher	Notre Dame (KC)	44.83	1996	3A
33	Tierra Jones	Hazelwood East	43.72p	2007	4	84	Amber Solomon	Kirkwood	44.84	2012	4
34	Demetria Anderson	McCluer North	43.75p	2015	5		Anne Tabora	St. Dominic	44.84	2013	3
35	Felecia Allen	Riverview Gardens	43.80	1986	4A		Becky Schafer	Truman	44.6	1986	4A
36	Bria McWoods	Kirkwood	43.82	2012	4	87	Jacquelyn Walker	Jefferson City	44.85	2016	5
	Precious Selmon	Crystal City	43.82	2009	2		Sienna Trice	Rock Bridge	44.85	2011	4
38	Madison Smith	Lee's Summit North	43.83p	2011	4	89	Tyler Kelly	Hazelwood West	44.86	2012	4
	Ne-Shay Curtis	McCluer S-Berkeley	43.83	2015	3	90	Fiona Brooks	Francis Howell North	44.87p	2009	4
40	Carolyn Ross	Webster Groves	43.87p	2015	4	91	Devyn Torbert	Hazelwood Central	44.88	2016	5
41	Lashayla Bell	University City	43.89	2006	3		Lynette Atkinson	Ladue	44.88	2007	3
42	Jordan Stiens	Maryville	43.92	2009	3	93	Emilyn Dearman	Stockton	44.94	2013	2
43	Erin Gilliland	Chillicothe	43.94	2013	3		Stacey Fritts	Miami	44.94	1987	1A
44	NaTasha Blair	McCluer	43.96	2006	4	95	Hannah Crow	Southern Boone	44.95p	2016	3
45	Deanna Adams	Springfield Central	43.99p	1984	4A	96	LaShonette Andrews	Ruskin	44.97	1989	4A
46	Tammy Wenkel	Owensville	44.02	1996	3A		Whitney Thomas	Hazelwood Central	44.97p	2004	4
47	Jamie Mathewson	Park Hill South	44.05	2003	4A	98	Alexys Plummer	Cardinal Ritter	44.98p	2008	3
48	Andrea Seabaugh	Fredericktown	44.12	1988	3A		Leslie Farmer	Jefferson City	44.98p	2008	4
	Sommer Lawal	MICDS	44.12	1997	3A	100	Jordan Hammond	Park Hill South	45.02p	2015	5
50	Courtney Mitchell	Hazelwood East	44.14	2010	4		Natalie Dansberry	Sumner	45.02	1985	4A
51	McKenzie Pearson	Center	44.15p	2017	4		Toniece Williams	Ruskin	45.02	2005	3

1975-2017 Missouri State Track Meet Top 100 Schools Girls 400 Meter Relay & 440 Yard Relay

1	McCluer S-Berkeley	47.19	2014	3	51	Oak Park	49.10p	2003	4
2	Raytown South	47.48p	2011	4	52	Park Hill South	49.14p	2002	4A
3	Grandview	47.54p	2007	4	53	KC Lincoln	49.15	1993	3A
4	Hazelwood Central	47.56p	2015	5	54	North Kansas City	49.16	1989	4A
5	Hazelwood East	47.70	2011	4	55	Winnetonka	49.17	2013	4
6	Gateway	47.74	2004	4	56	Lindbergh	49.19p	2004	4
	McCluer North	47.74p	2017	5	57	Liberty North	49.20p	2017	5
8	Nerinx Hall	47.77	2012	4	58	Jennings	49.21p	1994	3A
9	Ladue	47.92p	1999	4A	59	Soldan	49.25	2014	3
10	KC Central	47.93	1997	4A	60	Bishop Hogan	49.29p	1989	3A
	Riverview Gardens	47.93	2005	4		Lafayette (Wildwood)	49.29p	1998	4A
12	Smith-Cotton	47.94	2016	5	62	KC Southeast	49.30p	1987	4A
13	Jefferson City	47.95	2004	4		Lutheran South	49.30	2012	3
14	Blue Springs	47.96p	2015	5	64	Jackson	49.36p	2005	4
15	Hickman	48.08	1981	4A		John Burroughs	49.36p	2016	3
16	University City	48.11p	2007	3		St. Louis Metro	49.36p	2006	2
17	McCluer	48.15	2010	4	67	KC East	49.37p	1996	3A
18	Parkway North	48.20p	2013	4		St. Joseph's	49.37p	2017	5
19	MICDS	48.21	2017	4	69	Poplar Bluff	49.41p	2016	4
	Parkway South	48.21	1996	4A		Ruskin	49.41	1999	3A
21	Rockwood Summit	48.23p	2009	4	71	Camdenton	49.43p	2015	4
22	Lee's Summit West	48.26p	2016	5	72	Ritenour	49.2	1980	4A
23	Webster Groves	48.35p	2012	4	73	Parkview	49.51p	2008	4
24	Hazelwood West	48.38p	2017	5	74	Lee's Summit	49.54p	2009	4
25	Van Horn	48.40	1987	4A	75	Festus	49.56p	2007	3
26	Kirkwood	48.46	1997	4A		Sullivan	49.56p	2012	3
27	Blue Springs South	48.48p	2015	5	77	Marquette	49.57p	2017	5
	Parkway Central	48.48p	2003	4	78	Fulton	49.59	1986	3A
29	Eureka	48.57p	2012	4		Warrensburg	49.59p	2006	3
30	Battle	48.58p	2016	5	80	South Callaway	49.63	2013	2
	Cardinal Ritter	48.58p	2008	3	81	Savannah	49.66p	2013	3
32	Rock Bridge	48.60	2017	5	82	Holt	49.67p	2005	4
	Waynesville	48.60	1981	4A	83	Union	49.68p	2016	4
34	Oakville	48.61p	2013	4	84	O'Hara	49.69	1995	3A
35	Lee's Summit North	48.62	2011	4	85	Staley	49.70p	2010	3
36	Hickman Mills	48.63p	2004	4	86	Kickapoo	49.71	1989	4A
37	Berkeley	48.69	1981	4A	87	Nixa	49.72p	2017	5
38	Sumner	48.70p	1984	4A	88	Park Hill	49.73p	2017	5
39	Liberty	48.77	2010	4	89	Francis Howell	49.75p	1990	4A
	Normandy	48.77	2001	4A	90	St. Francis Borgia	49.77p	1999	3A
41	William Chrisman	48.80	2012	4	91	Rolla	49.78	1993	4A
42	Center	48.81	2005	3	92	Kearney	49.87p	2016	4
43	Lutheran North	48.84p	2016	3		Versailles	49.87p	2017	3
44	Springfield Central	48.86p	1984	4A	94	Farmington	49.89	1989	4A
45	Clayton	48.89	2017	4	95	Helias	49.91p	1998	3A
46	Sikeston	48.93p	2015	4	96	Francis Howell Central	49.94p	2007	4
47	North County Tech	48.96p	2009	3		Timberland	49.94p	2016	5
	Raymore-Peculiar	48.96	2016	5	98	Pattonville	49.95p	1991	4A
49	Pembroke Hill	48.98p	2010	3	99	Glendale	49.96p	2006	4
50	Cape Central	49.07p	2006	4		Marshall	49.96	1980	3A

1975-2017 Missouri State Track Meet Top 100 Schools Girls 800 Meter Relay & 880 Yard Relay

1	Hazelwood Central	1:37.85p	2017	5	51	Raytown	1:43.52p	2015	5
2	Hazelwood East	1:39.60	2011	4	52	Hickman	1:43.62p	1982	4A
3	Raytown South	1:39.64	2011	4	53	KC Southeast	1:43.65p	1987	4A
4	Gateway	1:39.71	2003	4A	54	Timberland	1:43.67p	2015	5
5	KC Central	1:39.72	2000	4A	55	Lee's Summit	1:43.69p	2009	4
6	Lee's Summit West	1:39.82	2016	5	56	Rock Bridge	1:43.72	2012	4
7	McCluer North	1:39.90p	2014	4	57	Camdenton	1:43.88	2017	4
	North Kansas City	1:39.90	2010	4	58	Helias	1:43.89	1996	3A
9	Grandview	1:40.07	2014	3	59	Lutheran North	1:43.91p	2004	3
10	Riverview Gardens	1:40.25	1985	4A	60	Francis Howell Central	1:43.96	2007	4
11	Ladue	1:40.29p	2009	4	61	Hickman Mills	1:43.97	1983	4A
12	McCluer S-Berkeley	1:40.52	2014	3	62	Joplin Memorial	1:44.00p	1982	4A
13	Berkeley	1:40.65	1993	3A	63	Center	1:44.08	2014	3
14	Blue Springs	1:40.70	2013	4	64	Oakville	1:44.09	2013	4
15	Van Horn	1:41.02	1985	4A	65	John Burroughs	1:44.23p	2009	3
16	University City	1:41.14	2012	3	66	Farmington	1:44.28	1986	3A
17	Kirkwood	1:41.21	2015	5		Osage	1:44.28p	2004	3
18	Rockwood Summit	1:41.23p	2009	4	68	Beaumont	1:44.29	1977	AA
19	Jefferson City	1:41.32	2017	5	69	Parkview	1:44.35p	2002	4A
20	Lee's Summit North	1:41.36	2013	4	70	Charleston	1:44.40p	1983	3A
21	Park Hill South	1:41.39	2001	4A	71	Webb City	1:44.42	2017	4
22	Hazelwood West	1:41.47	2017	5	72	North County Tech	1:44.48	2016	3
23	Parkway South	1:41.48	1996	4A		Soldan	1:44.48p	1982	4A
24	Normandy	1:41.50p	1987	4A	74	KC Southwest	1:44.50	1994	4A
25	Eureka	1:41.67	1985	4A	75	Bishop Hogan	1:44.57p	1989	3A
26	Parkway North	1:41.83p	2013	4	76	Ray-Pec	1:44.60p	2013	4
27	Parkway Central	1:42.04	2003	4A	77	Union	1:44.72	2013	3
28	Park Hill	1:42.05	1989	4A	78	Fulton	1:44.74	1981	3A
29	Webster Groves	1:42.08p	1981	4A		St. Elizabeth.s	1:44.74	2012	3
30	MICDS	1:42.24	2011	3	80	St. Louis Central	1:44.5p	2005	3
31	Cardinal Ritter	1:42.26	2016	3	81	Staley	1:44.80p	2010	3
32	McCluer	1:42.48	1992	4A	82	Mehlville	1:44.81p	1999	4A
33	Sikeston	1:42.57p	2015	4	83	Francis Howell	1:44.84p	2003	4
34	St. Francis Borgia	1:42.58	1999	3A	84	Southern Boone	1:44.85	1999	2A
35	Waynesville	1:42.63	1981	4A	85	KC East	1:44.95	1996	3A
36	Lindbergh	1:42.69	2004	4	86	Palmyra	1:44.96	1998	2A
37	Springfield Central	1:42.72	1984	4A	87	Jennings	1:44.99p	2003	3
38	Ruskin	1:42.73p	1990	4A	88	Ft. Zumwalt West	1:45.02p	2006	4
39	Liberty	1:42.83	2016	5	89	Ozark	1:45.07p	2017	5
40	Sumner	1:42.6	1979	4A	90	Jackson	1:45.09p	2005	4
41	Oak Park	1:42.92p	2003	4	91	Marceline	1:45.13	2007	2
42	Cape Central	1:42.95	1988	4A	92	Blue Springs South	1:45.14p	1995	4A
43	Lafayette (Wildwood)	1:43.14	1998	4A		Liberty North	1:45.14p	2017	5
	St. Joseph's	1:43.14	2016	5		Moberly	1:45.14p	1990	3A
45	Kickapoo	1:43.22	1996	4A	95	Kennett	1:45.16p	1993	3A
46	Pattonville	1:43.1	2002	4A	96	St. Louis Metro	1:45.18	2009	2
47	Poplar Bluff	1:43.40	2015	4	97	Clayton	1:45.19	1989	3A
48	KC Lincoln	1:43.41p	2012	3	98	Ritenour	1:45.21	1986	4A
	O'Fallon Tech	1:43.41p	1982	4A	99	Sullivan	1:45.25p	2012	3
50	Holt	1:43.45	1992	4A	100	Marquette	1:45.28p	2017	5

1975-2017 Missouri State Track Meet Top 100 Schools Girls 1600 Meter Relay & Mile Relay

1	McCluer S-Berkeley	3:45.78	2007	3	51	Oak Grove	3:58.4	1987	3A
2	Ladue	3:48.00	2011	4	52	Lee's Summit	3:58.70	2008	4
3	McCluer North	3:48.82	2014	4	53	Grandview	3:58.81p	2000	4A
4	Francis Howell	3:49.06	2013	4	54	Kickapoo	3:59.03	1986	4A
5	Lee's Summit North	3:50.99	2015	5	55	Pattonville	3:59.09	2016	5
6	Normandy	3:51.48	1986	4A	56	Lafayette (Wildwood)	3:59.22	2014	4
7	Kirkwood	3:51.93p	2015	5	57	Parkway North	3:59.29p	2014	4
8	Lee's Summit West	3:52.00	2016	5	58	Neosho	3:59.33	1990	4A
9	Cardinal Ritter	3:53.09	2008	3	59	Soldan	3:59.2p	1983	4A
10	Jefferson City	3:53.20	2007	4	60	Camdenton	3:59.64	2017	4
11	Park Hill	3:53.72	2017	5	61	Notre Dame (KC)	3:59.67	1997	3A
12	Blue Springs	3:53.80p	2015	5	62	KC Southeast	3:59.75p	1987	4A
13	McCluer	3:53.81	2005	4	63	Truman	3:59.82p	1987	4A
14	Hazelwood East	3:54.55	2007	4	64	Blair Oaks	4:00.15	1999	2A
15	Parkway Central	3:54.80	2008	4	65	Logan-Rogersville	4:00.22	1982	3A
16	Sumner	3:54.98	1981	4A	66	Parkview	4:00.25	2001	4A
17	Parkway South	3:55.12	1987	4A	67	Clayton	4:00.37	2004	3
18	Eureka	3:55.13	2008	4	68	Villa Duchesne	4:00.40	2008	3
19	Lindbergh	3:55.40	2011	4	69	Bolivar	4:00.57	2005	3
20	Hickman	3:55.71	2014	4	70	Blue Springs South	4:00.61	2001	4A
21	MICDS	3:55.72	2015	4	71	North Kansas City	4:00.70	2016	5
22	Hazelwood Central	3:55.79	1981	4A	72	Harrisonville	4:00.95	1986	3A
23	Ruskin	3:55.90	1986	4A	73	Ray-Pec	4:01.01p	2014	4
24	University City	3:55.7	2002	4A	74	Paseo	4:01.06	1989	3A
25	Webster Groves	3:55.97	1981	4A		Warrensburg	4:01.06p	2011	3
26	Riverview Gardens	3:56.01	1988	4A	76	KC Lincoln	4:01.08p	2011	3
27	Rock Bridge	3:56.19p	2017	5	77	Fatima	4:01.10	1986	3A
28	Liberty	3:56.47p	2017	5	78	Ozark	4:01.14	2005	3
29	Berkeley	3:56.49	1993	3A	79	Union	4:01.33p	2013	3
30	Poplar Bluff	3:56.54	1999	4A	80	Notre Dame (Cape)	4:01.40p	2017	4
31	Raytown	3:56.81p	2015	5	81	Nevada	4:01.50	1986	3A
32	Park Hill South	3:56.96p	2001	4A	82	Hazelwood West	4:01.62p	2017	5
33	Osage	3:57.01	2004	3	83	Fort Osage	4:01.74p	2007	4
34	Helias	3:57.09	1997	3A	84	St. Charles West	4:01.77	2010	3
35	Joplin Memorial	3:57.11	1981	4A	85	Timberland	4:02.16p	2008	4
36	Center	3:57.15p	2007	3		Webb City	4:02.16p	2017	4
37	Maryville	3:57.26	2010	3	87	William Chrisman	4:02.20	1981	4A
38	Marquette	3:57.34p	1999	4A	88	Centralia	4:02.29	2013	3
39	KC Southwest	3:57.49	1994	4A	89	John Burroughs	4:02.31	2001	2A
40	Waynesville	3:57.53p	1981	4A	90	West Plains	4:02.35p	1999	4A
41	St. Joe Central	3:57.70p	2006	4	91	Jackson	4:02.55	1989	4A
42	Parkway West	3:57.73	2003	4A	92	Carthage	4:02.64p	1999	4A
43	Raytown South	3:57.78p	2006	4	93	New Madrid CC	4:02.72	1992	3A
44	Gateway	3:58.02p	2002	4A	94	Ritenour	4:02.80	1987	4A
45	Cape Central	3:58.05	1996	4A	95	Rolla	4:02.83	2016	4
	KC Central	3:58.05p	1981	4A	96	DeSoto	4:02.88p	2015	4
47	Windsor (Imperial)	3:58.20p	2007	3	97	Marceline	4:03.08	2006	2
48	Hickman Mills	3:58.44	1999	3A		St. Francis Borgia	4:03.08	1998	3A
49	Nerinx Hall	3:58.46p	2017	5	99	Whitfield	4:03.51	2001	2A
50	St. Teresa's	3:58.47p	2012	4	100	Rockwood Summit	4:03.61p	2010	4

1979-2017 Missouri State Track Meet Top 100 Schools Girls 3200 Meter Relay & 2 Mile Relay

1	Parkway Central	9:06.89	2009	4	51	Carl Junction	9:33.85	2015	4
2	Eureka	9:09.09	2004	4	52	Cape Central	9:34.07	2003	4A
3	Lee's Summit West	9:12.31	2014	4	53	Herculaneum	9:34.33	1983	3A
4	Marquette	9:12.7	2002	4A	54	Savannah	9:34.4	1995	3A
5	Lindbergh	9:14.19	2011	4	55	Farmington	9:35.33	2012	3
6	Kirkwood	9:15.33	2010	4	56	Oakville	9:36.02	1996	4A
7	St. Teresa's	9:15.67	2013	4	57	Cameron	9:36.24	1981	3A
8	West Plains	9:16.5	2002	4A	58	Ft. Zumwalt South	9:37.49	2009	4
9	Lafayette (Wildwood)	9:16.79	2015	5	59	Grain Valley	9:37.91	2016	4
10	Francis Howell	9:17.83	2017	5	60	Rosati-Kain	9:38.56	2008	3
11	Neosho	9:18.03	2009	4	61	North Kansas City	9:38.77	1982	4A
12	Liberty	9:19.51	1997	4A	62	Potosi	9:39.0	1995	3A
13	Rock Bridge	9:22.06	2014	4	63	Oak Park	9:39.35	2008	4
14	Nerinx Hall	9:22.74	2016	5	64	Lutheran South	9:39.2	1995	3A
15	Hickman	9:24.11	2004	4	65	Fox	9:39.87	1986	4A
16	Blue Springs	9:24.29	2015	5	66	Parkview	9:40.21	1997	4A
17	Festus	9:24.44	2009	3	67	Ruskin	9:40.58	2007	3
18	Francis Howell North	9:24.71	2001	4A	68	Warrensburg	9:40.89	2012	3
19	Soldan	9:25.09	1985	4A	69	KC Lincoln	9:40.99	1986	3A
20	Ste. Genevieve	9:25.45	2013	3	70	Maysville	9:41.08	1983	2A
21	Joplin Memorial	9:25.78	1982	4A	71	Kirksville	9:41.13	2009	3
22	KC Southwest	9:26.31	1980	4A	72	Platte Co.	9:41.54	2017	4
23	Parkway South	9:26.33	1987	4A	73	Logan-Rogersville	9:41.61	1996	3A
24	McCluer S-Berkeley	9:26.42	2007	3	74	Troy	9:41.65	2013	4
25	McCluer North	9:26.47	1982	4A	75	Lutheran (St. Peters)	9:41.73	2013	2
26	Lee's Summit	9:26.70	1995	4A	76	Duchesne	9:41.93	2012	3
27	Kearney	9:26.75	2009	3	77	Buffalo	9:42.06	1987	3A
28	Blue Springs South	9:26.95	1994	4A	78	Winnetonka	9:42.56	2015	4
29	Parkway West	9:28.10	1991	4A	79	Union	9:42.79	2003	3A
30	Jefferson City	9:28.22	1994	4A	80	KC Northeast	9:43.28	1982	4A
31	Ladue	9:28.26	2008	3	81	Gallatin	9:43.30	2013	2
32	Rolla	9:29.62	1996	4A	82	O'Hara	9:43.46	1983	3A
33	Jackson	9:29.64	2016	5	83	Rockwood Summit	9:43.52	2010	4
34	Lee's Summit North	9:29.95	2011	4	84	St. Francis Borgia	9:43.55	2012	3
35	Carthage	9:30.30	1996	4A	85	St. Joe Central	9:43.73	2005	4
36	Principia	9:30.46	1993	3A	86	Villa Duchesne	9:43.76	2014	3
37	Hazelwood Central	9:30.49	1992	4A	87	Tarkio	9:43.93	1983	2A
38	Bolivar	9:30.51	2016	4	88	Normandy	9:43.99	1986	4A
39	DeSoto	9:30.54	1997	4A	89	St. Charles West	9:44.05	1998	4A
40	Park Hill South	9:31.00	2003	4A	90	Hamilton	9:44.20	2007	2
41	Smithville	9:31.10	2010	3	91	Seckman	9:44.25	2003	4
42	Kickapoo	9:31.20	1993	4A	92	KC Southeast	9:44.76	1980	4A
43	MICDS	9:31.49	2016	4	93	Monett	9:45.17	1985	3A
44	Hazelwood East	9:31.83	1990	4A	94	Park Hill	9:45.32	1991	4A
45	Pattonville	9:31.99	1982	4A	95	Clayton	9:45.40	1998	3A
46	Washington	9:32.09	2009	4		Lafayette (St. Joe)	9:45.40	1987	3A
47	Helias	9:32.36	1998	3A	97	Hannibal	9:45.54	2011	3
48	Webster Groves	9:32.39	1980	4A	98	Parkway North	9:45.59	1995	4A
49	Notre Dame (KC)	9:33.35	2012	3	99	Harrisonville	9:45.80	1986	3A
50	Raymore-Peculiar	9:33.70	2017	5	100	Mark Twain	9:45.92	2011	2

1980-2017 Missouri State Track Meet Top 100 Individuals

Girls Shot Put

1	Sophia Rivera	Brentwood	51-01 1/4	2015	2	51	Candace Johnson	Hazelwood Central	42-01 3/4	2002	4A
2	Keiara Williams	North Kansas City	48-04	2017	5		Sarah Weidner	Festus	42-01 3/4	2013	3
3	Valeyta Althouse	Blue Springs	47-07 3/4	1992	4A	53	Traci Werner	Nevada	42-01 1/4	2003	3A
4	Jill Rushin	Jackson	47-04 1/2	2009	4	54	Shauniece O'Neal	Hazelwood Central	42-00 1/2	2017	5
5	Allison Hinson	St. Clair	47-03 3/4	2015	4	55	Martha Schnackenberg	Neosho	42-00 1/4	1987	4A
6	Kendra Green	Boonville	47-00	2005	3		Shelby Beaver	Joplin	42-00 1/4	2017	5
7	Jasmine Boyer	Ft. Zumwalt West	46-09 1/4	2008	4	57	Marion Washington	Bishop Hogan	42-00	1988	3A
8	Katie Evans	Putnam Co.	46-07 1/4	2008	2		Nia Lyles	Webster Groves	42-00	2016	4
9	Asia Cole	Fort Osage	46-01	2012	4		Nicole Portell	Herculaneum	42-00	2002	3A
10	Elisha Hunt	Linn	45-08 1/4	2003	2A	60	Julia Russell	Mountain View	41-11 3/4	2006	2
11	Rickeal Roach	Lutheran South	45-07 1/2	2007	3	61	Jade Gates	Incarnate Word	41-11	2016	4
12	Denise Buchanan	Glendale	44-11 1/2	1983	4A	62	Jessica Donovan	Benton	41-09 3/4	2007	3
13	Desirea Buerge	Webb City	44-11 1/4	2015	4		Stacy Tiefenauer	North County	41-09 3/4	1996	3A
14	Makayla Kelby	Lee's Summit West	44-10 3/4	2016	5	64	Carie Talbot	Jasper	41-09	2006	1
15	Brittany Borman	Festus	44-10 1/4	2007	3		Leah Colbert	Troy	41-09	2014	4
16	Audrey Pickering	California	44-06	2017	3	66	Laura Ortinau	Oakville	41-08 1/4	2003	4A
17	Krishna Lee	O'Hara	44-05 1/4	2005	3	67	Bryanna Pierce	St. Clair	41-08	2011	3
18	Kennedy Aurentz	Kickapoo	44-01 1/4	2017	5		Lindsey Markworth	Lexington	41-08	2001	2A
	Sarah Hall	Hickman	44-01 1/4	2010	4	69	Mikayla Deshazer	KC Lincoln	41-07 1/4	2016	3
20	Rachel Travis	Lutheran (St. Peters)	44-01	2007	3	70	Marisha Griffen	Normandy	41-07	1999	4A
21	Cydney Ryan	Hannibal	44-00 1/4	1985	4A		Tiffanie Jones	Warrensburg	41-07	2001	3A
22	Amarachi Ukabam	Marquette	43-09 3/4	2000	4A		Wendy Siavii	Blue Springs South	41-07	2014	4
	Emily Eller	Lutheran South	43-09 3/4	2015	4	73	Erin Steffens	Herculaneum	41-06 3/4	2006	3
24	Jordan McClendon	John Burroughs	43-08 3/4	2014	3		Roxanna Koke	Waynesville	41-06 3/4	2009	4
25	Monet Jackson	Blue Springs	43-07 1/4	2011	4	75	Julia Smith	Kirkwood	41-06 1/2	1988	4A
26	Paden Wachter	Jackson	43-06	2013	4	76	Hannah Mayfield	Union	41-05 3/4	2014	3
27	Lutricia Purham	Marquette	43-04	1996	4A		Kendra Williams	Kirkwood	41-05 3/4	2004	4
28	Hope Harris	Clinton	43-03	2007	3	78	Kylie Cornman	Mountain View	41-05 1/2	2010	2
29	Cheryl Spradley	Raytown	43-02 3/4	1994	4A	79	Candi Mueller	Knob Noster	41-05	2011	2
30	Alexis Roberson	Jefferson City	43-00 3/4	2016	5	80	Skyler Young	O'Hara	41-04 3/4	2010	3
31	Alysiah Whittaker	Northwest (Cedar Hill)	43-00 1/2	2013	4	81	Kelly Klusmeyer	Boonville	41-04 1/2	2009	3
	Connie Price	St. Charles	43-00 1/2	1980	4A	82	Allison Rosewicz	Cassville	41-04	2000	3A
33	Rene Brown	Poplar Bluff	42-10	1981	4A		Devyn McPherson	Carl Junction	41-04	2008	3
34	Debbie Kusiak	Holt	42-09 3/4	1989	4A		Haley Craig	North Harrison	41-04	2016	1
35	Tyra Bickham	Blue Springs	42-08 3/4	2013	4	85	Heather Jenkins	Cape Central	41-03 3/4	2001	4A
36	Deenia Mcmillar	Winnetonka	42-08 1/2	2016	4		Tanisha Wilson	St. Charles	41-03 3/4	2016	4
37	Kelli McCrary	Hazelwood Central	42-08 1/4	1988	4A	87	Dahlia Dyson	Ft. Zumwalt West	41-03 1/4	2011	4
38	Wendy Jacobson	Center	41-10 1/4	1986	4A	88	Jeneen Townsend	Jefferson City	41-03	1991	4A
39	Katie Vanarsdall	Fort Osage	42-07 3/4	2006	4		Karmyn Clark	McCluer North	41-03	2006	4
40	Julie Walker	Truman	42-07 1/2	1980	4A	90	Beth Lewis	Savannah	41-02 1/2	2010	3
41	Miche'la Lemons	Fort Osage	42-06 3/4	2017	5		Kloe Hilbrenner	Odessa	41-02 1/2	2017	3
42	Jasmine Kassanavoid	Lawson	42-06 1/2	2008	2	92	Hannah Kuenzel	Valle	41-02	2010	2
43	Ashlie Shimmin	Joplin	42-06	2010	4		Mitzi Noelker	Lexington	41-02	1990	2A
44	Tamika Lomax	Raytown	42-05 1/2	2000	4A	94	Holly Scherder	Bowling Green	41-01 3/4	2000	3A
45	Aliyah Brown	Rockwood Summit	42-05	2014	4	95	Kelsey Benoit	Centralia	41-01 1/2	2011	2
46	LeKiesha McKnight	Raytown	42-04 1/4	2008	4		Rashaunda Summers	New Madrid CC	41-01 1/2	2014	3
47	Laura Greenfield	Liberty	42-03 1/2	2008	4	97	Rachel Galbreath	Jefferson City	41-01 1/4	1999	4A
48	Paige Bunn	Fort Osage	42-03 1/4	2016	5	98	Emma Albertson	Helias	41-00 1/4	2016	4
49	Martana Stemmons	Battle	42-03	2016	5	99	Deanna Price	Troy	40-11 3/4	2011	4
50	Dixie Wescott	Truman	42-02	1980	4A	100	Cortni Ervin	Marshall	40-11 1/2	2008	3

1975-2017 Missouri State Track Meet Top 100 Individuals

Girls Discus

1	Amarachi Ukabam	Marquette	165-01	2001	4A	52	Taylor Golden	Higginsville	136-10	2017	2
2	Makayla Kelby	Lee's Summit West	163-09	2017	5	53	Marissa Hunter	Hickman Mills	136-09	1999	3A
3	Katie Evans	Putnam Co.	160-05	2009	2		Shelby Mustain	Jefferson City	136-09	2012	4
4	CeCilya Johnson	Lutheran South	158-02	2015	4	55	Paige Bunn	Fort Osage	136-02	2016	5
5	Sophia Rivera	Brentwood	154-09	2015	2	56	Lucricia Purham	Marquette	136-01	1996	4A
6	Desirea Buerge	Webb City	153-08	2014	4	57	Brittany Brown	Lee's Summit West	135-11	2009	4
7	Denise Buchanan	Glendale	153-04	1983	4A	58	Heather White	Raymore-Peculiar	135-07	1994	3A
8	Megan Collins	Lee's Summit North	153-02	2008	4		Kelli McCrary	Hazelwood Central	135-07	1988	4A
9	Rickeal Roach	Lutheran South	152-09	2007	3	60	Gail Peak	Marshfield	135-03	1986	3A
10	Heather Jenkins	Cape Central	152-05	2001	4A		Rene Brown	Poplar Bluff	135-03	1981	4A
11	Jill Rushin	Jackson	152-00	2010	4		Valeyta Althouse	Blue Springs	135-03	1991	4A
12	Cydnee Reese	O'Hara	151-10	2013	3	63	Genevra Collins	Kickapoo	135-01	1999	4A
13	Becky Haug	Lee's Summit North	151-07	2002	4A		Paden Wachter	Jackson	135-01	2013	4
	Loren Groves	Scott City	151-07	2004	2	65	Colleen Wagner	Camdenton	135-00	1983	3A
15	Hope Harris	Clinton	151-04	2005	3	66	Tiffanie Jones	Warrensburg	134-11	2001	3A
16	Abigail Green	Howell Central	151-00	2017	5	67	Marion Washington	Bishop Hogan	134-10	1988	3A
17	Brittany Borman	Festus	150-05	2007	3	68	Danielle Grimes	Jefferson City	134-09	2001	4A
18	Donna Borer	Pleasant Hill	150-02	2017	4	69	Stefani Haag	Brookfield	134-08	1987	2A
19	Shauniece O'Neal	Hazelwood Central	148-00	2017	5	70	Haley Heuer	Harrisburg	134-06	2011	2
20	Nicole Chester	Parkway West	146-11	1989	4A		Jelani Kelly	Hazelwood Central	134-06	2007	4
21	Krishna Lee	O'Hara	146-08	2005	3	72	Lisa Hughes	Orchard Farm	134-04	2005	2
22	Dion McNeal	Parkway West	146-01	1999	4A	73	Katie Vanarsdall	Fort Osage	134-03	2005	4
23	Martana Stemmons	Battle	145-11	2016	5	74	D'Andria Blow	Grandview	134-02	2012	3
24	Dahlia Dyson	Ft. Zumwalt West	145-10	2011	4	75	Robyn Baker	Mexico	134-01	2006	3
25	Laura Lukens	Cape Central	145-08	1997	4A	76	Jennifer Tuck	Orchard Farm	133-10	1994	2A
	Lisa Bossch	Parkway North	145-08	1982	4A	77	Alicia York	St. Clair	133-08	2014	3
27	Jennifer Nicholson	East Prairie	144-06	2010	2		Venisha Williams	McCluer	133-08	2001	4A
28	Sandra Hampton	Lee's Summit North	143-09	2010	4	79	Tyra Bickham	Blue Springs	133-04	2013	4
29	Amanda Newton	Republic	143-06	2002	3A	80	Olivia Brand	Glendale	133-03	2011	4
30	Asia Cole	Fort Osage	143-05	2012	4	81	Haley Craig	North Harrison	133-02	2016	1
31	Jasmine Boyer	Ft. Zumwalt West	143-03	2009	4	82	Savannah Yeargan	Willard	132-08	2016	4
32	Jordan McClendon	John Burroughs	142-11	2015	3	83	Amanda Liles	Nevada	132-03	2001	3A
33	Danee Jones	Clayton	142-04	2001	3A		Ashlie Shimmin	Joplin	132-03	2010	4
34	Mikayla Deshazer	KC Lincoln	142-03	2017	3	85	Callie Newton	Republic	132-03	1998	3A
35	Kylie Jones	Webb City	141-06	2009	3	86	Lekiesha McKnight	Raytown	131-10	2009	4
36	Efia Walls	Hazelwood East	140-10	2005	4	87	Kayla Gutierrez	Kirkwood	131-09	2012	4
37	Michelle Flowers	Raytown South	140-06	1985	4A	88	Chel Fletcher	Carl Junction	131-08	1992	3A
38	Deenia Mcmillar	Winnetonka	140-05	2015	4	89	Brooke Swearingin	Odessa	131-07	2010	3
39	Julia Smith	Kirkwood	140-04	1988	4A		Terri Houchen	Raymore-Peculiar	131-07	1992	3A
40	Wendee Brown	Blue Springs	140-02	1989	4A	91	Rachel McCarroll	Excelsior Springs	131-06	2008	3
41	Jeneen Townsend	Jefferson City	139-09	1991	4A		Tomiaann Ahonen	Fox	131-06	1981	4A
42	Mary Wirt	Liberty	139-01	2000	4A	93	Ashley Brewer	Ft. Zumwalt South	131-05	2006	4
43	Michaela Dapprich	Branson	138-11	2012	4	94	Kay Wright	Harrisonville	131-02	1982	3A
44	Deanna Price	Troy	138-09	2011	4	95	Samantha Espiricueta	Belton	131-00	2006	4
	Jan Steinbrueck	Lutheran South	138-09	2013	3		Teresa Gaggens	Belton	131-00	2008	4
46	Bre Zanders	Helias	138-03	2013	3	97	Alyssa Brock	Parkway North	130-11	2008	4
47	Lauren Allen	Fatima	137-11	2011	2	98	Katie Moorkamp	Lafayette (Wildwood)	130-09	2009	4
48	Charlene Cortez	Carthage	137-09	1989	4A		Keiara Williams	North Kansas City	130-09	2017	5
49	Carla Grewe	Hillsboro	137-04	1998	4A	100	Lea Johnson	John Burroughs	130-08	2011	3
50	Lindsey Markworth	Lexington	137-00	2001	2A		Naomi Wigfall	Lafayette (Wildwood)	130-08	1997	4A
51	Alexis Roberson	Jefferson City	136-11	2016	5						

1975-2017 Missouri State Track Meet Top 100 Individuals

Girls Long Jump

1	Felecia Allen	Riverview Gardens	19-08 1/4	1986	4A	51	Andrea Coomes	Oak Park	18-05 3/4	2001	4A
2	Erin Narzinski	Oakville	19-07 1/2	1993	4A		Iris Walker	Waynesville	18-05 3/4	1981	4A
3	Chantae McMillan	Rolla	19-05 1/2	2005	4		Michelle Parker	Ritenour	18-05 3/4	1985	4A
	Lorinda Richardson	Hickman	19-05 1/2	1981	4A		Nekiesha Bailey	North Kansas City	18-05 3/4	2015	5
	Rhonda Paine	Grandview	19-05 1/2	1982	4A	55	Alexis Hart	Truman	18-05 1/4	2015	5
6	Lisa Davies	Oak Grove	19-05	1994	3A		Erica Calhoun	KC Southeast	18-05 1/4	1987	4A
7	Sherri Hines	St. Joe Central	19-04 3/4	1986	4A	57	Lauren Waterbury	MICDS	18-05	2011	3
8	Precious Selmon	Crystal City	19-03 1/4	2009	2	58	Lauren Cheadle	Lee's Summit West	18-04 3/4	2010	4
9	Jaslyn Williams	Springfield Central	19-01	2016	5	59	Candice Coleman	Jefferson City	18-04 1/2	1990	4A
10	Mary Smith	Beaumont	19-00 3/4	1976	AA		Charmen Jackson	Lafayette (Wildwood)	18-04 1/2	1987	4A
11	Jazmin McCoy	North Kansas City	19-00	2012	4		Cynise Hylton	Hickman Mills	18-04 1/2	2005	4
	Valerie Lenley	Ruskin	19-00	1992	4A		Hannah Oberdiek	South Callaway	18-04 1/2	2015	2
13	Deirdre Fortman	Park Hill	18-11 1/2	1993	4A		Jerrica Key	Battle	18-04 1/2	2016	5
	Dionna Webb	Cape Central	18-11 1/2	1999	4A		Kaitlin Moore	Lafayette (Wildwood)	18-04 1/2	2007	4
	LaToya Williams	Jennings	18-11 1/2	1993	3A	65	Alana Gray	Hazelwood East	18-04	2007	4
	Nataliyah Friar	Holt	18-11 1/2	2011	4		Robin Howard	Lafayette (St. Joe)	18-04	1981	4A
	Teresa Thornton	Festus	18-11 1/2	1985	3A		Sarah Bowling	Monett	18-04	2003	3A
18	Carly Spalding	Monroe City	18-11 1/4	2013	2		Tracie Driver	Caruthersville	18-04	1990	3A
19	Angie Balducci	Holt	18-10 1/4	1988	4A	69	Kim Frischman	DeSoto	18-03 1/2	1988	4A
	Leandra McGruder	Jefferson City	18-10 1/4	2006	4	70	Chris Linville	Winnetonka	18-03 1/4	1979	4A
21	Angie Thacker	Roosevelt	18-10	1982	4A		Kelly Eubanks	Rock Bridge	18-03 1/4	1979	3A
22	Ariel Okorie	Waynesville	18-09 3/4	2016	5	72	Candy Mason	Nevada	18-03	1994	3A
23	Ekaolise Jose	Liberty North	18-09 1/2	2017	5		Maegan Saleh	Marquette	18-03	2017	5
	Jazmin McCoy	Blue Springs	18-09 1/2	2013	4	74	Kate Alderson	Park Hill South	18-02 1/2	2002	4A
25	Jordan Stiens	Maryville	18-09 1/4	2009	3	75	Angie Carter	Hickman Mills	18-02 1/4	1989	4A
	Martina Nichols	Hazelwood West	18-09 1/4	1983	4A		Ashlee Miller	Osborn	18-02 1/4	2006	1
	Ojurere Shonekan	Rock Bridge	18-09 1/4	2015	5		Erika Murphy	Hazelwood West	18-02 1/4	1993	4A
	Tracey McCoy	St. Charles West	18-09 1/4	1984	4A		Shirley Newman	Sumner	18-02 1/4	1984	4A
29	Jennie Gorham	North Kansas City	18-09	1977	AA	79	Adayna Upchurch	St. Louis Metro	18-02	1990	2A
30	Asia Walker	Hickman	18-08 1/2	2006	4		Ameka Hannon	Lexington	18-02	1982	2A
	Laveta Cudjo	Waynesville	18-08 1/2	1981	4A		Arteshia Williams	Ruskin	18-02	2008	3
32	Kaela Rorvig	Hickman	18-08	2003	4A		Diane Cummings	Raymore-Peculiar	18-02	1990	3A
33	Abbe Ohneck	Rock Bridge	18-07 3/4	1998	4A		Jennifer Phillips	Fox	18-02	1997	4A
	Frances Harrison	Waynesville	18-07 3/4	1979	3A		Olivia Koehler	Timberland	18-02	2008	4
	Lucretia Rimmer	Ruskin	18-07 3/4	2002	3A	85	Annette Wichman	Lee's Summit North	18-01 3/4	2002	4A
36	Avrie Jones	Liberty	18-07 1/2	2016	5		Erin Alewine	Jefferson City	18-01 3/4	2009	4
	Makenzy Mizera	Warrensburg	18-07 1/2	2017	4		Kelly Reardon	Notre Dame (KC)	18-01 3/4	2006	4
38	Lindsay Vollmer	Hamilton	18-07 1/4	2008	2		Nina Gooden	Oak Grove	18-01 3/4	2000	3A
39	Kellie Suttle	Francis Howell	18-07	1990	4A		Sheri Pewitte	Blue Springs South	18-01 3/4	1995	4A
	Shawnte' Middlebrook	Lee's Summit West	18-07	2007	4	90	Kaylee Morgan	Carthage	18-01 1/2	2012	4
	Zionn Pearson	MICDS	18-07	2017	4		Sharon Beverly	Vashon	18-01 1/2	1998	4A
42	Eziamaka Okafor	Rolla	18-06 3/4	1999	4A		Sylvia Wofford	Joplin	18-01 1/2	1997	4A
43	Jade Nalls	Raytown South	18-06 1/2	2008	4	93	Erika Miller	Mexico	18-01 1/4	2010	3
44	Maureen Soetebier	Eureka	18-06 1/4	1985	4A	94	Donna Ellerson	Hazelwood East	18-01	1982	4A
	Samantha Stanley	Oak Grove	18-06 1/4	2000	3A		Ervette Moore	Berkeley	18-01	1979	3A
46	LaRita Hawes	Poplar Bluff	18-06	1981	4A		Harie Waffenschmidt	New Madrid CC	18-01	1997	3A
	LaTanya Short	Grandview	18-06	2006	4		Missie Delphia	Lee's Summit	18-01	1992	4A
	Latrina Weekly	Van Horn	18-06	1988	4A		Tamia Emerson	Liberty North	18-01	2017	5
	Muna Lee	KC Central	18-06	1997	4A	99	Mary Kaboldt	Parkway North	18-00 3/4	1981	4A
	Petra Karanikic	North County	18-06	2000	3A		Melanie McDaniel	Lutheran North	18-00 3/4	1997	2A

1978-2017 Missouri State Track Meet Top 100 Individuals

Girls Triple Jump

1	Deirdre Fortman	Park Hill	40-09 1/4	1995	4A	50	Courtney Shuman	Clark Co.	37-11 1/4	2007	2
2	Kathryn Coleman	Gateway	40-03 1/4	2004	4		Emma Lander	Crane	37-11 1/4	2015	2
3	Ahshane Johnson	Moberly	40-02 3/4	2010	3	54	Frances Harrison	Waynesville	37-11	1978	AA
4	Riley Burger	Notre Dame (Cape)	40-02 1/4	2017	4		Lisa Ellis	Elsberry	37-11	1983	2A
5	Pam Cummings	Raymore-Peculiar	40-01	1993	3A	56	Alicia Starr	Blue Springs	37-10 1/2	2015	5
6	Nataliyah Friar	Holt	39-11 1/4	2011	4		Donna Ellerson	Hazelwood East	37-10 1/2	1982	4A
7	Leandra McGruder	Jefferson City	39-09 3/4	2006	4	58	Andrea Seabaugh	Fredericktown	37-10 1/4	1988	3A
8	Diamond Riley	Ritenour	39-06 1/2	2017	5	59	Becca Perry	MICDS	37-10	1999	3A
9	Kezia Martin	Jefferson City	39-06 1/4	2014	4		Madison Wipfler	Rock Bridge	37-10	2014	4
10	Eziamaka Okafor	Rolla	39-05 3/4	2002	4A	61	Phabienne Parker	Whitfield	37-09 3/4	2001	2A
11	Jade Nalls	Raytown South	39-04	2010	4	62	Jaschelle Sasser	KC Metro	37-09 1/4	1994	3A
12	Andrea Bourland	Clinton	39-00 1/4	1993	3A	63	Andrea Coomes	Oak Park	37-09	2002	4A
13	Jamie Newsome	Lee's Summit West	39-00	2014	4		Cynise Hylton	Hickman Mills	37-09	2005	4
	Makenzy Mizera	Warrensburg	39-00	2017	4		Daejah Bernard	Benton	37-09	2016	4
15	Kara Steele	Kirkwood	38-11 3/4	2017	5	66	Nashela Holman	Eureka	37-08 1/2	1994	4A
	Lisa Davies	Oak Grove	38-11 3/4	1993	3A	67	Eboni Moore	Lee's Summit North	37-08	2013	4
17	Annette Wichman	Lee's Summit North	38-09 1/2	2002	4A	68	Cassie Bryant	Dixon	37-07 3/4	1988	2A
18	Angie Brown	Fulton	38-09	1993	3A		Jill Ferguson	Farmington	37-07 3/4	1995	4A
19	Paige Nelson	Parkway Central	38-08 3/4	2013	4		Shawnte' Middlebrook	Lee's Summit West	37-07 3/4	2007	4
20	Alexis Spikes	Battle	38-08 1/4	2017	5	71	Amy Davis	King City	37-07	1998	1A
21	Iris Walker	Waynesville	38-08	1981	4A	72	Brynn Williamson	Staley	37-06 1/2	2011	4
22	Lakeshia Finch	Rockwood Summit	38-07 1/2	1999	4A		Nancy Johnson	Roosevelt	37-06 1/2	1985	4A
	Napheesa Collier	Jefferson City	38-07 1/2	2012	4	74	Angie Balducci	Holt	37-05 1/4	1987	4A
24	Chantae McMillan	Rolla	38-07	2005	4		Trina Osborne	Springfield Central	37-05 1/4	1984	4A
	Ekaolise Jose	Liberty North	38-07	2017	5	76	Carolyn Ross	Webster Groves	37-05	2015	4
26	Kayla Booker	Riverview Gardens	38-06 3/4	1990	4A		Gwen Berry	McCluer	37-05	2007	4
27	Atlivia Spencer	Jefferson City	38-06 1/2	2005	4	78	Jelessa Stafford	Lexington	37-04 3/4	2007	2
28	Ramona Riley	Oak Park	38-05	1981	4A		Lailah Elliott	John Burroughs	37-04 3/4	2015	3
	Shirlie Gibson	Beaumont	38-05	1983	4A	80	Amber White	Cuba	37-04 1/2	2011	2
30	Abbe Ohneck	Rock Bridge	38-04 1/2	1998	4A		Angel Hunsaker	North Andrew	37-04 1/2	1993	1A
	Kimberly Teed	Carthage	38-04 1/2	2016	4		Britney Mosby	Cardinal Ritter	37-04 1/2	2017	3
	McKenzie Wright	Camdenton	38-04 1/2	2014	4	83	Leslie Brooks	Ritenour	37-04 1/4	2016	5
	Sherri Hines	St. Joe Central	38-04 1/2	1986	4A		Shelly Powell	Brunswick	37-04 1/4	1987	1A
34	Katie Wenger	St. Joe Central	38-03 1/2	2005	4		Terri Wallace	Hickman Mills	37-04 1/4	1991	4A
35	Alexis Hart	Truman	38-03	2016	5	86	Angie McCall	Hazelwood East	37-04	1997	4A
	Julie Geiger	Boonville	38-03	1987	3A		Carynton Marshall	Battle	37-04	2017	5
37	Lindsey Miller	Lee's Summit	38-02 3/4	1996	4A		Funtasia Clark	Jefferson City	37-04	2005	4
38	Stacey Thompson	Soldan	38-02 1/2	1981	4A		Jessica Haney	Lee's Summit West	37-04	2017	5
39	Heather West	Jackson	38-02 1/4	2003	4A		Thonesia Saulsbury	Raytown South	37-04	1982	4A
40	Adonica Williams	Sumner	38-01 1/2	1985	4A	91	Katrina Jefferson	Riverview Gardens	37-03 3/4	1988	4A
	Kim Moye	Hazelwood Central	38-01 1/2	2011	4		LaRita Hawes	Poplar Bluff	37-03 3/4	1981	4A
	Sarah Long	O'Hara	38-01 1/2	1999	3A	93	Danielle Oliver	Ladue	37-03 1/2	2006	3
43	Becki Borg	Rock Bridge	38-00 3/4	1986	4A	94	Patricia Bagby	Aurora	37-03 1/4	1983	3A
	Katy Thomas	Park Hill South	38-00 3/4	2007	4	95	Jennifer Phillips	Fox	37-03	1997	4A
	Lauren Cheadle	Lee's Summit West	38-00 3/4	2010	4		Josie Fortney	East Buchanan	37-03	2017	2
	Lucretia Rimmer	Ruskin	38-00 3/4	2002	3A		Khara Harmon	McCluer	37-03	2007	4
	Meleah Ridenour	Nixa	38-00 3/4	2017	5		Tina Jones	KC Southwest	37-03	1979	4A
	Missy Haley	Festus	38-00 3/4	1988	3A		Whitney Clampitt	Chillicothe	37-03	2017	3
49	Jill Harmon	Lindbergh	38-00 1/4	2012	4	100	Jabarbara Jennings	Hickman	37-02 3/4	2004	4
50	Ashley Harris	Riverview Gardens	37-11 1/4	2004	4		Kelly Collings	Cape Central	37-02 3/4	1988	4A
	0 Lafayette (Wildwood)		37-11 1/4	1988	4A		Sarah Noonan	Kirkwood	37-02 3/4	2007	4

1975-2017 Missouri State Track Meet Top 100 Individuals

Girls High Jump

1	Carlie Queen	Summit Christian	5-11	2017	3
2	Jennifer Drum	Smith-Cotton	5-09	2000	4A
3	Alicia Cannady	McCluer North	5-08	2001	4A
	Brittany Kallenberger	Lee's Summit West	5-08	2012	4
	Emily Hess	Carthage	5-08	2000	4A
	Jessica Haney	Lee's Summit West	5-08	2017	5
	Kylie Ellison	Ft. Zumwalt West	5-08	2012	4
	LaTonya Tatum	William Chrisman	5-08	1984	4A
	Nekiesha Bailey	North Kansas City	5-08	2014	4
	Sydney Winslow	Farmington	5-08	2006	4
11	Sara Rhine	Eldon	5-07 3/4	2014	3
12	Donna Ellerson	Hazelwood East	5-07 1/2	1983	4A
	Jana Tillman	Lutheran North	5-07 1/2	1997	2A
	Valarie Summa	Smithville	5-07 1/2	2000	3A
15	Angela Beckett	Monett	5-07 1/4	1986	3A
	Funtasia Clark	Jefferson City	5-07 1/4	2005	4
	Suzanne Nyander	McDonald Co.	5-07 1/4	1983	3A
18	Amber Alexander	Parkway North	5-07	2012	4
	Amy Duncan	Hickman	5-07	1993	4A
	Ashley Taylor	Oak Park	5-07	2007	4
	Briana Isom-Brummer	Villa Duchesne	5-07	2009	3
	Chrisha Riley	William Chrisman	5-07	2014	4
	DeShaci Barrickman	Spokane	5-07	1996	2A
	Erin Burns	Wellington-Napoleon	5-07	1993	1A
	Heather Fisher	Jefferson City	5-07	1993	4A
	Jenny Bybee	Hillcrest	5-07	2000	4A
	Lauren Begany	Lindbergh	5-07	2006	4
	Leslie White	Chillicothe	5-07	1991	3A
	Lindsay Vollmer	Hamilton	5-07	2009	2
	Mackenzie Schwietz	Lafayette (Wildwood)	5-07	2012	4
	Michelle Moran	Lafayette (Wildwood)	5-07	1996	4A
	Morgan Whitson	Moberly	5-07	2010	3
	Tara Phillips	Fort Osage	5-07	2000	4A
	Ty'Risha Chambers	Center	5-07	2009	3
35	Mary Nan Chapman	Chillicothe	5-06 1/2	1981	3A
36	Jan Hawk	Oak Park	5-06 1/4	1980	4A
	Katie Kinney	Parkway West	5-06 1/4	1980	4A
38	Abbe Ohneck	Rock Bridge	5-06	1998	4A
	Adia Eberle	Cass Midway	5-06	2017	1
	Alicia Moellering	Villa Duchesne	5-06	2015	4
	Allison Krumme	Mid-Buchanan	5-06	1995	2A
	Alyssa Carlton	Seckman	5-06	2012	4
	Amanda Albrecht	Herculaneum	5-06	2005	3
	Anessa Alexander	Strafford	5-06	2009	2
	Anne Powell	Princeton	5-06	1998	1A
	Ashlee Johns	Nixa	5-06	1999	3A
	Becca Buechter	Iberia	5-06	2014	2
	Camille Hackamack	Hannibal	5-06	2010	3
	Candy Mason	Nevada	5-06	1994	3A
	Cara Harbstreet	Sherwood	5-06	2007	2
	Carrie Fletcher	Lafayette (Wildwood)	5-06	1989	4A
	Chanell Charapata	Notre Dame (KC)	5-06	2002	3A
	Christie Myers	Raytown South	5-06	1999	4A
	Christine Spence	Lee's Summit North	5-06	2000	4A
	Devonna Smith	Kirkwood	5-06	2007	4
	Erin McCuan	Lindbergh	5-06	1996	4A
	Haley Morrissey	Macon	5-06	2004	3

	Liz Young	Helias	5-06	2000	3A
	Mariah Hernandez	Grain Valley	5-06	2012	3
	McKenzie Wright	Camdenton	5-06	2014	4
	Napheesa Collier	Jefferson City	5-06	2012	4
	Paula Kirk	North Kansas City	5-06	1978	AA
	Rachel Morris	Schuyler Co.	5-06	2017	2
	Selina Kendall	Platte Co.	5-06	2012	3
	Shawn Corwin	North Kansas City	5-06	1977	AA
	Sherry Spears	Kickapoo	5-06	1989	4A
	Stacy Roberts	Rock Bridge	5-06	1987	4A
	Stephanie Warren	Mehlville	5-06	1999	4A
	Sydney Deeken	California	5-06	2011	2
	Tierney Eaton	Worth Co.	5-06	2003	1A
	Tyse Samani	North Kansas City	5-06	2006	4
	Zori Holman	Mexico	5-06	2014	3
83	Alicia Starr	Blue Springs	5-05	2016	5
	Angela Boland	Holt	5-05	1990	4A
	Angie Harned	Kickapoo	5-05	1982	4A
	Anna Holtermann	Washington	5-05	2009	4
	Ashley Shumaker	Nevada	5-05	2012	3
	Bailea Hogan	Hillsboro	5-05	2012	3
	Betsy Borgsmiller	Sikeston	5-05	2012	3
	Breanne Borman	Festus	5-05	2011	3
	Cathy Hardin	Eureka	5-05	1983	4A
	Cindy Critten	Gallatin	5-05	1995	1A
	Connie Teaberry	Lutheran North	5-05	1988	2A
	Cori Anderson	Carthage	5-05	2005	3
	Crissy Poynter	Lebanon	5-05	1988	4A
	Cynthia Jefferson	Springfield Central	5-05	1982	4A
	Deanna Clemment	St. Joe Central	5-05	1988	4A
	Diane Cummings	Raymore-Peculiar	5-05	1990	3A
	Emily Duschen	Notre Dame (KC)	5-05	2007	3
	Erin Alewine	Jefferson City	5-05	2009	4
	Jammie Ahrens	Cape Central	5-05	1982	4A
	Jan Lenox	Duchesne	5-05	1984	3A
	Jan Meyer	Jefferson City	5-05	1996	4A
	Janeen Medellin	Fort Osage	5-05	1987	4A
	Janene McDaniel	Kirkwood	5-05	1988	4A
	Jasmine Reynolds	Waynesville	5-05	2009	4
	Jessica Field	Hermann	5-05	1995	2A
	Jessie Wood	Washington	5-05	2006	4
	Jill Stanley	Princeton	5-05	1994	1A
	Jordan Small	Visitation	5-05	2015	4
	Katy Thomas	Park Hill South	5-05	2005	4
	Kayla Schultz	Hallsville	5-05	2005	2
	Kelli Newkirk	Warsaw	5-05	1997	3A
	Kelly McNett	Truman	5-05	1992	4A
	Kiesha Bailey	North Kansas City	5-05	2013	4
	Kim Nagy	Oakville	5-05	2009	4
	Lisa Vengels	Dixon	5-05	2007	2
	Maci Wood	Skyline	5-05	2007	2
	Marisha Brown	Center	5-05	2007	3
	Maryann Hamm	Camdenton	5-05	1982	3A
	Michele Rupp	Duchesne	5-05	1985	3A
	Miranda Migletz	Smithville	5-05	2013	3
	Mirjam Albrecht	Oak Park	5-05	2008	4
	Myrna Asberry	West Plains	5-05	1983	4A

Jessica Hartman	Springfield Catholic	5-06	1993	2A
Jodi Donovan	Benton	5-06	2003	3A
Karen Davis	Francis Howell	5-06	1979	4A
Keely Harding	Carthage	5-06	1990	4A
Kim Finke	Montgomery Co.	5-06	1991	3A
Laylah Baldwin	North Kansas City	5-06	2016	5
Lisa Beard	Rolla	5-06	1984	4A
Lisa Black	Park Hill	5-06	1984	4A
Lisa Davies	Oak Grove	5-06	1993	3A
Lisa Forchee	Windsor (Imperial)	5-06	2004	3

Nicki Allen	Raytown	5-05	1981	4A
Nikki Larson	Troy	5-05	2010	4
Rachel Larson	Fox	5-05	1992	4A
Rhiannon Kendrick	California	5-05	2009	3
Rosemary Semke	Orchard Farm	5-05	2010	2
Sheri Edwards	Hannibal	5-05	1983	4A
Steph Douglas	Harrisonville	5-05	1984	3A
Sydney Winslow	Lexington	5-05	2005	2
Taylor Alumbaugh	El Dorado Springs	5-05	2011	2

1999-2017 Missouri State Track Meet Top 100 Individuals

Girls Pole Vault

1	Kristen Bryant	Columbia Ind.	13-00	2017	1		Megan Long	Lafayette (Wildwood)	11-00	2006	4
2	Nicole Kallenberger	Lee's Summit West	12-10 1/2	2015	5		Rachel Ederle	Afton	11-00	2010	3
3	Brittany Kallenberger	Lee's Summit West	12-10	2012	4		Rachel Holt	Jefferson City	11-00	2016	5
4	Chole Ramsey	Helias	12-06 1/4	2017	4		Taylor Gross	Seckman	11-00	2016	5
5	Emily Presley	St. Clair	12-06	2014	3	71	Abbey Stanley	Lee's Summit North	10-09	2011	4
	Sierra Maddox	Jackson	12-06	2014	4		Alexa Smith	MICDS	10-09	2015	4
7	Tara Diebold	Branson	12-05	2007	3		Amy Heidbreder	Ft. Zumwalt West	10-09	2003	4A
8	Bethany Buell	Rockwood Summit	12-02	2009	4		Caitlin Reed	Festus	10-09	2016	4
9	Vera Neuenswander	Jefferson City	12-01	2006	4		Cecelia Givens	Branson	10-09	2015	4
10	Alesa Frey	Brookfield	12-00 1/2	2014	2		Claire Goppert	Lee's Summit North	10-09	2013	4
11	Bayli Freidel	Father Tolton	12-00	2017	3		Darcy Chase	Hannibal	10-09	2005	3
	Dominique Meyer	Francis Howell North	12-00	2015	5		Erin Shryock	North Callaway	10-09	2003	2A
	Lindsey Bourne	Joplin	12-00	2000	4A		Haley Pryor	MICDS	10-09	2012	3
	Megan Wright	Blue Springs	12-00	2012	4		Heather Wohleber	Lee's Summit	10-09	2004	4
	Shelby Franklin	Monroe City	12-00	2007	2		Lauren Jones	Chillicothe	10-09	2015	3
16	Abby Garlich	Lee's Summit	11-09	2007	4		Madison Wulfekotte	Odessa	10-09	2016	4
	Breanna Bussel	Jefferson City	11-09	2007	4		Megan Plevel	Holt	10-09	2012	4
	Carlie Queen	Summit Christian	11-09	2017	3		Nichole Manning	Winnetonka	10-09	2006	4
	Emma Elwood	Jefferson City	11-09	2015	5		Shauna Eldringhoff	West Plains	10-09	2005	4
	Haven Lander	Republic	11-09	2017	5		Staci Wickersham	Nixa	10-09	2012	4
	Heather Glenn	Liberty	11-09	2013	4		Tara Turnbull	Marquette	10-09	2007	4
	Jordan Banker	Rock Bridge	11-09	2017	5	88	Abby Eldringhoff	West Plains	10-06	2012	4
	Morgan Griffiths	St. Charles West	11-09	2015	4		Ally Bergh	Marceline	10-06	2008	2
	Susan Stroud	Farmington	11-09	2002	4A		Amber Meyers	Lee's Summit	10-06	2001	4A
25	Sara Page	Liberty	11-07	2010	4		Ashley Schwarzer	Helias	10-06	2007	4
26	Elaina Roeder	Springfield Central	11-06	2017	5		Cailey Wilkinson	Jefferson City	10-06	2008	4
	Elleigh Spragg	Logan-Rogersville	11-06	2015	4		Cheyenne Adams	Osage	10-06	2001	3A
	Hannah Cooper	Excelsior Springs	11-06	2007	3		Christal Arnall	McDonald Co.	10-06	2002	3A
	Judy Keys	Camdenton	11-06	2014	4		Courtney Palmer	MICDS	10-06	2007	3
	Katherine Schumer	Jackson	11-06	2017	5		Danielle Meyer	Francis Howell North	10-06	2012	4
	Michelle Lange	Ladue	11-06	2008	3		Dee Dee Bryant	Fox	10-06	2002	4A
	Natalee Allen	Excelsior Springs	11-06	2001	3A		Denise Knaebel	Moberly	10-06	2001	3A
	Nicole Barton	Windsor (Imperial)	11-06	2017	4		Erica Naeger	Ste. Genevieve	10-06	2007	3
34	Christina Gilpin	Jefferson City	11-04	2001	4A		Hailey Fink	Ft. Zumwalt North	10-06	2013	4
35	Allie Barrett	Fort Osage	11-03	2017	5		Hanna Sells	Moberly	10-06	2016	4
	Cassandra Jennings	Kirksville	11-03	2017	4		Heather Green	Jefferson City	10-06	2009	4
	Georgia Richardson	Park Hills Central	11-03	2014	3		Heather Hathaway	Monroe City	10-06	2003	2A
	Jamie Poppen	Parkway West	11-03	2017	4		Holly Stewart	Lee's Summit West	10-06	2008	4
	Jessica Clark	Blair Oaks	11-03	2012	2		Jennifer LeHew	Liberty North	10-06	2017	5
	Kathryn Ambrose	Warrensburg	11-03	2013	3		Jennifer Sturgeon	Northwest (Cedar Hill)	10-06	2011	4
	Kirstie Leslie	Washington	11-03	2013	4		Jill Schnurbusch	Notre Dame (Cape)	10-06	2009	3
	Lauralyn Rosenberger	Hazelwood West	11-03	2013	4		Joslyn Snead	Blue Springs	10-06	2014	4
	Lauren Beauchamp	Francis Howell	11-03	2017	5		Kaitlyn Callahan	Herculaneum	10-06	2010	3
	Lia Howe	Lee's Summit North	11-03	2013	4		Kara Stelmacki	Orchard Farm	10-06	2017	3
	Mackenzie Roney	Herculaneum	11-03	2014	2		Kayla Irwin	Pleasant Hill	10-06	2005	3
	Maggie Givens	Branson	11-03	2009	4		Kaylee VanBlarcum	Warrensburg	10-06	2013	3
	Marlene Kilpack	Hallsville	11-03	2017	3		Kelsey Dietrich	Winnetonka	10-06	2010	4
	Megan Wickersham	Nixa	11-03	2013	4		Latisha Brooks	Poplar Bluff	10-06	2002	4A
	Michaela Randolph	Francis Howell North	11-03	2013	4		Leah Ambrosious	Jefferson City	10-06	2013	4
	Molly Barnes	Farmington	11-03	2009	3		Leah Drennan	Jefferson City	10-06	2003	4A
	Morgan Griffiths	Summit Christian	11-03	2014	3		Leah Morehead	Kirksville	10-06	2007	3
	Shelby Markum	Ft. Zumwalt North	11-03	2011	4		Lisa Petty	Excelsior Springs	10-06	2011	3
	Skyler Wooldridge	Adrian	11-03	2012	2		Madison Wulfekotter	Odessa	10-06	2017	3
	Sydney Haase	Kearney	11-03	2010	3		Mara Meneely	Kirkwood	10-06	2016	5
55	Andrea Fuhrer	Mexico	11-00	2005	3		Melanie Bower	Linn	10-06	2011	2
	Anna Gigliotti	St. Teresa's	11-00	2010	4		Mikayla Hoffman	Smithville	10-06	2010	3
	Anna Koons	Warrensburg	11-00	2002	3A		Morgan Banker	Rock Bridge	10-06	2017	5
	Cailin Collins	Rockwood Summit	11-00	2014	4		Nicole Kofron	Farmington	10-06	2004	4
	Cara Grinde	Monroe City	11-00	2006	2		Nikki Pilla	Hazelwood West	10-06	2007	4
	Chleo Legrand	Cape Central	11-00	2013	4		Nikkie Buchheit	Rockwood Summit	10-06	2009	4
	Emma Johnson	Timberland	11-00	2015	5		Rachel Mincemeyer	Sullivan	10-06	2011	3
	Katey McIntosh	Rockwood Summit	11-00	2017	4		Samantha Davidson	Westminster Christian	10-06	2017	4
	Kelli Hines	South Shelby	11-00	2011	2		Skylar Ragland	Park Hills Central	10-06	2011	3
	Lucy Givens	Branson	11-00	2012	4		Taylor Cofield	Park Hill	10-06	2014	4
	MacKenzie Roberts	Joplin	11-00	2010	4						

Maranda Akers	Seckman	11-00	2012	4
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1975-2011 Missouri State Track Meet Girls Top Individuals

75 M LH/80 M LH (1975-1980)

1	Lawanda Waters	Kirkwood	10.45	1980 4A
2	Linda Weekly	Beaumont	10.52	1977 AA
3	Barbara Veasley	Sumner	10.57	1979 4A
4	Renita Anderson	Hazelwood West	10.61	1977 AA
5	Denise Nalton	KC East	10.64	1979 4A
6	Mary Harvis	Jefferson City	10.65	1979 4A
7	Candice Williams	St. Louis Southwest	10.68	1980 4A
8	Jackie Johnson	Charleston	10.69	1980 3A
9	Mary Smith	Beaumont	10.5	1976 AA
10	Connie Shewmaker	Buffalo	10.78	1980 3A

880 Y Medley (1975-1978)

1	Sumner	1:51.02	1978 AA
2	Soldan	1:51.10	1977 AA
3	Lindbergh	1:52.79	1978 AA
4	Joplin Memorial	1:52.95	1977 AA
5	North Kansas City	1:53.17	1977 AA
6	KC Southeast	1:53.35	1977 AA
7	Oak Park	1:53.71	1977 AA
8	Warrensburg	1:53.83	1977 AA
9	KC Central	1:54.01	1978 AA
10	Lawson	1:54.5	1977 A

100 M LH (1981-1987)

1	Felecia Allen	Riverview Gardens	14.06	1986 4A
2	Stephani Thomas	Sumner	14.12	1982 4A
3	Rhonda Paine	Grandview	14.14	1982 4A
4	Becky Schafer	Truman	14.36	1986 4A
	Nancy Thomas	Parkway North	14.36	1984 4A
6	Dorothy Young	University City	14.39	1985 4A
7	Michele Cervant	Oak Grove	14.41	1986 3A
8	Stephanie Cameron	Clayton	14.45p	1983 3A
9	Angie Harned	Kickapoo	14.56	1982 4A
10	Deanna Adams	Springfield Central	14.57	1984 4A

Softball Throw

1	Patty Rakers	Montgomery Co.	222-01	1976 A
2	LeAnn Wilcox	St. Mary's (Ind)	218-10	1976 A
3	Judy Vaughn	North Callaway	216-05	1977 A
4	Sis Sigman	Cabool	212-08	1977 A
5	Sandy Imhoff	Jamestown	210-11	1977 A
6	Renee Skaggs	Clopton	206-01	1977 A
7	Valerie Brown	Clinton	204-10	1976 AA
8	Becky Bollinger	Jackson	202-09	1977 AA
9	Cindy Wilson	Kickapoo	202-06	1975
10	Kay James	Jefferson City	202-01	1977 AA

200 M LH (1981-1983)

1	Anthea Johnson	KC Central	28.10	1981 4A
2	Stephanie Thomas	Sumner	28.16p	1982 4A
3	Sylvia Grant	Webster Groves	28.22	1981 4A
4	Regina Minnus	Blue Springs	28.29p	1981 4A
5	Stephani Thomas	Sumner	28.34	1982 4A
6	Rhonda Paine	Grandview	28.38p	1982 4A
7	Regina Minis	Blue Springs	28.49	1981 4A
8	Mary Kaboldt	Parkway North	28.50	1981 4A
9	Karen Cooper	McCluer	28.60p	1982 4A
10	Carmen Gordon	Lexington	28.75	1981 3A

Shot Put (8 LB) (1975-1979)

1	Cindy Kiser	Branson	44-09 1/2	1976 A
2	Sekeli Salina	William Chrisman	44-04 1/4	1976 AA
3	Valerie Brown	Clinton	44-01 1/2	1977 AA
4	Sue Brown	Waynesville	43-09	1977 AA
5	Tammie Romsted	Truman	42-10	1977 AA
6	Shirley Knight	Springfield Central	42-05	1975
7	Linda Dill	Webster Groves	42-04 3/4	1977 AA
8	Stephanie Hudson	Knob Noster	42-02	1977 A
9	Connie Price	St. Charles	42-01 1/2	1979 4A
10	Shirley Knight	Springfield Central	41-11 1/2	1976 AA

100 Yards (1975-1979)

1	Jennie Gorham	North Kansas City	10.90	1977 AA
2	Forestine Pruitt	Sumner	10.92	1977 AA
3	Rosalyn Love	Sumner	10.94	1977 AA
4	Debra Martin	Sumner	10.99	1979 4A
5	Rhonda Wright	Joplin Memorial	11.11	1977 AA
6	Karen Hawkins	Sumner	10.9	1976 AA
7	Tara Mastin	Ritenour	11.18	1979 4A
8	Twanette West	Mexico	11.0	1976 AA
9	Ramona Riley	Oak Park	11.25	1979 4A
10	Angie Thacker	Roosevelt	11.34	1979 4A