

MTCCCA Track & Field Camp

All Track and Field Events Included



Track & Field Camp

July 10-12, 2017

Columbia College

WWW.MTCCCA.ORG

• SPRINTS • DISTANCE • HURDLES • LONG JUMP • TRIPLE JUMP • HIGH JUMP • POLE VAULT • DISCUS • SHOT-PUT • JAVELIN • MULTI

CAMP DIRECTOR: MATT CANDRL

CONTACT: mcandrl@dutchmen.us

Location

Columbia College
1001 Rogers St, Columbia, MO 65201

Hickman High School
1104 N. Providence Rd, Columbia, MO 65203

Directions from the North/South
Highway 63 to Broadway St./Downtown
West on Broadway (1.8 miles).
Right on 10th street (3/10 mile) .
Left on Rogers Street. (1/10 mile)
Right on N 8th St.
Banks Hall is on the Right (1/10 mile.)

Directions from the East/West
Highway 70 to Providence Exit (exit 126)
South on Providence (8/10 mile).
Left on Rogers Street. (3/10 mile)
Left on N 8th St.
Banks Hall is on the Right 1/10 mile.

SPONSORED BY:

- MTCCCA-Missouri Track & Cross Country Coaches Association
- COLUMBIA COLLEGE
- HICKMAN HIGH SCHOOL

All track and field events will be held at Hickman High School. Registration, housing and meals will be located at Columbia College

Limit of 10 campers per event group (PV-20)

Register Online at <https://www.regonline.com/mtcccacamp>

or mail form to Custom Meeting Planners, PO Box 30785 Columbia, MO 65205
(make checks Payable to Custom Meeting Planners)

Name _____ Address _____ City, State, Zip _____
 Parents name(s) _____ Email _____ Cell Phone: _____
 Home Phone _____ Emergency Phone _____ Gender: M / F Grade (7-12) 2017/2018 _____
 Age (during camp) _____ T-shirt Size: XS S M L XL XXL Roommate request _____
 School: _____ Name of Coach _____

CIRCLE ONE: OVERNIGHTER \$249 COMMUTER \$199 LATE FEE AFTER JULY 1, 2017— \$275/\$225
 Non-MTCCCA Coach \$99, Non MTCCCA Commuter Coach \$59, MTCCCA Coach \$49, MTCCCA Coach -commuter \$29

** If 5 or more athletes attend from the same school, you will get a \$10 discount per student - must register together. **

EVENT GROUP: (circle primary event)	SPRINTS	DISTANCE	HURDLES	LONG JUMP	TRIPLE JUMP
	HIGH JUMP	POLE-VAULT	DISCUS	SHOT-PUT	JAVELIN
					MULTI

STAFF

The camp will be staffed by members of the MTCCCA (Missouri Track & Cross Country Coaches Association)

Camp Director: Matt Candrl

Coaches Include:

Stewart Johnson, Hickman HS

Lindsey Markworth, Warrensburg HS

Brian Hancock, Battle HS

Jim Hill, Wentzville Liberty HS

Tim Levine, Hazelwood West HS

Sean O'Connor, Lafayette HS

Jim Carey, Lindbergh HS

Ailene Smith, Lincoln University

Daniel Radkowiec, Columbia College

Tracy Jex, Columbia College

Ratio 10:1 supervision during all activities.

Counselors/Staff will be supervising dormitories.

EVENT SCHEDULE

Monday—

- 8:00 a.m.—9:00 a.m.: Check in @ Banks Hall
- 9:00 a.m.—10:30 a.m.: Session One
- 10:30 a.m.—11:00 a.m.: Break
- 11:00 a.m.—12:00 p.m.: Session Two
- 12:00 p.m.—1:00 p.m.: Lunch
- 1:00 p.m.—2:30 p.m.: Session Three
- 2:30 p.m.—3:00 p.m.: Break
- 3:00 p.m.—4:30 p.m.: Session Four
- 4:30 p.m.—6:00 p.m.: Dinner
- 6:00 p.m.—7:30 p.m.: Evening Session One
- 7:30 p.m.—8:00 p.m.: Break
- 8:00 p.m.—9:30 p.m.: Evening Session Two

Tuesday—

Repeat of Monday

Wednesday—

- 7:30-8:30 a.m.: Breakfast
- 9:00 a.m.—10:30a.m.: Session One
- 10:30 a.m.—11:00a.m.: Group wrap up
- 11:00 a.m.—Checkout

ATHLETES MAY WORK ON OTHER EVENTS.

WHAT TO BRING

SHEETS, PILLOW AND BLANKETS WILL NOT BE PROVIDED—Please bring

- Running shoes
- Spikes/Throwing Shoes
- **Pole Vault Poles will be provided!!!**
- Equipment for desired event
- Weather appropriate clothing (shorts, sweats, t-shirts, jackets, etc.)
- Toiletries/Towels

COST

OVERNIGHT CAMPERS	COMMUTER CAMPERS
\$249/athlete	\$199/athlete
• DORM	• LUNCH/DINNER
• MEALS	• T-SHIRT

Non-MTCCCA Coach— \$99

MTCCCA Coach— \$49

MTCCCA Commuter Coach — \$29

Coaches : Rooms, Meals & T-Shirt included

** If five or more athletes attend from the same school, you will get a \$10 discount per student. **

INFORMED CONSENT AND RELEASE

This form must be completed and submitted with payment before you will be allowed to participate.

I hereby grant permission for myself/my child to attend the MTCCCA Track & Field Camp. I verify that my child has had a physical exam in the past year and is capable to participate in activities related to track and field. I agree to indemnify, hold harmless, and defend Matt Candrl, MTCCCA Track & Field Camps, MTCCCA, Columbia College, Columbia Public Schools, their agents, employees and sponsors from any and all liability for the injury to myself/my child, I understand that track and field, and many related activities to MTCCCA Track & Field camp are potentially dangerous and could pose risk and injury. Should medical attention be necessary, I hereby authorize any physician or trainer selected by the camp personnel to conduct medical or surgical procedures. In addition, I hereby grant permission for the MTCCCA Track & Field Camp to use any photographs or video footage of camp related activities for the purpose of advertising or educational material development.

I HAVE READ AND UNDERSTAND, AND I AGREE WITH THE INFORMED CONSENT AND RELEASE OUTLINED AS IT RELATES TO MYSELF/MY CHILD.

Participant signature _____ Date _____

Parent signature _____ Date _____